

# In RETrospect

2011.

# Celebrating 150 Years...



Old Traditions

## ***New Memories***

[Student Life] 006

Old Groups

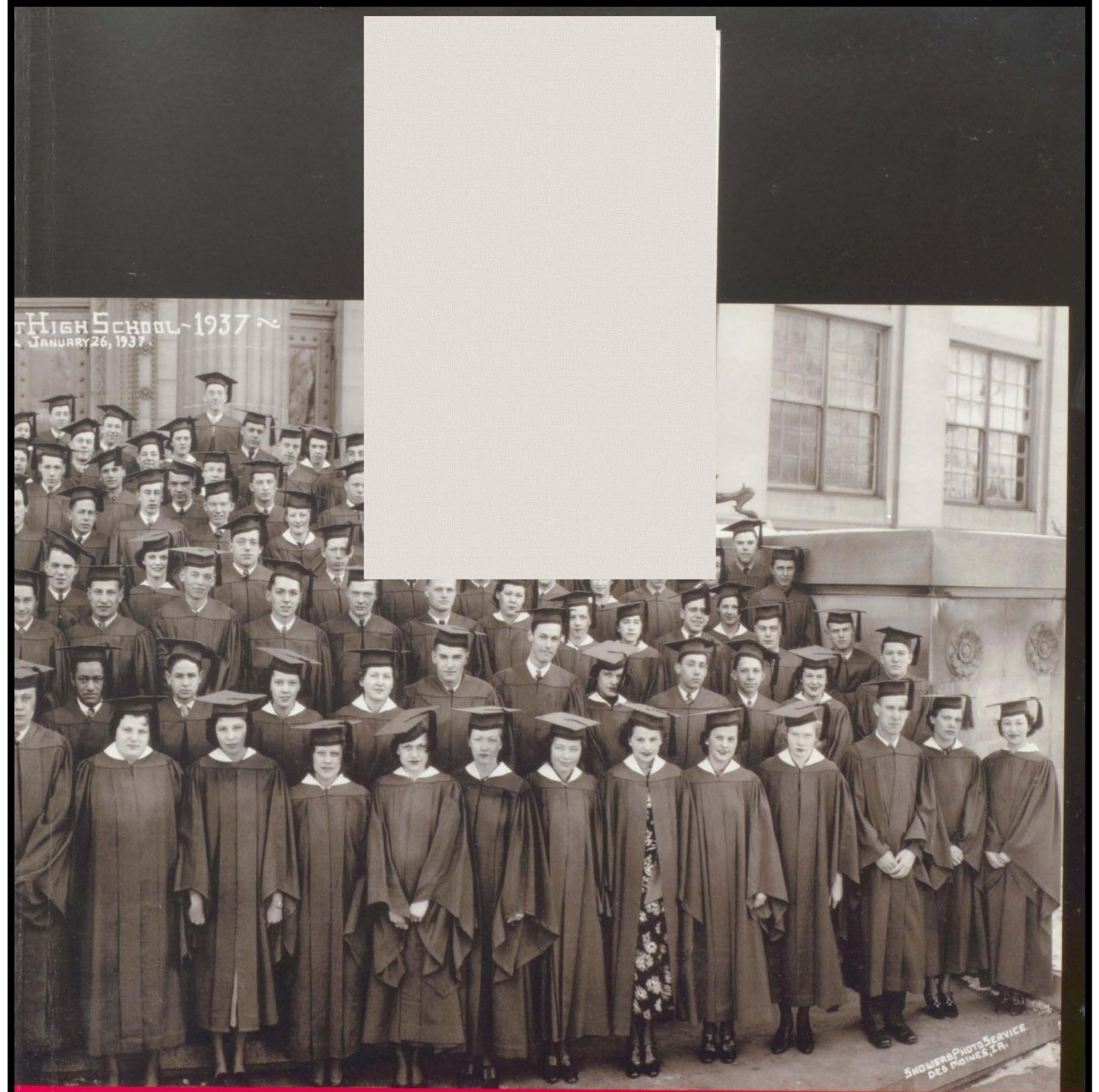
## ***New Krews***

[Organizations] 032

Old Knowledge

## ***New News***

[Academics] 068



Old Competition  
***New Players***

(Sports) 122

Old Friends  
***New Faces***

(People) 194

Old Support  
***New Fans***

(Ads) 286





**East High School**  
815 East 13th Street  
Des Moines, Iowa 50316  
515.242.7788  
Volume 105

1901 1890  
1901 1890  
1917

The 2010-2011 school year has brought many significant changes. This year we gained a new principal who has had a significant impact in the Scarlet community. Also new to our building is block scheduling, an extra set of doors, new rules, new teachers, and a new motto: ***“Scarlets are Winners”***.

Every year a new group

of freshmen enter the doors anticipating the four years they will spend at East High School. It may seem as though we have been ***remodeled, reformed, and reshaped*** as things continue to change. This year marks the 150th anniversary of our school.

***In Retrospect***, we are combining the ***“old”*** traditions with all the ***“new”***. We are looking

# *In Retrospect*



back at the legacies and many triumphs we have achieved as a school that made us who we are today. Fourteen different principals, a new building in 1911, the building remodeled in 2005, and thousands of Scarlet diplomas.

Our red and black Scarlet spirit has forever been *unique* and will always be celebrated.

Change can be the best thing that ever has happened to East. Without change we would be stuck in the same spot, never progressing, we would never grow up. Change is a wonderful thing to experience because it reveals many more opportunities. That said, this year is *like always... like never before!*

200  
2007  
2006  
2009  
2010  
2011

ect



# Peace, Love, Quill

Story/Layout by: Megan Lein

Deadlines. We all hate this word, especially the yearbookers. There is no turning in our pages late or else YOU wouldn't have a yearbook. The week of a deadline the staff eats, breaths, and sleeps yearbook. Everyone is in and out of the lab all week long. For the some deadlines a few staff members even came to school on the weekend in order to get things in on time.

"Deadlines are super stressful," said junior Jessie Vance. "You have to be really organized and manage your time well."

"In my first year of advising a yearbook I've learned that producing this book is far more challenging than I ever imagined," said journalism adviser Ben Graeber. "We have 12 talented and hard-working staff members...they make the stress of deadlines bearable."

Also new this year for the staff is an internet connection to the yearbook. All work is done online using eDesign, and it even includes the Photoshop equivalent. It has created some challenges, but also a few opportunities.

Junior Haley Larson said, "It's cool because it makes it easier to work on at home, but unfortunately I can't get it on my iPhone."

## The Quill Staff



Madi Williams  
Co-Editor In Chief

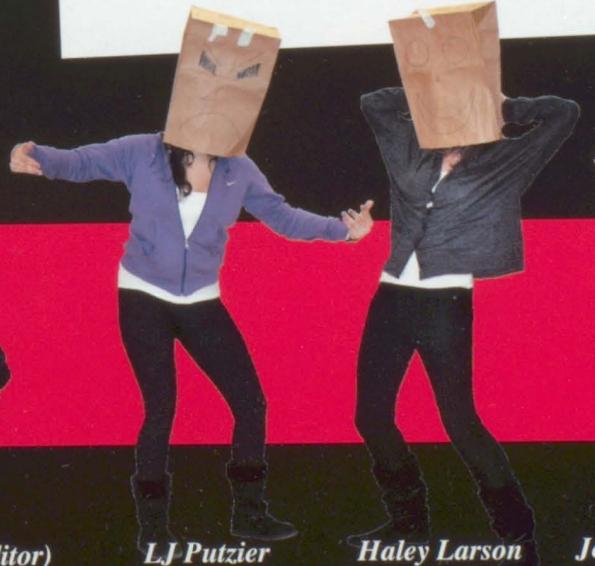
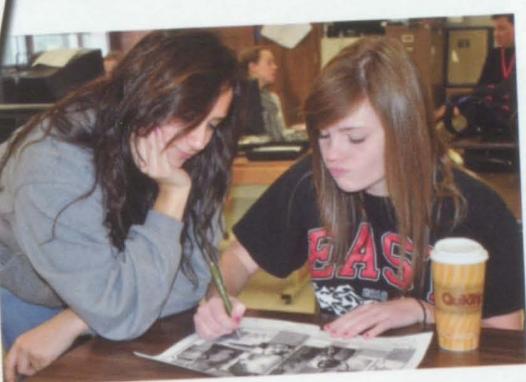
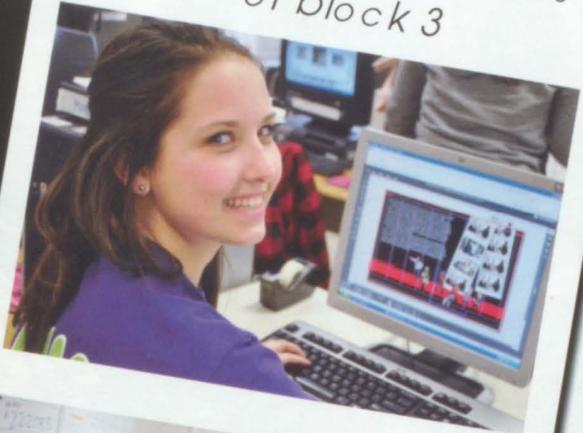
Megan Lein  
Co-Editor In Chief

Sammy Jones  
Senior Editor

Vanessa Gobb  
Photo Editor



*the many adventures  
of block 3*



**Yesenia Alvarez**  
ADS

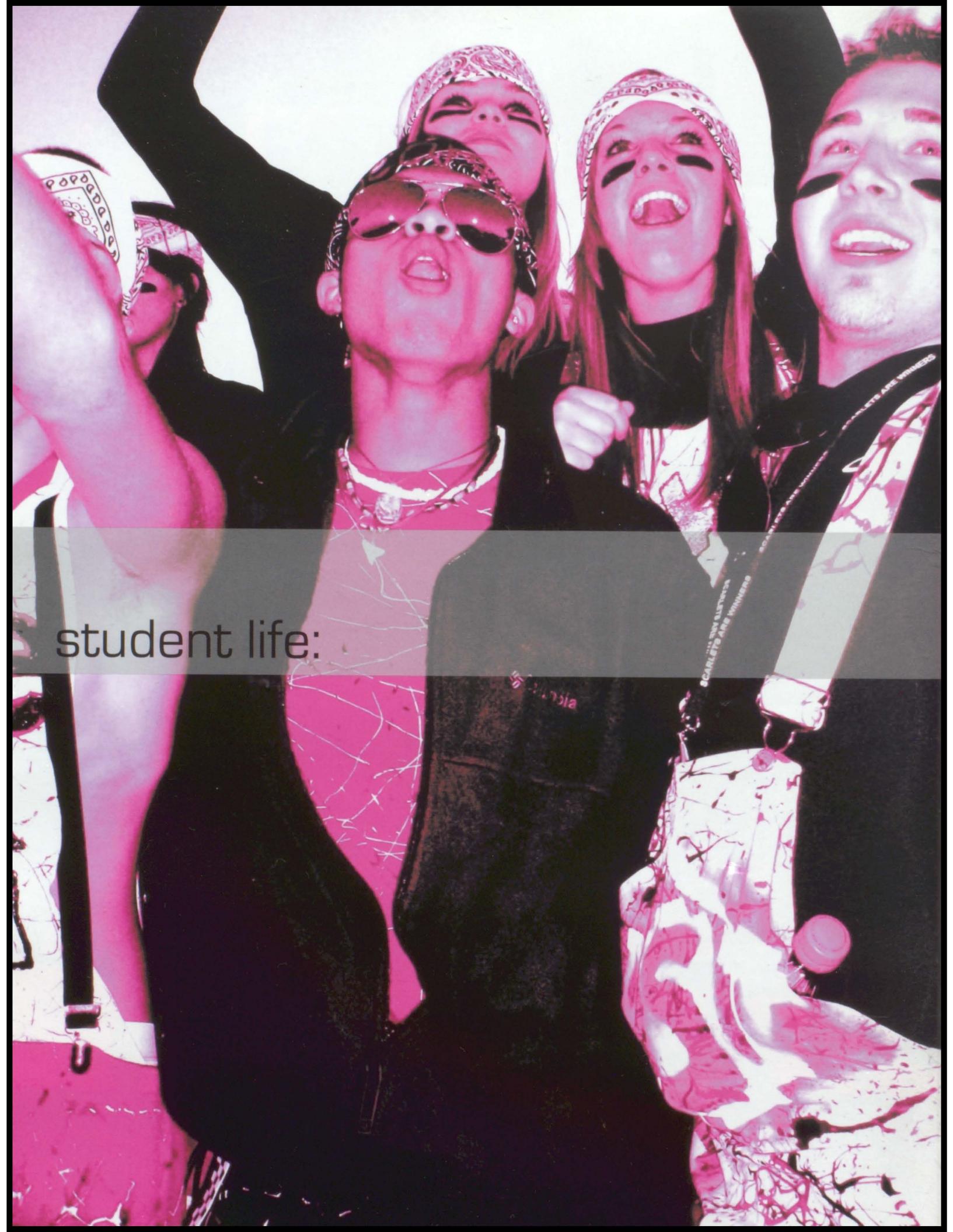
**Brooke Nokes (Photo Editor)**  
**Ashley Simpson (Student Life)**  
**Riley Fisher (Copy Editor)**

**LJ Putzier**  
Student Life

**Haley Larson**  
Sports

**Jessie Vance**  
Academics

**Emalie Cipale**  
Organizations



student life:



# OLD TRADITIONS NEW MEMORIES



# SPIRIT WEEK

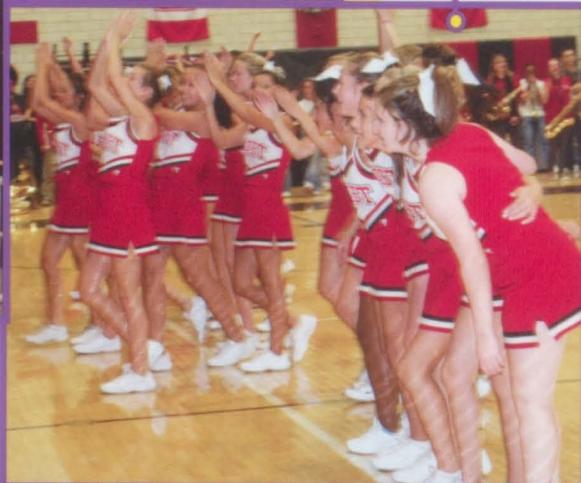
Layout by: Riley Fisher

# D



## WACKY WOMAN.

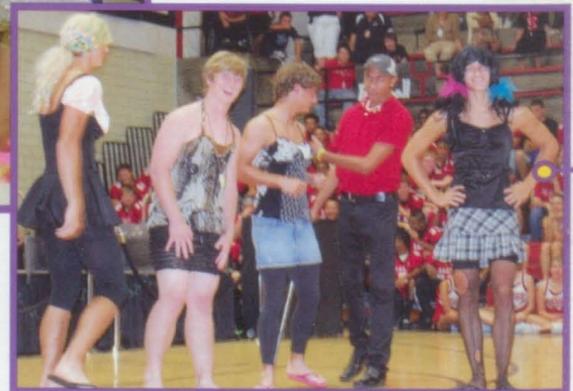
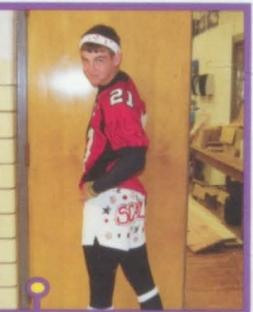
Junior Jessica Grochala shows her "wacky" side on Wacky Wednesday.



# rE

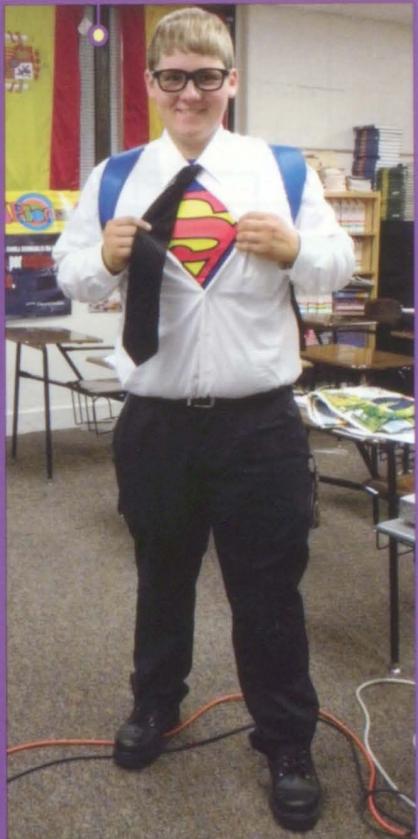
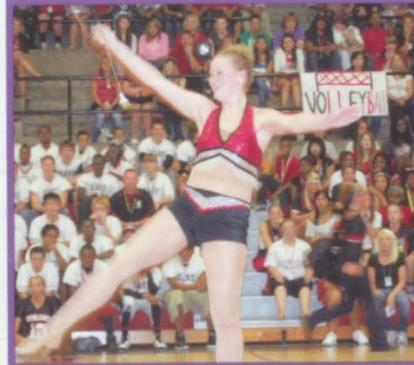
## BRINGING OUT THE PRIDE.

Freshmen and JV cheerleaders lead the freshman class in the "Battle Cry" cheer during the Pep Assembly on Spirit Day.



## TAKING ONE FOR THE TEAM.

Senior Conner Kouri shows his runway walk while showing his pride for Spirit Day.



# SS



**HOLE IN ONE.** Senior Mikey Brown introduces his ladies while dressed up as Tiger Woods for Celebrity Day.



# p

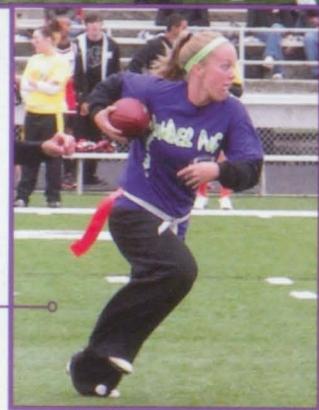
# Girl

# P



## GAINING YARDS.

Ashley Prettyman (12) runs the ball down the field to score a touchdown. "It's really fun to just get together everyone in your grade; people you don't normally talk to," said Prettyman.



## GENDER BENDER.

Junior boys show their spirit for class of 2012 and trade uniforms for the day. "It was cool changing the roles," said Yeltsin Rodriguez (11, second from left). "I had a lot of fun embarrassing myself and cheering for the junior girls."

**HIGH 5.** Home-schooler Meredith Henrickson (11) and TJ Taylor (11) celebrate a touchdown.

# OW



**TIME TO FOCUS.** Powderpuff coach Matt Grover (12) points out junior weaknesses and offers strategies to help the seniors win the game.



**TOUGH CALL.** Teacher Lowell Long, John Reynolds (12), and Caleb Bunnell (12) wear their stripes on Sunday afternoon. "I tried being completely fair to both teams," said Reynolds. "I was yelled a lot by the juniors, but it was super cool."



**GAME FACE.** Seniors step up to face the juniors with 35 seconds left before halftime. The juniors (in yellow shirts) were winning at this point, but the Class of 2011 (in purple) claimed victory with a final score of 22-20.

# HOMECOMING

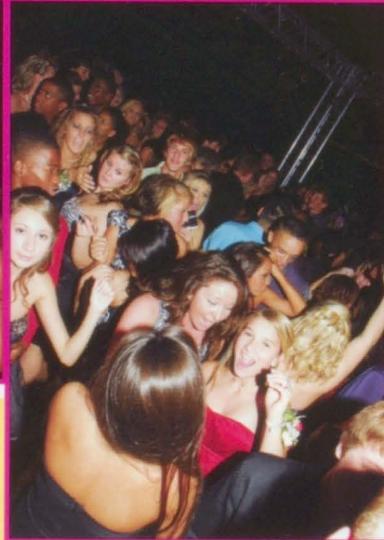
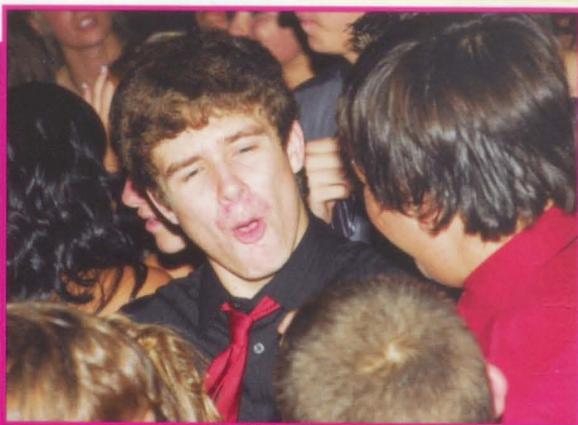
Layout by: Emalie Cipale



## PARTY LIKE A ROCKSTAR.

Seniors Sarah Phillips and Heather Jensen show some love to the camera. The homecoming theme for this year was Scarlet VIP.

N



A

## WORK THE CAMERA.

Taylor Bimbi (12) and Lindsey Smith (11) take a break from dancing to flash a smile. The homecoming dance was held September 25th in the gym.



## PARTY TIME.

Michael Cory (12) and Tyler Smith (12) strike a pose while showing off their dance moves.

C



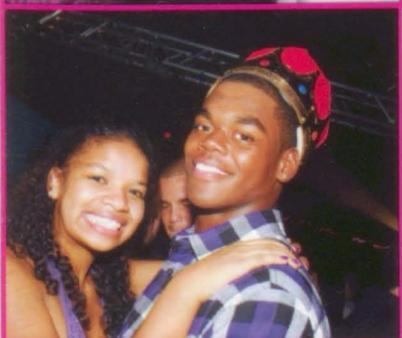
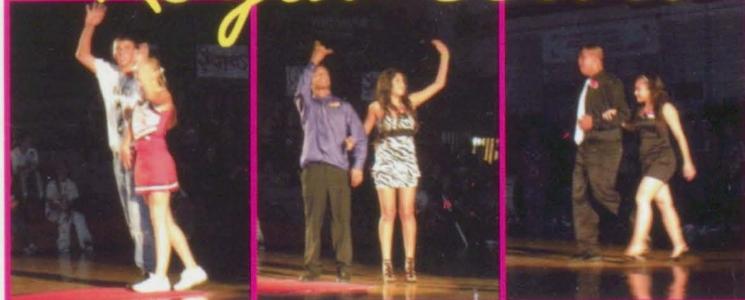
## DANCE DANCE DANCE.

When a favorite song plays, kids go wild. This was a common thing most of the night. The theme song was "Club Can't Handle Me" by Flo Rida.



E

## Royal Court



William Dawson &  
Carley Toomey

Tyrell Smith &  
Stephanie Santos

Justin Leuang &  
Diana Inthaboune



Ashley Prettyman &  
Dashawn Cason

## SENIOR WELCOME

Layout by: Megan Lein

**WELCOME TO OUR SCHOOL.** Senior Alexis Ahmed spends several hours at East the evening before the first day of school. "Yeah, I had to pick out my outfit the morning of!" said Ahmed.

# CHALKIN'

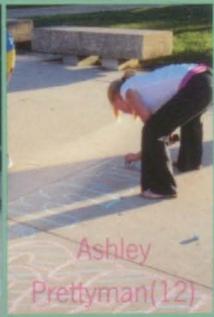




Alexis Ahmed (12) and David Blacksmith (12)



Madi Williams (12)



# UP

## SENIOR WELCOME.

Traditionally seniors make a banner to welcome underclassmen on the first day back to school. However, they made decided to chalk it up. With a school wide Facebook Event they were able to get over 30 seniors to participate in this annual tradition.

## Tatts

Raymond Music (12)

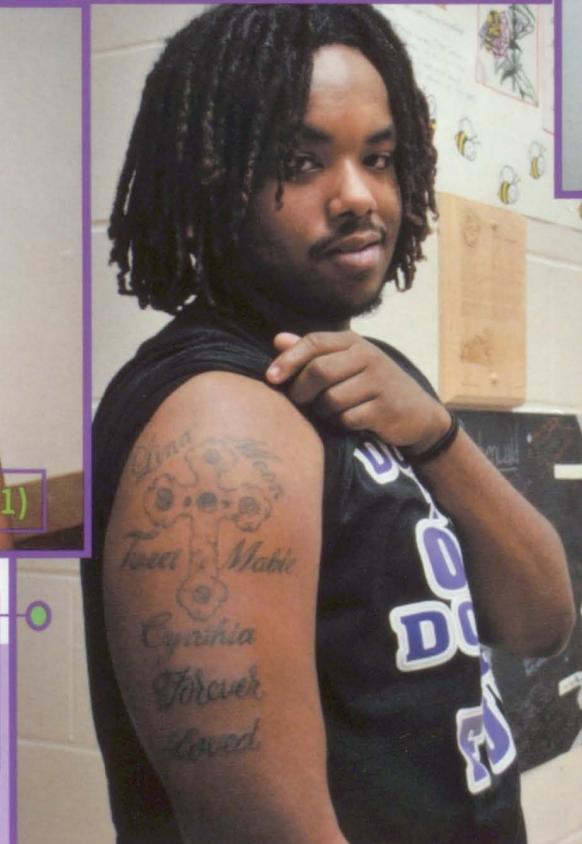
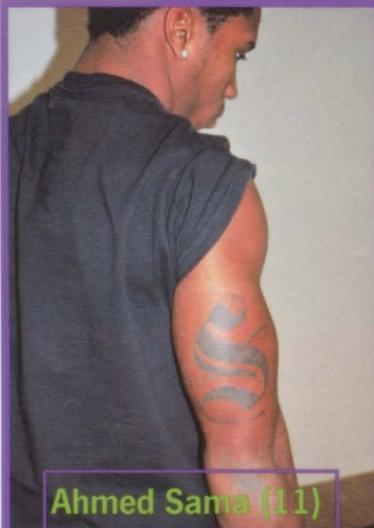
Got his tattoo from Pink Elephant. The Chinese symbol means LOVE.



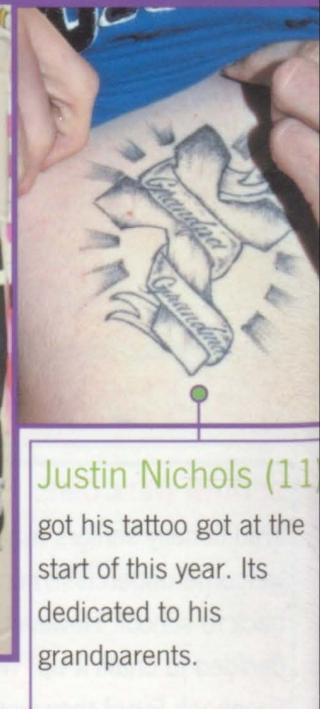
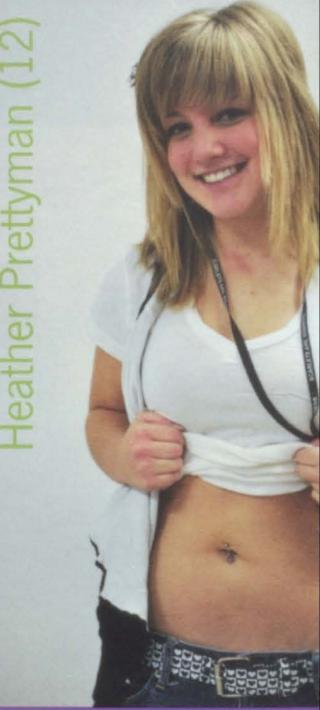
## and

Ahmed Sama (11)

Deon Hayes (12)  
received this tattoo  
his junior year.



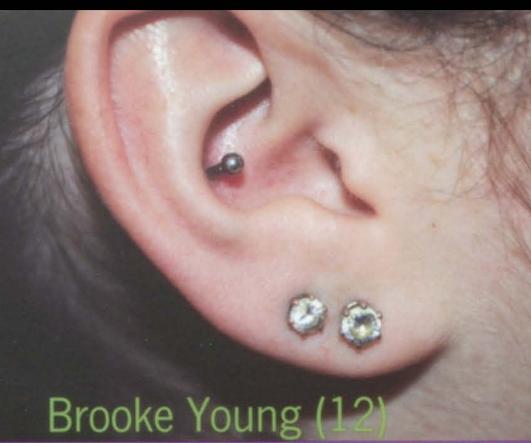
Heather Prettyman (12)



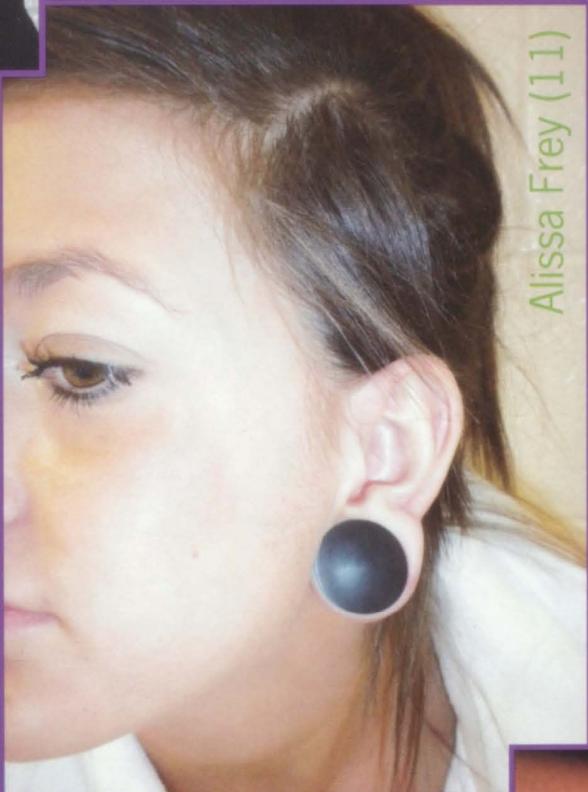
Justin Nichols (11)  
got his tattoo got at the  
start of this year. Its  
dedicated to his  
grandparents.



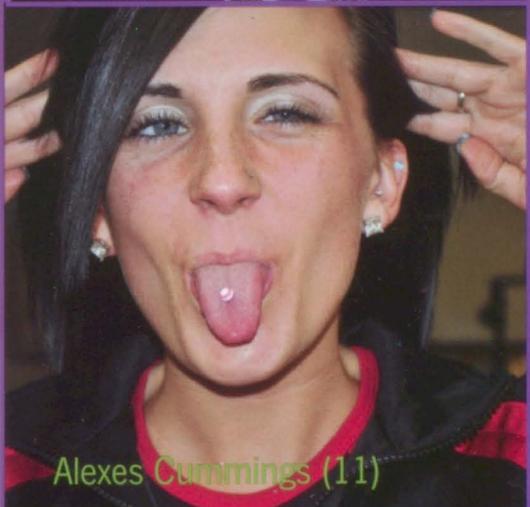
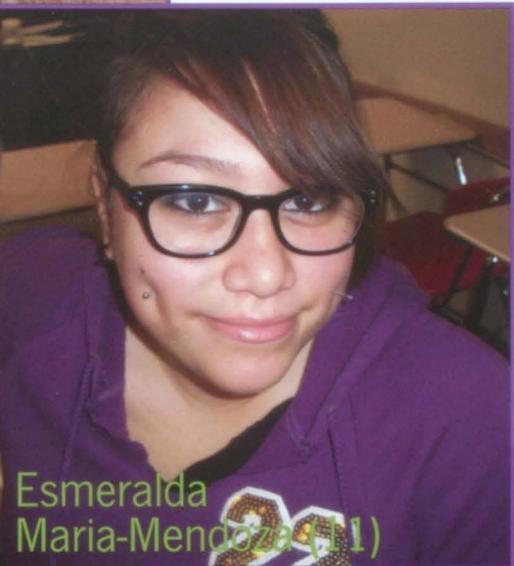
Caleb Bunnell (12)



Brooke Young (12)



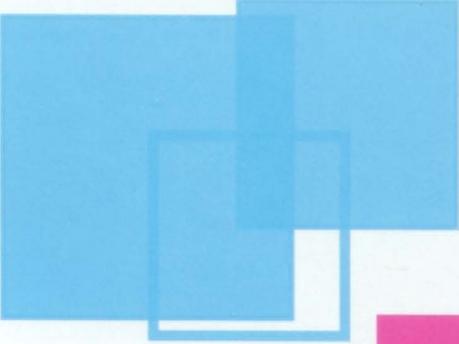
Alissa Frey (11)



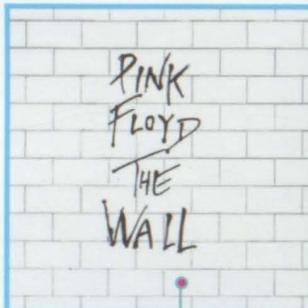
Maria Grimm (12)



# Jewels

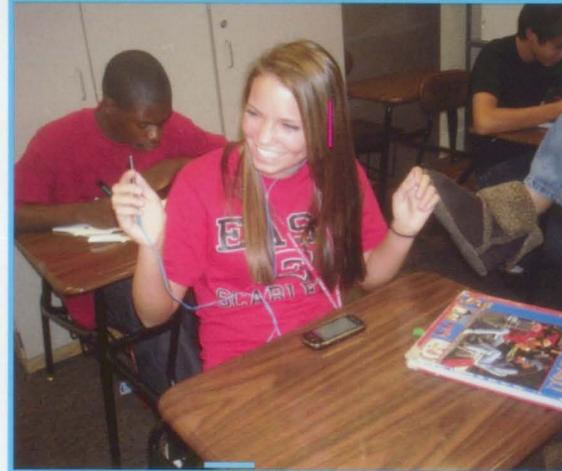


# M



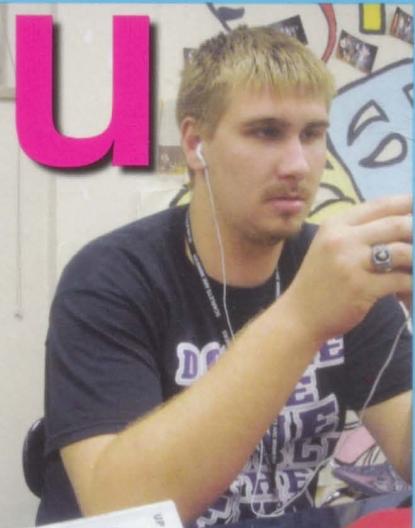
## PINK FLOYD.

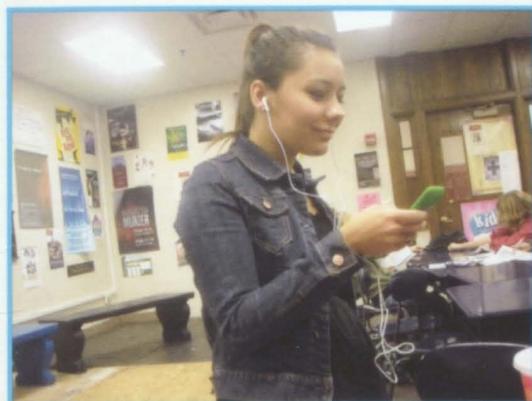
This album was the top seller in 1979.



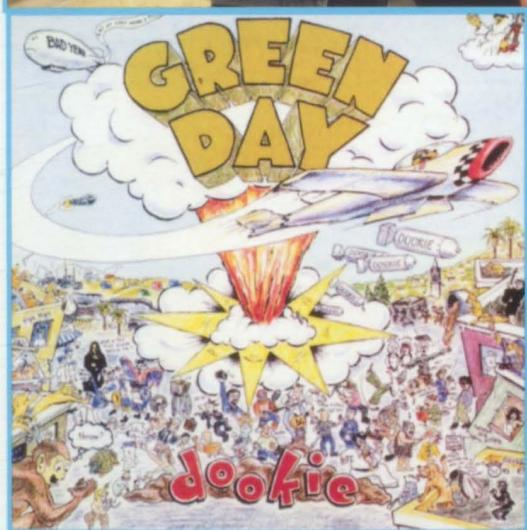
## MICHAEL JACKSON.

Thriller was the top CD in 1984. Jackson died in June of 2009 at age 50.





i



**JUST THE WAY YOU ARE.**

Number one song in America as of November 2010.

## THE DOORS.

The Doors were formed in Los Angles in 1965.

S



C

## WINTER FORMAL

LAYOUT BY: JESSIE VANCE

Some photos courtesy of  
Atomic Drive Productions and  
Actomicdriveproductions.com

# A NIGHT

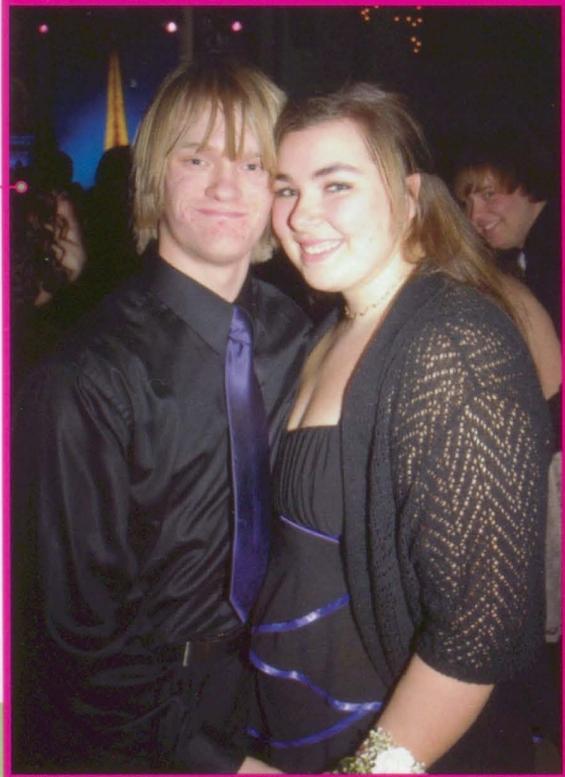
### DECORATING.

Pep-E members Riley Fisher (11) and Shreyea Devick (11) set up decorations for the dance while Mikey Thomas (11) looks on.



### PARTY IT UP.

Johnathan Straley (11) poses with his date Jackie Fudge (12) before hitting the dance floor.



### GLITZ AND GLAM.

Juniors DeMarkus Horton, Jama Clayton, Sierra Tate and Erin Stanley pose for a picture before they dance the night away.

# IN



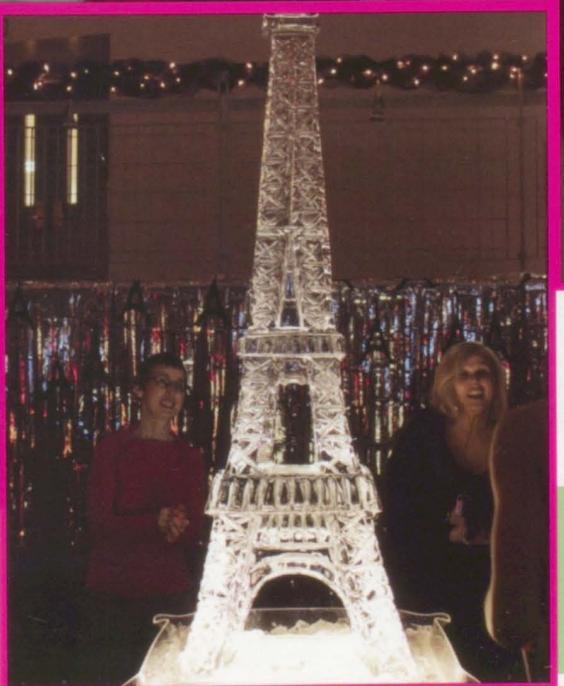
### ROYAL COURT.

Seniors **Ashley Prettyman**, **Heather Prettyman**, **Megan Lein**, **Thomas Teav**, **Shronda Butts**, **Dashawn Cason**, **Na'day Chandler**, **Sammy Jones**, **Emily Cook** and **A.J. Raygor** made up the senior court. **D.J. Reasby** (not pictured) and **Butts** were crowned king and queen.



### PRETTY GIRLS ROCK.

Juniors **Tenea Fabray** and **Alexis Reber** grab each other for a quick picture. Many students used the dance as an opportunity to hang out with friends.



# PARIS

## EARLY GRADUATES

BUDDY BELIEL VANCY BERGAN LAURYN BISHOP KODY BOYLE BRITTNEY CASEY DAZAUNDRA CHATWOOD SAM...

Layout by: Ashley Simpson

STEPHANIE YANG

ALEX WHITTEN

DEVIN SORTER

MATT STEWARD

TIMMESA THOMPSON

JOSH WELTZHEIMER

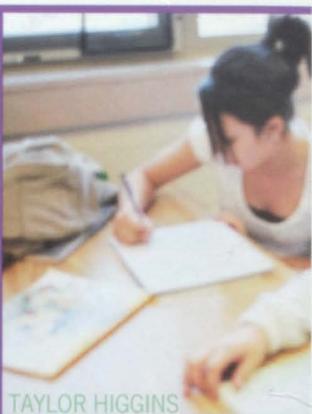
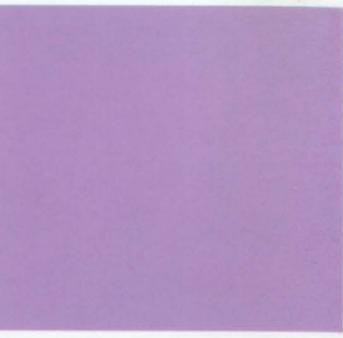
KATIE TORRES

WILLIE YANG

# G

### FULL-TIME JOB.

Senior Jenna Ringler is planning to graduate early so she can work full-time at her job to save up money for college. Her college plan is to get a degree in American Sign Language.

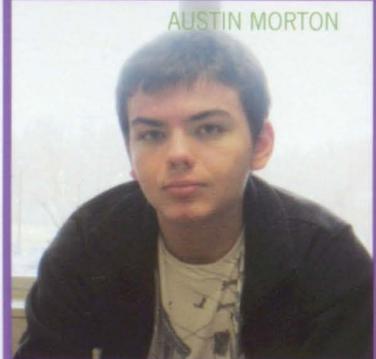


SAMANTHA COGLIZER



# ra

AUSTIN MORTON



# du

### SUPPORTING THE FAMILY.

"Graduating without my friends was a big deciding factor in my decision to graduate early, but I have to think about my family and don't need the stress of school," said Krysta Cook.

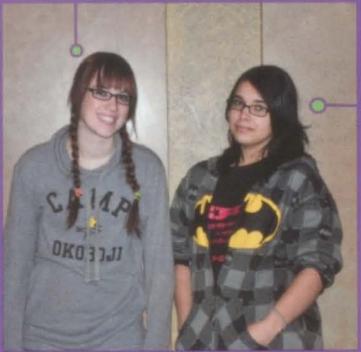
KACIE MONGAR MIKALE MOORE AUSTIN MORTON KELCIE RIESTERER JENNA RINGLER CRYSTAL ROSS BRE

**JUMP START.**

Junior **Rachel Houck** has plans to be a teacher. She took all of her required classes and is leaving a year early to get a head start on her career.



ALEX WHITTEN

**COLLEGE BOUND.**

"I've always been a college-bound student and I know I'll make a difference in this world, believe it or not," said junior **Rosalie Henson**.

**READY TO LEAVE.**

Senior **Vanessa Gobb** plans on working at QuikTrip and also getting a second job until she goes to DMACC in the fall for EMT.

**FASHIONISTA.** Junior Asia

Randolph is going to Chicago after this year and plans to go to the Illinois Institute of Art for fashion. She has dreams to open her own business and also have her own fashion line.

# at

# ion

## PINK BOA? CHECK.

Scott Phanphasy (12)

poses with a pink boa and cute fluffy dog found in his trunk. Other items in his trunk included many empty water bottles.

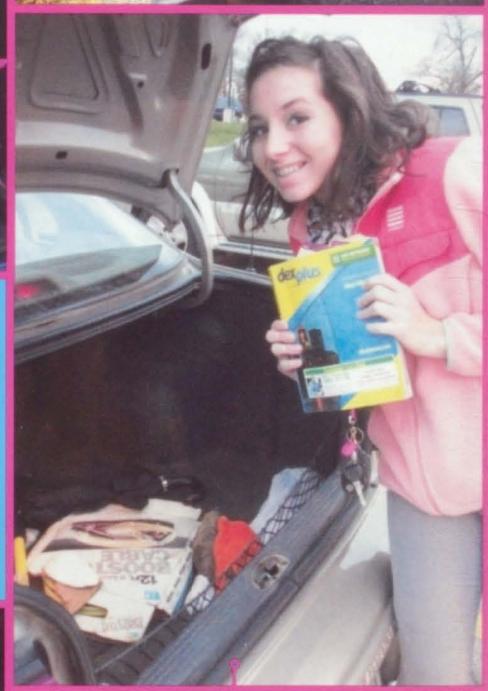
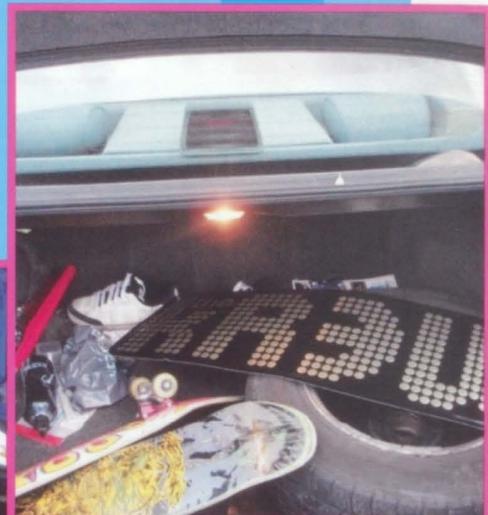
# JUNK



## CHALKING IT UP.

Megan Lein (12) still totes around the chalk from the first day of school that was used to decorate the sidewalk in front of the school.

# iN



## SHE'S GOT THE DIGITS.

Anna Flickenger (11)

shows off the random phone book she has in her trunk. "I get lost easily and my parents just want me to be safe," she said.

# Trunk



# YOUR

## GONE FISHIN'

Tommy Sharp (11) always has his baseball and fishing gear in his trunk.

## PRETTY IN PINK.

Heather Jensen (12) shows off her trunk that includes a box full of dresses, pajamas, and a six-pack of Sunkist.

REMEMBER WHEN

i know that i can't take no more, it ain't no lie  
i wanna see you out that door, baby, bye bye bye

SIS/TC

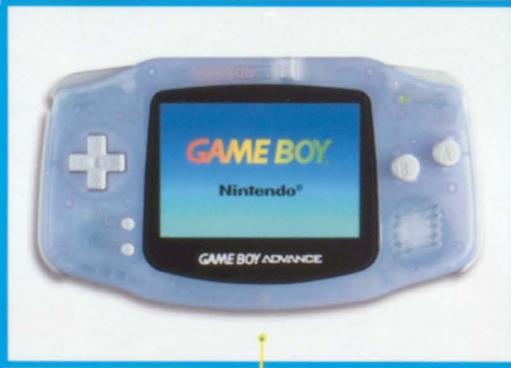
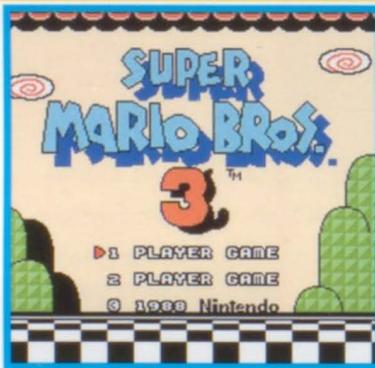
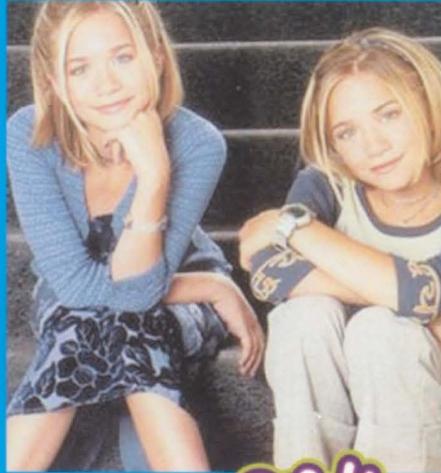
TV shows, toys, movies,  
games, and artists of  
our childhood.



# REMEMBER

## I'M A *Barbie* GIRL.

"I had tons of Barbies! When I was a little girl all my clothes had pictures of Barbie or had embroidered butterflies," said Kalsa Parker (11).



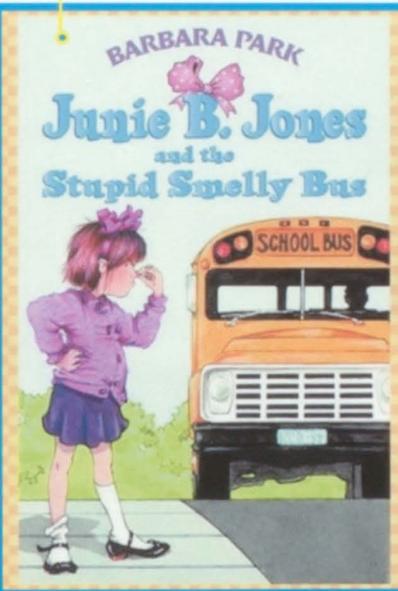
**GOT COLOR?** As a child in kindergarten the Game Boy Color was the most amazing thing known to mankind. It became better when Game Boy Advanced was invented in 2001. Mario and Luigi became the most famous characters on Nintendo's screen.

**HEY THERE POLLY.** "I love Pockets so much!" said Ashley Prettyman (12). "I use to have tons of the miniature ones!" For many girls, Polly Pockets were the must have doll in the late 1990s.

**BOOKS BACK IN THE DAY.** Top children's books in the 90s were *The Magic Tree House*, *Junie B. Jones*, *Goosebumps*, *Series of Unfortunate Events*, *Amber Brown*, and *Judy Moody*.



EB



WHEN



**ACTION FIGURE.** "The toy I played with most was G.I. Joes," said **Drew Hurley** (11).



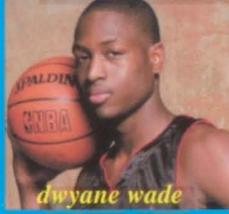
#### GOT TO COLLECT THEM ALL!

Yugio and Pokemon were a few of the most popular trading cards and anime TV shows in the late 90s, according to **Caitlin Searcy** (11).

ain't nothing but a heartache  
tell me why  
ain't nothin' but a mistake  
tell me why  
i never want to hear you say  
i want it that way

Jackie Stiles

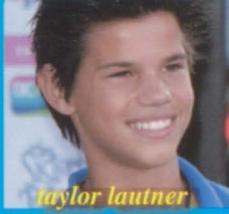
*The Cutest Guys (From a 12 year old perspective...and now)*



dwyane wade



channing tatum



taylor lautner



justin timberlake



jesse mccartney



chad michael murray

**FUTURE ARCHITECT.** "I have lots of Legos in my room," said **Zach Gronewold** (11). "I still play with them to avoid doing homework!"



*Arthur: I got fired again. Boy, the catering business is tough when you only know how to make peanut butter and jelly sandwiches.*

*D.W.: Hey, you got the easy job. You think it's easy being an accountant when you can't count past 10?*



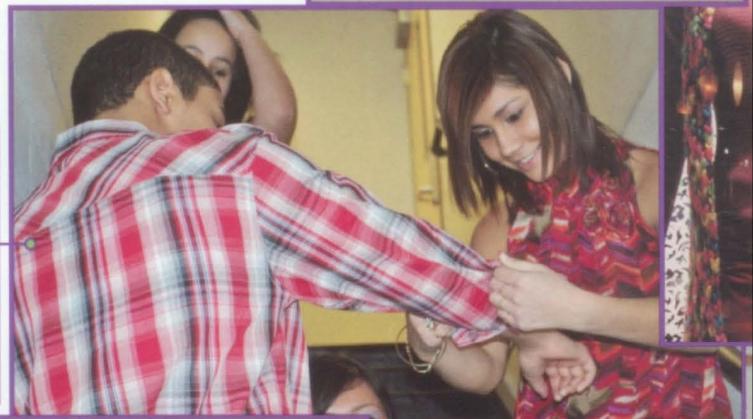
My hair takes the longest for sure! My hair used to take 45 minutes, but I've gotten better. Now It's only 30 minutes.

-EMMA CROSS (11)

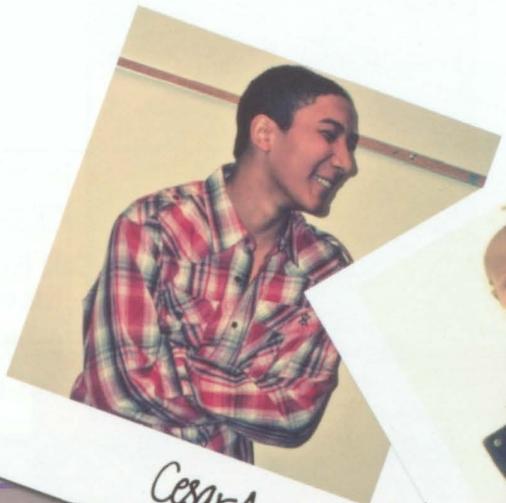


**FRIENDS DON'T LET FRIENDS...**

Freshman Stephanie Camacho gives freshman Cesar Aguilar a style tip. Both Camacho and Aguilar "do their own thing" when it comes to their fashion inspiration.



**shoNc**



Cesar Aguilar (9)



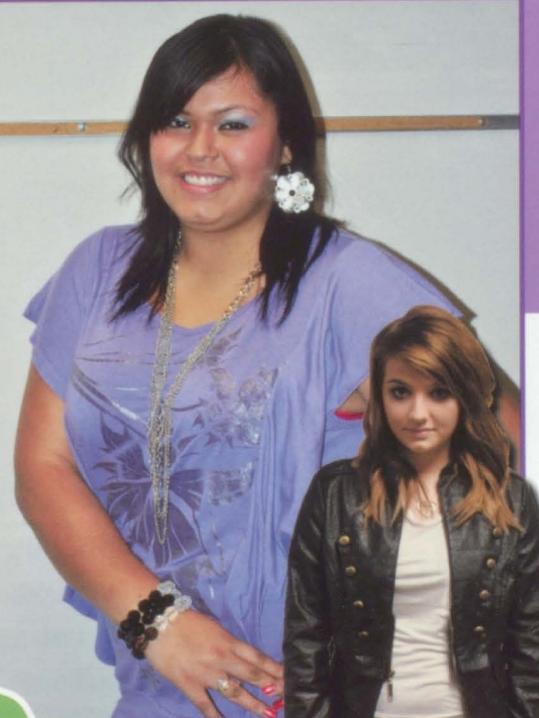
Aya Deng (11)



▲▲ I wake up two hours before school because I change, like, ten times before finding the right outfit! ▼▼



US  
UP



-MIRIAHA SMITH (9)

▲▲ I can't go without my teasing brush. I also can't go without my 'Big and Sexy Hair' Hairspray! ▼▼



**NEW JOB.**

"I like my new job as a utility worker at Pizza Hut.

I don't like my hours though," said junior Shelby Curry.

**ORDER UP.**

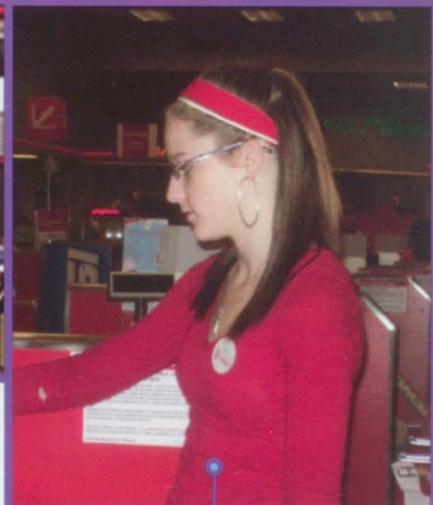
Senior Andrew Inrachavongsa serves tables at Café Fuzion by East.

**UP FOR A QUICK TRIP?**

QT is one of the most popular places for East students to work. Want to work there? Anyone can apply online.

**O****RIGHT ON TARGET.**

Junior Hailey Bowman works the cash register at the Southridge Target.



1, 2, 3, 7, 11.

In the 80's and 90's, 7-Eleven was a popular place for teenagers to go and work. They're still around today, there just aren't as many.

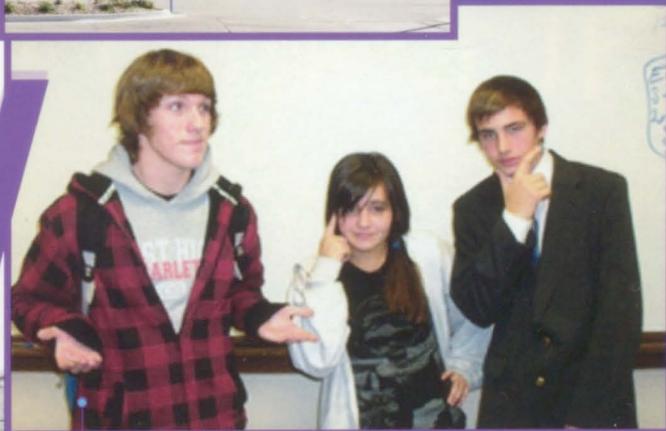


#### POPIN' IT UP.

Senior Sadie Hines puts the seeds and butter into the popcorn machine at Shoppers Supply. They give out free popcorn to all customers.



# W



#### TRIAL AND ERROR.

Not everyone can get a job. Junior Brad Treanor, senior Olivia Sandoval, and junior Thomas Routh know first hand what it's like to apply but not get hired.

# rk

## Top Jobs for Teens

Babysitter

Lifeguard

Cashier

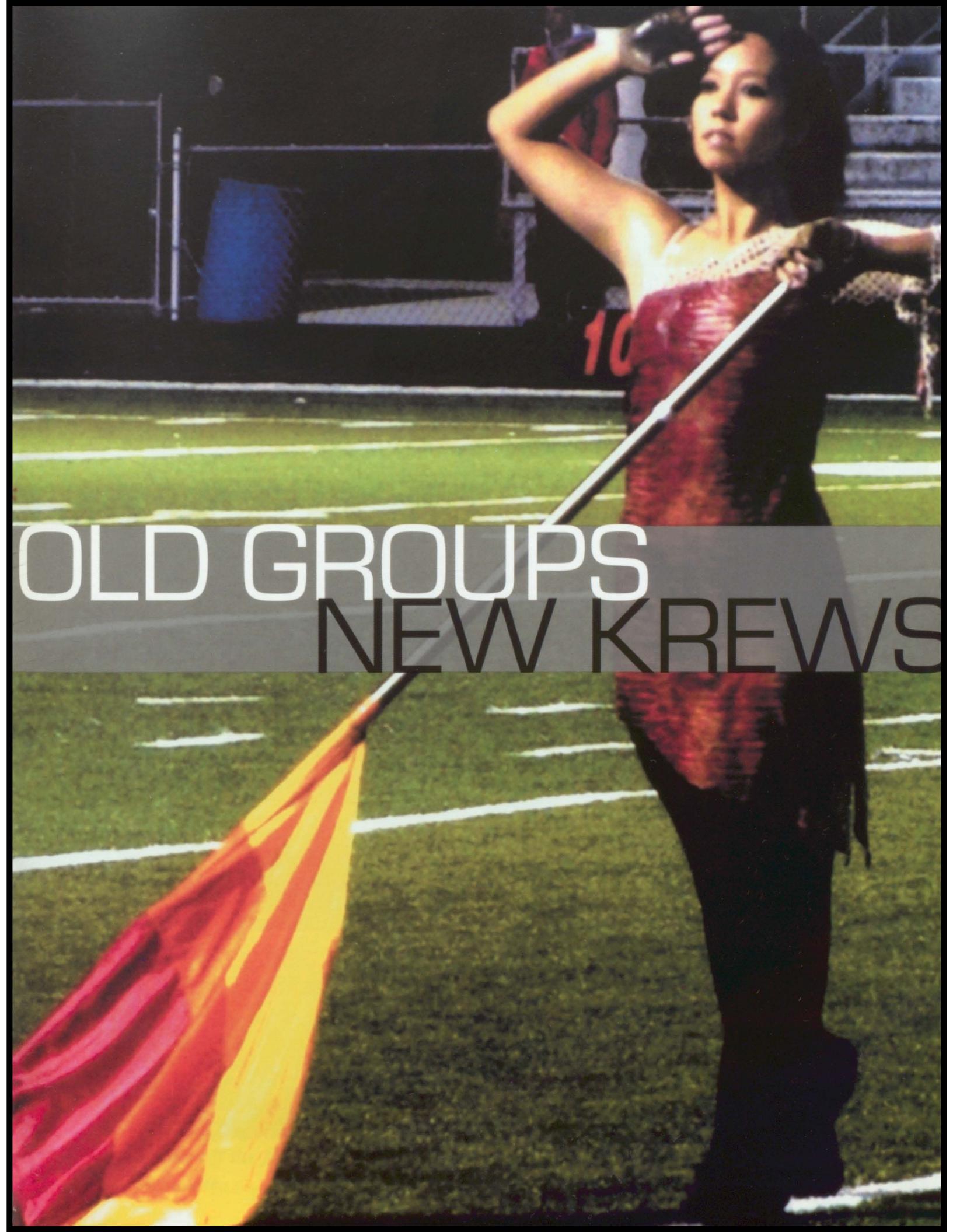
Food Services (waitress)

Movie Theater (usher)



## organizations:





OLD GROUPS  
NEW KREWS

# Marking Time

"The Marching Scarlets may now take the field!"

As soon as they're given this signal, senior drum major **Cody Mitchell** along with junior drum majors **Jake Wagner** and **Matt Mendenhall** perform their salute for the spectators at Valley Stadium.

"At first, competing was a little nerve-wrecking since it was my first time being drum major," said Mendenhall, "but as the season went on it ended up being a lot of fun."

The Marching Scarlets received seventh place at the Waukee State Marching Band Competition. They succeeded this placement while dealing with a new director and new time constraints.

"The students improved considerably in the last week," said band director **Scott Davis**. He gives some credit to guest drill instructor **Andy Falvey** for the band's improvement.

Although the band was able to pull

together a good quality halftime show, getting to that level took plenty of practice.

"It was really hard memorizing where your spots are and the music," said junior clarinet Anna Flickinger.

"I had a hard time getting my posture down with my drum," said junior snare **Krissy Rounds**.

Practice began with sectionals, "picture-to-picture" run-throughs, and practice runs of the entire show.

"One of the freshmen clarinets tripped and fell while we were having sectionals on the field," said Flickinger. "It was really funny!"

Rounds said she also had a fluke during practice when her drum fell off of her harness.

For future marching band experiences, sophomore French horn **Jay Rowat** said he's looking forward to more people and "getting along" with the rest of the people in band.



## Pre-Game

Senior **Alexis Ahmed** practices the Color Guard routine before heading to the field for pre-game. Ahmed was co-captain alongside senior captain **Madison Williams**.



*The horn section.*

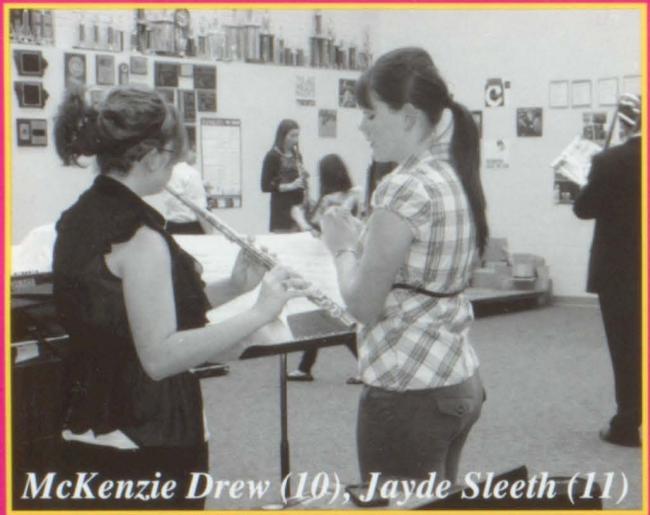
**Sectionals** Senior and woodwinds section leader **Kenny Cortum** directs his section's practice before their halftime performance.



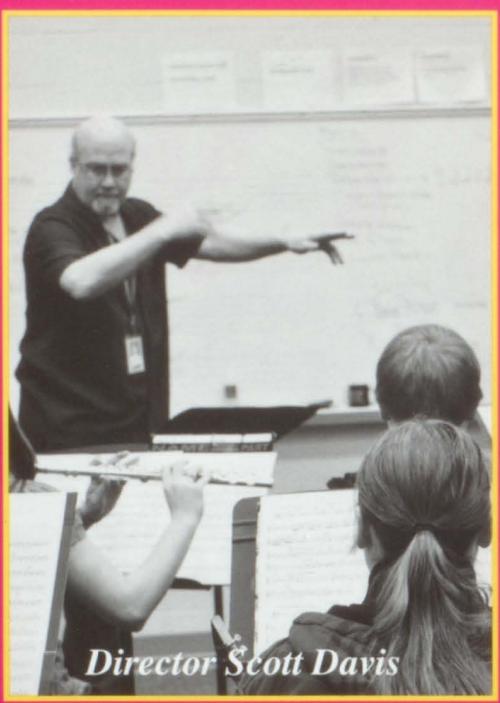
*The Marching Scarlets in action.*

*Marching off the field after another home performance.*

## CONCERT BAND



**McKenzie Drew (10), Jayde Sleeth (11)**



**Director Scott Davis**



**Anna Flickinger (11)  
Madison Delk (9)**

**Trumpet** players **Jay Rowat** (10) and **Samantha Halsten** (11) rehearse their music for a piece performed at the Spring concert.



# New Directions

Band nerds. The stereotype of band members has long been discriminatory, and even at East, students still classify people in groups. However, the classification is very low on the bands list of challenges this year.

**Scott Davis** was named the East High director this year when **Ryan Rowley** took a new position.

Even facing challenges, the band stays together to have fun and continue their music education.

"Concert band has been a lot of fun except for some challenges, yet the music and the people make it exiting," said senior **Rachel Anderson**. "As this is my first year in band I had a lot of fun learning the difference between Orchestra and Band. I love playing in so many different keys!"

According to junior **Sadie Woods**, being in band has opened up many different opportunities. Some continue on in college and

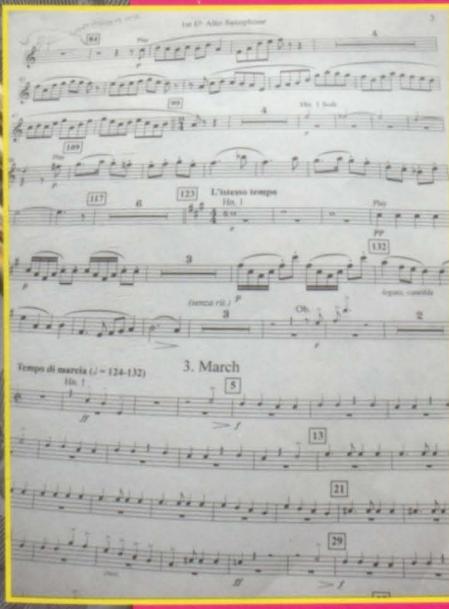
become music majors; others take their high school music experience and play in the community. Some join the U.S. Marine Corps Band and others will just play their instrument for personal enjoyment.

In addition to life experiences EHS Band offers, many students find their best friends in band. Students in band find themselves at home and enjoy each other's company in anime groups, teaching each other different instruments, drum line, and singing Journey songs as junior **Jacob Wagner** plays the piano.

Yet with so many different people and personalities, the band is not clicky. Junior **Mathew Mendenhall** described the people in band as, "family".

Freshman **Fatima Fadel** said, "I had nice time in band my first year. I am super excited for my next three!"

*Story/Layout by Megan Lein*



**Senior Miles Hackett** sits in the corner getting in the zone before the concert. Hackett is first chair and the lead saxophonist.

## JAZZ BAND



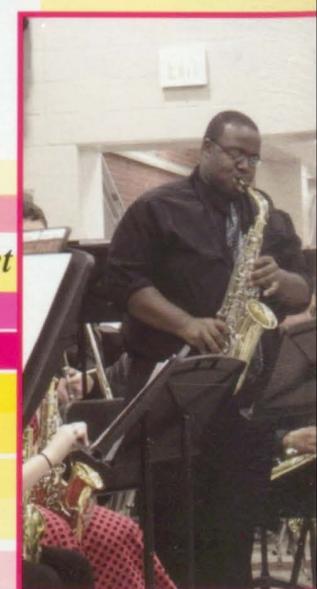
**Bobby Harlan(11)** is in only Jazz Band. His fellow students call him a musical genius.



**Thomas Allen (12)** that plays the Barry Sax. Allen is very involved in band and spends a lot of his spare time practicing.



**Tenea Fabray(11)/Drum Set**



**Demarkus Horton(11)**

# Let's Jazz It Up!

Story/Layout by Riley Fisher

Jazz: a musical art form characterized by blue notes, syncopation, swing, call and response, polyrhythm's, and improvisation.

Here at East High, there are a variety of bands including three main types of band to choose from: marching band, jazz band, and wind ensemble. Concert band also includes marching band and pep-Band. Wind ensemble, along with jazz band is a smaller group that plays more advanced music.

"The bands don't really have a true name, because we're all a big family, no matter what band you are in," said junior **Brennan Lawrence**.

Many kids say they are in band because they enjoy having a class that they know they will always enjoy. Band is a class that you have to be musically gifted and have to be able to go along with the beat. Keeping a beat isn't necessarily an easy thing to do, for many students this is a very big step to overcome.

"Band is good for me because I have to learn how to overcome challenging things," said Lawrence.

Students in band are very well rounded. Because band is a class the students get graded on lessons, playing tests, and attendance. Not only do they get graded on the class but they have to keep up with their sports and school grades.

"I'm in Iowa Youth Band and Des Moines Youth Symphony," said senior **Taylor Pettit**. This helps me practice and keep competing on a high level."

Students in band are very committed; many of the students have been playing for 6-8 years.

"I have been playing for about 6 years now and have loved every year of it," said sophomore **Jay Rowat**.

Jazz band is one of the most preferred types of band, due to the fun and funky music. For many students this is the reason they enjoy music.

"I choose Jazz band because it's a more emotional style of music. It lets me express myself in a way nothing else can," said junior **Demarkus Horton**.



**Bassist Anna Flickenger (11)**



**Brennan Lawrence(11)/Drum Set**



**Alto Sax**

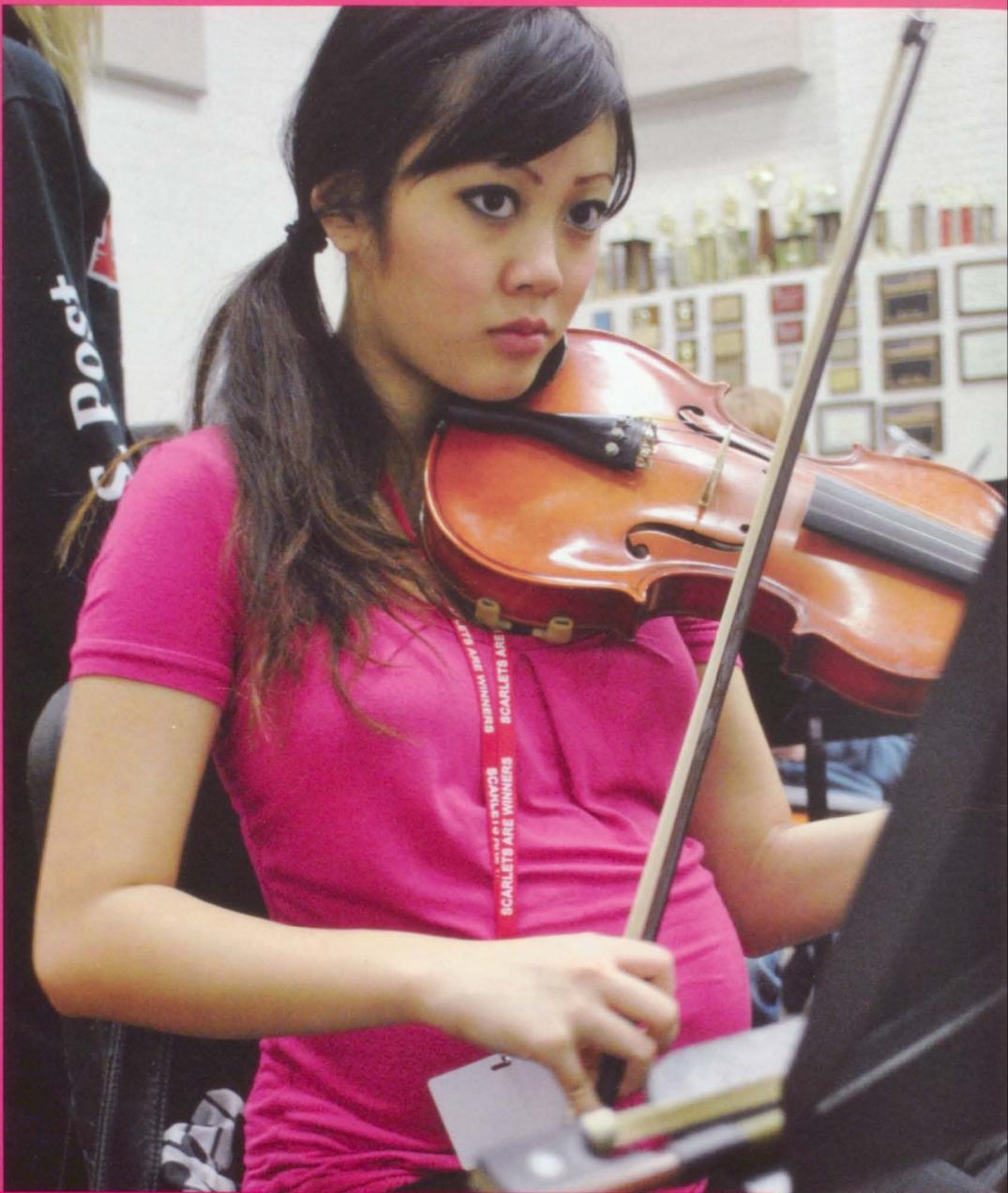
## ORCHESTRA



*Director Jennifer Luft*



*Jason Deaton (12) & Jordan Sams (11)*



*Freshman Violinist*



*The Cello Section*

# Playing Sharp

Story/Layout by Madi Williams

"Orchestra has created an outlet for me that I can always go to whenever I need it," said senior cellist **Jessica Wherle**. "There is always music to match how you feel."

Wherle and fellow orchestra players all enjoy the pleasures that orchestra brings to the end of their day.

"I enjoy music more since I'm in orchestra," said sophomore violinist **Ryan Skow**, "and Mrs. Luft has taught me how to appreciate music more."

With the district budget cuts in 2010, the group had a brief scare of being directed without **Jennifer Luft**.

"I would've kept playing my instrument because it's what I love to do," said Wherle, "but I know it would have never been the same without Mrs. Luft."

Luft has been a director at East for 15 years, and has been a teacher to most orchestra students for more than six years.

"I've been taught by Mrs. Luft ever since sixth grade," said freshmen bassist **Shane Wood**. "She's always been very helpful for me."

However, orchestra students learn that in order to achieve musical perfection, it requires a lot more self-discipline than being lead by a director.

"I've learned to use my listening skills and concentration when I play my music," said freshman violinist **Natalie Florence**.

Wherle said that when it gets to a difficult part in the music, it is important to "push through it," and that by accomplishing that determination will "take you to higher places."

Orchestra is a family of musicians who share a lot of the same favorite memories.

"I loved the Halloween tour," said Florence. "It was fun playing with other orchestras."

"All of the mall trips were fun for me," said junior cellist **Katherine Burns**. "It's just a fun day with a million other orchestra kids."

Music is an escape for some students, while for others it is a life-calling.

"Orchestra has helped me see what my calling is," said Burns. "I've realized that playing music is what I want to do for the rest of my life."





# JESUS CAKES

*Story/layout by: Aaron Hosman & Houa Vang*

**D**ate: Tuesday's. Location: Cafeteria.

...Wait. Where is everyone?

Every Tuesday morning, dozens of students journey crowd room #3010C for pancakes, conversations, and the learning of faith and life. From 7:00 to 7:30, students go to the Journey.

"It's a good way to start your day," said junior **Edemir Joyas**.

The Journey is for the kids that may want to take the next step in life. A church based atmosphere and a positive attitude towards life is offered to everyone who joins.

As kids reach adult life, they wonder why they are here. Is there a god? How does it all work? Or maybe they even ask a question about their lifestyle? Finding the answers are not easy, but listening to possibilities and learning or seeing another outlook on life is why students come to the Journey.

Journey is the place to be for students with a life that may be crazy, messed up, or need a little guidance, by coming; it can help them lead a better life.

"It's fun to see all of the different people that come together, plus I like the pancakes!" said sophomore **Tamaiya Bradford**.

The club was started four years ago by

science teacher, **Randy Nordeker**. Originally only about 40 students were involved in the group and enjoyed buns, rolls, and juice. Then they came upon pancakes which students now call "Jesus Cakes."

The most popular pancake flavor is the chocolate chip pancake followed by blueberry and regular flavored pancakes.

"I think they are tasty pancakes and good to learn about the lord," said junior **Tori Lord**.

With the help EHS staff, Journey has grown to about 60-70 students. EHS staff provides supplies, costing around \$60. Journey also has the support of many metro churches which help pick up some of the cost of running the group along with the sharing of testimonies, scriptures, and prayers.

A minister from a different church joins the Journey every Tuesday to support and guide the students in scripture. During the Journey, everyone is actively involved: Staff and students having a faith based conversation, students getting in line for pancakes, a group of kids talking and eating, but the most important part is the kids listening to the Church speaker.

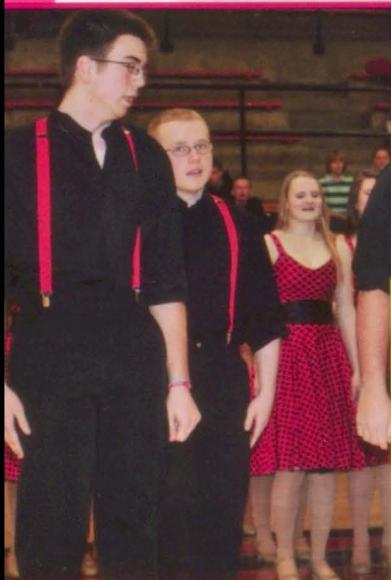
"It's a positive and good thing," said Nordeker. "It's been a blessing for everyone. It's fun work and I look forward to it. I love it."



## SCARLET SINGERS



**The Scarlet Singers** practice their dance to "Diamonds Are A Girl's Best Friend." The song was made famous by Marilyn Monroe in 1953.



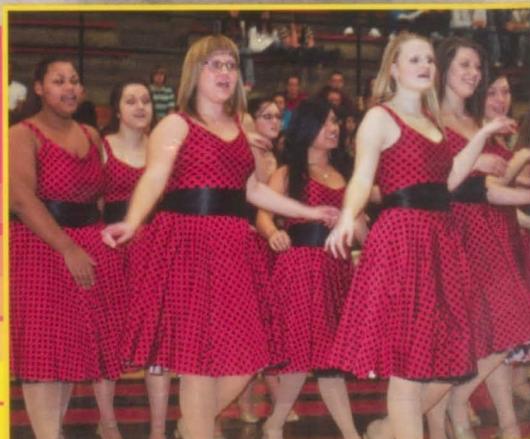
**Justin Nichols (11)**

and

**Tim Williams (12)**



**The Scarlet Singer Boys**



**The girls** perform at the Winter Assembly for the EHS student body.

# Bust A Move!

The Scarlet Singers are comprised of students with no fear of dancing or singing on stage.

Scarlet Singers is not just a class, but a group of students who enjoy music and grooving to the beat.

"I love dancing; it is one of the best parts of the class," said junior Nick Williamson.

The Scarlet Singers sing a variety of songs. This years agenda consisted of these songs: "Diamonds are a girl's best friend", "Don't stop believing", and a Michael Jackson medley.

This 2010-2011 outfits are inspired by the show *Glee*. The girls' dresses are red with black polka dots and the boys wear black dress pants and shirts with red ties that match the girls' dresses.

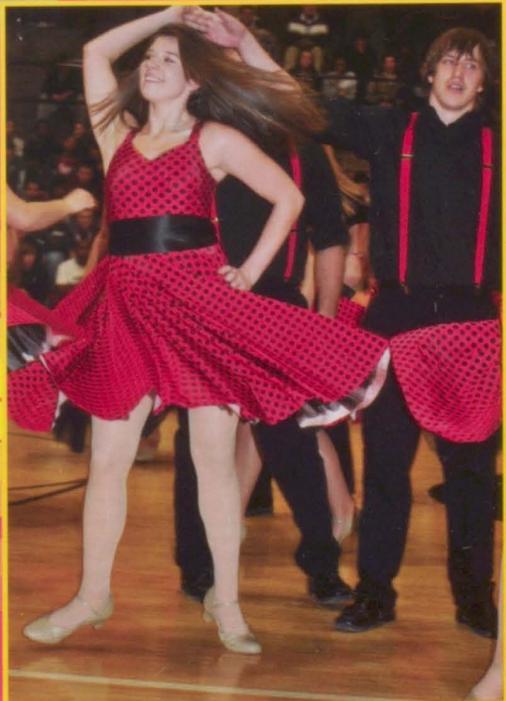
"Our dresses are red, sparkly, and flowy," said junior Devon Roberts.

The group gets measured in the beginning of the year, to see the size of the their performance uniforms. To pay for the uniforms, they do fundraising events. Their own professional seamstress creates their uniforms, according to adviser Traci McCaull.

"In the beginning of the year, we get measured to see what size of dress we need. Then we send it to our own seamstress," said junior Caitlyn Bruscaher.

During the year, they participate in three concerts at school. They also perform at Merle Hay Mall, graduation, and middle schools around the East High area.

*Story/Layout by Riley Fisher*



**Devin Roberts (11) and Nick Williamson (11)** dance their hearts out to the song "Diamonds Are A Girl's Bestfriend". Both Roberts and Williamson have been in Scarlet Singers since their freshman year.

# Keeping the Harmony

Chamber Choir is an advanced singing group open for 16 boys and girls at EHS. Practice takes place every Tuesday from 2:45-3:10. Practice didn't stop there; students had to use time outside of practice to prepare for their performances.

Chamber Choir was one of the harder music groups to get into. Students also had to tryout to join this prestigious choir. There are typically five singing voices represented in the group, but that varied depending on who was in the group.

"For the males to get into the group they had to sing scales. The difficulty of them was just right to me," said junior **Jacob Wagner**.

Many of the songs the group performed were classical, but they also sang holiday and some pop songs as well. Many of the students liked singing

songs in other languages. It was an opportunity to learn something new about foreign places. Also, students were able to learn differences between other languages and songs in English.

"We get to sing in other languages and that's my favorite part. It still may be classic stuff, but it was a change from the normal songs because we were singing in another language," said junior **Demarkus Horton**.

Students haven't gone on many trips, but one was pretty memorable to them: the trip to Merle Hay Mall. They sang with the Scarlet Singers and the orchestra accompanied them as well. The songs were geared towards anyone who found enjoyment in holiday music.

"I liked being in this group for the music we sing because it is challenging. It was also more fun and more beautiful to sing," said senior **Heather Prettyman**.



## Sound of Music

The group performed in the cafeteria for Scarlet Lounge. The group performs songs in languages such as Latin, French and Italian.

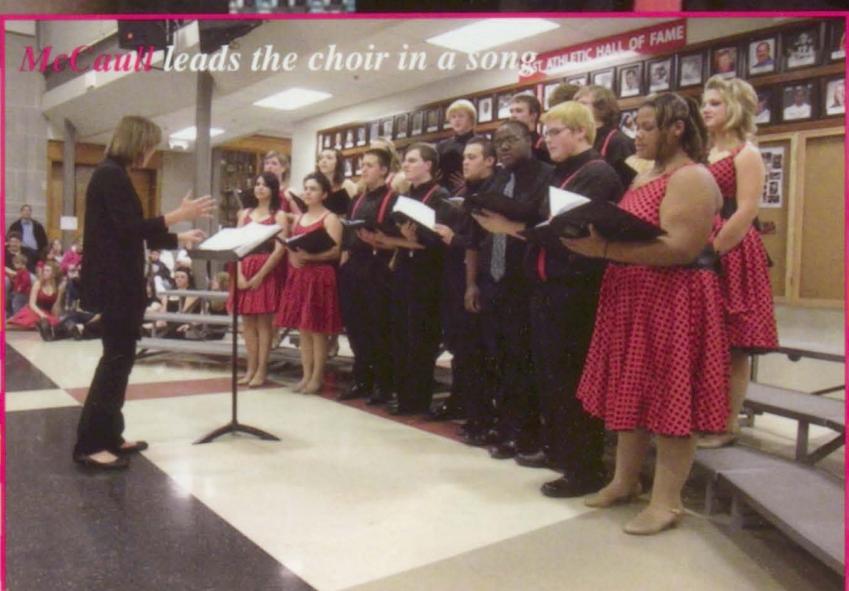


**Lauren Morgan**  
(12) and **Heather Prettyman** (12).

***Con Passione***

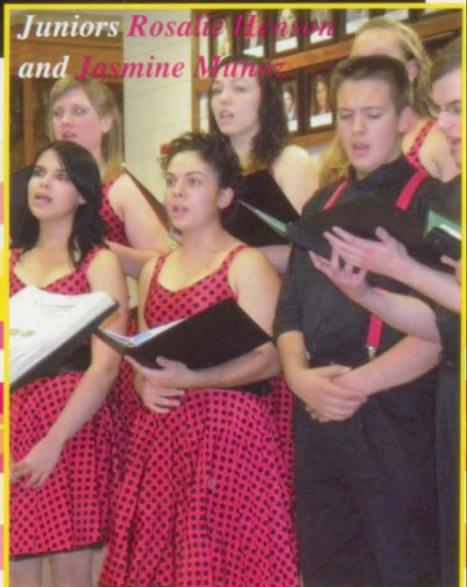
Juniors (from left to right)

Michael Fitzpatrick, Matt Norton, Demarkus Horton and Jacob Wagner all sing to the music. Wagner has been in chamber choir for a year.



*McCaull leads the choir in a song*

*Juniors Rosalie Henson and Jasmine Munoz*



## HANDBELLS

### ***Ring-A-Ling* Tiffany**

**Rattray** (12) keeps in tune with the group. Rattray has been in handbells since freshman year.



**Demarkus Horton** (11) rings bells along with the group. Horton plays in handbells because "it's fun and I like to do it."

### ***Scarlet Ringers***

# Make it Ring

Handbells is an organization that consists of two groups of about ten kids. There is a regular group and an advanced group. Handbells met twice a week on Tuesdays and Thursdays starting at 6:45 am. Students may not have enjoyed the early starts, but the hard work paid off.

"I didn't like the morning practices because I had to get up early and I didn't like to get up early at all. The time and effort was worth it," said junior **Joshua Rounds**.

Handbells is a musical performing group that is only offered at East High. There are no other high schools in the Des Moines area that have a handbells group. It is also offered in two middle schools that feed into East: Hoyt and Goodrell. The students that are able to enjoy it in middle school often want to continue on with it while in high school.

"Hoyt has had a handbell choir since the early 1980's. When students came to East they missed playing in a handbell choir so much that they begged the vocal booster club to purchase handbells for East," said vocal music teacher **Traci McCaull**.

Participating in handbells meant being in sync

with the rest of the group. Everyone had to be on the same page for the music to come out correctly. Messing up can be a frustrating thing and everyone can learn from.

"When I messed up I got frustrated because I know I can do better than that. The audience can't really tell so there is some consolation in that," said junior **Rosalie Henson**.

Handbells performed four times throughout the year and in various places. Those various places included Merle Hay Mall, nursing homes, HyVee, and the Des Moines Airport. Students also took an exciting trip to Orlando, Florida over spring break.

"I liked the trips because we were able to get out into the public rather than just playing for the same old people," said junior **Jake Wagner**.

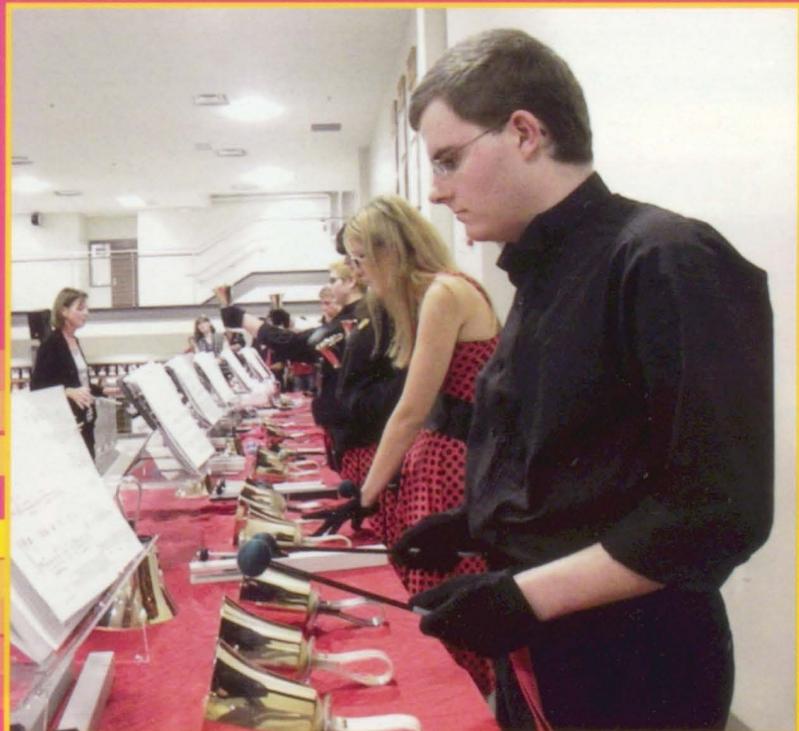
McCaull has been here for several years and has most definitely had her share of ups and downs through the years.

"Teamwork and the sense of family that comes from working with such a close knit musical group is something that motivated me to keep going," said McCaull.

**Story/Layout by Jessie Vance**



Rosalie Henson (11) and Mariel Bradford (12)



Michael Fitzpatrick (11)

# Act It Out

By Emalie Cipale

Starting in November until March the students who are involved in IHSSA (Iowa High School Speech Association) give most of their time practicing and performing at different competitions.

With **Ginger Johnson** coaching most of students, they all come out of the season with great memories.

There were about 70 returning students back this year ready for an exciting season. They had 28 seniors and the rest were mostly juniors and a few sophomores and freshman. For many of the seniors have been in it for many years so, this being their last year is very difficult.

"I've been in IHSSA for three years so it's pretty surreal knowing that this is my last year. There has been so much time, dedication, effort and hard work put into this program," said senior **David Blacksmith**. "With all of the laughs, memories, and overall connection, this will be the most genuinely missed part of high

school for me."

There are many different categories that students can perform in. Categories include: Choral Reading, Solo mime, Musical Theater, Radio News, Ensemble Acting and Readers Theater. This year, state added one more category called short film.

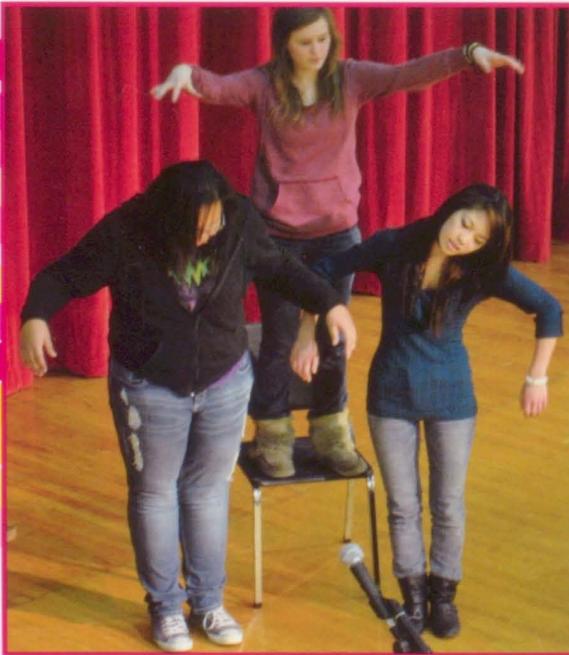
"I do Ensemble Acting and Readers Theater in large group, I also love going to competition and watching everyone have fun doing their thing," said junior **Lily Van Gundy**.

After large group competition is over, students have the choice to continue with IHSSA at individuals. They can earn a 1, 2, 3, or 4 rating. If they get a 1 then they were allowed to move on to state at Valley High School. After state they have the opportunity to move on the All-State. To make it to state is a dream for most of the students in IHSSA.



## Puppets

Juniors **Lindsey Smith** acts as a puppeteer to **Ngoc Cao** and **Tenea Fabray** during their ensemble acting performance.



**Barbie, Ken, GI Joe**  
(Friends sold separately)



Divine Comedy One Act  
Play directed by EHS  
alumnus **Chris Williams**.



**Senior Caleigh**  
**Mormann** preforms at  
Barnes & Noble.



**Shannissy Catron (12)**  
**and Zane Rustan (12)**



**Entertaining**  
While practicing to  
entertain the  
audience **Lily Van**  
**Gundy** (11) ends  
up entertaining the  
performers.

# STUDENTS WITH TALENT

Story/layout by: **Hannah Bailey & Emalie Cipale**

All around East High, talent radiates throughout the halls. Everyone has a special talent they're proud of, just like these four EHS students.

Freshman **Maddie Delk** started playing the saxophone in 5th grade. She also has been playing the piano since just six years old. Some of her dreams for the future are to be the drum major for East's marching band and to attend Augustana Music College for a degree in music education.

Delk said she puts forth hours of practice each day until she has her music perfect.

"When I learn about an audition or a concert I have to perform at, I look for challenging music that will sound really good with my instrument," said Delk.

Sophomore **Sabino Perez** has been drawing since he was nine.

"I liked to watch cartoons so I wanted to make my own characters," said Perez.

Perez also said his favorite part of drawing is when he adds the finishing touches and looks at his completed work.

"When I want to draw something I let my imagination run free so I can feel relaxed, calm down, and get ready to see what happens," said

Perez.

Junior **Gillian Randall** has been skating since her dad took her to a skating class when she was seven years old. Randall said she never stopped after that.

She has been to world competitions and took first place in several events. Randall diligently practices to create routines set to music while her mom sews all of the outfits for her performances.

"The people I skate with are like a family to me and I love competing and being with them," said Randall. "I love teaching little kids because it's great seeing a child land a move and seeing the smile that comes across their face," said Randall.

Senior **Edgar Martinez**'s love for BMX racing started in the 7th grade when he got a pro bike.

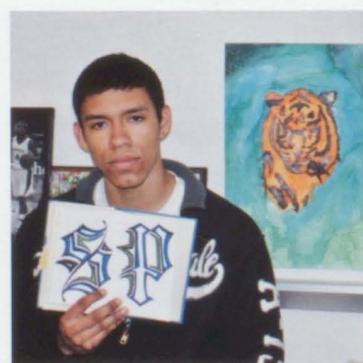
Martinez said he has always liked riding bikes since he was a little kid, but it once he got into the sport more he couldn't stop racing. Martinez's favorite part about BMX is meeting new people, going on road trips, bike jams, and skate parks.

"I practice all day and ride around before competitions," said Martinez. "It makes me happy to be on a bike."

Everyone has a special talent, and it doesn't take much to find those special, talented people in our hallways.



Maddie Delk



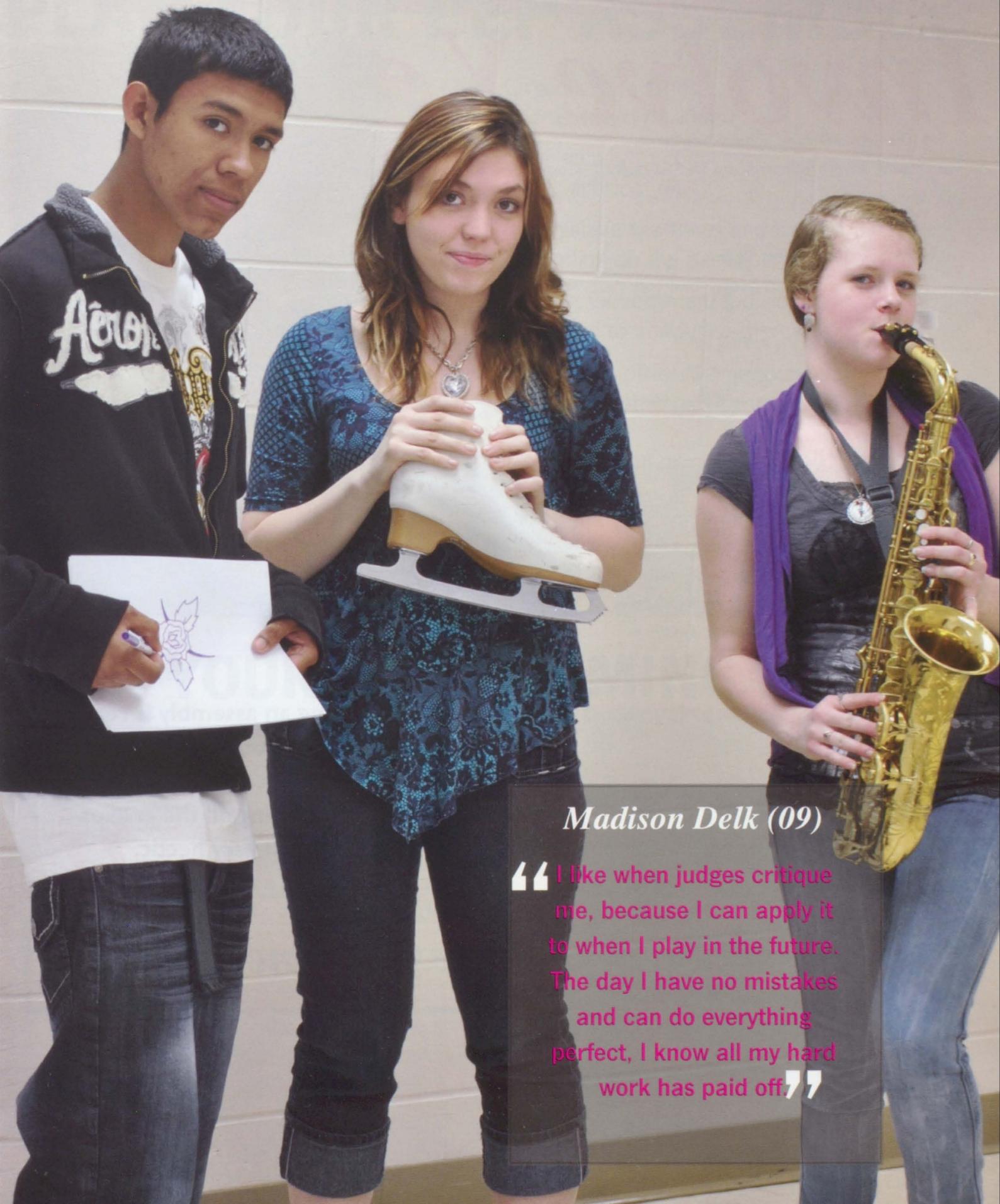
Sabino Perez



Gillian Randall



Edgar Martinez



*Madison Delk (09)*

“ I like when judges critique me, because I can apply it to when I play in the future. The day I have no mistakes and can do everything perfect, I know all my hard work has paid off.”

# Involve Yourself

Story/Layout by Madi Williams

The pep assemblies, homecoming dance, and charity drives are all traditions we East High students proudly take part of. However, very few of us know the planning and preparation it takes to make these events happen.

East's Student Government is the group behind it all.

"I like setting up and running the assemblies. They always end up being a lot of fun," said senior Public Relations Officer **Alexis Ahmed**.

The Student Government's priorities are to make sure things run smoothly during assemblies and that the student body enjoys participating in these planned events.

"I got involved with Student Government because I wanted be a part of a group that gave back to the community," said junior **Austin Ahl-Jones**.

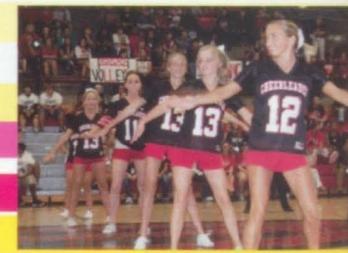
Not many know that our Student Government continues to involve themselves in the community after the Homecoming dance.

"We get a lot of praise for Homecoming," said senior Vice President **Sammy Jones**, "but once Homecoming's over, we start doing more things for the community."

Some events that the Student Government worked diligently in planning was the winter assembly, homecoming assembly, homecoming dance, and canned food drive.

Some new events the group planned were Change for Children, and the Cystic Fibrosis Walk.

"Being in student government requires a lot of focus on the task and a drive to get your planning done," said senior President **Sadie Hines**.



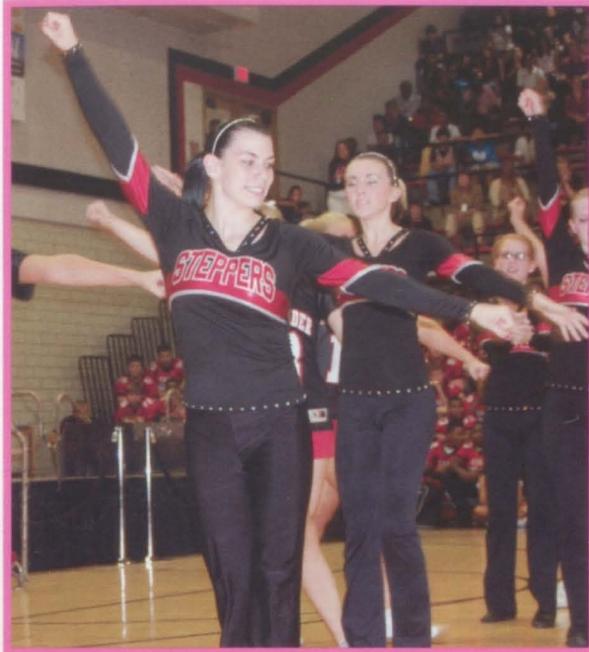
**Sammy Jones, senior**

Planning an assembly is really complicated. You have to make sure you're giving enough time for the groups, finding all the groups... it's all very hectic.

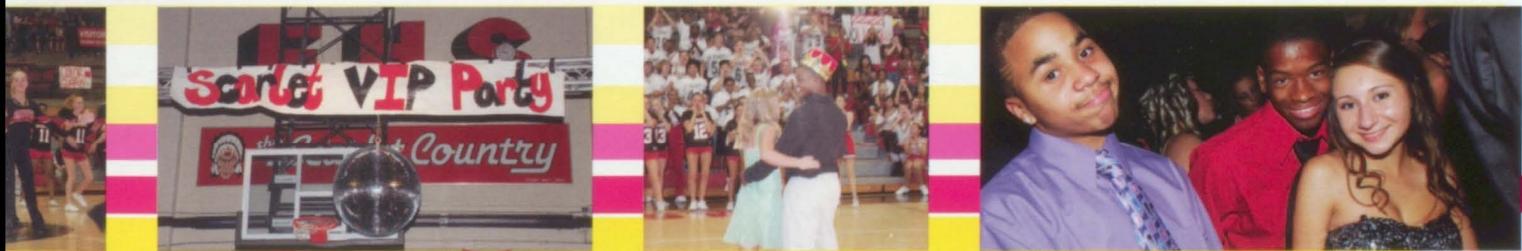
**Homecoming is a lot more than decorations and crowns. We put forth a lot of time and care to make sure this is the best dance for everyone.**

**Alexis Ahmed, senior**

# HOW TO: PLAN YOUR PEP ASSEMBLY

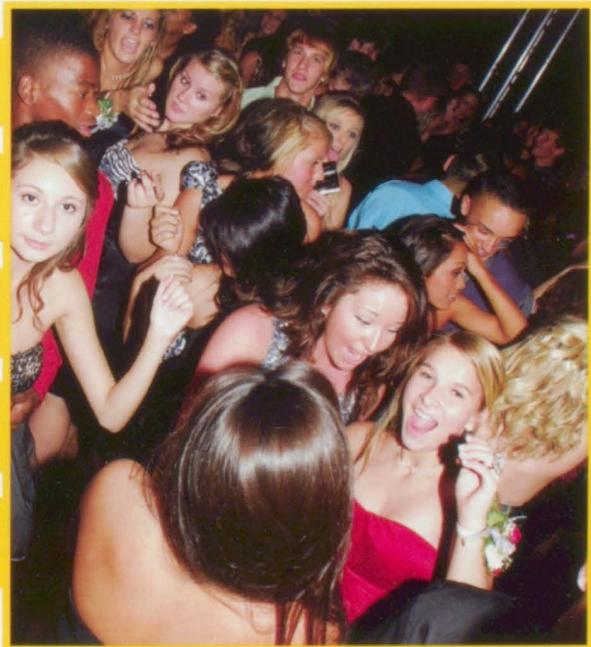


- STEP 1:** Organize the times and set the time limits.
- STEP 2:** Email faculty to confirm their participation.
- STEP 3:** Re-organize the times and time limits depending on the participation.
- STEP 4:** Student Government individuals volunteer to announce the teams.
- STEP 5:** Write a script for the announcers and practice the script together.



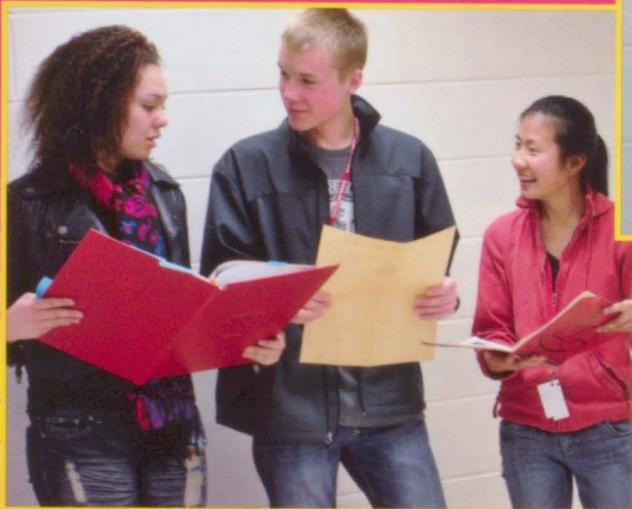
# HOW TO: PLAN YOUR HOMECOMING DANCE

- Decide on the theme and get it approved by the principal.
- Establish committees for decorating and running the court.
- Agree on a budget and finalize decorating ideas.
- Student Government individuals volunteer to shop for decorations.
- Come to school the night before and morning of the dance to decorate!



**The Group** sits in Mr.

Graeber's room discussing old photos and yearbooks. They meet every Thursday during advisory.



*Sophomores Jazmine Heard  
(10), Aaron Hosman (10), and  
Houa Vang (10).*

*Brianna Boner (10), Riley  
Fisher (11), and Emalie Ciaple  
(11)*



# History Lesson

Story/Layout by Riley Fisher

Congratulations East High! You have officially existed, in various forms and in a few different locations, for 150 years.

This year there is a group of students creating a book celebrating the "150 year of East High's existence." They are bringing fun, yet old facts to the student body and alumni.

"It has been fun for the students to learn about the important people who have been shaped by East High," said adviser Ben Graeber.

The book is going to feature old pictures in contrast to new pictures, graduates in contrast to students, and old memories in contrast to new legacies.

More than anything, the 150th Anniversary publication will focus on unique people who have attended or

worked at East High.

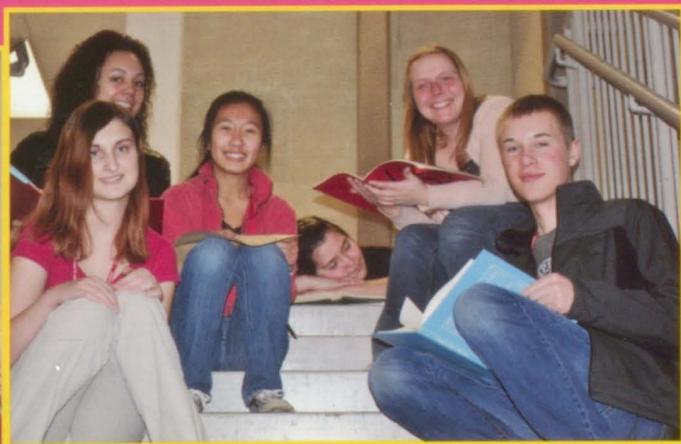
Alumni, former teachers, retired principals, and local businesspeople are all featured in the collection.

"I think this project is really cool. East has such a strong history and I'm proud to be part of it," said sophomore Aaron Hosman.

The group completing most of the work is made up of six students, yet their publication will include articles from dozens of Journalism students.

"I'm excited with helping the 150th anniversary because this is a huge year and it's cool seeing how the book turns out," said Cipale.

"Documenting East's history is difficult; however, I think our approach of focusing on unique people has been a good idea," said Graeber.



**Hosman and Vang**  
discuss an old Scroll article. Vang just realized Hosman can't read upside down.



150  
Years of Pride

established in 1861

# Konnichiwa

A hidden treasure here at East: Japanese Culture Club. Meeting every Thursday in **Vidal Spaine's** room, Japanese Culture Club (JCC) discusses more than just anime and manga, which are Japanese movies, TV shows, and comic strips. The group learns about Japanese language, history, music, and of course, culture.

"The point of our group is to try and bring Japanese culture to East," said the group's president, senior **Thomas Allen**. "It's not all about anime."

Every week, the leaders of the group come up with a word of the week. They do this so that everyone in the club will get a better understanding of the language.

"We try to choose common Japanese words, and we also try to make them seasonal. Like around Christmas our word of the week was Merry Christmas in Japanese," said Allen.

JCC spends a lot of time talking about

Japanese culture, but they like experiencing a taste of the culture as well. They usually go to the New Oriental Store to shop, and they also go to Guan Fu Tea.

"Guan Fu Tea is a tea shop, but it also has a traditional Japanese relaxation area. You can't find anywhere more relaxing than there, that's what we go there for," said senior **Raymond Harless**.

The group is also working together with Scandinavian Club to bring something new to EHS: a Cultural Awareness Festival.

"This will be where different clubs come together to educate and share culture around the school," said senior **Amanda Watkins**.

Anyone can join the group, and new members are always joining.

"I joined the group because I like anime, but the group is a lot more than that," said junior **Samantha Halsten**.

Mt. Fuji in Japan





## Get It Straight!

- otou-san: father
- oka-san: mother
- ogeesan: grandfather
- obaasan: grandmother
- konnichiwa: hello
- arigato gozimas: thank you very much
- ohyo: good morning

Japanese Culture Club studies the language of the land.

- oneesan: big sister
- oniisan: big brother
- ikedakima: bless us for this food
- o-namae wa nan desu ka?: what is your name?
- hai: yes
- lie: no



# Scarlet COUNTRY

## Concert Band



**Front Row:** Megan Lein, Kenneth Cortum III, Destiny Rattray, Anna Flickinger, Hollie Russett, Madison Delk, True Wheeldon, Emily Sherwood, Jonnie Bishop, Nancy Lovan. **Row 2:** DeMarkus Horton, Jasmine Anderson, Tyeana Estes, Kevin Fettters, Jayde Sleeth, Mackenzie Drew, Julia Sigmund, Shelby Wilson, Wendy Uribe, Caitlind Brumbaugh, Samantha Glick, Chelsea Gallagher. **Row 3:** Scott Davis, Jordan Cirksena, Jacob Wagner, Theodore Kofoed, Sadie Woods, Catarina Fiscus, Miles Hackett, Alexander Vockings, Katy Casey, Krissy Rounds. **Row 4:** Tenea Fabray, Arthur Randolph, Tyler Helfert, Julianna Wegman, Emily Thomas, Ashley Nash, Fatima Fabray, Brennan Lawrence, Nick Sayavong, Zachary Hockett. **Row 5:** Colby Carmichael, Grant Jones, Scott Williams Jr., Michael Olgren, Michael Kendall, Samantha Halsten, Jensen Hastings, Matthew Mendenhall, Taylor Pettit, Brandon Haus Jr., Brice Baley. **Back Row:** Matthew Lawler, Dana Drew, Zachary Mata, Nicholas Heathcote, Juan Iruegas, Devin O'Connor, Rachel Anderson, Thomas Allen, Austin Kramer-Thompson, Christopher Tutje, Cody Mitchell, Jay Rowat, Kassidy DeBont.

## Marching Band

Christopher Tutje, Krissy Rounds, Tenea Fabray, Brennan Lawrence, Brittany Jones, Samantha Glick, Jasmine Anderson, Chelsea Gallagher, Kristel Hill, Jacob Wagner, Molly Fessler-Boylan, Cody Mitchell, Matthew Mendenhall, Madison Williams, Alexis Ahmed, Sadie Hines, Jackie Fudge, Shelby Wilson, Sammy Jones, Jordan Cirksena, Jensen Hastings, Colby Carmichael, Rachel Anderson, Theodore Kofoed, DeMarkus Horton, Sadie Woods, Julia Sigmund, Catarina Fiscus, Miles Hackett, Hollie Russett, True Wheeldon, Ricardo Ceballos, Tyler Helfert, Thomas Allen, Alexander Vockings, Kenneth Cortum III, Anna Flickinger, Katy Casey, Nancy Lovan, Jonnie Bishop, Emily Sherwood, Destiny Rattray, Tyeana Estes, Wendy Uribe, Grant Jones, Austin Kramer-Thompson, Arthur Randolph, Emily Thomas, Ashley Nash, Scott Williams Jr., Julianna Wegman, Michael Olgren, Dana Drew, Michael Kendall, Samantha Halsten, Juan Iruegas, Nicholas Heathcote, Devin O'Connor, Taylor Pettit, Zachary Hockett, Brandon Haus Jr., Fatima Fabray, Brice Baley, Jay Rowat, Kassidy DeBont, Connor Bacon, Megan Lein, Mackenzie Drew, Caitlind Brumbaugh, Madison Delk, Zachary Mata, Kevin Fettters, Nick Sayavong, Jayde Sleeth.

## Jazz Band



**Front Row:** Hollie Russet, Madison Delk, DeMarkus Horton, Miles Hackett, Alexander Vockings, Julia Sigmund, Thomas Allen. **Row 2:** Jacob Wagner, Anna Flickinger, Tenea Fabray, Robert Harlan, Brennan Lawrence, Taylor Pettit, Brandon Haus Jr., Devin O'Connor, Juan Iruegas. **Back Row:** Samantha Halsten, Cody Mitchell, Austin Kramer-Thompson, Jay Rowat, Julianna Wegman.

## Wind Ensemble

**Front Row:** Emily Thomas, Kenneth Cortum III, Anna Flickinger, Madison Delk, Mackenzie Drew, Wendy Uribe, Jayde Sleeth. **Row 2:** Michael Kendall, Jay Rowat, Dana Drew, Samantha Halsten, Sadie Woods, Miles Hackett, Alexander Vockings, Director Scott Davis. **Back Row:** Thomas Allen, Juan Iruegas, Taylor Pettit, Cody Mitchell, Devin O'Connor, Megan Lein, Cassidy DeBont, Brennan Lawrence, Christopher Tutje.



## Orchestra

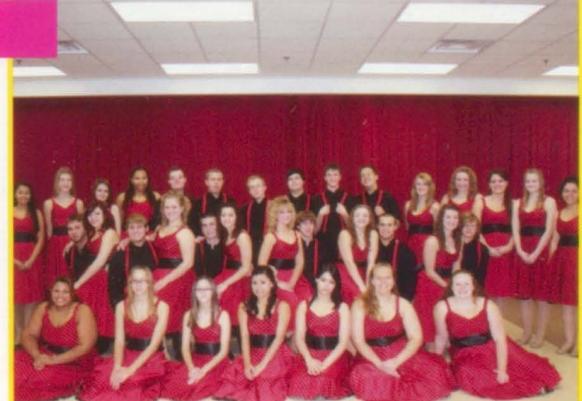


**Front Row:** Houa Vang, Nickie Nguyen, Devin Butler, Jason Deaton, Tiffany Rattray, Kayla Woodhall, Jesmond Waterson, Lydia Dyer, Director Jennifer Luft. **Row 2:** Ashley Baumgardner, Alma Chavez, Ngoc Cao, Jessica Wehrle, Madison Williams, Rachel Anderson, Jackie Fudge, Kaitlyn Falcon, Victoria Sleeth, Sarahi Trejo, Sarah Fitzpatrick. **Row 3:** Shannon Riggan, Masaya Thompson, Stacie Post, Gwendolyn Wakefield, Anna Flickinger, Nathan Worthington, Ryan Skow, Josh Rounds, Shane Wood, Brianna Proctor, Katherine Burns. **Back Row:** Zach Hockett, Scott Son, Brittany Jones, Caitlin Wicker, Eyal Sarabia, An Nguyen, Samantha Yang, Trevor Abeling, Angela Lo, Angel Monetti, Jordan Sams, Matt Bruce, Natalie Florence, Makala Thompson, Dalton Lyons, Reannan Barlow, Devin O'Connor.

## Scarlet Singers

**Front Row:** Lauren Morgan, Sammy Jones, Sadie Hines, Ngoc Nguyen, Rosalie Henson, Tiffany Rattray, Shelby Jackson.

**Row 2:** Tim Williams, Gillian Randall, David Blacksmith, Caleigh Mormann, Justin Nichols, Abby Sigmund, Heather Prettyman, Nick Williams, Aubrey Stith, Matt Riner, Tirica Johnson, Jacob Bieger. **Back Row:** Meredith Layman, Sarah Fitzpatrick, Tenea Fabray, Michael Fitzpatrick, Josh Rounds, Wade Williams, Jake Wagner, Ryan Skow, Ben McClure, Haley Rusk, Morgan Green, Devan Roberts, Caitlynn Bruscher, Jasmine Munos.



# Scarlet COUNTRY

## Fresh Air



**Front Row:** Emily Swerwood, Kathryn Foster, Rachel Eckardt, Ann Scheel, Kaylin Scheel, Rebecca Novak.

**Row 2:** Zach Blacksmith, Dillon Strait, Michael Osman, Jacob Haag, Blake Steines, Demarcus Dameron.

**Back Row:** Casey Hoskins, Cheyanne Wiand, Katie Williamson, Dehkontee Dassin, Cassandra Burkett, Samantha Glick.

## Prep Choir

Jay Andrews, Reanna Barlow, Kupono Baugher, Emily Beattie, Sarah Bennett, Rachel Boothroyd, Sara Clark, Brittany Cook, Morgan Cornelison, Lacey Davis, Ethan Deboer, Ashlee Eaton, Bree Elscott, Leah Evans, Fatima Fabel, Sabrina Formaro, John Fudge, Keesha Gaines, Alvin Gonzalez, Kerry Graves, Samuel Hansen, Samantha Heathcote, Courtney Helberg, Jacob Her, Angela Monetti, Holly Muir, Maria Murillo, Juliana Nieto-Guerrero, Kelsee Payton, Eddie Perryman, Austin Phongsavanh, Martha Placencia, Tanisha Powell, De Jae Rankins, Samantha Roden Michelle Rogers, Amanda Routh, Caitlin Royse, Dakota Shelburg, Victoria Sleeth, Christine Tyrrell, Marie Wakefield, Kylie Waters, Shannea Wells-Young, Tre Williams, Michael Williams, Cordell Wright.



## Concert Choir



**Front Row:** Beth Faux, Paige Groves, Taylor Anderson, Alyssa Brandt, Megan Whitfield, Heather Reimers. **Second Row:**

Mackenzie Drew, Krystal Burgett, Andrea Hiatt, Nicole Hoskins, Mercedes Reynolds, Kaleigh Nichols,

Amanda Tucker. **Third Row:** Shelby Sly, Kristel Hill, Kayla

Woodhall, Ashley Overton, Amanda Steins, Nichole Kern, Jodi Hatcher, Ashley Kimbley. **Back Row:**

Elizabeth Ouverson, April Brown, Chelsey Kimmel-Kendrick, Amanda Stougard, Kaitlin Stalkup, Jasmine Palmer, Vanessa Smith.

## Chamber Choir

**Front Row:** Jazmine Munos, Rosalie Henson, Gillian Randal, Caleigh Mormann, Tiffany Rattray, Heather Prettyman, Lauren Morgan, Morgan Green, Stephanie Nowels, Sarah Fitzpatrick. **Back Row:** Benjamin McClure, Michael Fitzpatrick, Kenny Cortum, Tim Williams, Matt Rinner, Brandon Lautenschlager, DeMarcus Horton, Jake Wagner, Jake Biegger.



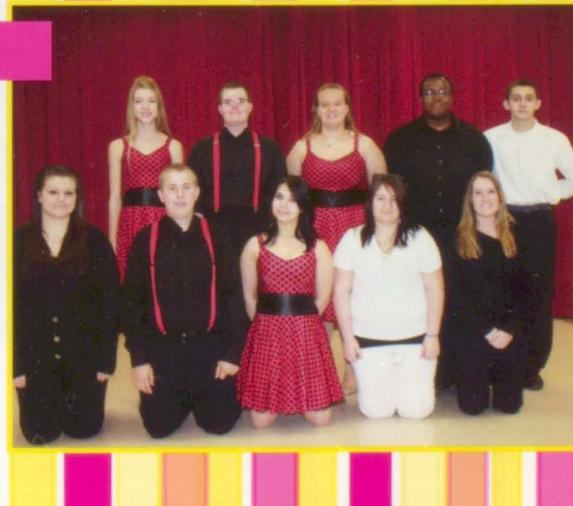
## Advanced Handbells

**Front Row:** Jacob Wagner, D.J. Palmer, Michael Fitzpatrick, Joshua Rounds, Chris Tutji.  
**Back Row:** Tenea Fabray, Sammy Jones, Rosalie Henson, Tiffany Rattray, Caleigh Mormann.



## Handbells

**Front Row:** Kylie Waters, Josh Rounds, Rosalie Henson, Crystal Jasper, Mariel Bradford.  
**Back Row:** Meredith Leighman, Michael Fitzpatrick, Tiffany Rattray, DeMarkus Horton, Tyler Helfert.



# Scarlet COUNTRY

## IHSSA



**First Row:** Danyal Nokes, Jasmin Munoz, Kaleigh Nichols, Kensie Channon, Heather Prettyman, Sammy Jones, Michelle Lovett. **Second Row:** Emily Sherwood, Ngoc Cao, Janet Raeza, Ashley Prettyman, Lindsey Smith, Gillian Randal, Ann Scheel. **Third Row:** Caitlyn Bruscher, Brooke Wilson, Kelsey Waits, Jackie Fudge, Alina McDaniel, Clara Henson, Heather Riemers, Lily VanGundy, Stacie Brown, Megan Lien. **Back Row:** Katie Williams, Aaron Hosman, Johnathan Straley, Matt Mendenhall, Brennan Lawrence, Philip Bui, Jensen Hastings, Tim Williams, Jacob Beigger, David Blacksmith, Nick Williamson, Mike Williams, Zane Rustan, Demarkus Horton, Ryan Skow, Jay Rowat, Casey Hoskins. **Not Pictured:** Madi Williams, Sarah Fitzpatrick, Rosealie Henson, Sky Dale, Tenea Fabray, Caleigh Mormann, Shannisy Catron, Scott Folsom, Myles Menniga.

## Debate

**Front Row:** Alex Martin, Echo Amos, Heaven Chamberlain, Daniel Worthington. **Second Row:** Quincy Boon, Meredith Laymon, Scott Son, Trevor Higgins. **Back Row:** Phillip Boggs, Dalton Colby, Kylie Waters, Kalen Reed, Myles Menninga, Ben Frazier.



## PEP E Club

**First Row:** Yesenia Vasquez, Ngoc Cao. **Row 2:** Jeanda Sakakhanone, Sharayah Devick, Brianna Elscott, Chelsea Gallagher. **Back Row:** Mrs. Hook, Anna Flickinger, Michael Thomas, Riley Fisher, Kyle Thomson.



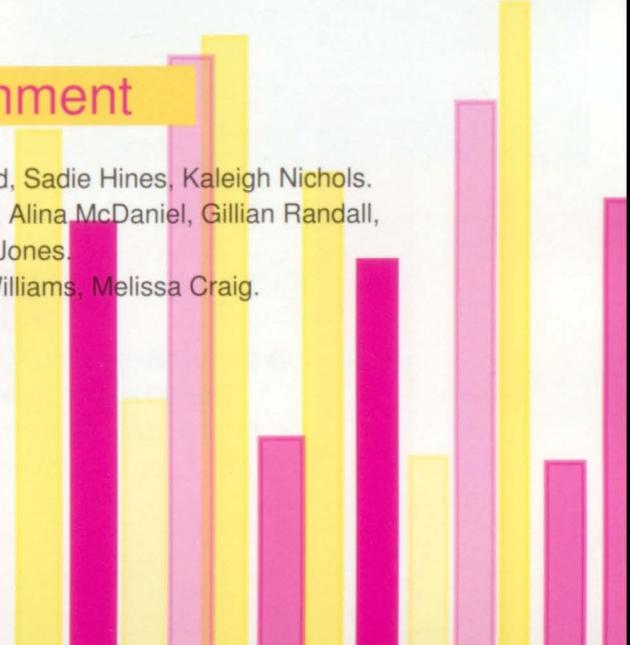
## 150th Anniversary Club

Aaron Hosman Riley Fisher, Jazmine Heard, Breanna Boner, Emalie Cipale, Houa Vang.



## Student Government

Front Row: Alexis Ahmed, Sadie Hines, Kaleigh Nichols.  
 Back Row: Tim Williams, Alina McDaniel, Gillian Randall, Lily VanGundy, Sammy Jones.  
 Not Pictured: Madison Williams, Melissa Craig.



## Senior Board

Front Row: Madison Williams, Nick Roth, Stacie Brown, Mireya Alvarez. Row 2: Sammy Jones, Sarah Philips, David Blacksmith, Yesenia Alvarez, Tiffany Rattray. Row 3: Jerzie Murray, Danyal Nokes, and Tim Williams. Row 4: Kensie Channon, Sadie Hines, Megan Lein, Lorenzo Quintanar, Ashley Cruikshank. Back Row: Royonah Marble, Amanda Rush, Taylor Allgeier, Shelby Jackson, McKenzie Cook, Alina McDaniel.



# Scarlet COUNTRY

## IJAG



**Front Row:** Mara Thompson, Jon Hill, Aubrey Gomez, Brianna Williams and Thomas Wah. **Second Row:** Luke Martin, Carlos Ibarra-Smith, John Fudge and Jakayla Carwright. **Third Row:** Helen Dao, Clay Reber and Amber Smith. **Forth Row:** Mitae Clayborne, Katy Casey, Alex Davis and Aerial Bowman. **Fifth Row:** Oscar Alarez, Sam Kinter and Whitney Culp. **Sixth Row:** Forrest Jones, Alex Villegas and Ms. Myers. **Seventh Row:** Emmanuel Egbadon, Ben Frazier, Ashley Cruikshank and Ashley Hogate.

**Not Pictured:** **Freshman-** Eritta Bibian, Alexandra Campbell, Terry Carter, Kody Cockrum, Morgan Cornelison, Emily Duncan, Tatyanna Hernandez, Marranda Knuths, David Ragan, Demarcus Walls, Tre Williams and Domonic Winfrey. **Sophomores-** Maria Contreras-Santos, Sergio Felix, Aaron Gathercole, Sonya Glass, Jazmine Heard, Clara Henson, Nicole Patrick, Andrew Martin, Zeare Renfro, Caitlin Scott, Brandon Thomas, Michael Towers, Janeva Trejo, Alondra Vazquez, Patience Wah, Ashly Wallingford. **Juniors:** Amber Baker, Derek Chapman, Jeanne Edwards, Cynthia Gallardo, Brandon Gerke, Yessica Iraheta, Michael Thomas, Luis Lopez, Johnny Truong, Cody Pollock, Angel Summers, Whitney Culp, Sharayah Devik, Katelynn Freeman, Chance Kinney, Robbie Van Dyke, Lidia Vazquez.

**Seniors:** Cherae Evans, Vanessa Henriquez, Josue Murillo, Jerzie Murray, Conner Kouri, Danelle Peterson, Marcelo Ramirez, Unique Grover, Madison Ruge, Brittnay Knuths, Amanda Rush.

## Mock Trial

**Front row:** Alexandria Martin, Heaven Chamberlain, Trevor Higgins **Back row:** Miles Menninga, Ben Frazier, Scott Folsom, Jennifer Medina (adviser).  
**Not pictured:** Amanda Jackson, Stephon Motte



## NCYL



**Front row:** Ashley Prettyman, Kensie Channon, Trisha Johnson, Megan Lein, Madison Williams. **Second Row:** Chelcie Scott, Royanah Marble, and Heather Prettyman. **Third Row:** Kelsey Kennedy, Nick Roth and Liz Bolten. **Forth Row:** Kara Mauk, Shannissy Catron, and Chelsea Kesavadhana. **Fifth Row:** Peyton Rowe, and Hollie Russet. **Back Row:** Miles Hackett.



## Project Sewing Machine

**Front Row:** Stacie Brown, Asia Randolph and Yesenia Alvarez. **Back Row:** Adriana Bibian, Regina Osman, Chelsea Kesavadhana, Kara Strud. **Not Pictured:** Niki Patrick and Katie Hines.

## Japanese Culture Club

**Front Row:** Mercedes Reynolds, Ariana Bautista.  
**Back Row:** Samantha Halsten, Thomas Allen, Caitlin Hewitt, Amanda Watkins, Raymond Harless



## Scandinavian Club

Thomas Allen, Samantha Halsten, Juan Iruegas, Taylor Pettit, Julia Sigmund



## GSA

**Front Row:** Hailey Scanlon, Stephanie Nowels, Jesmond Waterson, Vanessa Smith, Brittany Knuths. **Second Row:** Shelby Jackson, Emily Brown, Stormy Rand, Briana Proctor, Andrea Hiaitt, Lydie Dyer, Clara Henson, Andrea Robbins, Erick Givan-Gonzalez (sponser).  
**Back Row:** Katie Rockey, Robert Buell, Deanna Fox, Daniel Everett, Jason Deaton.

A close-up, blue-toned photograph of a young man with short, dark hair. He is wearing a blue sweatshirt with white stripes on the sleeves. He is looking down intently at an open book or notebook he is holding in his hands. The background is slightly blurred, showing what appears to be a window and some interior walls.

academics:



# OLD KNOWLEDGE NEW NEWS





Whether you're mixing chemicals or calculating the velocity of an object, chemistry and physics classes have a lot to offer students at East. This year there has been some changes in the science department. For instance, there is only one chemistry teacher instead of two and advanced physics is no longer offered.

"I took a chemistry/physics class at Central this year and it was a very fast course; I hear lots of people talk about how hard the chemistry is here so I know how they are feeling," said sophomore [Ashley DeHaan](#). Block scheduling has dramatically changed the way chemistry and physics are taught. With complex classes like chemistry and physics it is important to have as much time as you can get.

"This (block scheduling) helps with concept closure. Also, we are able to do demonstrations, labs, and reviews all in one period," said conceptual physics teacher [William Lester](#). Block scheduling has also helped improve the teaching of chemistry, like in the physics block allows chemistry teachers to complete labs and lectures in the same day, but sometimes an hour and twenty minutes still isn't enough.

"I wish we had the same time as other schools for block, they have 90 minutes and we only have 80, those extra minutes would help," said chemistry teacher [Annette Bierkamp](#).

A few years ago East received a donation and bought brand new physics equipment. Chemistry however is running low on materials. A lot of things are donated because they are only allowed \$100 for materials; Bierkamp buys a lot of the materials they use during labs with her own money.

"It's very nice that Mrs. Bierkamp uses her own cash to buy us things like glow sticks and books, it shows she really cares," said junior [Aubrey Roland](#).

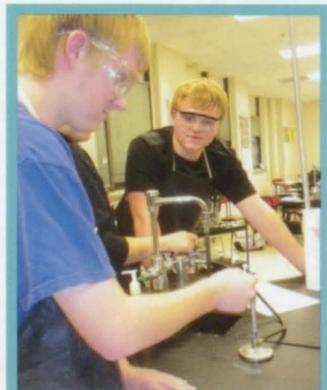
During the course of chemistry and physics, students often feel overwhelmed with all the homework and labs they do in class. This year Lester has given optional homework, that are reviews over the concepts they have learned over the week. These "assignments" are not graded and never really have a due date, but are great when it comes to quizzes and tests.

Next year both departments are hoping to make a few changes. In the chemistry department they will hopefully incorporate new computer software called Venier. It would allow students to interact with real objects and computers. For physics, the teachers are hoping to make the class a more project based class. Instead of quizzes and tests they would have projects that could take anywhere from a few weeks to a whole month.

"I have the best students, everyone is very respectful of each other and that helps when we have such large classes," said Bierkamp, "If we didn't have respectful kids it would be a disaster."



Freshmen [Luke Dawson](#) and [Lehn](#) conduct the [MOMO](#) lab in Mr. Lester's physics class.



### STUMPED?

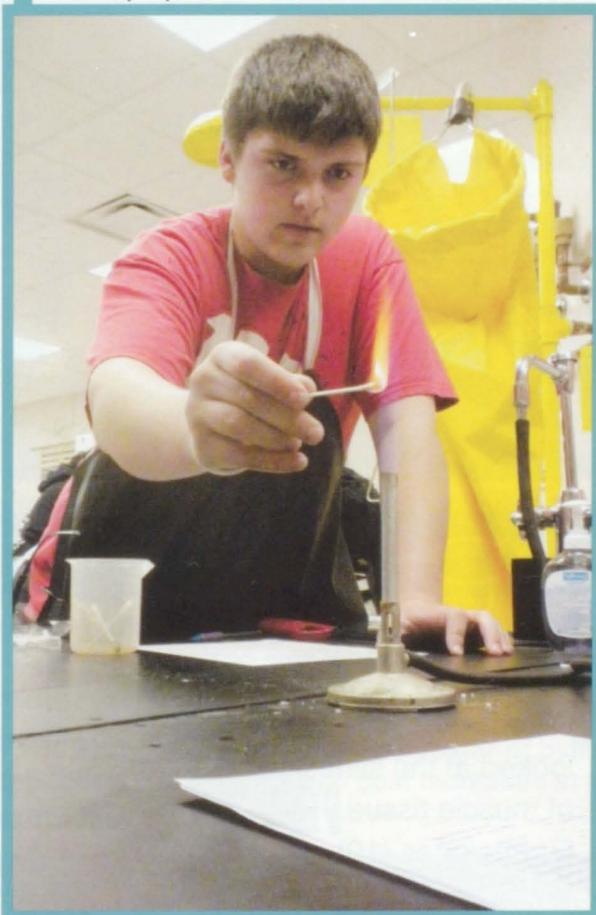
Mr. Lester helps freshman [Maritza Knight-Berry](#) figure out a tricky problem. Most students find physics difficult.

# quick facts

1. Isaac Newton is a key player in Physics!
2. Be careful when you turn the bunsen burner off; **make** sure the handle is parallel!
3. Mr. Lester's real name is Crosby!
4. The chemical symbol for oxygen is O!
5. What goes up, must come down!

## SPARKS

Junior **Tommy Sharp** holds his Q-Tip soaked in chemicals over the flame to turn it orange. The chemical calcium chloride will turn the flame purple.



## BURN BABY BURN.

Juniors **Brennan Lawrence** and **Zach Gronewold** mix together chemicals to change the color of the flame. They sell logs with these chemicals on them to put in your fireplace to change the color of the flame.



## GET THE BALL ROLLIN'

Freshman **Marcresha Jenkins** and **Scott Son** participate in a marble lab. The goal of the lab is to see how the speed on the marble changes when you start it from a steeper slope.



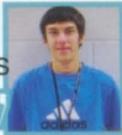
**UNDER THE SCOPE.**

Sophomores Aaron Hosman and Julie Khamthavongsa look under the microscope and draw what they see. Labs are very common in biology classes.

## Top Choices

Which was the best lab done in class?

**“**I liked when we looked at the slides of muscle tissue.**”**  
Grant Jones (10)



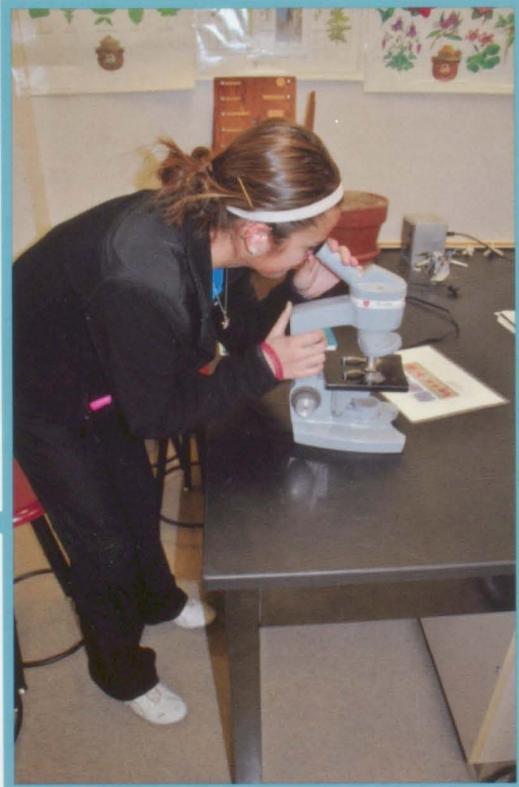
**“**My favorite was when we looked at pond water at all the things moving around.**”**  
Katie Glover (10)



**“**I like looking at the organisms in the slides and learning about them.**”**  
Rachel Carstens (10)



**SCOPING IT OUT**  
Megan Belcher (10) examines a slide in Biology . These activities are very common in biology and environmental science classes.



# Dissection amazement

Story/Layout by: **Emalie Cipale**

Labs, looking under microscopes, dissections, tests, notes galore! These are just some of the things the environmental science and biology students do on a daily basis throughout the school year.

"The reason I love biology so much is because of having Mr. Long because he makes class so much fun and with the occasional jokes that he cracks about things were doing," said sophomore **Kayla Foreman**.

Biology is taken by most sophomores and some freshman. Two lab courses are required to graduate so almost every East student will take it at one point in their high school career.

"Knowing we had to take biology we go into it not being so excited about it but when you have Mr. Long for a teacher it's a lot better because he's super funny," said sophomore **Kayla Carre**.

There are many things that go on in environmental science. They take a lot of notes on the topic that they are on. They also keep a composition notebook full of things that are taped and stapled in so they can remember them later on in the year.

"One of the favorite labs we did during the year was when we made a video or rap about one of the cycles. My group choose the water cycle", said junior **Jessica Kincaid**.

Labs are a common thing in both environmental science, in environmental science they do labs about fungus, protists', bacteria, and anything that they can find in nature. They look at them under microscope which helps them get the skills if they decide to go to more advanced biology or anatomy.

"I took environmental science not because I wanted to but because my parents thought that it would be a good class for me to take, plus we have to take three years of science so I figure why not take this class as one of my three," said junior **Brad Treanor**.

Biology is the nature science of studying live and living organisms including their structure, function, growth, origin, and evolution. It is taught by four teachers at East High.

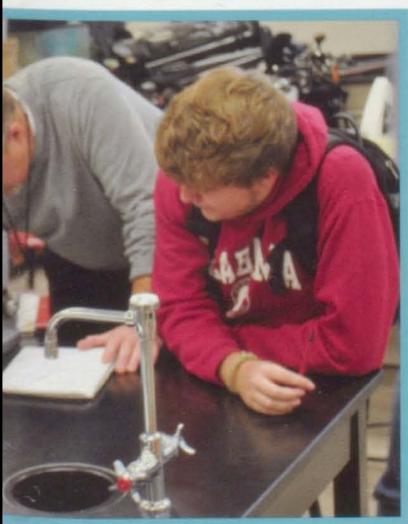
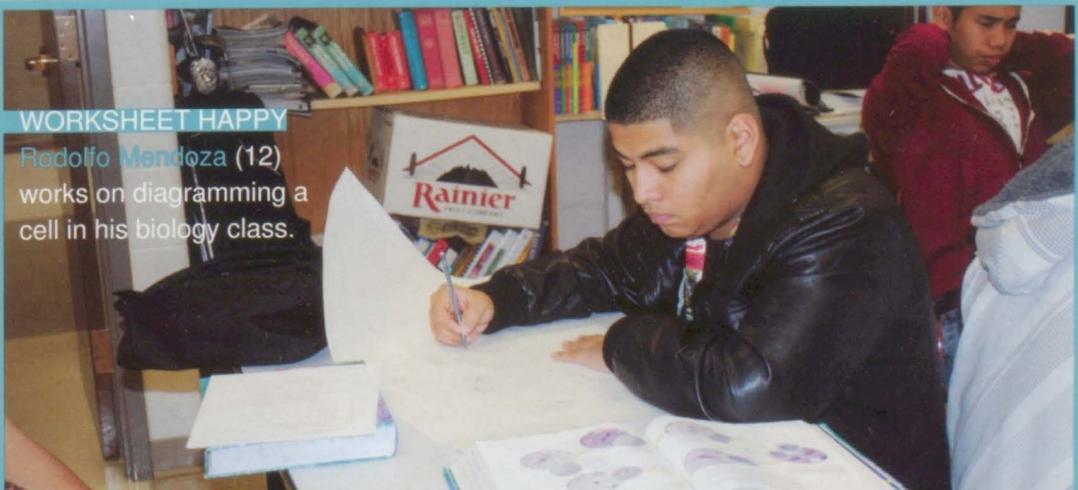
Throughout the year in biology they do many labs that include cell size, looking at pond water to see what is in it, and a respiration lab. They also look under microscopes at different organisms like bacteria or fungus.

"Some of the labs are pretty fun. My favorite one was when we looked under the microscope at cells and all the parts. It was weird seeing the different parts and it ended up being pretty legit," said sophomore **Josh Lemon**.

Dissections are another thing that happens in the second semester of biology classes. Teachers normally get rats for dissections but with cost increases in the past year they are now going to use more pigs than rats.

## WORKSHEET HAPPY

**Rodolfo Mendoza** (12) works on diagramming a cell in his biology class.



# dissection

# amazement!

Story/Layout by: [Emalie Cipale](#)

Dissecting bugs, looking under microscopes, having pets in the class, and taking care of house plants...Sound interesting? Well this is what happens in zoology and botany classes. Zoology is the study of bugs and animals while botany is the study of plants. It is a two semester class that you can either take both or choose to just take one semester. Some students take the class because they want to go on to marine biology at Central. Some take it for many other reasons.

"I took zoology because it's what I want to do for my career. And I am really interested in animals and their habitat," said junior [Tyler Seward](#).

In zoology they began the school year with a bug project that they are required to find bugs, freeze them, and organize the bugs on a poster board.

In zoology they did a bug project at the beginning of the school year where they had to catch 20 different bugs from various types of bugs. They then were told to put all 20 of the bugs on the poster board to show the different types.

"I enjoyed this project because it was different than other ones we've had before and I liked getting all the bugs and insects," said junior [Nick Thomas](#).

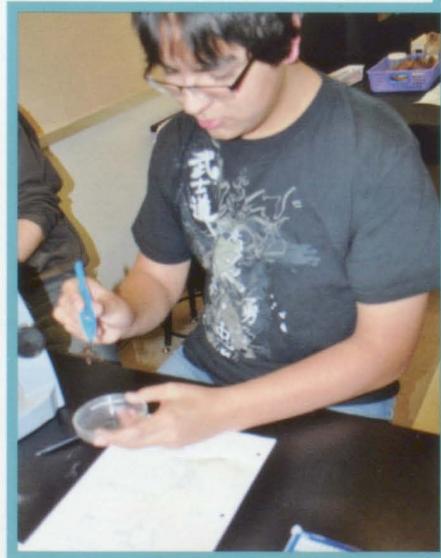
In botany they learn the plants and everything about them from the cells, to the parts of the plants. They take care of plants and [Keri Frommelt](#) brings in house plants since most of the time they are studying plants it is winter so they are not able to go outside and grow them.

Once the weather is nicer they go outside to study the trees around the school and learn about them. During this project they examine the tree and learn about how old the tree is and what kind it is.

They do many labs in both botany and zoology. Frommelt will lecture about a topic such as a bug, animal or, plant and then they will go over to the lab area and look under microscopes. They do drawings of what they see and participate in many group labs.

"I love doing labs because there extremely interesting because I find the anatomy of animals very interesting and I love to see how they work," said senior [Breona Carroll](#).

In the classroom they have many different pets that they take care of during the school year. Some of their pets are a ball python named Xena, a Chilean Rose haired tarantula, a painted turtle and even a common toad.



#### SPIDER EXAMINATION

[Andy Bahena](#) (11) examines the petri dish to see what the spider looks like. In this lab they looked at the spider they picked and then had to draw it with a partner.

## Reasons to take botany & zoology

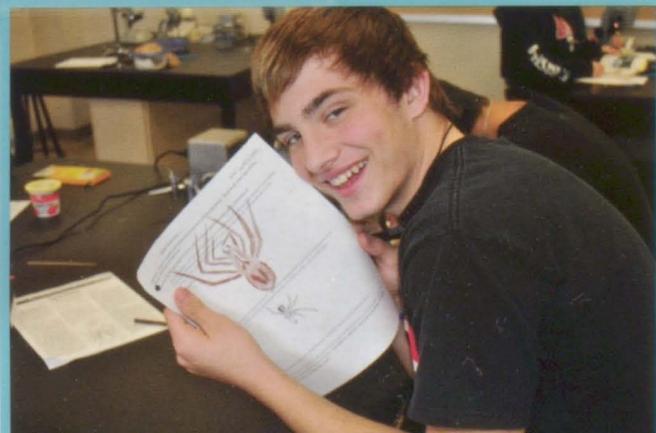
1. You get to dissect a shark!
2. Students take care of plants
3. You get to learn about interesting animals and about how they function
4. Great preparation for college courses on these subjects



**SNIP, SNIP, SNIP**  
Emmanuel Egbadon (12) dissects a craw fish. It is one of the many things they dissect during the year. They also dissect a shark.



Breona Carroll (12)



**SMILES & SPIDERS**  
Thomas Routh (11) shows off a drawing of the spider he picked out in class to study and examine.

$$y = \frac{-b \pm \sqrt{b^2 - 4ac}}{2a}$$

Story/Layout by: Megan Lein

When junior [Vanessa Contreras](#) looked at her schedule on registration day to see Algebra II, block 6, she wanted to die. For Contreras, just like many students, math is not easy. All excuses are made to get out of doing their homework from "my dog ate my homework" or "I spent eight hours on only chemistry last night" to "a gigantic bumblebee came and snatched my homework. He said he was going to take it to his princess as a late birthday gift!"

"I don't like math class because it involves way too much thinking! It is difficult trying to memorize all the different types of equations," said Contreras.

However, there are a few students who have learned a lot in their years spent in EHS well-developed mathematics program. Senior [Mireya Alvarez](#) takes two courses and will graduate in four years with a total of six math credits!

"Math can be challenging yet, it is something useful in our everyday lives. Especially since taking accelerated math class in high school will save you money because it's free!" said Alvarez.

But why do we have to learn how to solve trig functions or find the derivative of a function? According to [Karen Cross](#), who teaches precalc and calculus, every occupation involves some form of math.

"Math opens doors for your future," said Cross. "The more math you are able to do, the more occupations and options are open."

Even though math may be difficult for some and easy for others, they all agree that the department teachers are always willing to help.

"[Mrs. Malm](#) is awesome! She goes out of her way to make sure you understand the material," said senior [Hollie Russett](#).

The teachers at East all try their best to demonstrate to their students how what their learning applies to their own life. And for most students, they enjoy such classes.

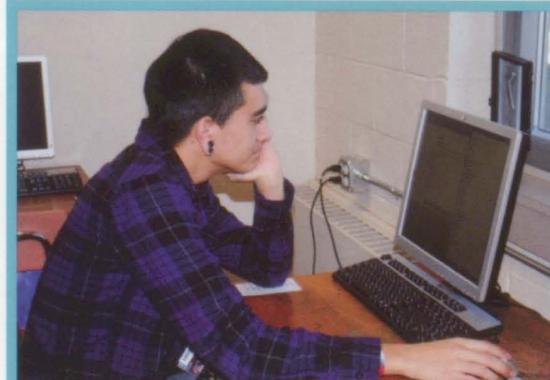
"You learn basic skills that you will use in your life. I want to be a doctor and I will need a lot of math," said Senior [Michelle Ortiz](#). "It's a preview of what I will be doing in college."



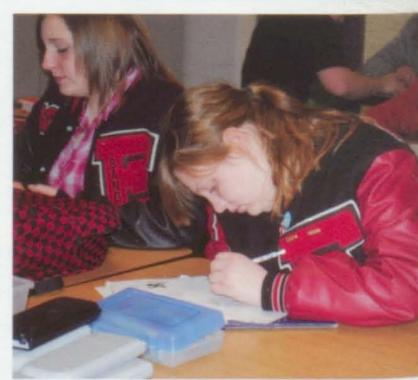
$f(x)=14x+22$   
Katie Bruno (12) works on her calculus homework. Bruno is one of many seniors taking DMACC dual credit classes.



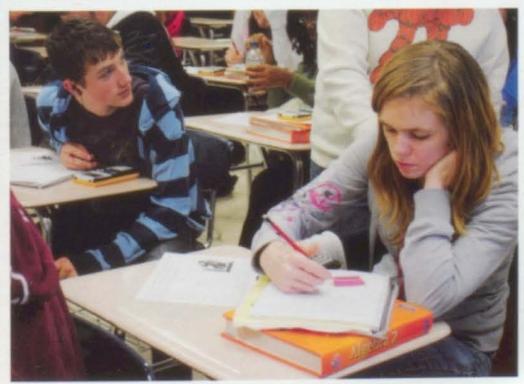
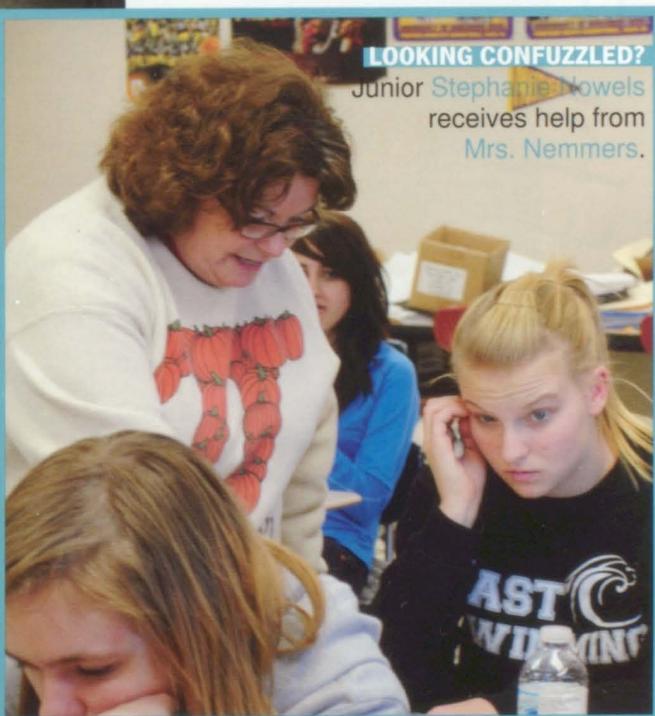
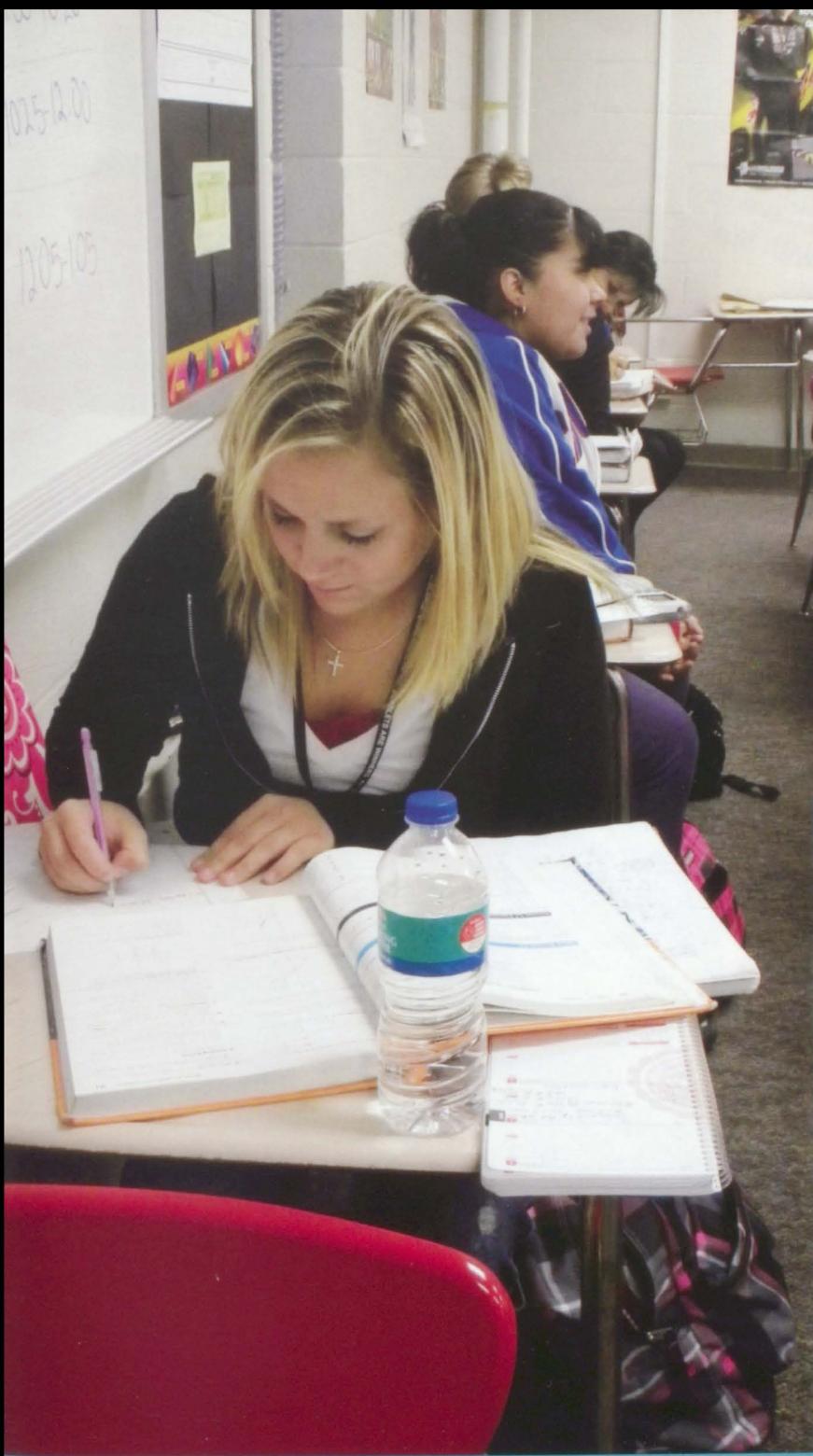
Zachary Gronewold and Michael Morrison



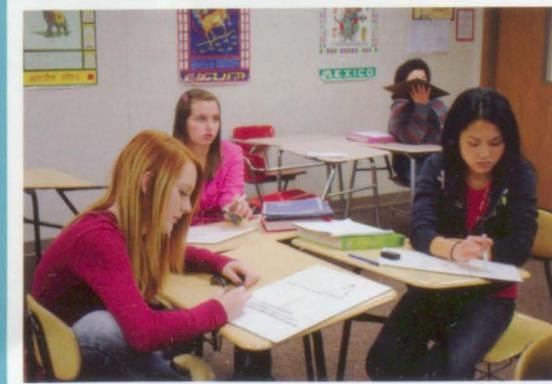
Edgar Martinez (12)



Sadie Woods (11)



Megan Bailey (10)



**GRAPHING**  
Freshmen Brittany Trimble, Rebecca Novak, and Alyia Vongsaly use white boards in their geometry class.

Business: (noun) 1. An occupation, profession, or trade; 2. The purchase and sale of goods in an attempt to make a profit. No matter how you define the word, you have to learn the fundamentals before approaching any field with business. Classes like this are available at East.

"I like this typing class because it's easy to follow. It helps you learn a lot more about computers," said junior Devon Roberts.

Business classes that are available are Word Processing, Computer Apps, Computer Apps 2, Intro to Business, Intro to Careers, Desktop Publishing, and many more.

"I think these classes really help get you ready for college and jobs because we use Microsoft Office and other types of programs you need to know on computers," said junior Bryan Kern.

Business classes are more than getting you ready for jobs, but also for college.

"I like taking a business class because it teaches me how to use different types of programs that I'll be using in college," said senior Markisha Wright.

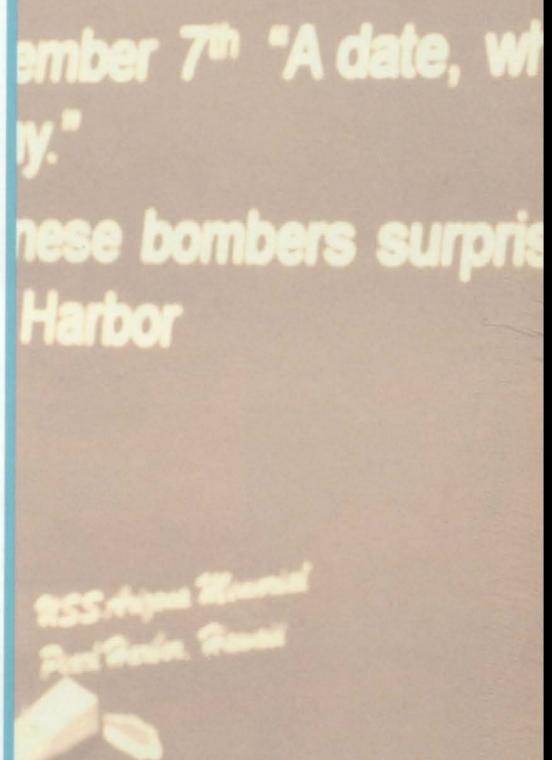
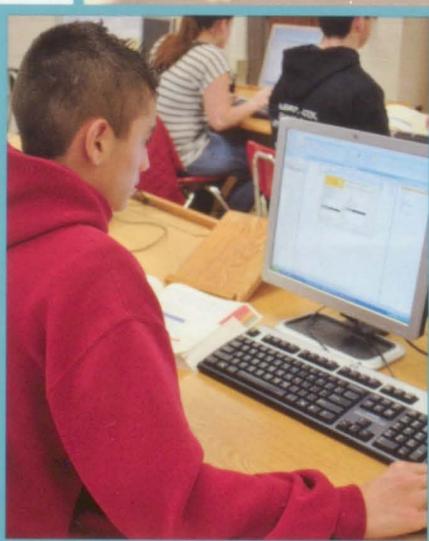
Many of the business classes offered at East help with learning how to start a business, and getting ready for the working world.

Although some students knew they wanted to take the class, some were put in it for an extra credit they needed.

"I didn't really want to take the class at first, but now that I did it I realized that I really like it and I'm glad I did it," said Roberts.

#### COMPUTER TIME

Students go through learn many programs, have assignments on each, and are graded on mistakes and timeliness.



taking care of business

# quick facts

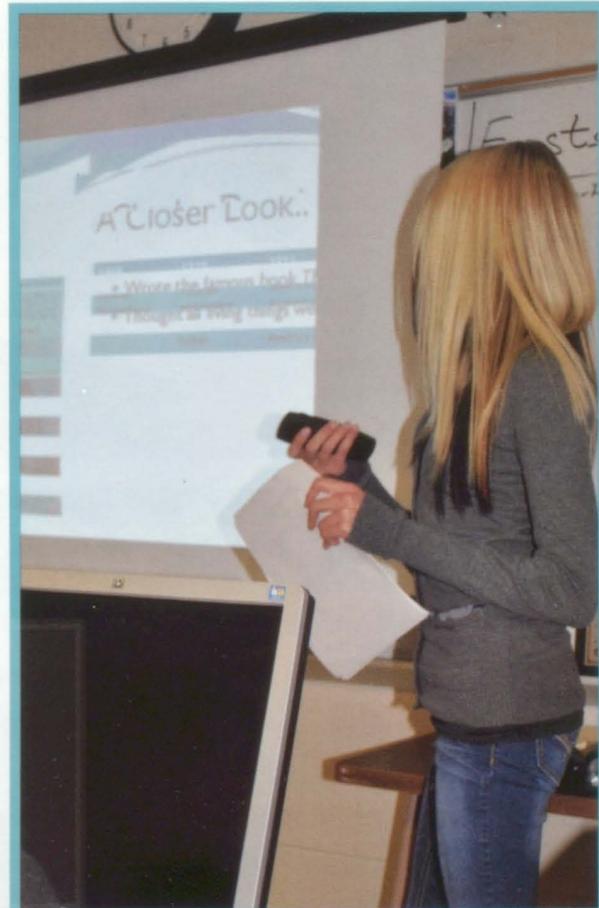
1. Bill Gates, of course!
2. Mark Zuckerberg- inventor of Facebook
3. Tony Fadell: father of the iPod
4. Martin Cooper: inventor of the cellphone

which will live, in

attack

## TO THE POINT.

Students learn about Microsoft Power Point. They learn how to use it, rules about it, and ways to make presentations look professional.



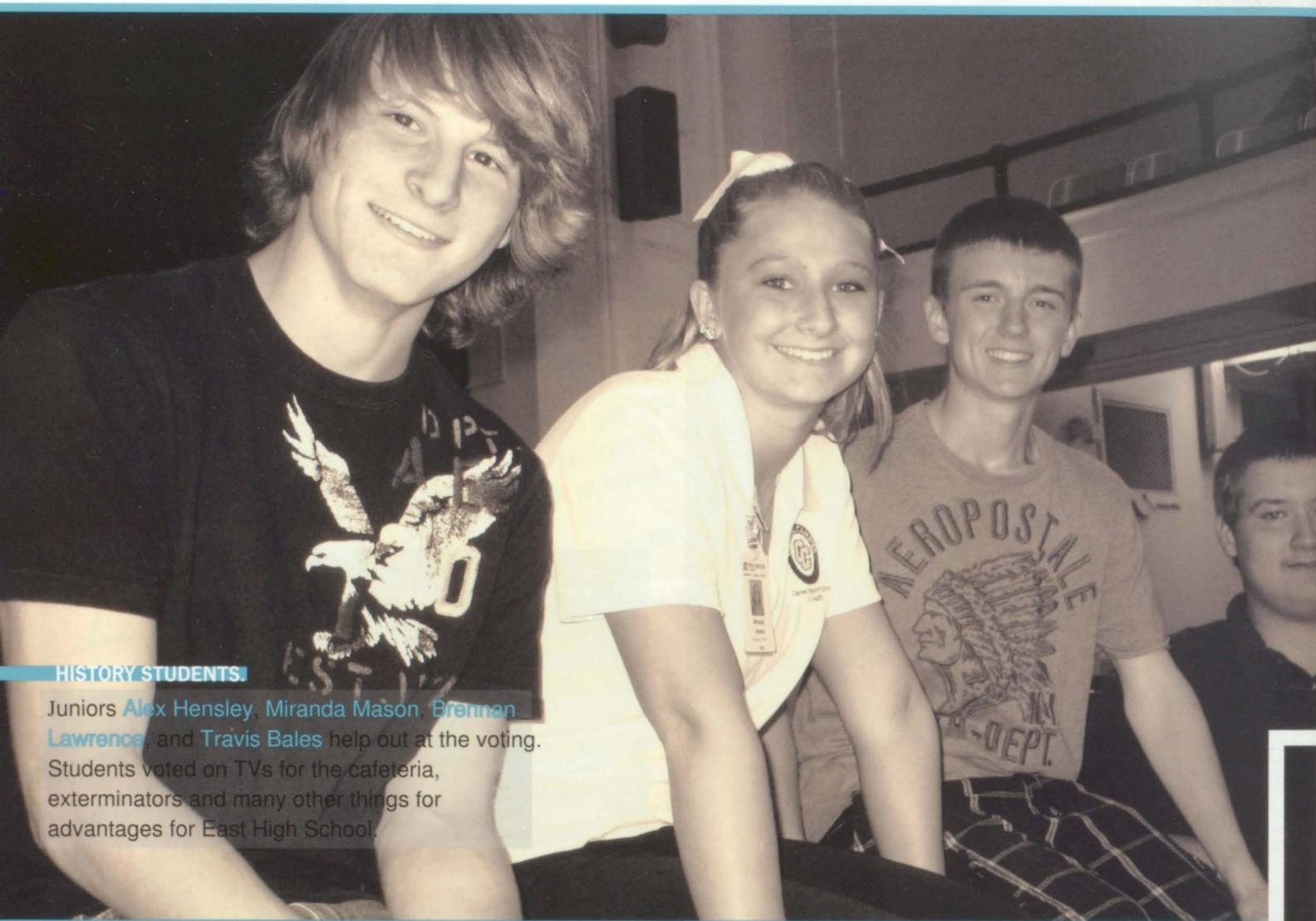
## EXCEL

Junior Caleb Conner works on an excel spread for an assignment in computers class.



Weight Lifting?





## HISTORY STUDENTS

Juniors **Alex Hensley**, **Miranda Mason**, **Brennan Lawrence**, and **Travis Bales** help out at the voting. Students voted on TVs for the cafeteria, exterminators and many other things for advantages for East High School.

## fun facts

There are three government branches: **Judicial**, **Legislative**, and **Executive**

The Prime Minister is elected by parliament.

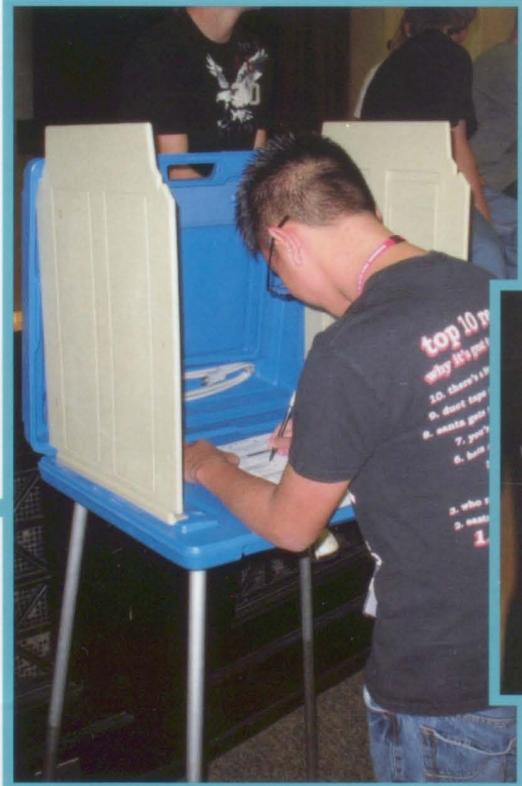
Investing in stock is risky, but it gives a better rate of return if you're trying to save or invest money.

Microeconomic theory studies how information affects an economy and economic decisions.

## VOTE OR DIE

Students in all history classes did mock elections to get the feel for voting.

Sophomore **Nick Sayavong** puts in vote.



# business and politics

Story/Layout by: Brooke Nokes

Graduating high school may be the most exciting but nerve-wracking thing in your life, but before you get to experience that feeling, you must pass two important classes: Economics and Government.

"I have Mr. Heese for government and we do lots of scavenger hunts for chapters," said senior Lauren Morgan.

There are two types of Economic classes you can take; micro-macro and regular. With micro-macro, you get to experience handling money and selling products. Regular Economics classes are taught by book and lecture approach.

"I wish I were in Mr. El-Baroudi's class because it'd be a lot more interesting. All we really do in Mr. Kannapel's class is write notes," said senior Cassandra Lemthi.

Although some people find both classes just another way to graduate, some students find one more fun than the other.

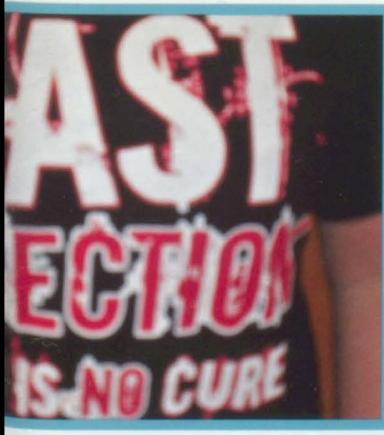
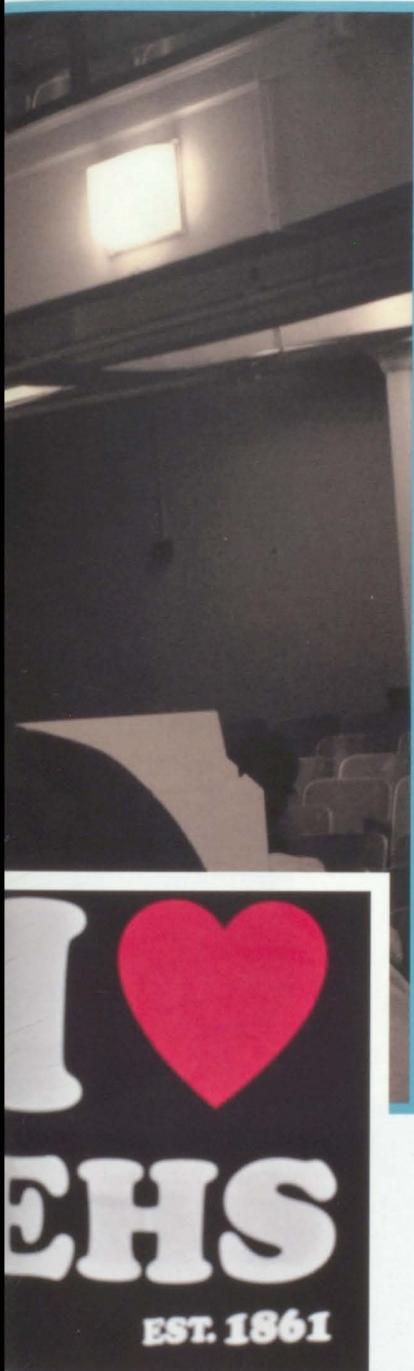
"I like econ because its like a business, we learn how to manage everything like our funds and how to sell stuff," said junior Tanner Moore.

"Government in Mr. Mahler's is really fun because him and his student teacher make it really, really interesting," said senior Lorenzo Quintanar.

People may not like taking the classes, but you have to take them no matter what if you want to graduate high school.

## MAKING THE MONEY.

Econ class discusses shirt designs in Mr. El-Baroudi's 3rd block.



# Creating an Empire

Story/Layout by: Jessie Vance

Rome. The Civil Rights movement. Middle East. The Civil War. China. Settlement of the United States. These are all common topics that are covered throughout American and World History classes. Many students found history to be a dry subject, so teachers make activities to keep the classes fun and moving along.

"History is hard; students come from elementary and middle schools with no exposure to history whatsoever and I had to keep things interesting to hold kids' attention," said World History teacher Lynn Hoff.

World History, taken as a sophomore, explores things such as the Middle Ages, ancient Greece and Rome, and revolutions. U.S. History explores exactly what it says: American history. Teachers tried to keep these subjects interesting by assigning projects to do for "hands on" learning.

"History is my favorite subject and was really fun, but the Romans and Greeks interest me more than American history," said junior Alex Hensley.

World history teacher Thomas Hildreth assigned a major project over ancient Greece. They researched their topics individually or with a small group and presented their findings to the entire class.

"The main thing I used to keep World History interesting was to use a project based type of curriculum so a lot of group work was put into these projects," said Hildreth.

U.S. History teacher Brian Koch tried to make his classroom environment as fun as possible for students. His classes started with slavery and race relations in America. Starting somewhere unique in history gave his students a chance to look at something they may not have looked at in-depth before.

"I enjoyed his class a lot especially the first project we had. It was really fun," said junior Stephanie Nowels.

The first major project for Koch's class was to pick a narrow topic and research it. They created brochures and they also dedicated their time to building 3-D models. These projects were presented and were a way to get kids more involved in history.

"Anyone can just copy and paste info into a paper. This project created more room for free flow thinking, creativity and responsibility," said Koch.

Teachers wanted kids to be more knowledgeable in history and to know more going on in their surroundings. Teachers made ideas more relatable to present day and its modern aspects.

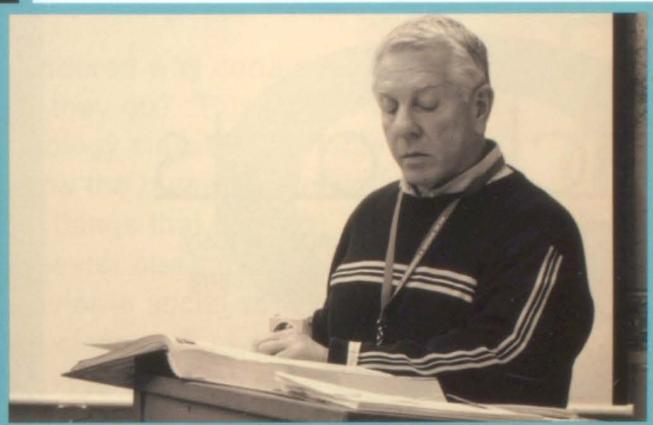
"The major goal I had for my students in World History was make it relevant enough for them to see how history affects their lives today," said Hildreth.

## PHILOSOPHY IS KEY

Prisma Ruacho (10) listened to Mr. Hildreth while he assigned philosophers to the class. Ruacho's philosopher was Socrates.



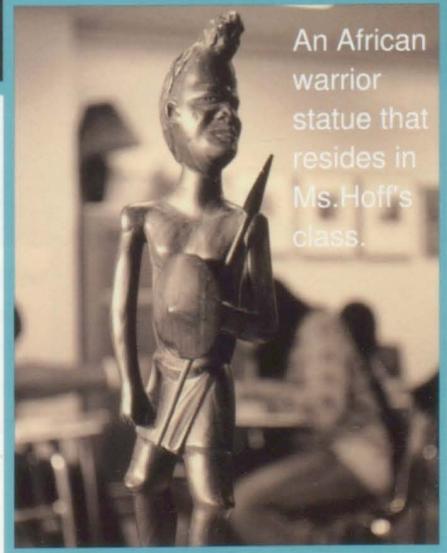
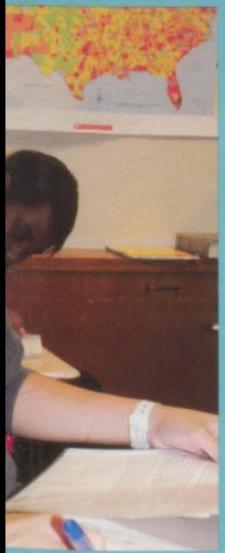
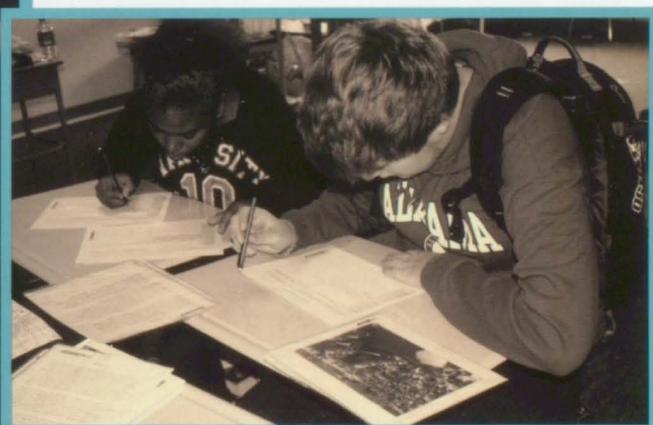
Mr. Tom Hildreth



Artichala Wise (10)



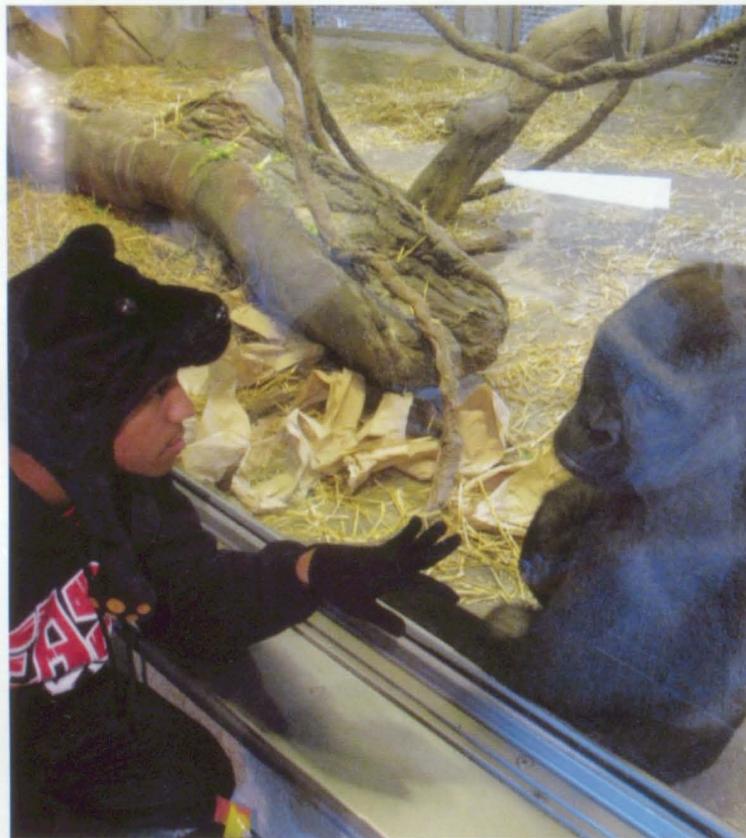
Tatianna Fisher (10) and  
Tyler Edvenson (10)



Left to right: Sophomores Luis Saravia, Helen Dao, DeRico Lowery, and Fernando Murillo pose with African artifacts in Ms. Lynn Hoff's classroom.

# quick facts

1. We make most of our decisions unconsciously.
2. Women are more pessimistic when predicting their work results.
3. Women change their minds two to three times more frequently than men do.
4. Sociology is the “study of society” and was developed by Auguste Comte in the 1800s.
5. Women are more fearful and anxious than men.
6. Things that are physically close together seem to belong together.
7. Id, ego, and super-ego are studied in psychology.
8. The creator of experimental psychology was Wilhelm Wundt; the most famous psychologist is Sigmund Freud.

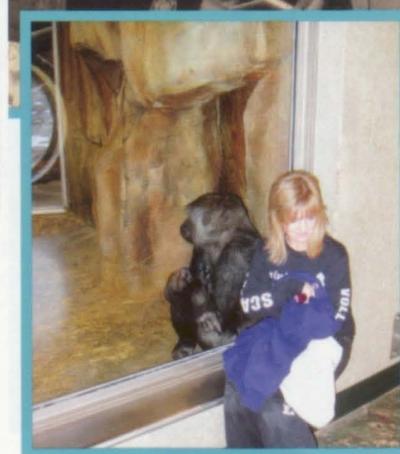
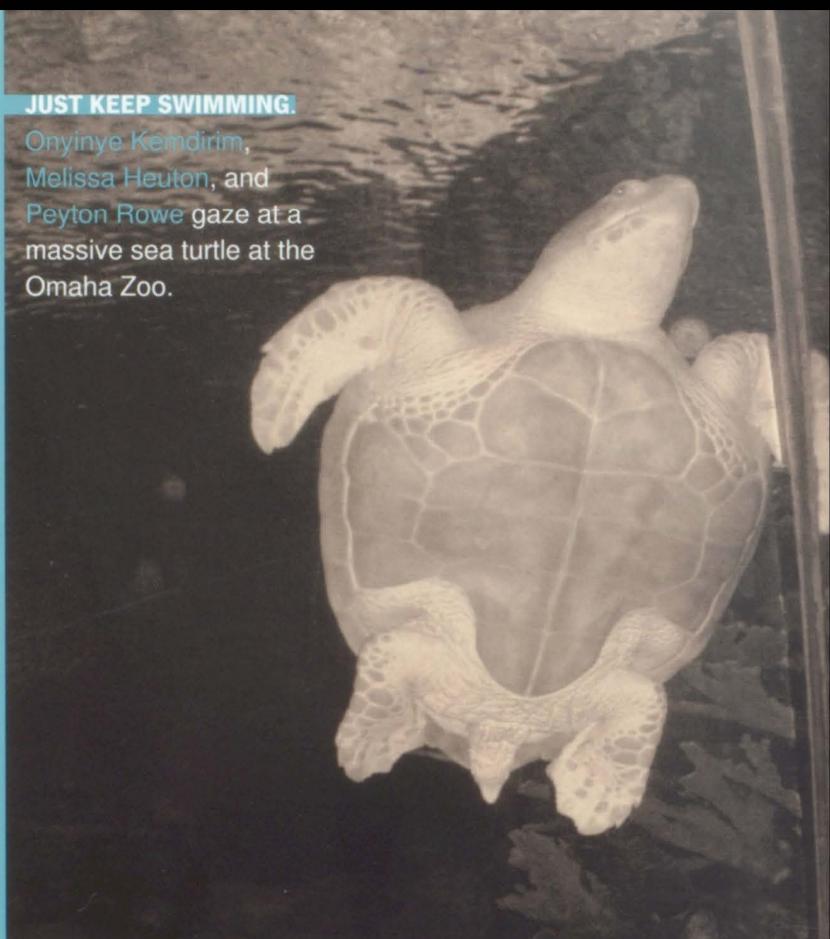


## PSYCHOLOGICAL STUDY

While at the Omaha Zoo, junior Salat Jones interacts with a gorilla. Students learned how gorillas are similar to humans in the ways they think and live.

## JUST KEEP SWIMMING.

Onyinye Kemdirim, Melissa Heuton, and Peyton Rowe gaze at a massive sea turtle at the Omaha Zoo.



## ACT LIKE A MONKEY.

Senior Heather Prettyman plays a game with a gorilla while at the zoo studying animal behavior.

# true thoughts & feelings

Story/Layout by: [Emalie Cipale](#)



Have you ever wondered why certain people do things and act the way they do? This year, students in psychology and sociology classes were able to take a closer look at how the human brain works and why people do the things that they do.

Sociology is a semester class that focuses on humans and their behavior in social settings.

"Sociology takes a close look at society and the community you live in. It allows high school students to look outside themselves and discover the reasons for their behavior," said teacher [Lynn Hoff](#). "It allows them to explore their family, values, culture, and community and how to work with others in the future."

Psychology is also a semester course that focuses on the science of the mind and behavior. Its immediate goal is to understand humanity by discovering general principals.

Most students take both sociology and psychology because they are very interested in the topics; some of the students take these courses want to go into these fields for their careers.

"I look psychology because it is something that I am interested in. I also took it because I heard Mr. Mahler was a good and funny teacher," said junior [Carmen Silva-Trejo](#).

AP psychology is a dual credit course that is very rigorous. They do three papers during the year; one is a very long paper and the other two are short.

"When most students sign up for this class they don't realize how hard it will end up being. It is hard because it is a college class so they have to be prepared for it," said [Mahler](#).

Some of the things they do in class are papers and projects. The AP class also took a trip to the Omaha Zoo to work with the animals there and learn how their minds work slightly like humans.

"The trip was actually an eye opener when we had the chance to look in the gorillas eyes and see how human they are and how looking into their eyes is like staring at a fellow friend," said junior [Matt Mendenhall](#).

It's every high school kid's worst nightmare; it even makes grown adults shake in their shoes. Public speaking is public enemy number one. Higgins, "It takes awhile but you grow accustomed to speaking in front of people."

The debate class and the debate team are different in a few ways. In the class you get a little taste of each event, you write many different speeches and learn about them. The debate team narrows down to competing in certain events. A member is assigned a certain event that will play to their strengths.

"Debate is an academic sport, the team gets scouted for scholarships," said teacher Jennifer Medina.

The debate team goes to many tournaments and participates in the different forms of debate. The team went to 13 tournaments this year; most of those tournaments are out of town. When they go out of town the students stay in a hotel and participate in team building activities with each other.

"I love debate, it lets me get out of the house and talk about interesting topics, me and my teammates usually hang out after a tournament," said sophomore Heaven Chamberlain.

Debaters learn how to have a conversation with someone who puts their opinion into the topic to, thus resulting in a lively conversation.

"Debate has taught me not to just agree with people, it has helped me have a voice," said Higgins.

Debate class breaks students that are essential to life. It is a challenging course and will push students to develop an opinion and find proof to support that opinion.

"Debate helps me speak better when talking to people, I already like to talk a lot so it's a plus for my speaking," said senior Phillip Boggs.

Students are often enrolled in speech or debate class before they join the debate team.

"My family and friends always told me I had a voice for radio, people and Mrs. Medina said I should join debate, so one day I decided to come," said sophomore Stephon Motte.

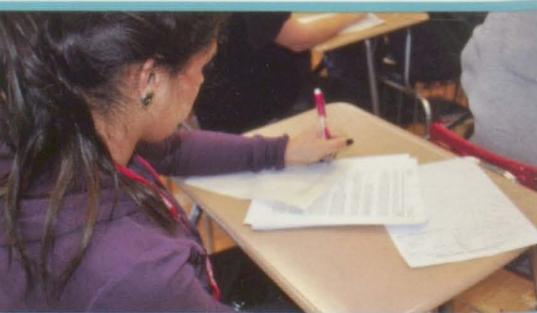
Don't think debate is for you? Think again. The team consists of a cheerleader, golfer, football player and many more.

"I think it's for everyone, because everyone is so different they fit," said Medina.

# Speak your mind

Layout by: LJ Putzler  
Story by: LJ Putzler

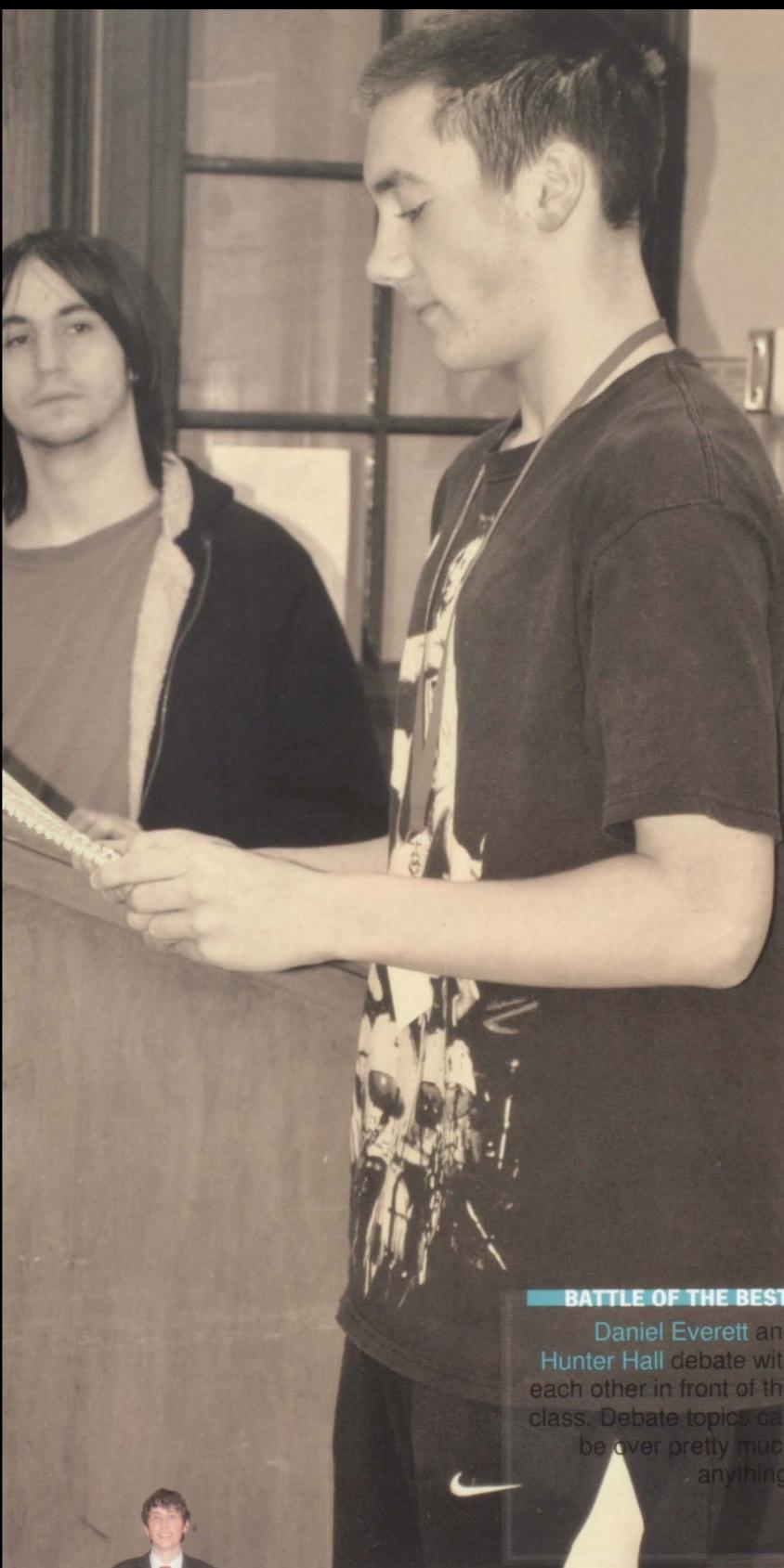
**ON THE TOPIC**  
Sophomore Dasiy Solorzano quickly writes down a few points from a fellow student's speech. The speech was about a government issue.



# Debate Breakdown 087

These are the 6 different types of debate.

Student Congress  
Public Forum  
Mock Trial  
Oral Interpretation  
Oratory  
Extemporaneous



## BATTLE OF THE BEST

Daniel Everett and Hunter Hall debate with each other in front of the class. Debate topics can be over pretty much anything.



## The Hot Topic

Name: Dalton Colby  
Grade: Senior  
Years on team: 4  
Event(s): Extemporaneous and Public Forum



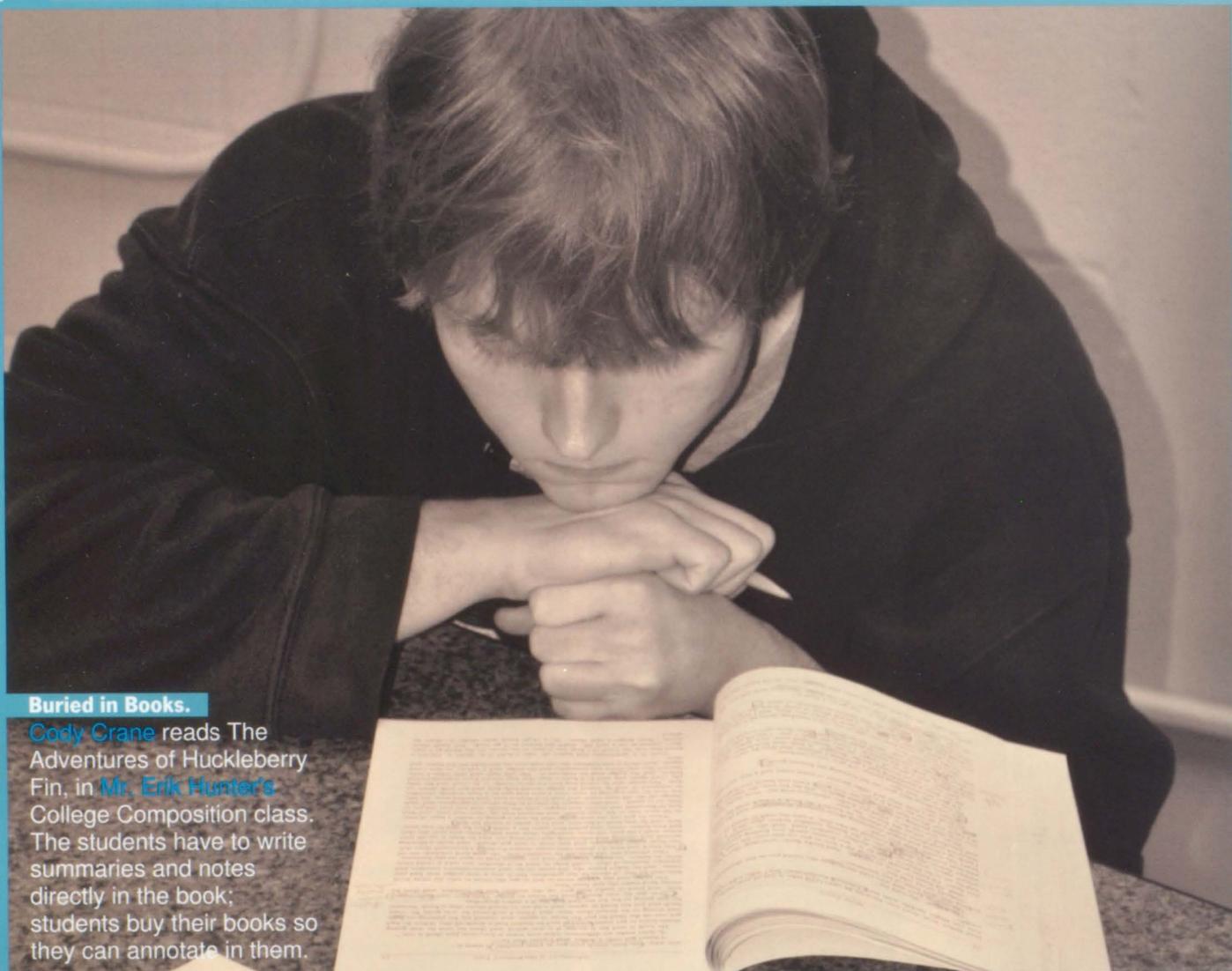
## MAKING JUDGEMENTS

Junior Ben Frazier takes notes on his fellow students debate. Students are asked to judge each others speeches.



Sophomore Miles Menninga gives his speech at the podium. It is important to have lots of notes when giving a speech.





**Buried in Books.**

**Cody Crane** reads *The Adventures of Huckleberry Finn*, in **Mr. Erik Hunter's** College Composition class. The students have to write summaries and notes directly in the book; students buy their books so they can annotate in them.

## brain teasers

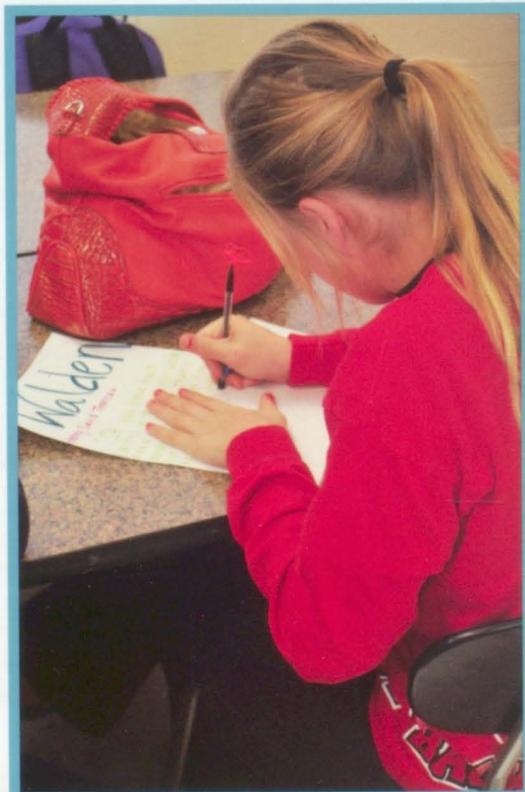
What do you want your students to get out of your class?



**“**To become better writers, readers, speakers, listeners, and thinkers.**”**  
- **Mrs. Sarah Keller**



**“**I want my students to take pleasure in learning for learning's sake.**”**  
- **Mrs. Ginger Johnson**



# bookworm

Story/Layout by: Riley Fisher

English is a class most students think is going to be boring; the stereotype is that class will be spent sitting around reading and writing. But this year, the staff is focusing on group activities, acting out plays and passing around the “learning ball” to keep students busy.

“In Mr. Hunter’s College Composition class we pass around this ball when we have the answer for a question. Mr. Hunter calls it the ‘learning ball’,” said junior [Alyssa Espinoza](#).

Due to block scheduling this year, many English classes have the opportunity to go in-depth with subjects. Students get to work in groups, reading, or maybe even ‘earning pennies’.

“We earn pennies when we do posters or write papers, then we present to the class and Mr. Hunter decides who earns the most ‘pennies’. I like when we do those types of group activities, especially when your group gets into it,” said junior [Justin Nichols](#).

“I like English because you don’t have a big textbook to carry around and were more engaged in the class as a whole,” said sophomore [Jonathan Moreno](#).

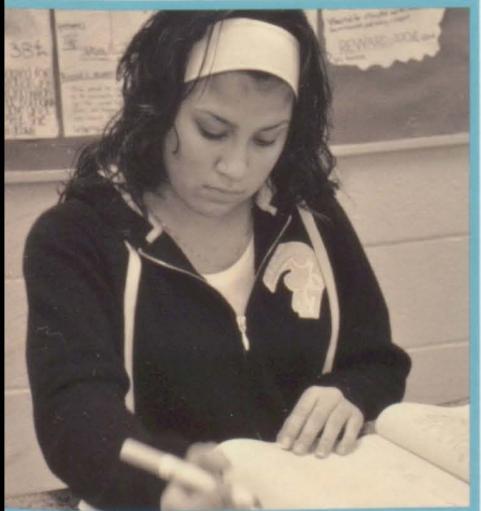
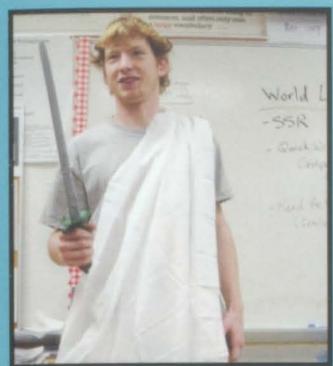
English may focus on reading and writing but creativity comes with most English classes. Students enjoy the fact that they get to say what they want and express their feelings through writing.

“English is better this year because you get to be creative and you never get bored, plus I love reading. Like last year, I loved the book Tuesdays with Morrie,” said junior [Gillian Randall](#).

Seniors say they enjoy the change from last year. They have more time and that makes school a lot less stressful.

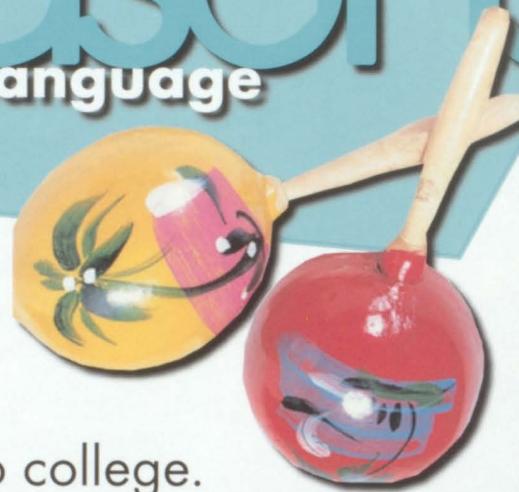
“Block scheduling makes it easier to get your English homework done. You have more time to think,” said senior [Tera Rhoades](#).

**Future Stars:** From left, seniors Matt Smith, Donald Carolus, and Tony Henry act out Oedipus in their first block World Literature class.



# Top Reasons To Learn A Foreign Language

1. To increase global understanding.
2. To improve employment potential.
3. To increase native language ability.
4. To sharpen cognitive and life skills.
5. To improve your chances of entry into college.
6. To appreciate international literature, music, and film.
7. To make travel more feasible and enjoyable.
8. To increase understanding of oneself and one's own culture.



***"Say the words or phrases out loud."***

From Language Learning: Myths and Facts

***"Learn and understand each concept before moving on to the next one."***

From Six Tips to Help You Succeed

***"Use flashcards!"***

From How to Learn Any Language

***"Read the magazines for  
a more conversational tone."***

From Learning the Words and Phrases a Native Speaker Would Use



Language  
Learning  
Tips

Story/Layout by: Madison Williams

# foreign language options

Imagine yourself sitting at a café in France, enjoying a conversation with the waiter about what you want to order off of an exquisite menu.

Or perhaps you're writing about your family, all in perfect Spanish.

Students at East can experience all of this right within their own (Iowan) classrooms.

According to French teacher [Amanda Crowe](#), learning a foreign language not only provides intellectual benefits, it provides personal enjoyment as well.

Sophomore [Johnathon Mayes](#) said the most fascinating thing about French was the food, traditions, and the music. "I haven't tried any foods yet, but I'd love to," said Mayes.

"You get to learn about a new culture... You can speak with friends who are native Spanish speakers. It can help your other classes including English, social studies, and geography," said freshmen Spanish teacher [Jacob Beckwith](#).

Not only does it provide benefits for high school classes, taking a world language for four years makes students look more prepared on college resumes.

"The more you take, the better-equipped you are to communicate in that language," said Crowe. "Plus, you can often earn college credit for language courses taken in high school."

"When it's time to get a job, I figured a lot of people would speak Spanish. That's why I took the class," said sophomore [Morgan Green](#).

Besides learning to speak a foreign language, students discover a new culture that is different from their own.

Freshmen [Hunter Stapes](#) said it impressed him how long the French culture has lasted. "In America we used to care about our culture, but now no one seems to. In France they love it and it's all around them."

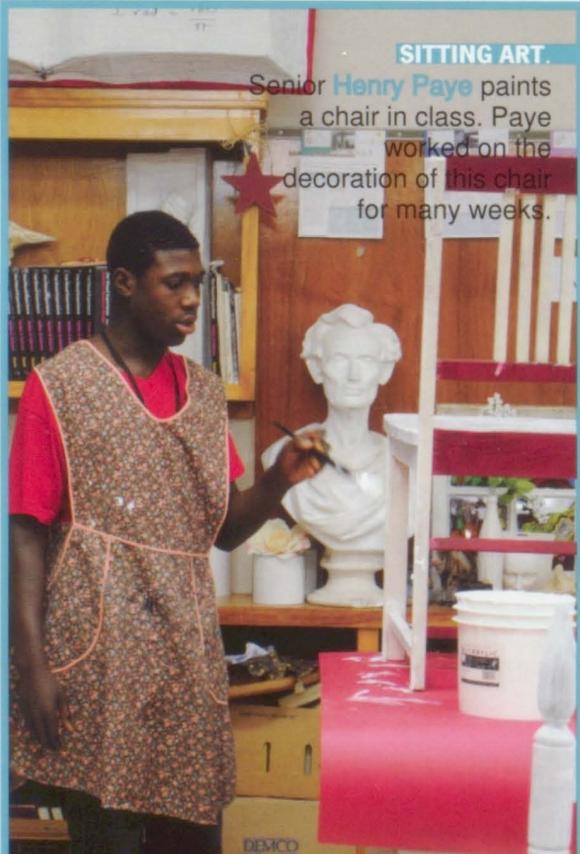
So why should we learn a foreign language? Isn't English enough?

"The attitude that English alone is enough in fact creates self-imposed limitations," said [Edward Trimnell](#), author of the book *Why You Need a Foreign Language and How to Learn One*. "Learning another language opens up new opportunities and gives you perspectives that you might never have encountered otherwise."

**PENCIL AND PAPER.**

Senior Miles Hackett

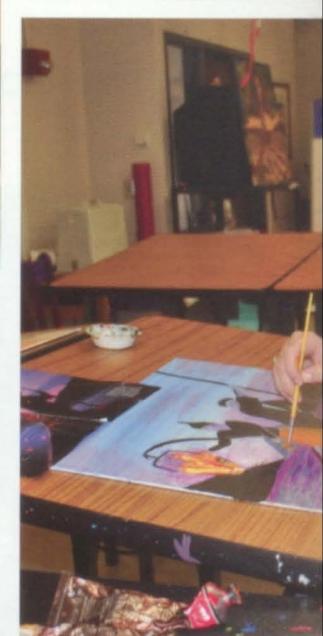
begins a sketch of his next piece. Students in AP art have a requirement of 12 pieces per semester.

**SITTING ART.**

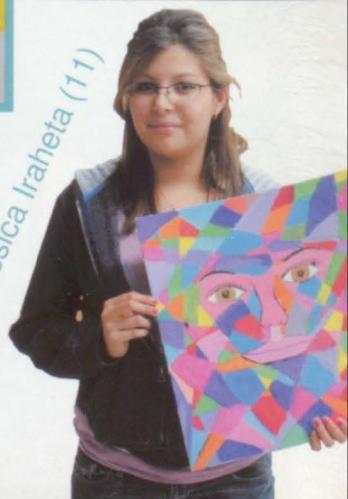
Senior Henry Paye paints a chair in class. Paye worked on the decoration of this chair for many weeks.

**PENCIL AND PAPER.**

Senior Jesscia Pauscher works on her next project for first semester. Pauscher has taken four years of Art at East and this year is an AP student.



Yessica Iraheta (11)



# a creative touch

Story/Layout by: Megan Lein

The art world is divided into two groups: those who passed elementary art by drawing stick figures and the young, talented Picassos. East has a well developed art program and an advanced placement class where students can earn college credit.

According to art teacher Shirley Gooch who has taught for 37 years (17 at EHS), opportunities are abundant in the presence of art. Not only do students get to express their thoughts and ideas, but art is a way to relieve stress and for some, it is a way to be accepted.

"Taking the class helps balance the heavy academic work load that many of my students take on," said Gooch.

For senior Henry Paye he is in the class this year "to have fun and to grow in creativeness"; however, he is going to get serious as next year he plans to attend the University of Niagara Falls and be an art major.

Students in the AP class agree that it is more fun, more hands on, and they all enjoy the feeling of independence.

"As a third year I have more freedom in deciding what I am going to create but it is harder because I have to have completed twelve pieces by semester," said junior Erin Stanley. "It is a lot of work and I have a hard time staying focused."

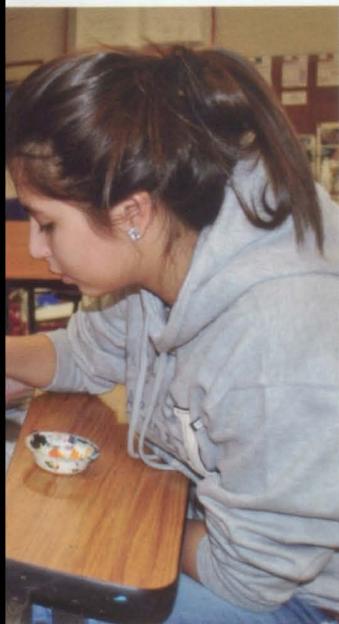
During the first two years of art students study famous artists and learn basic techniques such as painting, charcoal, cubism, and pencil drawing.

Freshmen teacher Jason Soliday said, "In Intro to Art, students learn elements like space, shape, line, and color value. They have many projects geared toward their final which incorporates all of these elements. My students are graded on consistency and improvement; their amount of commitment, ability, and desire will determine how far they will go."

Many times a year students take field trips to various places. According to junior Jama Clayton they have visited the art museum, went to Grand View College Art Action Day, and they are planning a trip to Kansas City Art Institute in the spring.

"On trips we view artwork and at the colleges we take a campus tour to see what it would be like to go there and if we want to major in art," said Clayton.

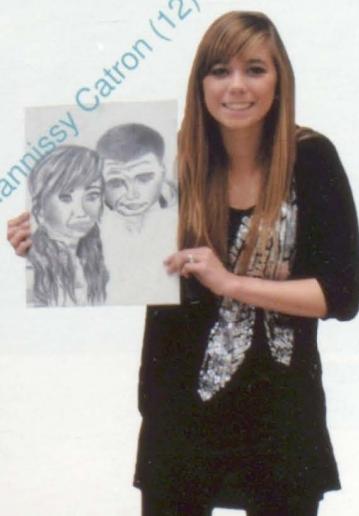
Whether or not art is in their future, EHS art opens up doors of opportunities.



Rosa Zarate (12)



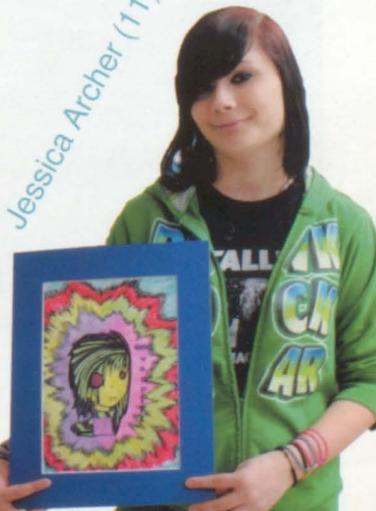
Shannissy Catron (12)



Ricardo Raygoza (12)



Jessica Archer (11)



# Fights, camera, action!

Story/Layout by: Megan Lein

The lights are ablaze, sweat is dripping from your brow, and the butterflies in the pit of your stomach make you want to puke. You think about turning around, quitting, just bailing...and then the curtain goes up!

Many East students complain about stage fright; however, for juniors Kaly Wolfe and Erika Hood, participating in theater productions and the drama classes challenge themselves and help them overcome obstacles.

"I signed up for drama because I was really shy and it has helped me build a lot of self confidence," said Wolfe. "I have opened up a lot more through this class."

According to senior Raymond Benitez, drama is open to any student at East no matter their skill level.

"It is great just to be yourself while learning different activities and interacting in a group," said Benitez. "I think of it as a hobby, but I did audition for the fall play."

Ruth Ann Gaines retired after 40 years at East High. Jamaal Allan stepped in at semester and is trying to fill her shoes in the theater department.

"What Mrs. Gaines has meant to East High School over the past forty years is not something that can be replaced," said Allan. "The amazing impact she has had for the school, the students, and the community will be missed but never forgotten."

Allan also has big plans for the future. His vision is to build a drama club in which anyone would be able to be involved from acting to stage-management to lighting and sound. He plans to grow the number of students and reach out into the community.

"One of my biggest goals is to have a strong relationship between the school's drama program and the community," said Allan.

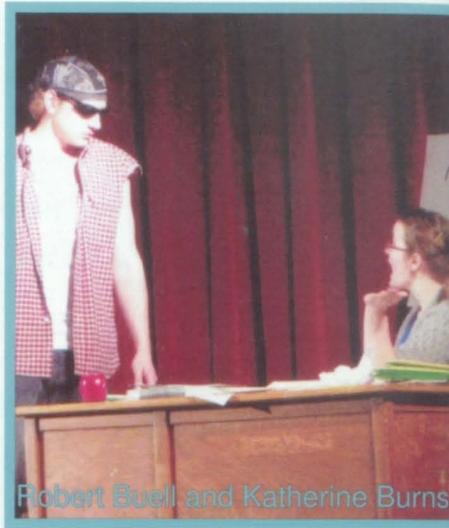
Ideas range from advertising relationships to involving feeder middle schools.

Many students reflect on the change of teachers and the general consensus is that they all miss Gaines; though Allan is a bright addition to the drama program.

"With Mr. Allan we play more games and do activities, where with Mrs. Gaines we learned basic fundamentals and understanding of drama," said Hood, a student in the intermediate drama class.

Whether drama is in a few Scarlets future, a confidence booster, or just a hobby, students in the drama program are gaining experience in the fine arts and really enjoy it.

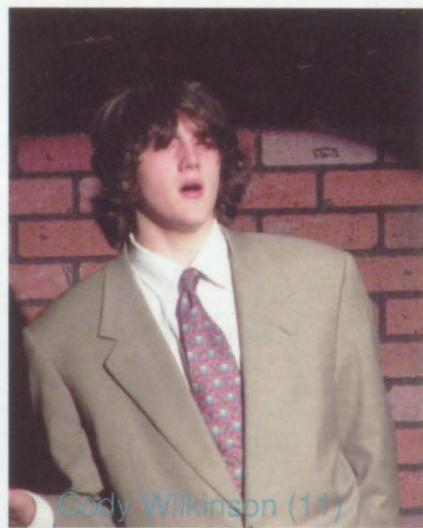
"I love theater arts!" said junior Katherine Burns. "I really enjoy being someone else for 80 minutes of the day and just having fun!"



Robert Buell and Katherine Burns

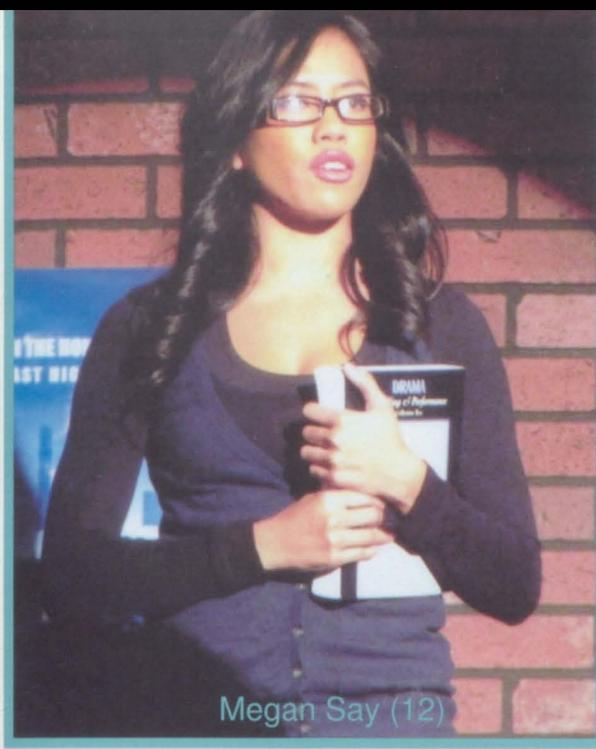


Danyal Nokes (12)



Cody Wilkinson (11)





Megan Say (12)

## great warm-up games

**Bop It! (Party Edition)**

**Ninjas**

**Hitchhiker**

**Whatcha' Doin?**

**Energy Pass**

**Handshakes, Hi-5's, & Hugs**

**Circle Dash**

**Zip Zap Zap**

**Group Juggling**

Students participate in class warm-ups to raise focus levels and begin class in the right set of mind.



### TIME WELL SPENT

Mrs. Gaines' students present her with roses at her final performance, *Up the Down Staircase*.



## SCROLL STAFFERS.

Staff members show off their Scroll spirit as they pose for their photo. The staff consists of students with different abilities and talents that are needed for a successful program.

## newspaper staff Speaks out

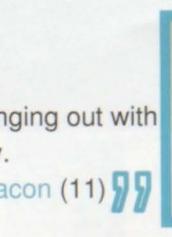
My favorite thing about Scroll would be the design section.

-Katelyn Worpole (11)



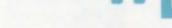
I like the fun and laid back atmosphere.

-Lindsey Smith (11)



I love hanging out with G-Money.

-Riley Bacon (11)



I can't stand Riley Bacon's harsh paper-editing tactics.

-Courtney Custard (11)



Being in a community.

-Jessica Wehrle (12)



I love crawling in the potty room.

- Taylor Bimbi (12)

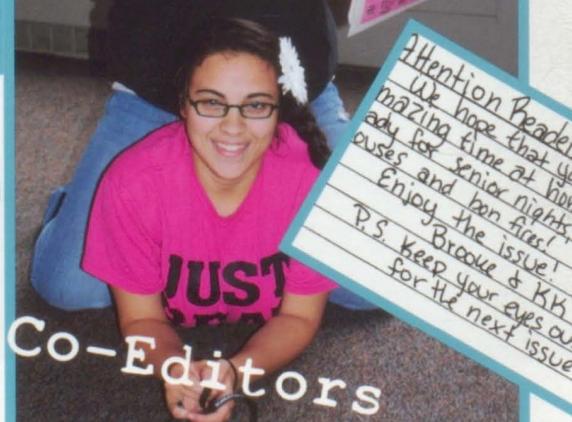
Interviewing new people and meeting them.

-Taylor Bougher (11)

## FROM THE EDITORS.

We have enjoyed bringing you another wonderful year of the Scroll. Hopefully you enjoyed it as much as we did!

--Brooke and KK.



Attention Readers:  
We hope that you  
are having a  
mazing time at home  
ready for senior night,  
bon fires!  
Enjoy the issue!

P.S. Keep your eyes out  
for the next issue!

Co-Editors

# deadlines and designs

Story/Layout by KK Kennedy

Meeting deadlines, interviewing people, covering interesting topics, and taking photos. Newspaper is a class based on writing articles and designing pages. This year's Scroll staff worked yearlong to bring East High many newspapers to remember.

East High's student newspaper is one of the oldest in the Des Moines area. Beginning in the early thirties, the Scroll has survived through hundreds of staff members, many changes, and even a few advisers.

Losing publication adviser [Ed Kelly](#) in June of 2010, the Scroll staff wondered who and what changes would be made to the class.

"I was sad because I liked Mr. Kelly," said senior [Taylor Bimbi](#). "He was a good teacher and I was nervous about the new teacher."

With new adviser, [Ben Graeber](#), some things were changed and some things were kept as a tradition. For instance, a tradition that was kept that allows the seniors to design most of the paper. A lot like previous years, the staff gave it a new look that represents the students and a fresh appearance.

"Designing pages is really hard, but in the end it's worth it and fun to see how the issue looks," said senior [Jessica Wehrle](#).

As Scroll kicked off, deadlines and the work through Photoshop, InDesign, and editing stories began.

According to junior [Katelyn Worple](#), "Editing sucks but it is worth it because then we don't look dumb when things are published."

Overall, the staff primarily covers information dealing with EHS and the eastside community. With a variety of different writing styles, the staff can cover a large amount of events and express their ideas in different ways.

"I like writing news stories," said junior [Lindsey Smith](#). "I really don't have a creative side when it comes to writing."

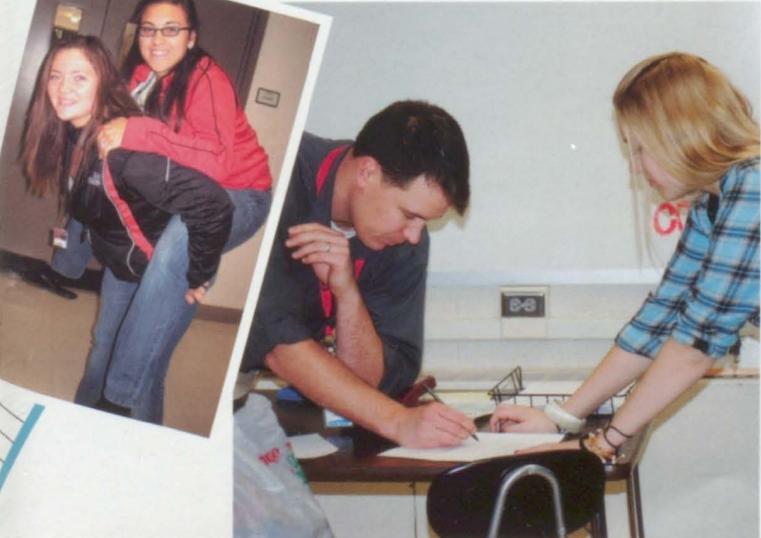
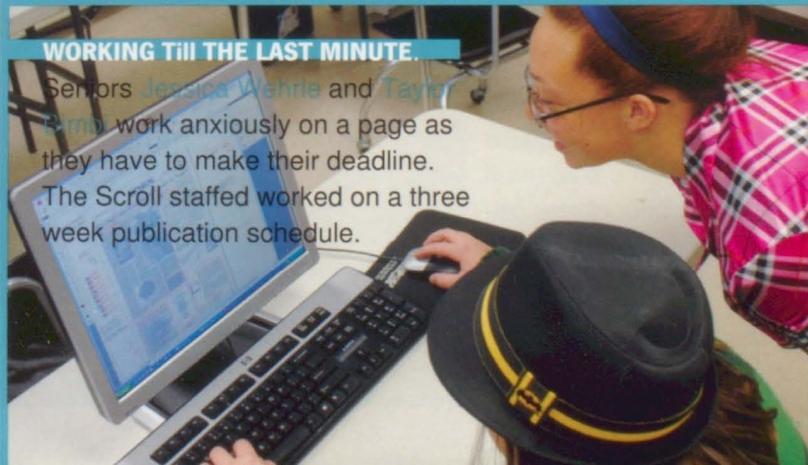
A class full of juniors and seniors will yet again be changing next year as they lose four of their seniors.

"I am going to miss all the fun things we do together. I really had fun with Taylor Bimbi when we went around to the bathrooms looking for toilet paper rolls," said senior [Brooke Young](#).



## WORKING TILL THE LAST MINUTE.

Seniors [Jessica Wehrle](#) and [Taylor Bimbi](#) work anxiously on a page as they have to make their deadline. The Scroll staff worked on a three week publication schedule.



When watching TV or listening to the radio, do you ever think how hard it would be putting together a show or a broadcast? Or how much effort would have to be put into it?

In the class Radio/TV/Film, students can experience first-hand working in the school's radio booth doing live radio shows. They can also work in the recording booth filming commercials and news casts.

"The benefit to the class is exposing the kids to the profession. This day and age, the media is only going to get bigger throughout time. It gets kids thinking about what media is saying instead of just absorbing what they see," said teacher [Ron Borstad](#).

Students study how media is made, TV news, TV shows, magazines, films, and how to be a radio DJ. They also make a film for the final project of the class.

"I wanted to take the class because I liked film class in middle school. I thought I would continue it for a while and put some leadership in the class. I also wanted to put my editing and graphic skills to work on these films," said sophomore [Ben McClure](#).

The kids in the classes practice scripts and work on the behind-the-scenes things like sound, video, recording, and filming.

"I like the hands-on experience we get in the class and the opportunities with broadcasting and media," said junior [Zach Lewis](#).

Although Borstad teaches an English class along with [Radio/TV/Film](#), he believes the class is more comparable to drama.

"This is a really good class if you're interested in media and an acting type class! The class was initially just a filler class, but after a couple of days I realized it was a good, fun class. It also made me think of going into a career in broadcasting," said junior [Jordan Bates](#).

"I like that I can express myself and Mr. Borstad's a pretty gnarly guy!" said junior [Philip Bui](#).

Brooke Nokes

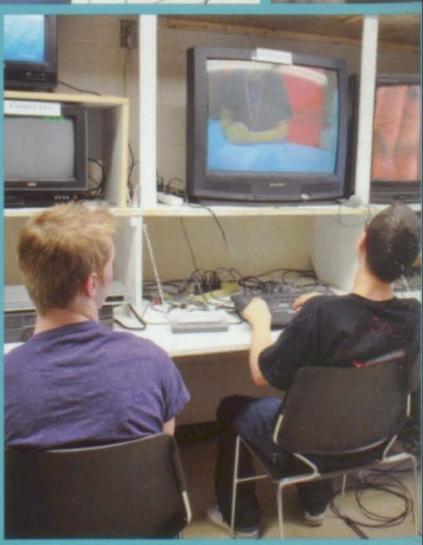
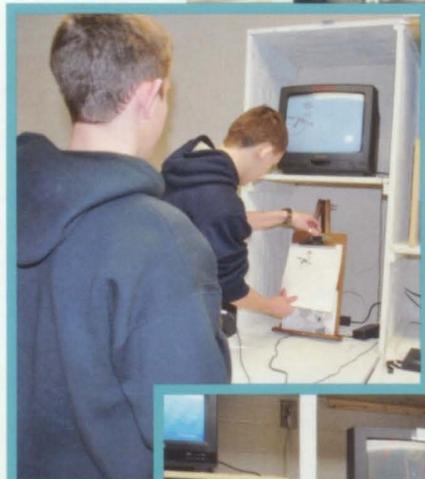
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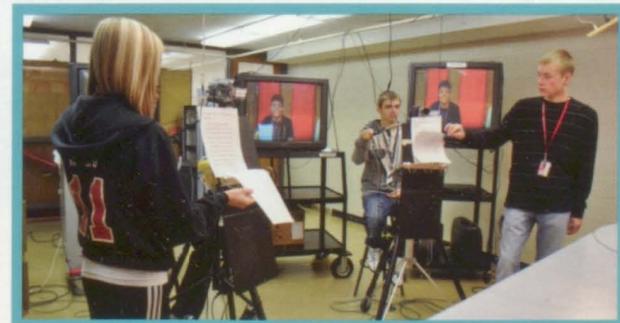
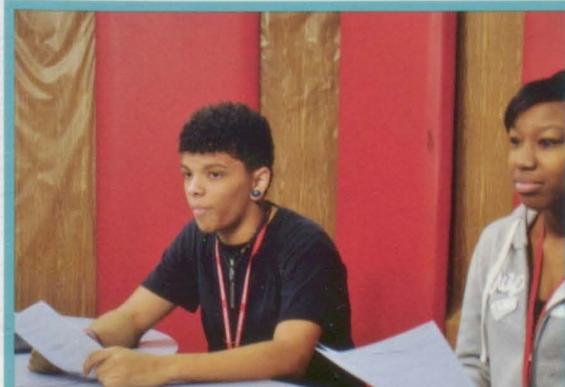
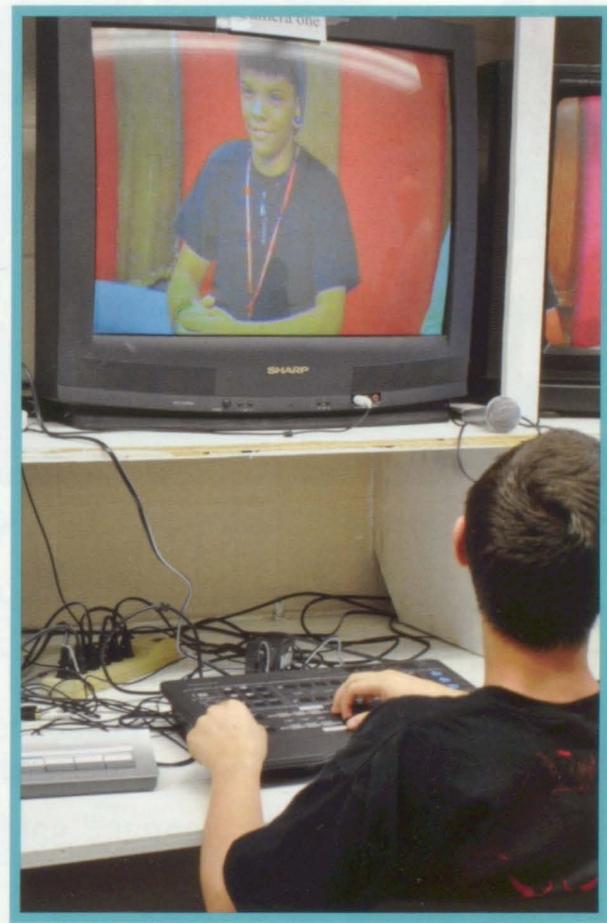
#### AND WE'RE CLEAR

While broadcasting, the video room allows students the chance to experience with many types of taping equipment.



# quick facts

1. Mr. Borstad taught a similar class in South Dakota.
2. He's been teaching the class altogether around 8-10 years!
3. Biggest frustration: Students flunking because they try making an easy class easier.
4. Mr. Borstad is a theater major.
5. Teens are exposed to media 52 hours per week!
6. You get to watch TV in the class!
7. You can be a star!....for an hour and 20 minutes.
8. You still have to do work in the class!



## AND ACTION

Students in the shooting room tape a news cast, use scripts, and watch themselves while doing it with TVs to see.



**PUSH IT TO THE LIMIT.**

Weightlifting students do a group push-up in Coach Jack's class. "Group push-ups are fun and they build muscle," said senior [Cody Johansen](#).

## behind the scenes

How often do you wash your PE clothes?



"Once every four months. With vinegar," said junior [Ben Frazier](#).

"I just take a bath in it," said junior [Kevin Owen](#).



Devon Roberts (11) and Kenzie Cook (12)

# get physical

Story/Layout by: Haley Larson

The P.E. department got a facelift this year. With block scheduling, physical education classes might have been the most affected of all. Having P.E. (or weightlifting/yoga) for a whole 80 minute block instead of a 45 minute period has brought a surprising amount of approval from the staff.

"My classes are better now. They are more in-depth because the students have about an hour to get a good work out, when before class was only about 35 minutes," said [Terrie Fenstermann](#), head of the physical education department at East.

Students also like the lengthened class period.

"I get more time to relax in yoga class now," said senior [Tera Rhoades](#).

Along with longer class time, the department has added many new ways for students to work out.

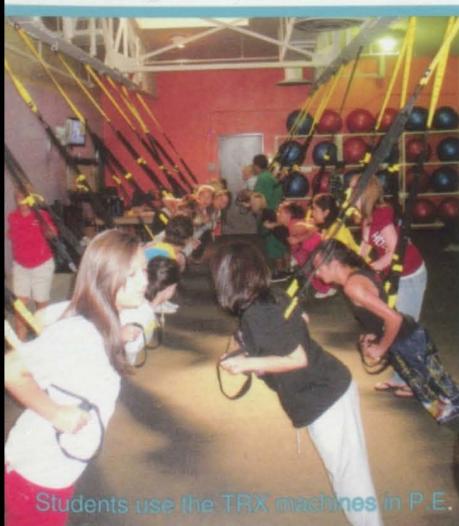
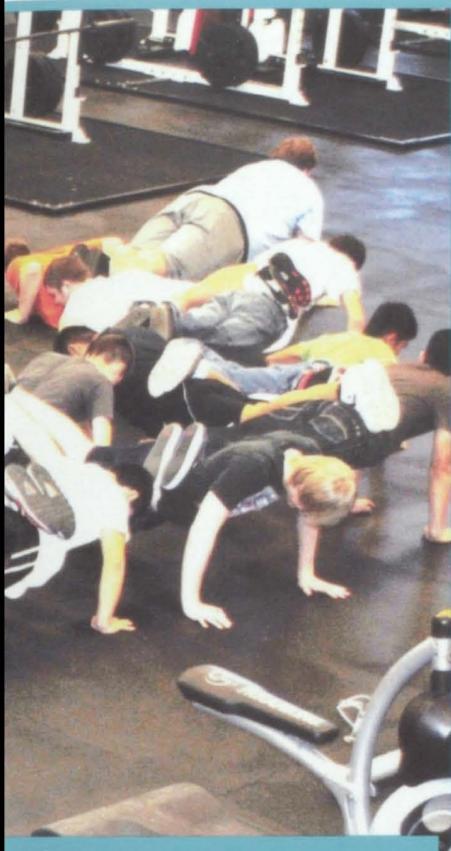
"We've added TRX machines, which are designed to work the core. We also have things like half-balls to help students with their balance," said Fenstermann.

Core training is a very important component to getting fit. A person with a strong core (or strong abdominal muscles) not only looks better; they are less likely to get injuries and physically feel less pain when doing strenuous activities, according to [livestrong.com](#).

"The new TRX machines are fun because you get to swing around and work out your abs at the same time," said junior [Tyler Seward](#).

Even with the new scheduling and different work out equipment, P.E. still continues to be a favorite among East students.

"P.E. is better than any class! I like to get up and move around, I hate sitting in a desk for an hour and a half," said junior [Brad Treanor](#).



Students use the TRX machines in P.E.

# SNAP A PICTURE

*Story/layout by:Emalie Cipale*

Ever wanted to see the world through a different perspective? The students of photo and advanced photo classes have an opportunity look to see what it's really like to be a professional photographer.

To get a great picture students have to think like a photographer. They must think outside the box and see everything as a photo opportunity.

"For some it can be a way to express themselves artistically when they might otherwise believe they don't have any 'real' artistic talent, because photography is art too," said teacher Joleen Heim.

There were many changes this year in the photo classes. Most notable was a new teacher and students weren't able to leave campus to take photos. Joleen Helm is now running the photo classes. She started teaching the photo class in October.

"I don't agree with the fact that we can't go off campus to take picture anymore because it limits what we can do with the cameras and the kind of pictures we can take," said senior Jordan Cirksena.

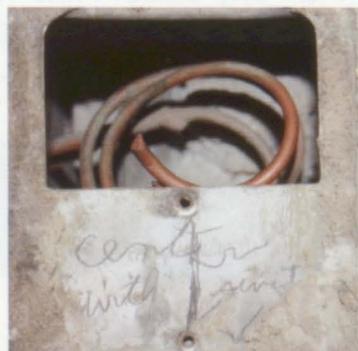
Whenever they take photos students have a theme they are supposed to shoot for. Their themes this year were school spirit, shadows, fall, a letter from the alphabet, portrait, black and white, a photo with spot color, blending, wildlife, motion and photo placement. They then go off of that theme and change the picture up as they wish.

" I like this because we could be creative with the pictures we took," senior Kevin Souvannasanh

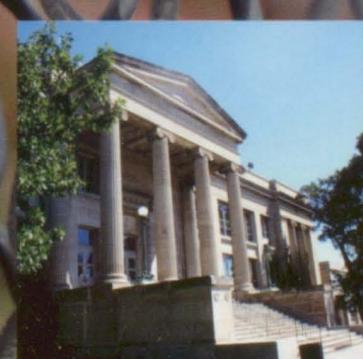
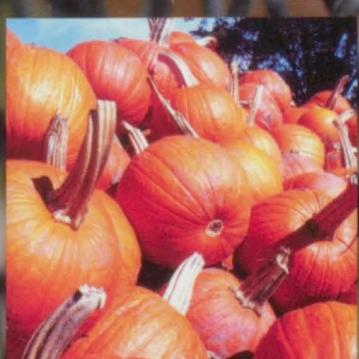
They use Photoshop CS2 when they fix and change their photos. With most of the school using Photoshop CS4, it is a change for the students that take photo class if in the past they have taken another class that deals with Photoshop.

Besides just taking pictures they also do other projects like taking a tool on Photoshop and learning everything about it. They then are to give a presentation about it to the class in hopes of teaching other students what they learned.

"Through photography we will learn to VISUALIZE, AIM & FOCUS, both in our photographs and in our lives," said Heim.

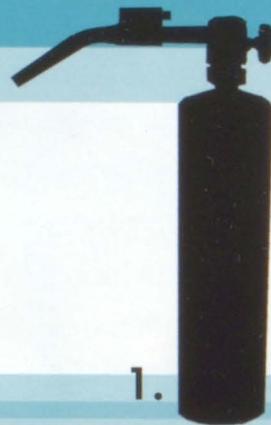


Photos taken by multiple students in photo class.

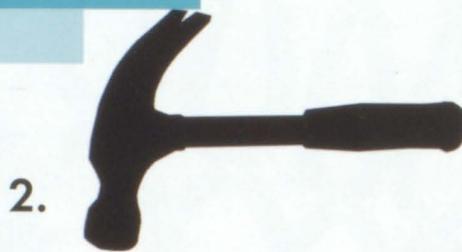


# high-tech tools

## Can you name these tools?



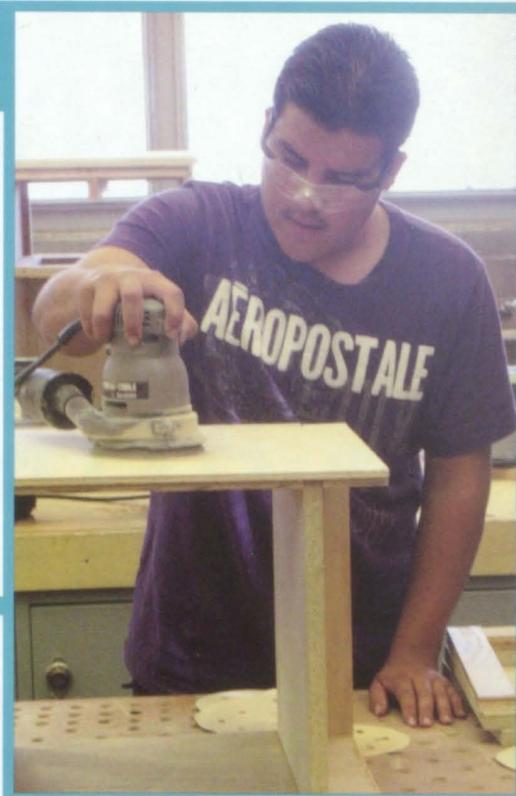
1. Blow Torch, 2. Hammer



2.

## SMOOTH SANDING

Juan Alba (10) sands his class project, a shelving unit. Alba was a student in the wood tech class instructed by [Jeff Hall](#).



## LASER DESIGNS.

Who knew with industrial tech came design?

Sophomore [Zachary Nieland](#) imports his design into the laser engraver to have his design engraved onto his project.



# learning tools

Story/Layout by: Madison Williams

Students learn many lifetime skills and add “tools to their tool box” in industrial tech classes, according to instructor [Clint Gadbury](#).

Metal and woods students apply these newly learned skills to make projects such as toolboxes, shelves, welding, pens, and pencils.

“The last thing I made was an ISU football helmet to replace Mr. Gadbury’s Iowa helmet. I never got it back though...I don’t think I will,” said junior [Kierra Osborn](#).

In metals, students are able to build and do many hands-on activities. The class teaches kids how to be creative and how to succeed in metal working trades in the future.

“I think it’s a good opportunity to learn basic handy skills,” said senior [Kirk Jensen](#). “Some of the kids in there can use their skills to become our next working class.”

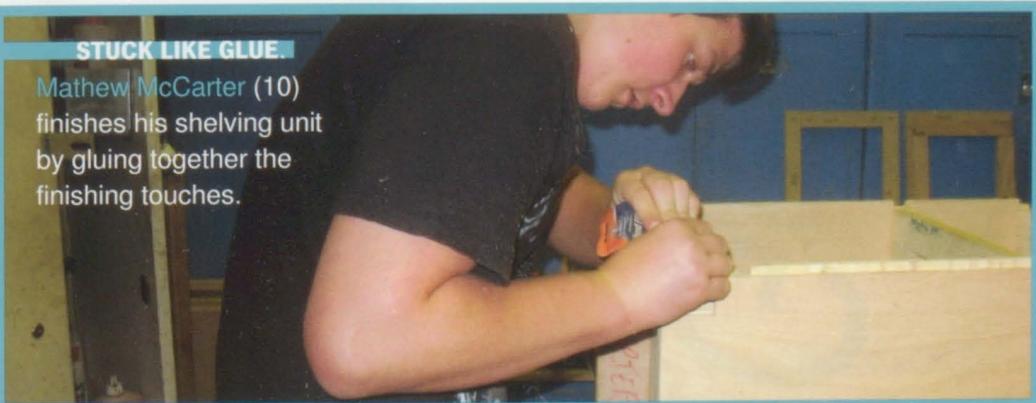
Gadbury said the students can learn general skills that they could use at their job, for art, or at home. Gadbury also teaches 3D Mechanical & Architectural Design and Project Lead the Way Engineering, which requires a more unique set of skills.

According to woods instructor [Jeff Hall](#), woods students are also able to develop skills for not only woodworking, but “basic carpentry skills that can be used in many different careers.”

“You not only learn metal-working trades, but how to meet deadlines and overcome problems you might face in your future career,” said Osborn.

## STUCK LIKE GLUE.

**Mathew McCarter (10)**  
finishes his shelving unit  
by gluing together the  
finishing touches.



# Growing Up

Story/Layout by: **LJ Putzier**

Parenting and healthy relationships: they are basic life skills, things necessary to survive in the busy world today. Either students have already experienced the need for these skills or they will need them sometime in the future.

"I enjoy teaching these classes because this is real life stuff; these are possible situations that may happen later in life," said teacher **Donna Adams**. The parenting classes help students through the process of having and raising a child. They also learn the responsibilities and rewards of being a parent.

"Being a parent is a big responsibility. I don't think you should get pregnant before you're ready," said senior **Jackie Fudge**.

There are many activities students do in this course to help them experience life as a parent. Students take home a bag of flour and must carry it around school; the bag of flour is about the same weight of a small baby.

"It (the flour bag) got on my nerves the first day. I got tired of carrying it around," said senior **Kelsey Waits**.

Another project the students do is take home a mechanical baby doll. It simulates the actions of a newborn and what it takes to care for a child.

"I hated when it woke up in the middle of the night," said junior **Erika Hood**.

In parenting class students realize just how difficult it is to raise a child.

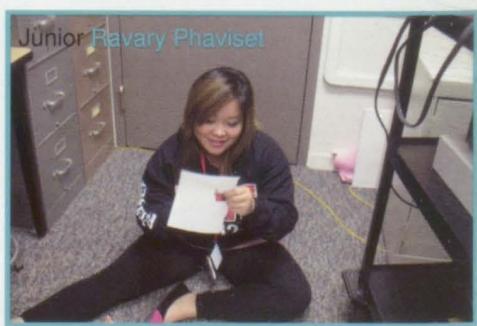
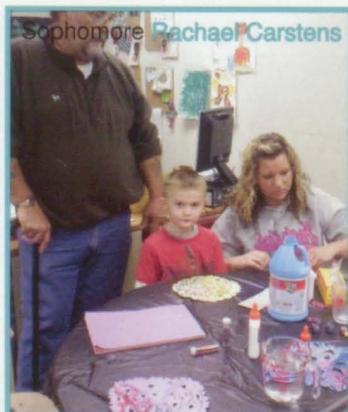
In relationships class students learn about the different relationships they may develop throughout the course of life. These relationships vary from relationships with yourself to relationships with a significant other.

"I learned so much about myself during this class, I feel like knowing myself better will help me get to know others better," said sophomore **Christina Syhavong**.

During the class the students also work with the concept of death and dying, often this subject can be pretty touchy so it has to be dealt with delicately. They students learn about how to deal with others deaths and the thought of their own death. Teachers hope that by teaching kids about these life experiences they will be better prepared for life.

## STORY TIME.

Sophomore **Keelie Deay** Sits in front of the class and reads a story to toddlers. This is part of the students toddler project.

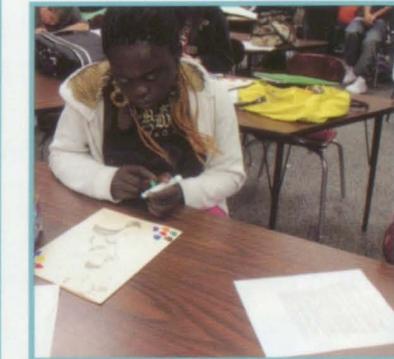


**CUT AND PASTE**

Sophomore Berthalisia Valazquez cuts out paper for a project. In class students are asked to make a poster about a birth control method.

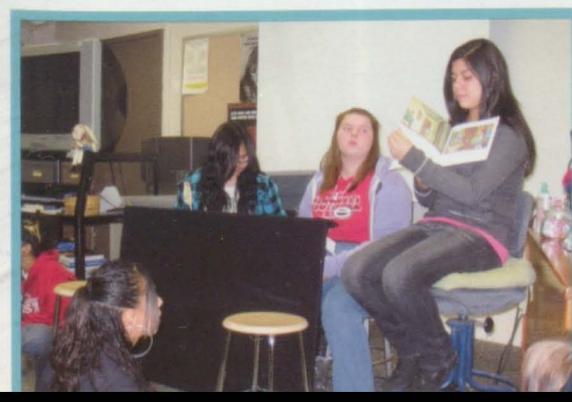
**CRAYOLA**

Junior Regina Osman decorates a picture with colorful markers. This is part of one of the activities the students participate in.



# quick facts

1. Mrs. Adams is retiring this year.
2. Mothers day will mean so much more to you now.
3. Diapers aren't cheap!
4. Coloring isn't just for little kids.
5. We have a male FCS teacher at EHS!



# Sew Delicioius

Story/Layout by: Jessie Vance

Learning how to cook while maintaining a healthy diet, how classical fashions back then have influenced today and making personal clothes are practical skills anyone will need some day in their lives. It may not be now, but somewhere down the line family consumer science students can thank their foods or sewing class.

"I learned that it is fun to make whatever you tell your mind to do and that sometimes it's better to make your own clothes rather than buy them," said junior Mayra Verduzco.

In foods classes students learn not only how to cook, but how to be safe and prepare things that are healthy. Students in foods one class taste tested a variety of healthy foods. They included a carrot and a cucumber with a homemade dip.

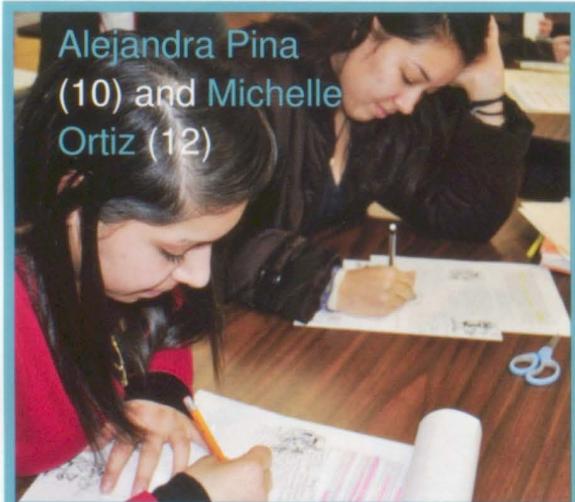
"I liked learning how to make new foods even if it was just for fun. I also liked learning what foods were good for you and which ones were bad," said sophomore Alex Reid.

In sewing students learned the basic principles of how to sew clothes and other things properly. Students made monsters in sewing two and it was also a competition. There were also other challenges students compete in, such as a pin cushion contest. Students in sewing one made pin cushions, pajama pants and a stuffed frog.

"Mrs. Hebert is always in a good mood and we can use the fun things we learned in class for the rest of our lives," said junior Jessica Kincaid.

Even if students are not looking for a career in either of these subjects, the consensus of many students say they are fun to take and you can learn a lot.

"Foods class is marvelous, dynamic and creative. It opens doors for career opportunities. Food is necessary for a humans well being and it brings people together," said foods teacher, Kathy Crum.



Alejandra Pina  
(10) and Michelle  
Ortiz (12)

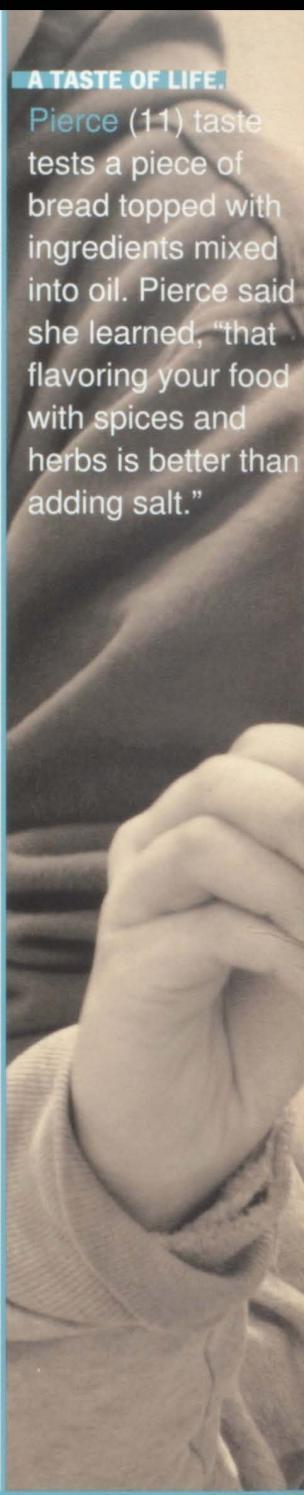


Kincaid (11)



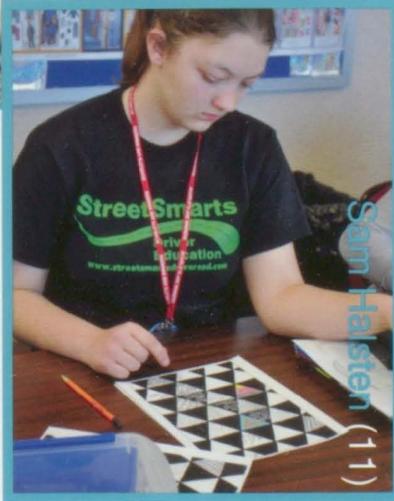
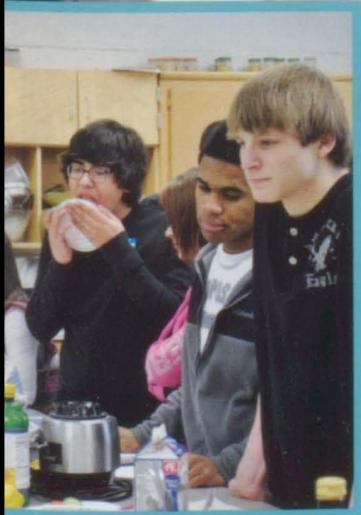
## A TASTE OF LIFE.

Pierce (11) taste tests a piece of bread topped with ingredients mixed into oil. Pierce said she learned, "that flavoring your food with spices and herbs is better than adding salt."

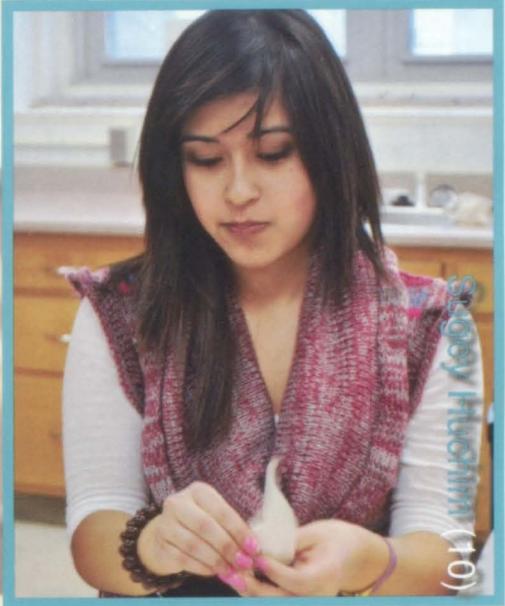




**PERFECT INGREDIENTS!**  
Ms. Crum instructs the class about the different oils and vinegars to use. By mixing oil and milk you have created a substitution for butter.



Sam Halsten (11)



Sugayi Huddim (10)



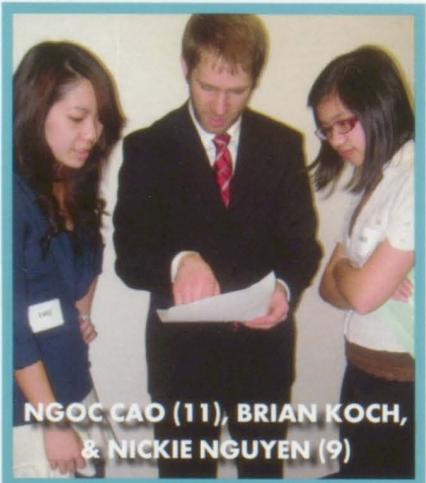
LeNae James (11)



Ried (10)

test your mental might... **2** How many rounds are there?

If a member is in the Honors Division, what is their GPA?



## Who created Academic Decathlon?

### When was the first statewide Decathlon competition held?

1. 3.75-4.0, 2. Four, 3. Robert Peterson, 4. 1979

mentor

"Don't be nervous. Just relax and have a good time," said a judge to East's anxiously waiting Academic Decathlon team. "Don't forget to make eye contact and give a firm handshake." At the sound of the judge's advice, junior **Ngoc Cao** went

around to Decathlon members to practice their handshakes. "I was really relieved when the speeches and interviewing were over," said Cao. "The most stressful part of Decathlon is the speech we have to give in front of judges."

The students were not the only people who were restless to go in front of the judges. Adviser **Brian Koch** was pacing up and down the hallway while waiting with his team.

Despite the uneasiness before a speech or test, the team found themselves evolving as individuals.

Senior **Kenny Cortum** said that because of Academic

Decathlon, he has become a well-rounded person. "I've been more involved with school academically because I joined," said Cortum. "I've gained a lot of studying skills too."

Freshman **Nickie Nguyen** said that she loves Academic Decathlon because "it's really cool thing to do with a lot of really cool people."

"I had a great time doing Academic Decathlon," said Cao, "but when it's over it's nice to not have that stress anymore!"

Story/Layout by: Madi Williams



#### THE TEAM

East's Academic Decathlon team is strong and dedicated. They finished their season in the top half of the Des Moines-area schools.

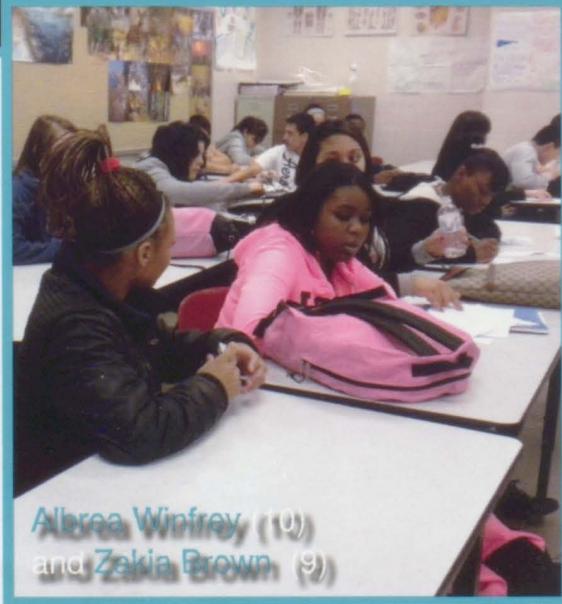


**FUTURE LEADERS.**

Freshman Oscar Tavera, Arturo Marquez, DeMarcus Danneron, Sarahi Fredd, Bridgett Frazier, Sam Clay, Indian Marquez, Lopez, Kelsey Butts, Zakia Brown all participated in Science Bound this year.

**WORK IT OUT**

David Ortiz (10) and Rocio Rodriguez fill out a sheet for a group activity at a Monday meeting.



# bonding with science

Story/Layout by: Jessie Vance and Brooke Nokes

Science Bound is a unique program designed to place ethnically diverse students in science, engineering and math programs. A group of 25 dedicated kids met in **Anson Bonte's** room every Monday after school for about an hour. This program was designed for students who wouldn't normally get a chance to explore science opportunities. Science Bound has been at East for approximately 20 years.

"Science bound helps to obtain a better future and help voices be heard. After so many years with the people involved, it starts to feel like a family," said senior **Alma Salas**.

Science Bound is a program based out of Iowa State University (ISU) that helps students in middle school through high school. Many students who start in this program begin in seventh grade. Students who successfully complete the high school program and meet admission requirements and pursue a technical degree at ISU can receive a full ride scholarship according to, [www.sciencebound.iastate.edu](http://www.sciencebound.iastate.edu).

"I was 'recruited' in 8th grade for having good math and science grades," said Salas.

The Science Bound group has regular meetings with teachers and they meet the Iowa State campus. Students also participate in summer academic programs, overnight retreats, and study groups. Students also had to maintain at least a 3.0 in 75% of the program activities. ISU supports the Science Bound group with administrative and financial support. They also provided all scholarships given to students involved in the group.

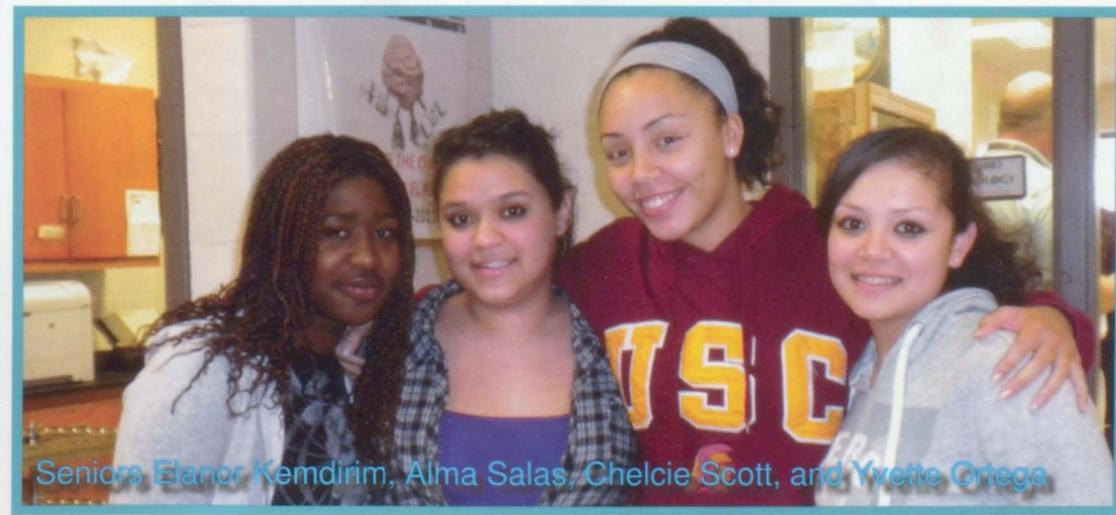
"The summer programs can be really fun and plus you can get paid for some of them which is a motivator for me," said junior **Chukwuebuka Kemdirim**.

Bonte, who has been part of this group for three years and took over as head this year. He has seen many great and dedicated kids in the program this year.

"I see this group getting bigger because there is a need for educational programs. Not many kids end up with full rides to ISU out of high school," said Bonte.



Advisor Anson Bonte



Seniors **Elior Kemdirim**, **Alma Salas**, **Chelcie Scott**, and **Yvette Ortega**

Haley Larson

Story/Layout by:

# looking forward

"ETS has  
get to visit and  
colleges, which  
what I want to  
junior **Katy**



What is Upward Bound?  
"It's incredible; the highlight of my year," said junior **Brennan Lawrence**.

"Super party time with free ice cream," said junior **Arnold Sengsirivanh**.

What is Upward Bound really?

"It's a program to help prepare students for high school and college," said junior **Diana Inthaboune**.

Students of all grades and from many different schools go to Upward Bound (UB). In UB, students go on college visits, field trips, and go to 'summer school' at some Iowa colleges.

According to the Upward Bound website, the goal of the program is to help students who would be the first in their family to go to college.

A major plus of the program for most students is that you get paid. If you attend the summer school aspect of UB, you can get paid at the end of every week you attend.

"My favorite part of UB would obviously be getting paid. It was nice to get a check for something that was helping me, it didn't really feel like work," said junior **Nathan Kouangvan**.

Most students that go will agree that it is helpful towards getting prepared for college.

Another program to help students get prepared for college here at East is ETS, or Educational Talent Search. The name makes it sound like a competition; it is anything but that.

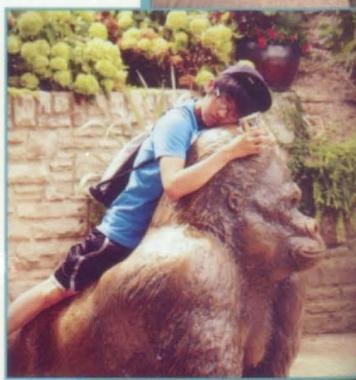
"ETS is a program to help students get through high school and get ready for college," said senior **Caleigh Mormann**.

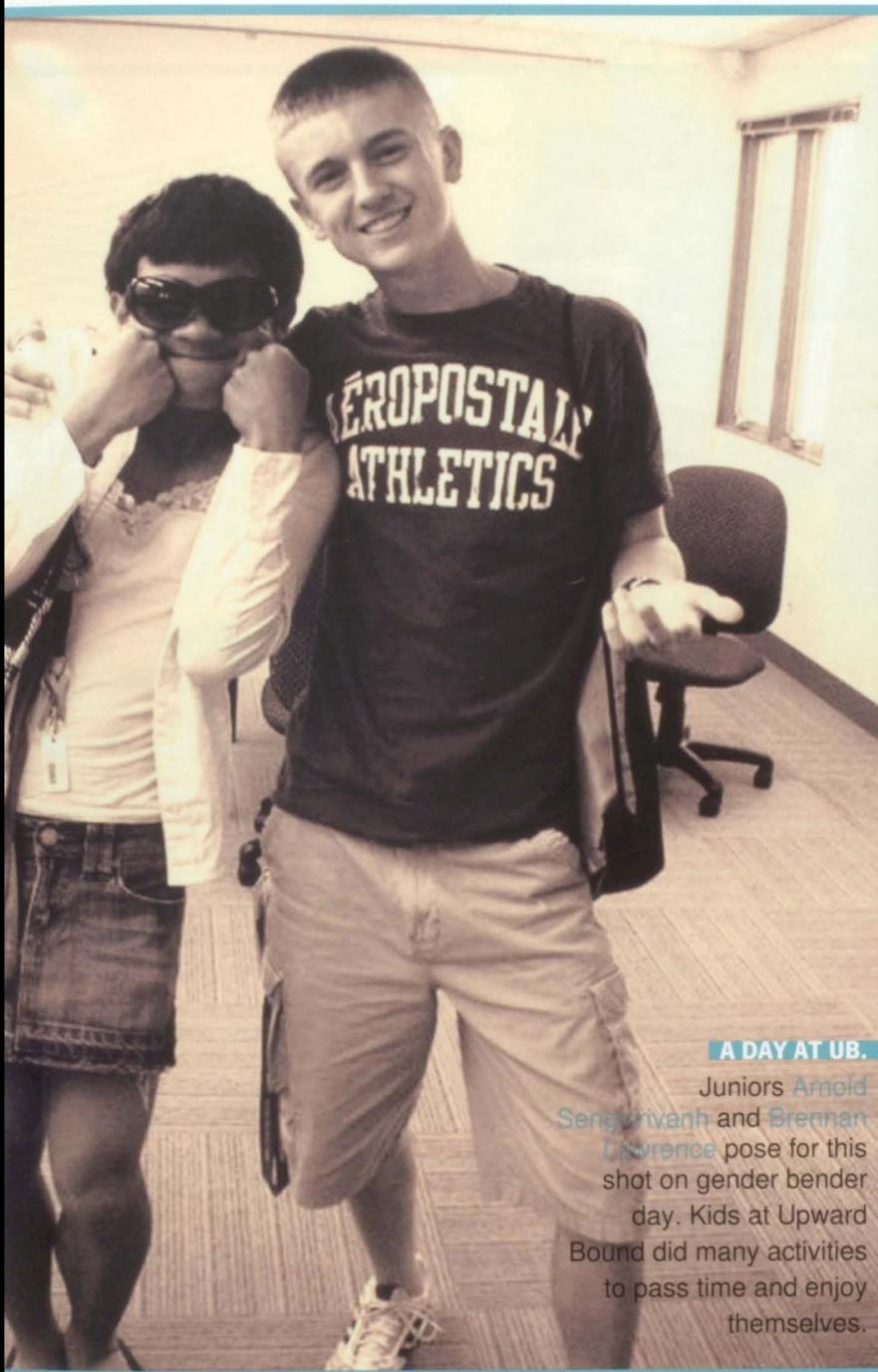
In ETS, students go on field trips, go on college visits to area schools, and talk to college students and professors for advice on what college will be like.

"ETS really benefited me because I talk to a variety of professors for advice on what college will be like. It helps me prepare for what I want to do in the future," said **Casey**.

## GROUP ACTIVITY

Students at Upward Bound got to go on many field trips, including one to the St. Louis Zoo.

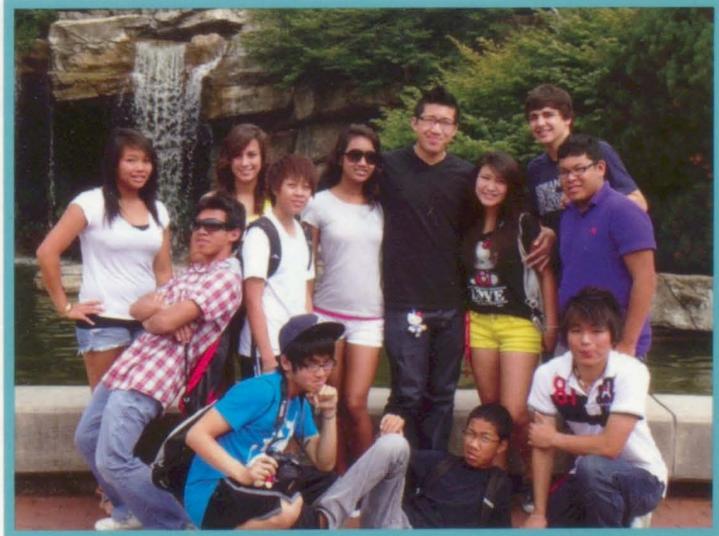


**A DAY AT UB.**

Juniors Arnold Sengvirvanh and Brennan Lawrence pose for this shot on gender bender day. Kids at Upward Bound did many activities to pass time and enjoy themselves.

**GENDER BENDER.**

Junior Kiet Le has fun experimenting with his feminine side.



**WHAT'S COOKING.**

Senior David Blacksmith cooks up some meat at the Ronald McDonald House.

## Q and A WITH THOMAS TEAV

Why did you choose to join NHS? **“**Because it looks oh so good on a college application. **”**

**“**How do you get your service hours?

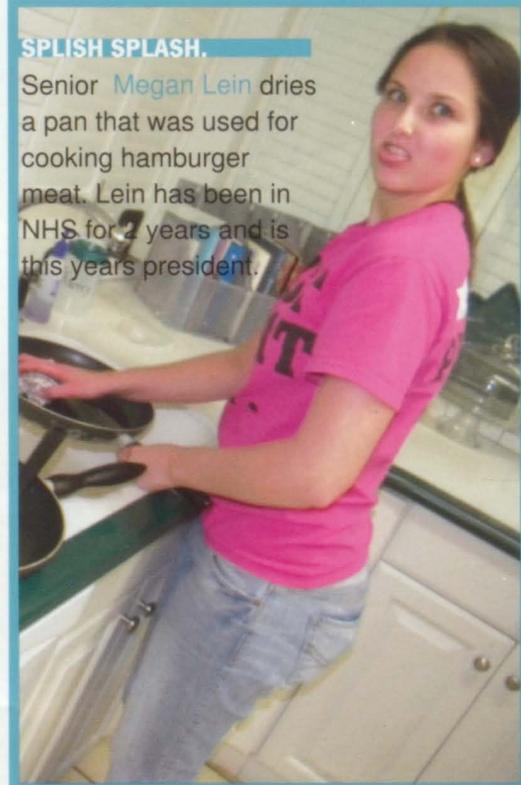
By volunteering anywhere. I also help out at Monsoon. **”**

What do you like best about NHS?

**“**It's always fun just helping people out anyway I can. It gives me a warm fuzzy. **”**

**SPLISH SPLASH.**

Senior Megan Lein dries a pan that was used for cooking hamburger meat. Lein has been in NHS for 2 years and is this years president.



# Serving the public

Story/Layout by: LJ Putzier

"For the service of humanity." NHS, or National Honor Society puts those words into action. The members do community service and reach out to the community when it is in need. Each semester the members must complete 10 service hours.

"I volunteer at Lutheran Hospital every week so that always covers my service hours for each semester," said junior [Lindsey Smith](#).

Although most of the member's community service hours come from individual things, the group does do activities together. Their newest project is a coin drive. All the money collected will go to the Special Olympics.

"It makes me feel really good when I help people less fortunate, sometimes it can be hard work but to see the smile on people's faces makes my day," said junior [Anna Flickenger](#).

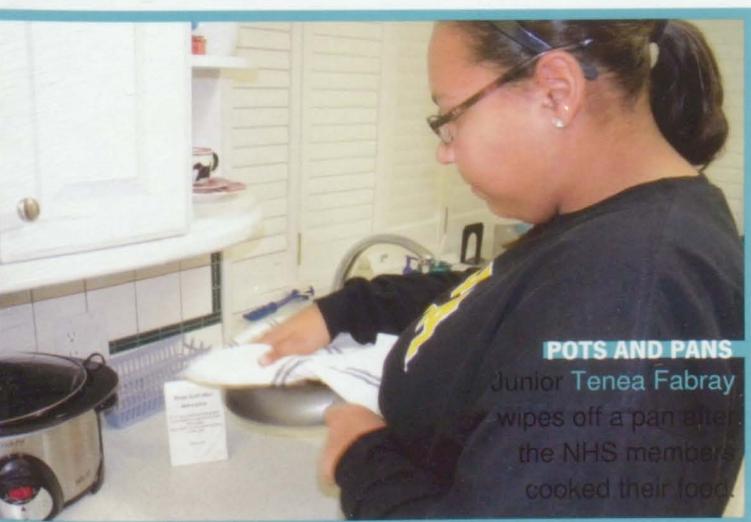
Some other project they did were making meals for families at the Ronald McDonald House, helping at Night Eyes, and doing a book drive. The group meets a couple times a month to discuss upcoming events.

"During our meetings I try to pursued members to get out in the community and help people, I also inform them of things going on where they can help," said president of NHS senior [Megan Lein](#).

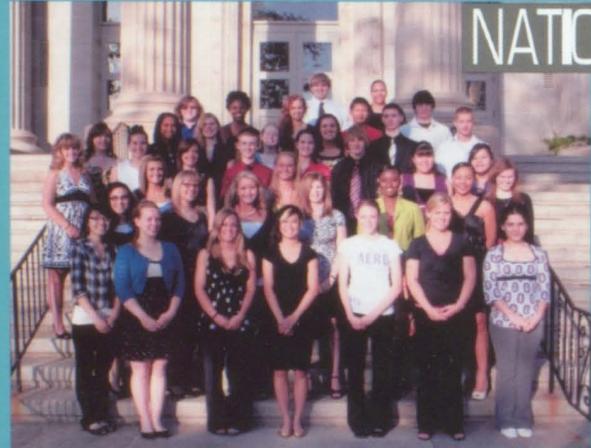
NHS is a highly honored club so joining the group is a no easy task. To apply you must have a recommendation letter from a teacher, fill out an application and write two essays.

"It is pretty easy for me to write stories so writing two essays wasn't a big deal for me," said senior [Kaci Young](#).

Then after you have done all that, your application goes to a committee of staff members. Many students are recommended but only a select few are chosen.



# SCARLET COUNTRY



## NATIONAL HONOR SOCIETY

Front Row: Ngoc Cao, Madison Williams, Ashley Prettyman, Brenda Baccam, Kaci Young, Katie Bruno, Jasmin Munoz. Row 2: Kelsey Kennedy, Caleigh Mormann, Courtney Custard, Danielle Piatt, Royonah Marble, Chelcie Scott, Lindsey Smith. Row 3: Alexes Cummings, Miranda Mason, Mireya Alvarez, Yesenia Alvarez. Row 4: Heather Prettyman, Anna Flickinger, Hollie Russett, Brennan Lawrence, Megan Lein, Alex Hensley. Row 5: Gillian Randall, Chante Buckner, Alina McDaniel, Rachel Anderson, Peyton Rowe, DJ Palmer, Nick Savage. Row 6: Kenny Cortum, Breona Carroll, Shannissy Catron, Thomas Teav, Nick Grochala. Back Row: David Blacksmith, Tenea Fabray.

## SCARLET MENTORS

Front Row: Brooke Wilson, Shelby Sly, Mercedes Reynolds. Row 2: Sharayah Devick, Heather Jensen, Zane Rustan, Shelby Jackson, Yesinia Vargas, Yessica Iraheta. Last Row: Matt Gering, Thomas Allen, McKenzie Cook, Chante Buckner, Markisha Wright, Samantha Halsten.



## ACADEMIC DECATHLON



Adviser Brian Koch, Scott Son, Sarah Grylls, Kierra Osborn, Sophie Backham, Nickie Nguyen, Kenny Cortum, Ngoc Cao.

## SCIENCE BOUND

Front Row: Eleanor Kemdirim, Yvette Ortega, Maria Ceballos, Alma Salas. Row 2: Miguel Guerrero, DeMarcus Dameron, David Ortiz, Sarahi Trejo, Kevin Landaverde. Row 3: Natalia Flores, Oscar Tavera, Montse Trejo. Row 4: Iridian Marquez-Lopez, Clay Samora, Ajah Ballew. Row 5: Kelsey Butts, Alex Villegas, Kierra Osborn. Row 6: Artichala Wise, Anturo Marquez, Adrian Torres, Chukwuebuka Kemdirim. Row 7: Advisor John Hoyt, Advisor Lowell Long, Advisor Anson Bonte.



## UPWARD BOUND

CENTRAL COLLEGE: Amanda Hatfield, Ricky Lewis, Caitlin Searcy, Kalen Reed, Lydia Dyer, Michael Sells, Miranda Daughenbaugh, Sophie Backham, Alexander Hensley, Arnold Sengsirivanh, Ashley Baumgardner, Austin Hatfield, Brennan Lawrence, Carmen Silva-Trejo, David Thacker, Diana Inthaboune, Edemir Joyas, E'lexis Tolson, Erika Kommavongsa, Julia Aguilar, Julia Sigmund, Kiet Le, Lindsey Smith, Nathan Kouangvan, Preston Inrachavongsa, Rodolfo Mendoza, Sadie Woods, Sonny Yang, Stacie Post, Stormy Rand, Amanda Jackson, Choua Thao, Eric Beattie, Jeffrey Searcy, Kevin Chen, Krystina Holmes, Mariel Bradford, Ngoc Nguyen, Shanissy Catron, Tiffany Rattray

UB MATH/SCIENCE: Jackie Philavanh, Michelle Nouchanthavong, Alexandria Nguyen, Victoria Richardson, Wade Williams, Andrew Inrachavongsa, Ashley Cruikshank, Crystal Ross, Danielle Peterson, Kevin Souvannasan, McKenzie Cook, Miles Hackett, Payton Pringle, Raymond Benitez, Taylor Bimbi, Taylor Pettit, Thomas Allen  
 SIMPSON: Robert Hansen, Vanessa Henriquez, Yasmin Bibian and Adriana Bibian

DMACC: Mireya Alvarez, Yesenia Alvarez, Tellah Amos, Mauro DeAvila, Ronte McNeil, Lauren Morgan, Fehim Porcic, Kalob Russell, Kyera Sanders, Ricardo San Elias, Rebecca Sandoval, Revay Stewart, Israel Toluwalase, Amanda Tucker

## APEX

First row: Ms. Ramirez, Mrs. Wikert, Miss Busch, Nick Rojas. Row 2: Lupe Cortez, Carina Ambriz, Allie Zermenio, Thania Juarez. Row 3: Jenny Rogers, Shawn Murphy. Row 4: Marcela Valdez, Joanna Rodriguez, Justin Fiscus, Jorge Amaro. Row 5: CeCe Leyva, Megan Faulkner, Michaela Johnson, Josue Murillo. Row 6: Estefan Cardenas, Domingo Jimenez, Tyler Maddex. Row 7: Anjelica Ortega, Montez Clark, Edgar Martinez. Row 8: Travail Carothers, Jacob Bellman, Hever Rodriguez. Last row: Antonio Contreras, Skylar Roberts.



# SCARLET COUNTRY

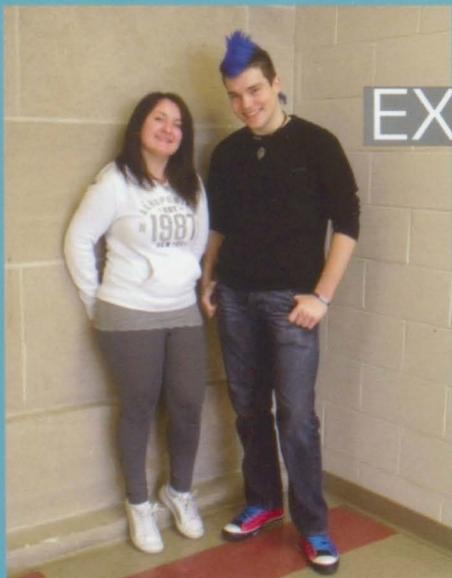
## QULL



First Row: Megan Lein, Riley Fisher, Yesenia Alvarez. Row 2: Sammy Jones, Madi Williams. Row 3: Haley Larson, Brooke Nokes, Emalie Cipale, Jessie Vance. Last Row: LJ Putzier.

## SCROLL

First Row: Courtney Custard, Riley Bacon, Kelsey Kennedy. Row 2: Lindsey Smith, Katelyn Worple, Taylor Bimbi, Jessica Wehrle. Back Row: Riley Fisher and Taylor Bouger.



## EXCHANGE STUDENTS

Fjolla Bisha (Montenegro) , Stefan Panic (Siberia).



## TOP 3%

Front Row: Megan Lein, Ashley Prettyman, Rachel Anderson, Amanda Watkins. Row 2: Chelsea Kesavadhana, Heather Prettyman, Kaci Young, Jessica Wehrle. Row 3: Alina McDaniel, Peyton Rowe, Chante Buckner, Cody Mitchell, Miles Hackett. Row 4: Thomas Teav, Nick Roth, David Blacksmith. Back Row: Kyle Bosley, Kirk Jensen.

Front Row: Brenda Baccam, Madison Williams Row 2: Kelsey Kennedy, Shannissy Catron, Anh Tran Row 3: Kenneth Cortum  
Not pictured for top 3%: Zakary Jones

*These two photos constitute the top 3% at East High School for the Class of 2011.*



Mireya Alvarez, Tera Rhoades, Hollie Russett, chelcie Scott, Chalene Woolson, Rosalie Henson, Nicholas Savage, Danyal Nokes, Yesenia alvarez, Brooke Young, Mitchell Timm, Samantha Jones, Rachel Houck, Austin Morton, Nicholas Gochala, Caleigh Mormann, Monica Amay-Rocha, Tiffany Rattray, Stacie Brown, Katie Bruno, Amand Ruch, Breona Carroll, Kensie Channon, Melinda Marturello, Sheldon Robinson, Ya Lee, James Illingworth, Elizabeth Bolton, Royonah Marble, Danielle Piatt, Joshua Moreno, Timothy Novak, Kara Mauk, Jacob Smith, Michelle Ortiz, Tricia Johnson, Taylor Allgeier, Sharnae Samar, Corey Jacobe, Payton Pringle, Lindsey Cronk, Thomas Allen, Zuleyma Solis, Vayee leng Vang, Alexis Ahmed

## TOP 15%

## LIBRARY AIDS

Front Row: Dillion Burns, Julie Bentley, Shiloh Corral, Raymond Music. Row 2: Amanda Watkins, Elissa Haugh, Mercedes Reynolds, Jason Deaton. Row 3: Caitlin Hewitt, Jazmin Ramirez, Travis Briley. Back Row: Miguel Guerrero, Donald Stuart, Luke Boner. Not Pictured: Hannah Aschan, Robert Buell, Dylan Gogerty, Henry Paye, Anny Sando, Vayee leng Vang.





## sports:





OLD COMPETITION  
NEW PLAYERS

## 9/10 FOOTBALL

Freshman players stretch



Sophomore kickoff



Freshman team



1980: Freshman come back from being 14 points down to defeat Lincoln 30-28.



1984: The freshman team came out with a 5-3 winning record.



1991: 16 sophomores gain varsity experience.



1980: Sophomore Greg Patton rushed for over 700 yards in 5 games.



1987: Freshman claim metro conference with a 7-0 record. The season record was 7-1.



# [TACKLE AND COLLIDE]

The freshman and sophomore squads worked hard through their difficult seasons and made every day count

Story/Layout by Jessie Vance

"The team held together throughout the season and they were very supportive of each other. They were extremely coachable and eager to learn," said freshman coach **Scott Beall**.

Freshman sports are not always about winning, but about growth and development as players and people.

The freshman team had a difficult season with a record of 0-8-1. The team also had a unique addition to the team, freshman **Stacia Duff**, a female player. Duff was always around her brothers growing up and she often played sports so it was only natural to go out for football.

"There wasn't anything different about playing sports a lot with boys when I was younger until now. I like playing football with them," said Duff.

The sophomore team also had a rough season with a 1-8 final record. They were hard working and were determined to make themselves better. The boys were eager to learn and get ready to play on the varsity level.

"There were two games that stuck out the most and those would be the Roosevelt and Lincoln games. Even though we lost them both the boys showed me that they can fight hard together as a team," said sophomore coach **DJ Roland**.

Another highlight of the season was beating the Indianola JV team. The team battled back from being down the entire game and came out on top 18-14. It was their only win and they were pretty proud to have that under their belt.

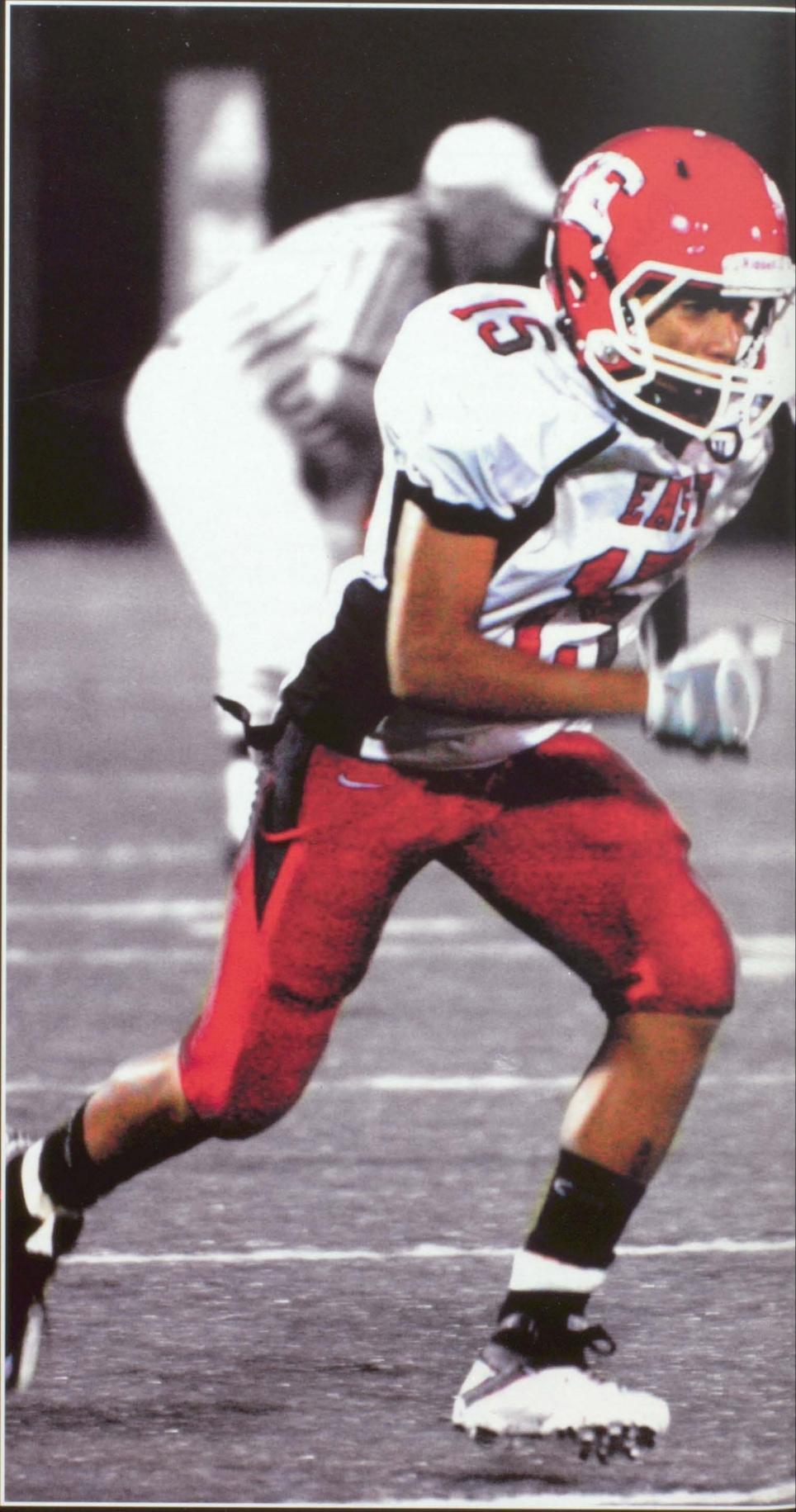
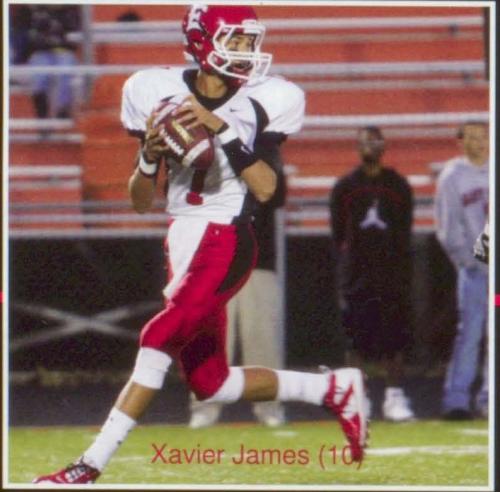
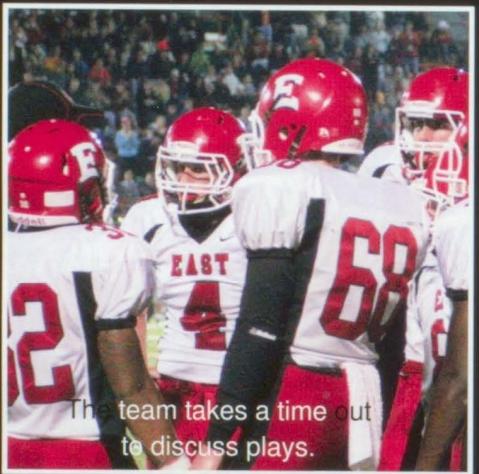
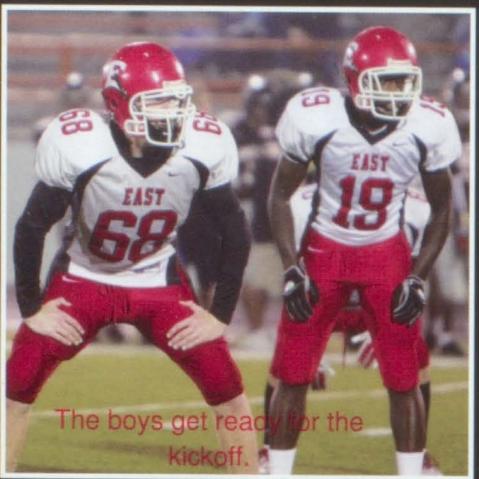
"The best highlight of the season was coming back from being down the whole game and defeating Indianola's JV team as sophomores which was a big deal to me," said sophomore **Jeffrey Erickson**.

Sophomore **Davontae Buckner** led the team with 12 touchdowns. Sophomore **Tobias Tyler** led the team in tackle with 42 tackles on the season.

"I feel great about the amount of tackles I got, but there are still many things that I can improve on to make my game better," said Tyler.



## VARSITY FOOTBALL



# READY, SET, HIKE

A new coach and individual awards highlight the 2010 season for varsity football

Story/Layout by Vanessa Gobb

Everyone always remembers their Friday nights at Williams' Stadium cheering on the football team, the body painting during tailgating, and screaming their heads off when the team scores a touchdown.

This year East received a new head coach, **Greg Schoon**. He has been coaching at East for six years; five of those years Schoon served as defensive coordinator with former coach Rick Roberts.

On September 17, the Scarlets brought home their first victory against Sioux City North in a thrilling game. The final score was 31-29 thanks to some last-minute defensive heroics.

"Our first win was the highlight of the season because it was a victory under us," said Schoon.

This year senior wide receiver **Matthew Grover** established six school records. One of which was most receptions in a Metro conference season.

"It felt great. I didn't realize I had broken so many records. It was a great accomplishment and my hard work really paid off," said Grover.

On October 27, East went to the playoffs against Ames. Although Ames took home the victory, East still had the privilege of saying "we

made it to playoffs once again."

"Being able to make it to playoffs was the most exciting part of the season," said senior **Nick Grochola**.

The varsity team had a lot of inexperienced and younger players this year.

According to Schoon, "It made it harder this season because not everyone was on the same level of experience."

Some of the seniors gave the underclassmen some words of advice for next year.

"Practice hard on the off season and never give up on the field," said Grochola.

The off season is a big part of football. It builds endurance, stamina, and teaches players how to be a team and work together.

"Next year's team should get focused and make the weight room your new home," said senior **Caleb Bunnell**.

According to senior **Deon Hayes** the team had some exciting moments this year along their seriousness approach to games.

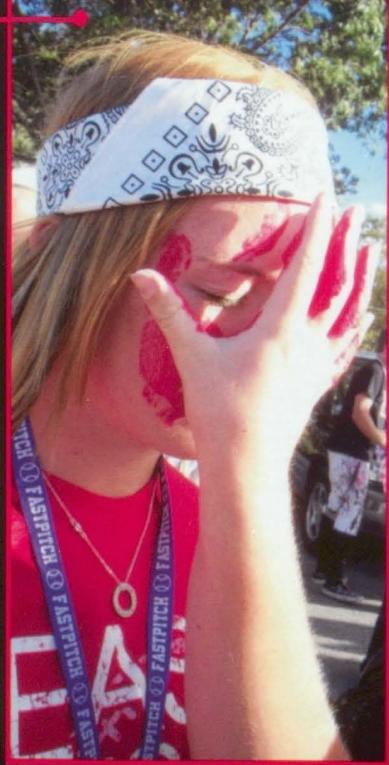
"**Jumanni Butler** came to practice one time with red tights and plastic wrapped on his head," said senior Hayes.



## TAILGATING

# T

**SLAP IN THE FACE.** To show her spirit, junior Jessica Grochala has someone put a red handprint on her face before a home football game.



### GETTING FESTIVE.

A pumpkin with an "E" carved into it sits on a truck. It is also painted black and red, much like many students themselves.



# e



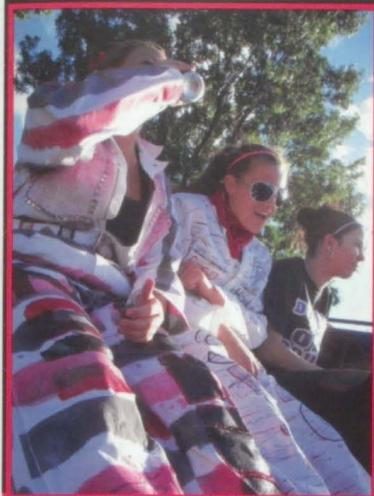
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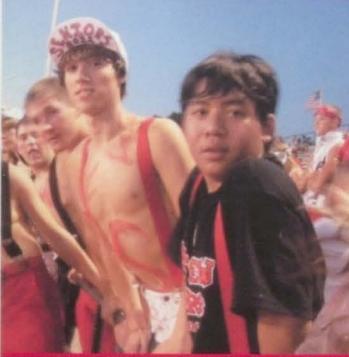
### WHATS COOKIN.

Senior Cody Tiano cooks up hot dogs and brats for "The Krew" to snack on. "The food was pretty darn good this year," said junior BJ Frazier.





r



e



### COUCH POTATOES.

Juniors Cole Myers and Riley Bacon kick back and relax with some sodas. "I just love chillin' with my homeboy Bacon," said Myers.

K



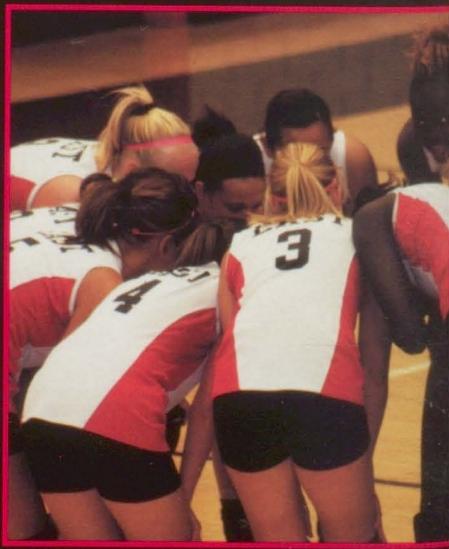
### YOUR A JERK.

Senior Cody Fields' little brother "jerks" while other tailgaters watch.

W



## Anatomy of a volleyball player:



Team Huddle

# [SPIKE AND STRIKE]

The freshman and JV volleyball team worked together and grew as a team as the season went on

Story/Layout by: **Emalie Cipale**

Determination, encouragement, and teamwork are what helped the freshman and JV volleyball teams. With both teams having new coaches, they came a long way.

The freshman coach was Greg Marshall who taught at Weeks for two years before deciding to coach. He seeing the girls grow and become a team.

"I liked watching the girls learn a new play and then work together to make it better. The girls grew a lot from the beginning of the season and they out did my expectations," said Marshall.

The freshman team was much different this year with a couple of the girls also being on varsity. Many of the girls had played in middle school and going up to high school level was a shock at first but it became second nature later in the season.

"Being on varsity and being on freshman was a huge chance in a lifetime and I liked how competitive it was since middle school was a lot different," freshman Becca Novak.

The JV team had a coaching change two weeks into the season. Lowell Long stepped in and was the coach when the old coach was let go.

"The coach switch was a huge

difference because we went from a coach that was really hard on us and pushed us a lot, to a coach that was learning the game as the season went on," said senior Jerzie Murray.

A lot of sports teams normally have parties or get togethers to bond but the JV and freshman teams bonding during practices and games.

"I started a thing that we did during most games. Whenever we would score we would jump up and down and fist pump while yelling yeahhhhhh", said senior Amanda Rush.

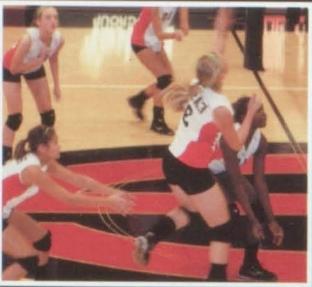
The JV had many good games throughout the season but one of the best games was against Ottumwa on senior night.

There were seven seniors that were big leaders on the JV team this past season and will be greatly missed next season. They helped with teaching the younger girls and were always there when needed.

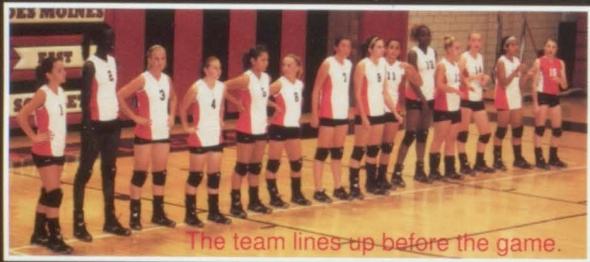
"With this being my last year playing volleyball for East I'm excited to see the team next year. I'd have to say my advice for the up and coming girls is that just work hard and have fun," said Rush.

## VARSITY VOLLEYBALL

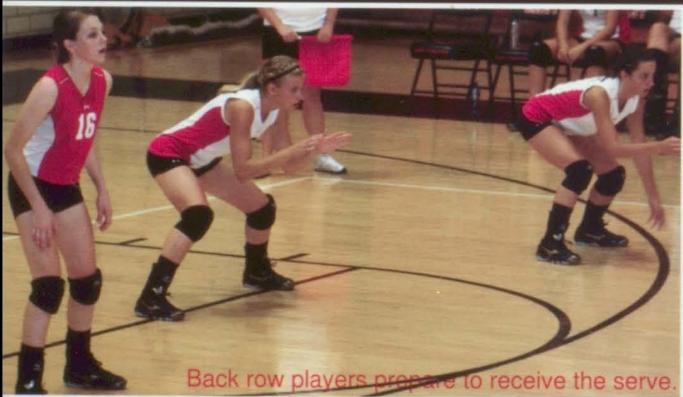
Long hits the ball in hopes of getting a kill while the rest of the team covers. Covering your hitter is very important in case the other team blocks your hitter.



The team huddles and gets pumped up before the game. The team does a pump up song before every game in the locker room.



The team lines up before the game.



Back row players prepare to receive the serve.

(From top to bottom) Senior Kaci Young, freshman Maggie Long, and sophomore Hanna Hoskins prepare to receive a serve from the opposing team. Hanna lead in aces this season.



A special ball was designed for volleyball



The first two man beach volleyball game was played.



1895  
Volleyball originated in the United States by William G. Morgan.



1920  
3 hits per side and back row attack rules were established.



1964  
Volleyball was introduced as a sport into the Olympic Games in Tokyo.

# [SET AND SPIKE]

For the first time in a long time the team won their first regional game, although they didn't make it to state, they are hoping to do it AGAIN next year and go even farther.

**Story/Layout by LJ Putzier**

For the fourth straight year, the varsity volleyball team received a new head coach.

**Ali Markun** stepped into the top position this year and she instantly had big plans for the East High volleyball program.

"I was expecting the pride the girls showed at all levels in the school, and for the love of the game! I'm planning on building a big volleyball program, and I can see that coming together already," said Markun.

"I couldn't wait to start the season with coach Ali because I knew she had an advanced knowledge of volleyball and I knew she liked to condition," said Senior **Tasha Schorborg**.

Many of the girls on the team bonded to Markun quickly she frequently set up team events for the girls to participate in.

"My favorite team activity was going to the Drake volleyball game," said freshman **Becca Novak**, "I had a lot of fun watching the college players and wishing I could be just like them."

For the first time in a while East volleyball won their first regional game. They played Hoover and won the match in three quick games. The team came out strong in the beginning and pushed hard to finish the Huskies off.

"I felt super happy and proud of everyone. It was exciting to be a part of that special moment beating Hoover," said junior **Nya Deng**. Nya led in kills this season with 133.

To win this game it took a lot of hard work. When they weren't playing tournaments on Saturdays they could be found practicing at 8 a.m.

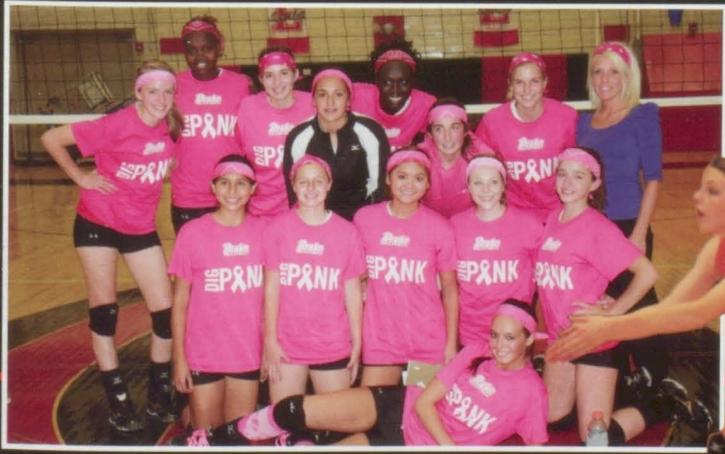
Sophomore **Renee Hurley** led in assists with 436; she was also the captain of the team. With volleyball being a very team oriented sport the captain is a very big role and as a young player Hurley felt the pressure.

"As captain I am the only one allowed to ask the refs about a call they made, I don't do it that often but it was scary the few times I did," said Hurley.

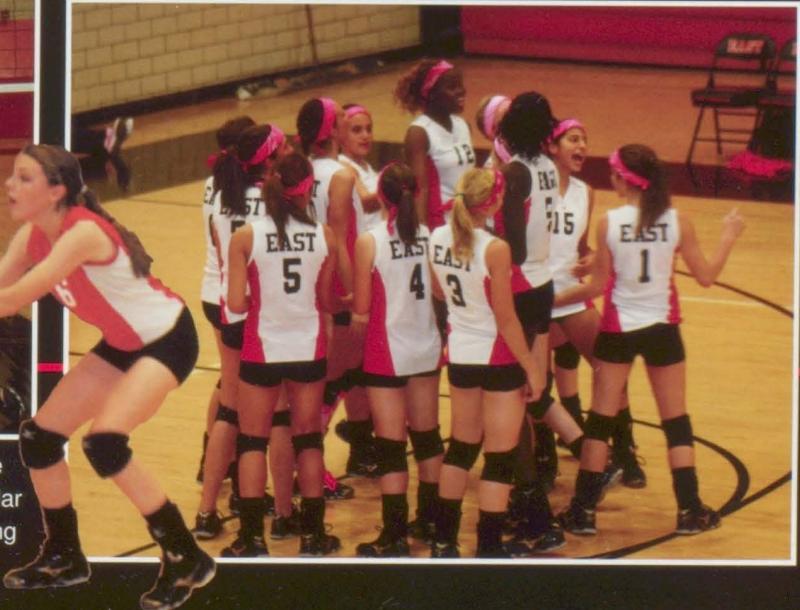
The team had outstanding reviews from the referees, after the games the refs would come up to Markun and tell her they were astonished at the way East volleyball has changed. They say they will always be rooting for them in the future.

The players, parents, and even some opponents are all hoping that next year EHS will come back even better and stronger in 2011. With new attitudes East volleyball is hoping to have a successful season again.

"I think anything is possible at East High School because I have seen it already," said Markun.



(Above) The team poses for a picture after winning the sub-state game against Hoover. The girls also beat Hoover during the regular season, it was a very close game. (Right) The team huddles during a timeout in the game. Volleyball timeouts are about 30 seconds.



## SPECIAL OLYMPICS

### Special Olympics Oath

"Let me win,  
But if I cannot win,  
Let me be brave in the attempt."



Our Special Olympic basketball team earned bronze medals March 19 at the University of Iowa's Mid-Winter Special Olympic Tournament. Awesome job guys!



# EHS OLYMPIANS

*Story/layout by: Lauren Holmes & Keelie Deay*

The Special Olympics program includes many sports, such as volleyball, bowling, ice skating basketball, track weight lifting, cheerleading, and gymnastics. East High is currently the only Des Moines school that has a Special Olympics team.

The numbers of kids that participate in Special Olympics is going down; they used to have 15 to 30 kids involved. Today they have 13 participants here at East and that number is rapidly descending.

Head coach **Randy Nordaker** has been involved in all kinds of Special Olympic activities for 24 years with his wife **Teri Nordaker** at his side. **Rhonda Anderson** has volunteered to train and encourage the athletes; she is the heart and soul of the team, she was also the former assistant coach for 22 years. "I'm here to give the kids hope and courage", says Anderson.

East High's Special Olympics basketball team made it to the state tournament this year in Iowa City and played March 18th & 19th; the 6 players in the two teams received bronze medals.

They played four teams including Hempstead, Atlantic, Mason City, and Rock Valley. A banquet was held to honor all 600 participants that went up for the challenges. They held other sports competitions as well like weight lifting, cheerleading, and gymnastics. The team's trip was absolutely free hotel expenses included.

This year marked the first time in 20 years East hasn't had an ice skating team because of block scheduling. The team trains before school, sometimes after and during; they typically run on East 13 Street. The practices aren't intensive, they learn about rules and teamwork just like any other team, they focus a lot on technique and improving skills.

"Teamwork helps you build up personally," said Nordaker. "Personal achievement, they feel good about being involved in an East High sport."

The kids find that even if they don't place 1st, 2nd, or 3rd they have the amazing feeling of just finishing."Their always happy and encouraging," says Anderson.



Track, field, and Swim Team



Volleyball Team in Ames

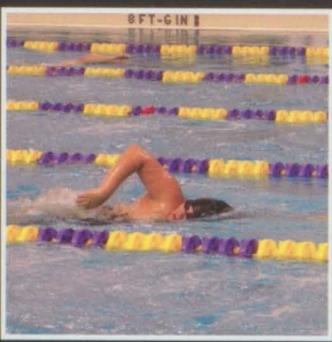


Volleyball team in Ames

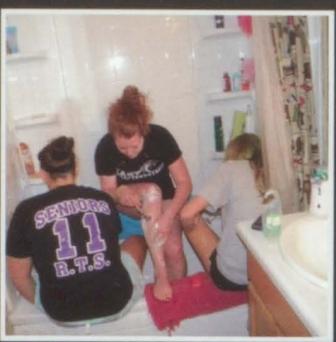


Bowling Team

## GIRLS SWIMMING



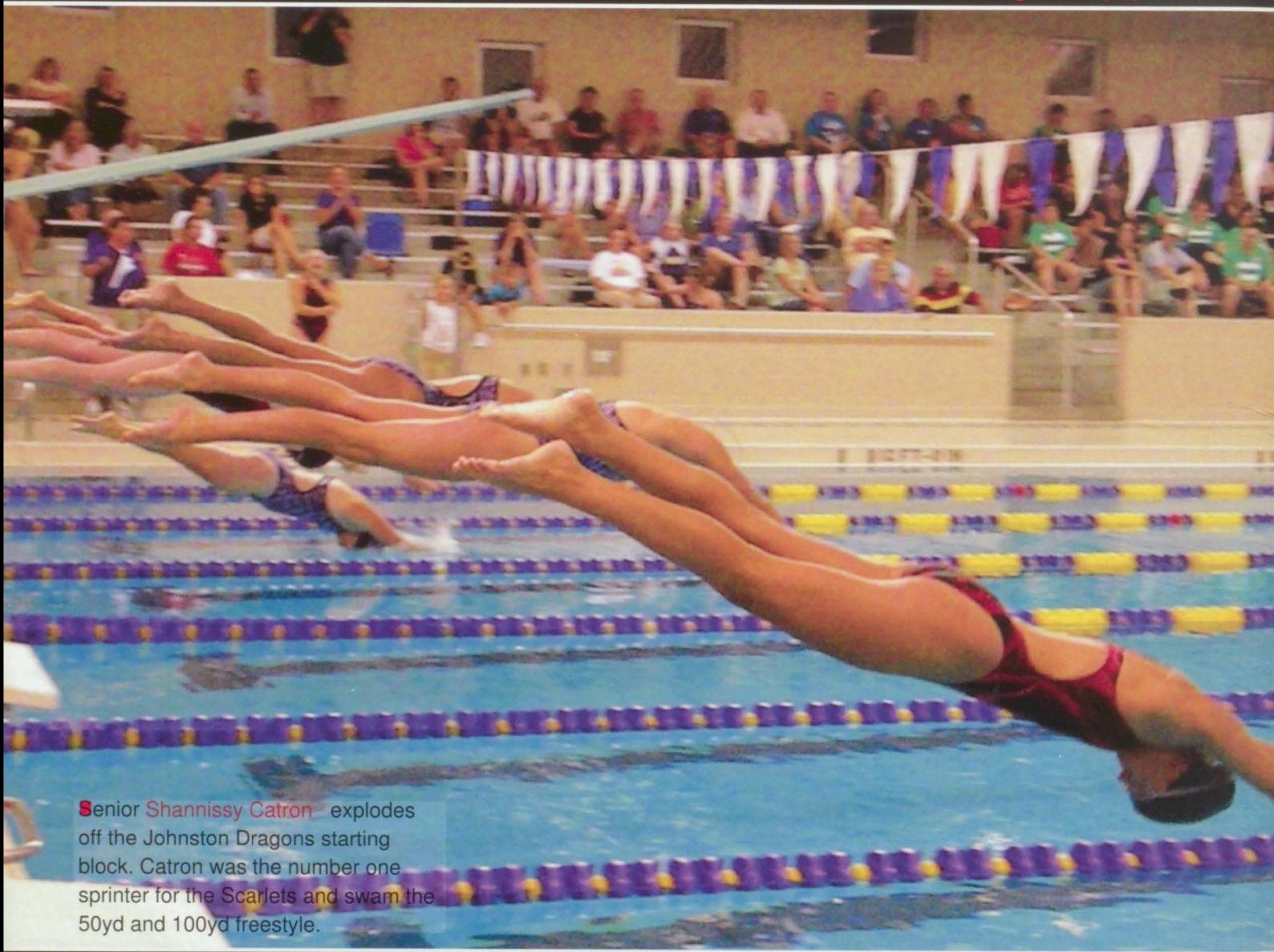
Brooke Young (12)



District Dinner



Megan Lein (12)



Senior Shannissy Catron explodes off the Johnston Dragons starting block. Catron was the number one sprinter for the Scarlets and swam the 50yd and 100yd freestyle.

### YOU KNOW YOU ARE A SWIMMER WHEN...

...Your perfume and lotion doesn't cover up the smell of the chlorine... Your bathroom door starts molding from the wet towels and suits hanging on it... You have a pair of goggles hanging from your rear-view mirror... You complain that the water is warmer than 81 degrees... You think a drag suit is a baggy suit instead of a man in fishnets and stilettos... You can't find any T-Shirts or gym shorts in your closet; they are all in the trunk of your car...



Mariel Bradford (12)

# [SHAVING OFF SECONDS]

Swimmers brought work ethic and confidence to the pool and left their competition to eat their bubbles.

Story/Layout by: Megan Lein

The girls' swim team splashed into the 2010 season with great excitement and a pool full of anticipation.

"The beginning of the season is always the best because we are conditioning for serious workouts and preparing for upcoming meets," said senior Danielle Piatt.

According to sophomore Hannah Bailey, the team's enthusiasm only grew when they won their first meets against Fort Dodge, Grinnell, and Vinton-Shellsburg.

"It is these closer meets where everyone is excited and everyone gets their best times," said Bailey.

In swim competition, points are distributed to the top five finishers. First place earns six points, second place earns four points, third earns three points, and all the way to the fifth finisher who earns her team one point. For teams who have diving, 13 points are distributed. East does not have a diving team so they sacrifice these points, giving the other team an advantage.

"We either swim teams who are very comparable or we swim some of the best schools in the state. When the competition is that good, it is a very daunting task," said head coach Erin Lowe. "When we did swim these fast

teams, our top girls were able to hang right with the competition."

"Our team has lots of talent, and even more passion. It was really exciting to see the ability our underclassmen have," said senior Peyton Rowe.

The team consisted of 26 swimmers; 10 were seniors and one a foreign exchange student from Montenegro. There were many strong swimmers on the team who gained points every meet, but the girls knew that their team is best described by their motto, NED: "Never give up", "Encourage others", and "Do your best."

They ended their season proudly with many lifetime bests at the regional meet. Also, three swimmers placed on the East All-Time Top 5 board.

Sophomore Abbey Mendenhall and senior Megan Lein both are on the board for the 100 yard breaststroke and Bailey broke coach Lowe's Individual Medley time from 1994.

"I was really proud of how we swam this season," said Mendenhall. "I hope that next year I will make it to state and as a team we can re-write the top 5 board."



Millie McKeever (10)



Rachel Anderson (12)



Lisa Godoy (11)



Best at Regionals



Hannah Bailey (10)

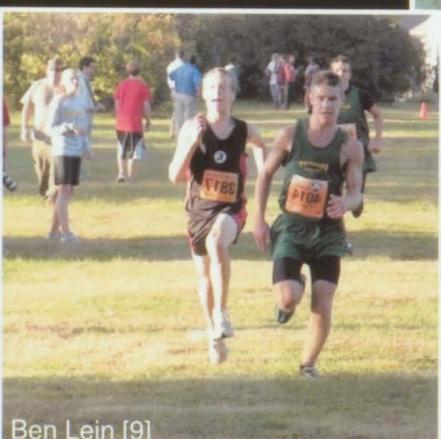
## CROSS COUNTRY



Grant Jones [10] and Kensie Channon [12]



Houa Vang [10]



Ben Lein [9]



Junior Ricardo SanElias keeps his pace while Coach Kannapel encourages him. The team placed high in their own meet, the East Invitational at Ewing Park.



First girls' cross country team was formed at East. It was called 'distance running.'

1967

The East boys' cross country team used to be called the 'harriers.'



The boys' team came in second at state after a great season.

1981

Brenda Rose qualified for state, a feat few girls ever accomplish.



Boys' team qualified for state for the seventh time in ten years.

1998

# ENDURE AND ACHIEVE

Cross country runners pushed through intense workouts and long practices to cut their times.

Story/Layout by Haley Larson

Most people know nothing about cross country.

The idea that 'all cross country takes is running' is widely accepted, but very incorrect. Cross country is actually a sport that takes a high level of endurance, speed, and dedication. Most students wouldn't have the ability to complete East's summer cross country training, let alone the regular season. Led by coaches **Chris Kannapel** and **Mel Green Sr.**, the Scarlet cross country runners endure grueling off-season training to prepare for the fall competitions.

"We start running in mid June and run through the next 10 weeks. Several of the runners logged over 400 miles this summer. We work every day in the summer at 7:00a.m. while most kids are sleeping. These kids are very dedicated to the sport," said Kannapel.

Training was as demanding during the regular season as well. The runners ran 4-8 miles every day at practice, according to junior **Mikey Thomas**. The hard work paid off in the

end.

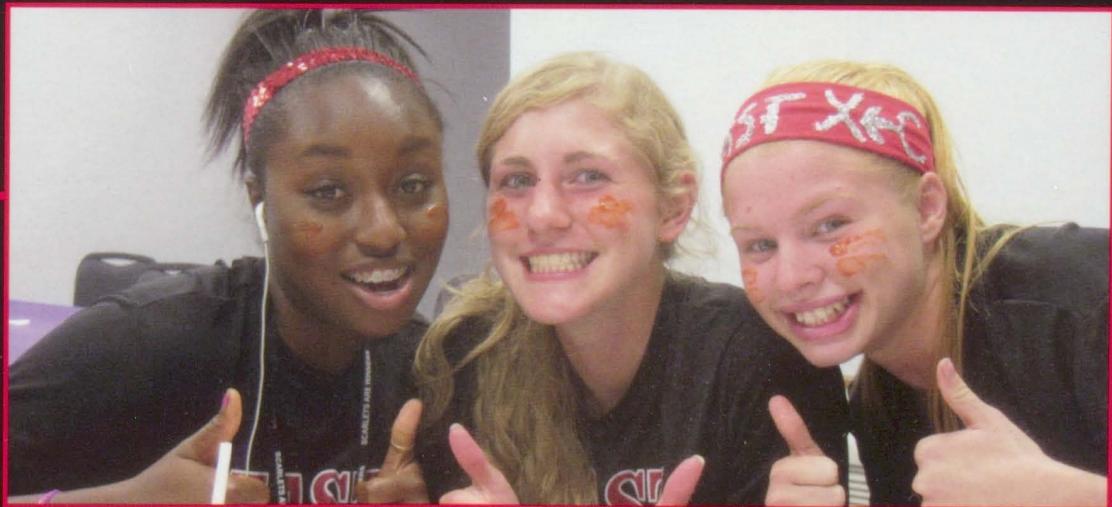
"I improved my time from the beginning of the season by at least three minutes!" said sophomore **Hunter Hall**.

Hall wasn't alone in his success. According to coach Kannapel, many of the runners were able to improve their times by as much as three minutes. Freshman **Roichelle Marble** had a lot of success despite her inexperience with the sport.

"I was able to drop my time by two minutes. It was surprising because cross country started out being really hard, but it got easier as the season went on," said Marble, whose best 2.4 mile time was 18:58.

With a strong foundation going into next year, the runners have set new goals for the 2011 season.

"We want to increase our times individually, get more people to join the team, and place high in all our meets," said junior **Salat Jones**, whose best 3.1 mile time was 16:54.



Seniors **Royonah Marble**, **Alina McDaniel**, and **Kensie Channon** have fun at Cici's Pizza. The team did fundraising throughout the season so that they could have outings like this one.

## BOYS/GIRLS GOLF



Jessica Wehrle



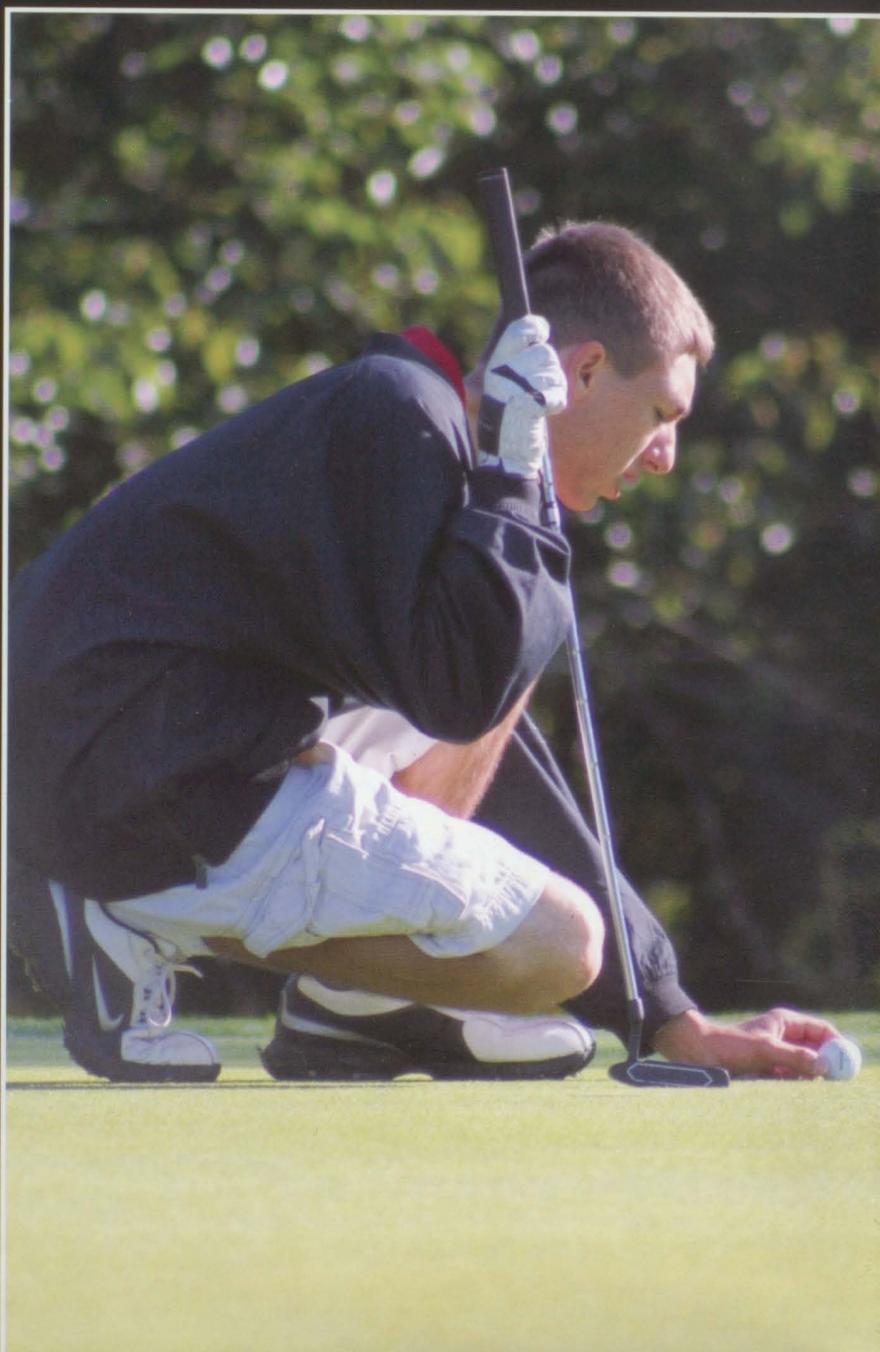
Logan Davis



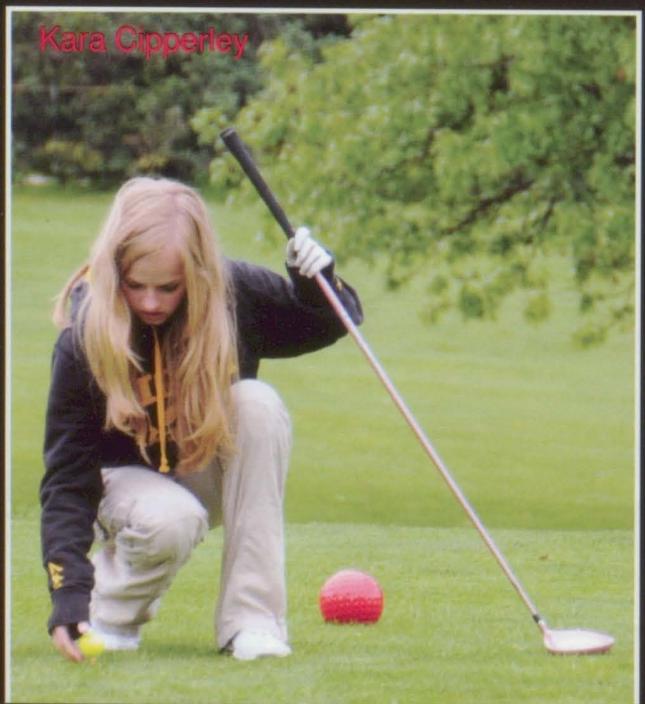
Lucas-Robert



Pep Talk



Kara Cipperley



# [SET AND SWING]

Place your ball, focus, swing and watch it fly.

Story/Layout by: Sammy Jones

**Par:** the number of golf strokes necessary to complete a hole or course in expert play. **Eagle:** a score of 2-under par on any individual hole. **Ace:** when you sink your ball in one shot on a par 3. These are just a few of the terms golfers need to remember.

The 2010 season ended with a 6-5 record for the boys' squad.

The boys' team lost seniors and gained a lot of freshmen this past year. With over 20 guys trying out, it was Coach Maurice White's biggest team in the four years he's coached the East boys. He served three years as assistant and this year was his first year as head coach.

"We lost a lot of seniors leaving us with a young team," said White.

White said there were three seniors that took leadership and helped the new boys out.

Freshman Lucas Robert said it was really nerve racking being a freshman on the team, but he loved the practices where he got to joke around and have contest on who can hit the ball the furthest.

White's favorite meet was the win against Hoover, because it was the first time having one of his boys,

senior Brock Maxwell, score an eagle.

"I just wanted to fall down and cry," Maxwell said. He said it was weird looking for his ball and getting mad thinking that it was lost, then finding it in the hole. Maxwell scored his eagle at the Waveland course.

The girls' coach Lowell Long said one of the best meets was at regionals at the Ottumwa Country Club when the girls beat Roosevelt. Long said the girls did their best.

Sophomore Kayla Foreman said, "It (Ottumwa Country Club) was the hardest course I ever golfed on because it has a lot of hills and the last time we golfed there it was like 95 degrees."

Foreman said her favorite part of the season was the car rides to the meets, just having fun with the girls and Long.

Seniors wanted to leave some advice for their other teammates and new ones as well.

"Get out there and try things, you don't know if you're good at it until you try it," said Ashley Cruikshank. This was Cruikshank's first year on the team and she got to play on varsity and loved it.

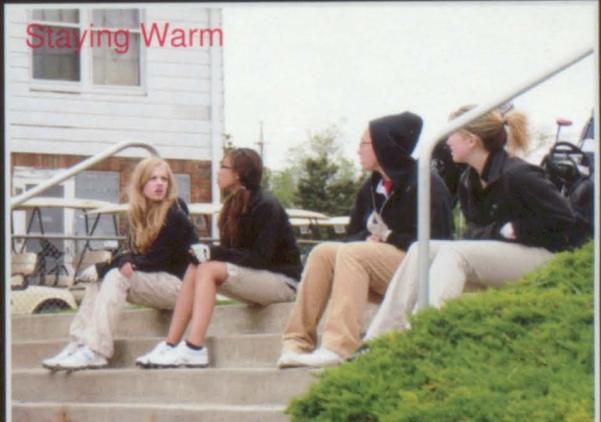


McKenzie Cook

Placing Flag

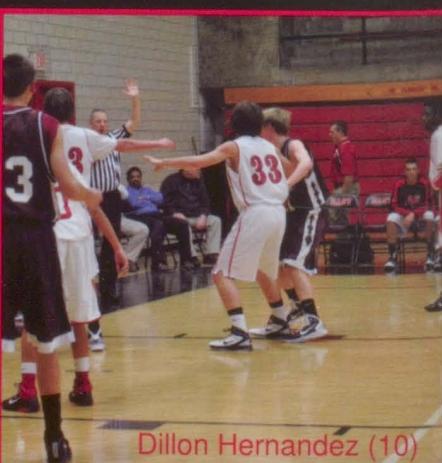
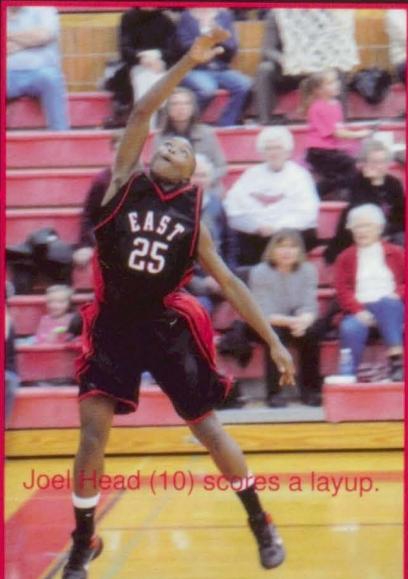
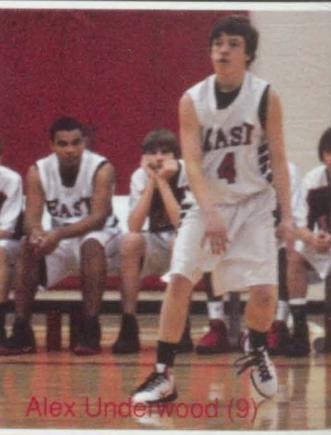
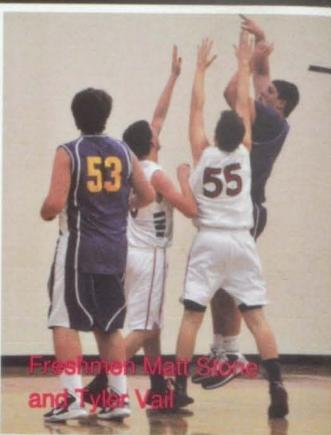
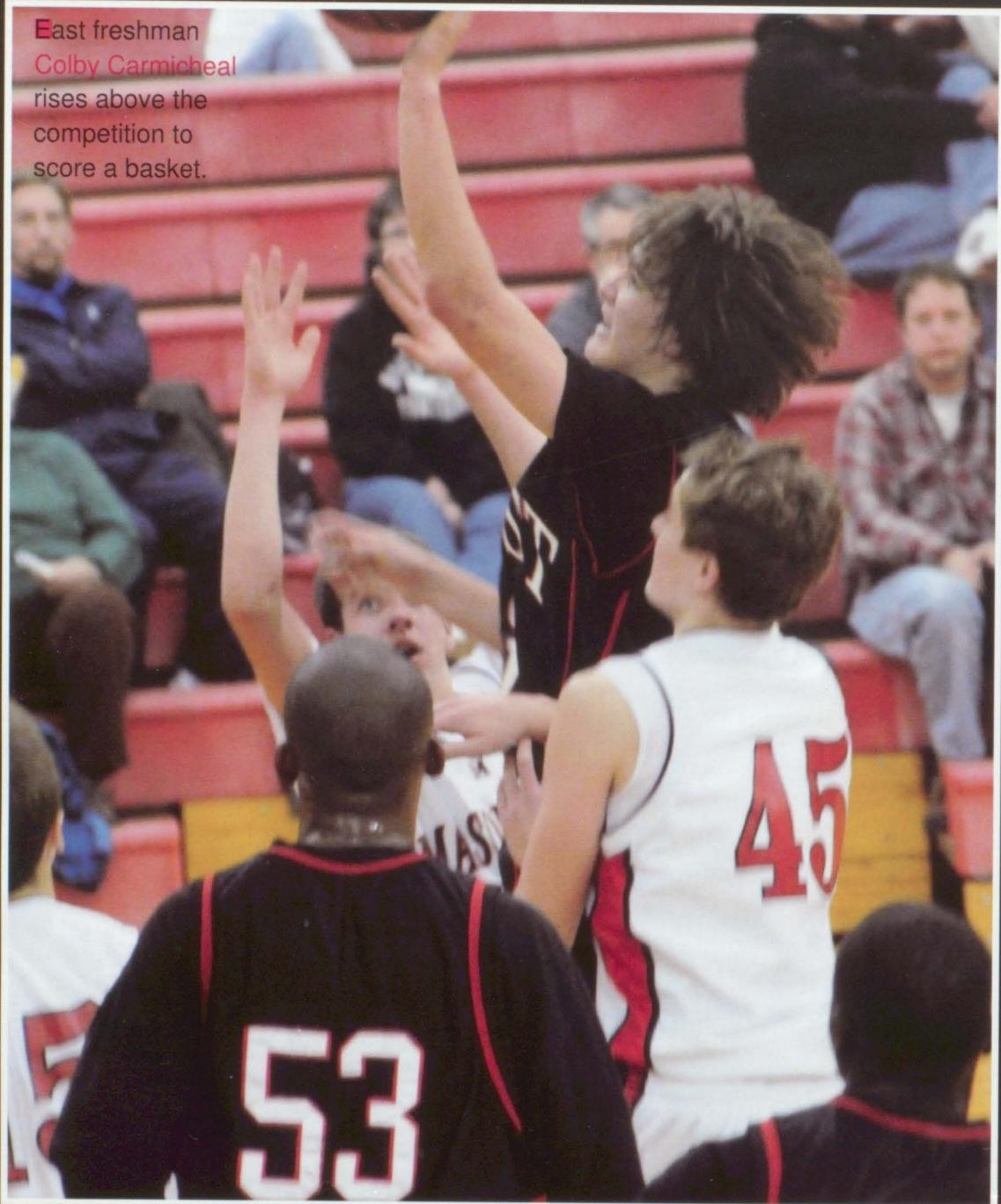


Staying Warm



Senior Tim Novak places his ball for his next turn. After each turn the players put a place maker down that marks where they place their ball for their next turn.

## 9/10 BOYS BBALL



# AMBITION AND OPTIMISM

The 9/10 boys basketball teams show pride and spirit while trying to keep fans excited about next year's season and the future for boys' basketball at East.

Victory, triumph, and achievement: these words summarize this year's sophomore and freshmen basketball teams as they gave hope to boys' basketball fans.

"It was a pretty difficult season looking at our record, but we improved greatly and adopted our family motto. We live and die for each other," said freshman Matt Stone, a player on both freshmen and sophomore teams.

For both of the teams, it wasn't always about winning; it was also about working on bettering and proving themselves.

"Our team is a family, athletic, and plays with swagger. We have a variety of talent from sophomores to freshmen. We play well together and believe in turning our basketball program around," said sophomore Xavier James.

Along with working hard, the team had moments where they basked in glory.

"It was awesome when we beat North

the second time we played them, even though they beat us the first time," said sophomore Dillon Hernandez.

Sophomore coach Carlos James said the teams worked hard and was focused for the season.

"They did really well. We were really young and brought up six freshmen that played quite a bit and we had nine sophomores," said James.

"It was a great season. It was a good chance to play and come together as a family with my teammates," said freshman Dre Frazier.

Practices helped the teams out a lot, and prepared them for games.

"The best part of the season was during winter break. The sophomore team had time to practice and after break we ended up having a three game winning streak. We won five out of six games, which is really good," said James.



# [Teamwork and Spirit]

"Champions under Construction"

Story/Layout by: Riley Fisher

"Champions under construction," was the varsity boys' basketball motto for the 2011 season.

"We need to learn the game, to study it, and watch it on TV. This way basketball is throughout their whole life, not just at practice time," said head coach **Jamel Crawford**.

The boys are working towards five main goals. The first goal is acting with good character, to understand that what they do is who they become.

"These are the major goals of our season. These are the things that we have to accomplish this season," said Crawford.

The second thing is working hard in the classroom. Coach Crawford said they need to be students first and athletes second.

"At the beginning of the season we did study tables on Wednesdays. It was always helpful to have a little extra time to focus on our studies," said junior **Salat Jones**.

Third major goal is commitment, to stick together through thick and thin.

"Sometimes practice is going to be really hard and not very fun, but they have to understand that is what is going to make

them better. When they graduate, we want them to come back and be with part of the basketball family," said Crawford.

The fourth and fifth main ideas are community and chemistry. Giving back to the community and building good team chemistry is a major thing for the boys' team.

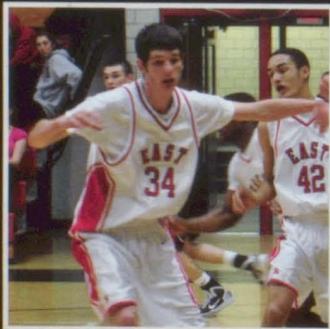
"We have great team chemistry. We all get along including the upperclassmen and lower classmen," said senior **Tyler Thompson**.

The coaches believe that after hitting the off season hard, the boys will be in better shape, stronger, and know more about the game.

"I think the underclassmen need to work hard and focus on their fundamentals, that way they can succeed next year," said Thompson.

The team agrees on one thing: they need to get to know the game better. They have to learn from the past and get better in the future.

"We just need to work hard in the off season and come back next year to get some wins," said junior **Brandon Long**.



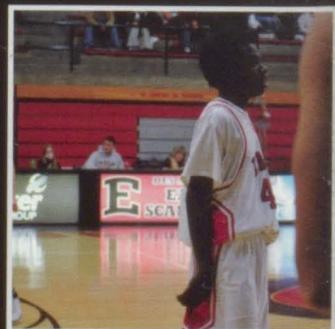
Craig Conkel (12)



Team Picture



Xavier James (10)

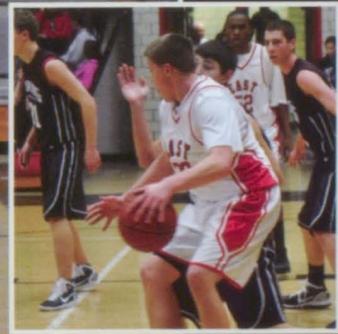


Tyrus Riley (09)





Senior Matt Grover goes up for a basket during a home game versus Dowling. Grover has played basketball for four years.



Malique Ziegler(09) gets ready to defend against a Dowling player. Ziegler has the potential to spend the next three years with the varsity team.

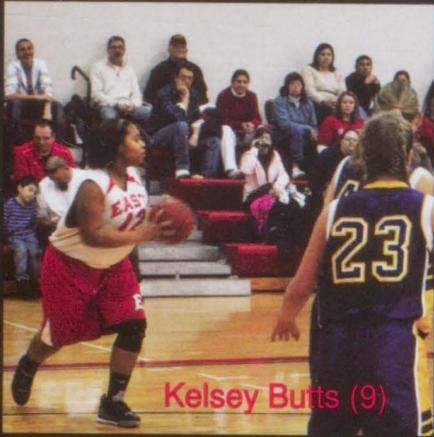


Nick Savage (12)

Zakk Dunn (11)

Brandon Long (11)

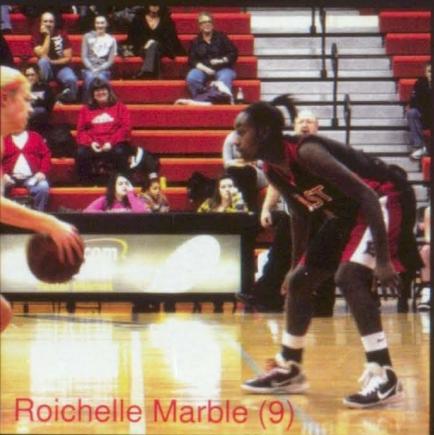
## 9/JV GIRLS' BBALL



Kelsey Butts (9)



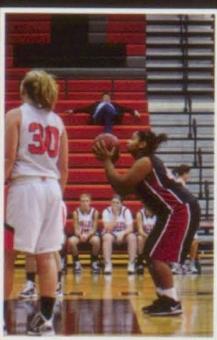
JV Squad



Roichelle Marble (9)



Kathryn Garcia (9)



# [LADDER TO SUCCESS]

JV and freshmen girls' basketball squads look to work hard, improve, and win.

Story/Layout by Haley Larson

Hopes were high for the JV basketball team this year, and the girls delivered. After losing their first game to Mason City, the team won the next 17 games on their schedule.

"Our first game was just for us to get going. Then we got it together and played great," said freshman **Paige Larson**.

The only other loss the team had on their record was to Dowling. After losing only two games, this year's JV team went down as one of the best in East history.

"It was really cool to have such a good season; I'm glad I could be a part of it," said sophomore **Darby Poller**.

Freshmen girls' basketball was all about learning this year. With the bulk of the freshmen basketball players on JV and even varsity, the

freshmen team was left with a lot of inexperienced players. The girls' worked really hard in spite of this though, and improved tremendously.

"At the beginning we couldn't even pass and catch but by the end of the season we could do it really well," said freshman **Maddie Delk**.

The girls also bonded over the duration of the season.

"When the season was over we all got really close and had become good friends," said Delk.

With the season behind them, the girls' team now looks to next year.

"I think that we can all go into next year with what we learned this year and be able to succeed on the JV team," said freshman **Mackenzie Mapes**.

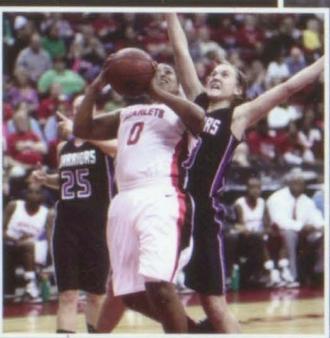


## GIRLS VARSITY BBALL

Sister Act



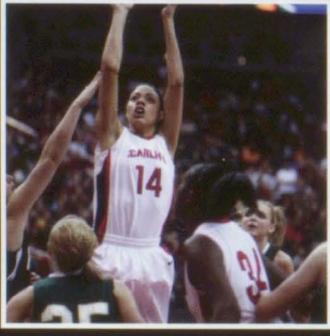
Shronda Butts (12)



Chelcie Scott (12)



NiJay Gaines (12)



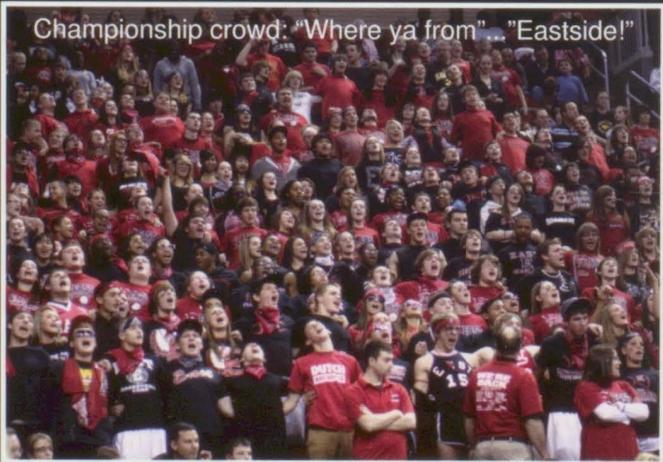
Senior Friday Choul jumps to claim possession of the ball in the first round of the state tournament versus Waukee. The final score was 69-38.



Team huddle before Waukee game.



Championship crowd: "Where ya from" ... "Eastside!"



# [WE ARE THE CHAMPIONS]

The Lady Scarlets end the regular season in 26-0 and take home the state title for the first time since 1979

Story/Layout by: **Emalie Cipale**

Conference champs the 5th year in a row? Check! State qualifiers? Check! A state title? Check! And last but not least...an undefeated season? Check! The Lady Scarlets rallied the entire community and fulfilled all of their dreams.

A state title is something that most teams only dream about. East has not had a state title since 1979 and the Lady Scarlets were out for blood to take the state trophy home. The Urbandale game was just the first step to state and when the buzzer went off versus Iowa City West, East was on top as the 2011 state champions.

"It was crazy but at the same time it was a relief because I knew that when we got to state, we would win it all. It was a really lucky second chance and it just made it more special knowing how close we were to winning (last year)," said senior **Liz Bolten**.

For the first time in the history of Iowa, four girls signed on with division one schools. **Shronda Butts** signed with Bradley, **Sharnae Lamar** signed with UNI, **NiJay Gaines** signed with Missouri State, and **Markisha Wright** signed with Notre Dame. **Chelcie Scott**

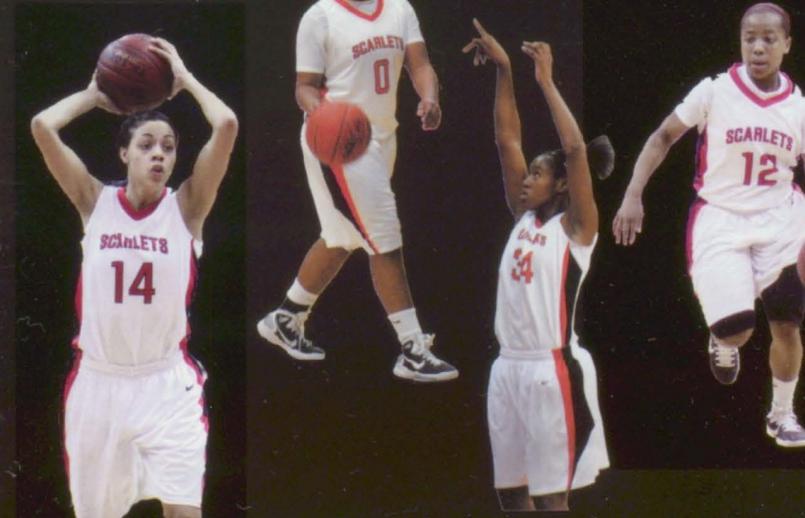
earned an academic full ride scholarship to Northwestern University.

"It is such a great opportunity for us because not only did all of our hard work pay off but we made history with this being the first time four African American girls got division one scholarships," said Gaines.

The first state game was against Waukee. The final score was 69-38 and that advanced them to the second round where they played Southeast Polk. Because S.E. Polk is one of our biggest rivals, getting the win was key. After an intense game, East dominated the fourth quarter to pull out a 50-44 victory.

At the end of the state tournament, just one player is named MVP of the tournament through all classes. The lady in the middle, Wright was awarded this. She showed teamwork and determination throughout the season and into state. Wright will be given the trophy to take home when she graduates.

"Winning MVP was such a shock because it had never crossed my mind that I would get it. It just added to the happiness of winning state," said Wright.



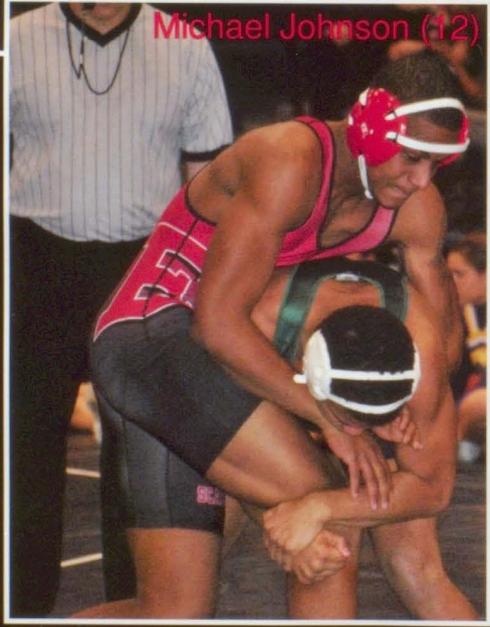
The state trophy, game ball and roses presented to the team at Wells Fargo Arena

## WRESTLING

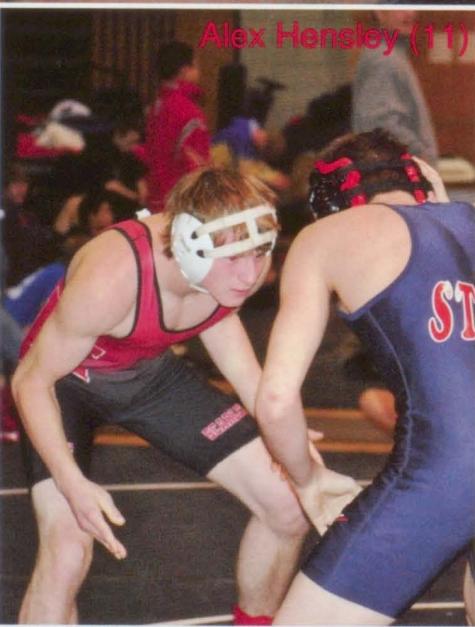
Caleb Bunnell (12) pins his Sioux City North opponent to the mat. Bunnell has wrestled for three years.



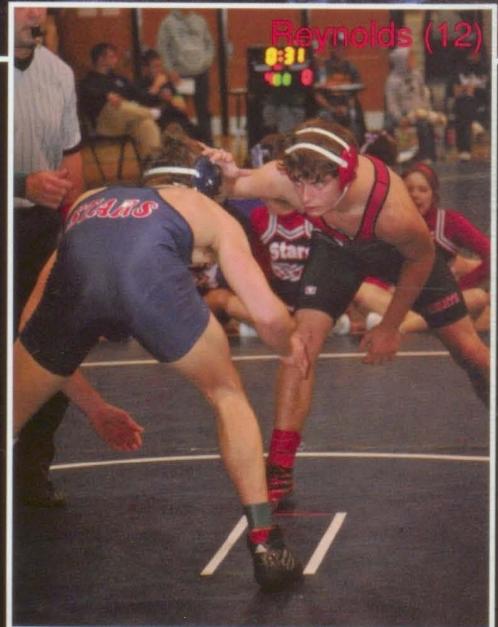
Michael Johnson (12)



Alex Hensley (11)



Reynolds (12)



# TAKEDOWN FOR TWO

151

With the retirement of head coach Larry Jackson, East wrestlers pushed even harder. Two knocked on State's door and put on a performance.

Making it to the State Tournament is every wrestler's dream. For two East wrestlers that dream came true: sophomore Matt Schmitt at 125 lbs. and senior Tory Zepeda at 130 lbs. That was not the only major event that happened this season; wrestling Coach Larry Jackson retired after more than 20 years at East.

"It was great to get to go to State. I was so happy when I made it; all I wanted to do was go and win," said **Zepeda**.

Jackson, a teacher at Carver Elementary, volunteered his time to the Junior Club Wrestling and was involved with his daughters a lot. He decided to retire to spend more time with his daughters. There was never a time that went by that he wasn't doing something he loved.

If one was to peek in on a wrestling dual, they would see not only a hard working individual on the mat, but a team that was eager to learn. It took three hour practices every day except Thursdays, cutting two to three pounds to maintain weight, morning runs three days a week and hours spent at Saturday tournaments.

"I think the season went pretty good; we gave it our all. We gave Coach Jackson a good season, sadly it's his last year," said junior **Chance Scott**.

This season was plagued with injuries and infections. Senior Zak Jones was on and off most of

**Story/Layout by Jessie Vance**

the season due to a foot injury. Zepeda was also out from the fourth concussion he has received in a year. Many others incurred infections such as ring worm and impetigo. Impetigo looks much like a burn and happens by having open cuts or scrapes.

"I had ring worm and it kept me off the mats for a few days, but it wasn't completely horrible," said sophomore **Jacob Dank**.

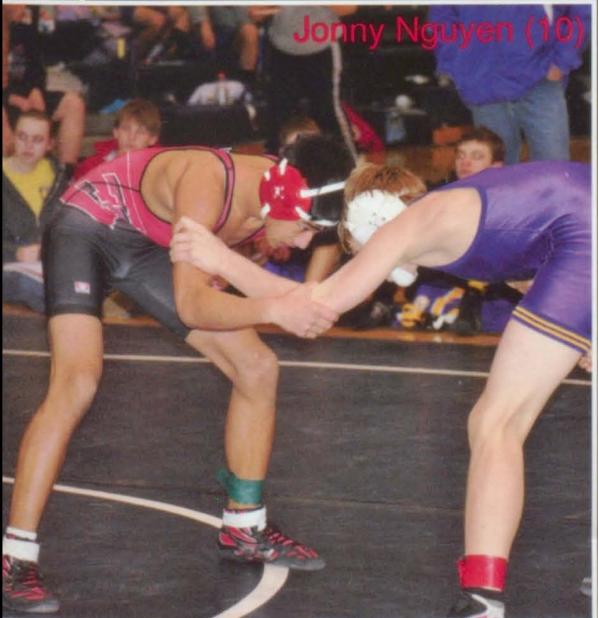
Cutting weight was the biggest issue for many of the boys. Many had to stick to a strict routine. A lot of wrestlers got shuffled around weight class. Senior John Reynolds got bumped down from 152 lbs. to 145 lbs. JV was not necessarily required to cut weight, but it added to their journey and their way up to varsity.

"It was pretty easy once I got the weight cut. Losing the seven pounds just took a lot of hard work and maintaining my weight was easy as long as I didn't overeat," said **Reynolds**.

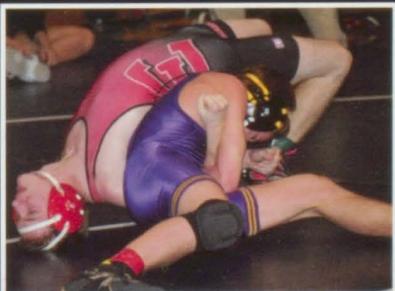
Freshman DeMarcus Dameron was a new addition to the team and wrestled JV a lot of the season then got brought up to wrestle at the 103 pound weight class. Not having much varsity experience was beside the point for Dameron; he was more about gaining the knowledge to be better.

"My experience was amazing. I got butterflies just thinking about lettering as a freshman," said **Dameron**.

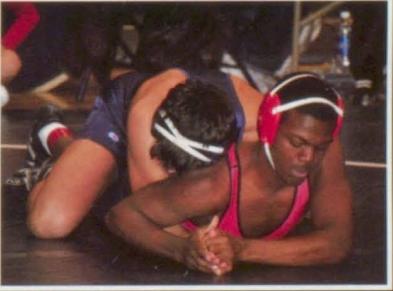
**Jonny Nguyen (10)**



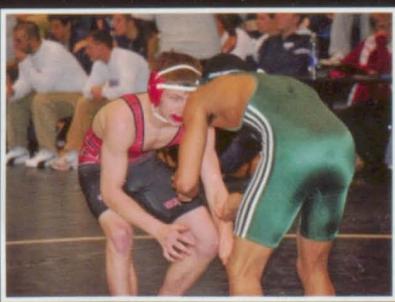
**Chase Reynolds (10)**



**Zach Lewis (11)**



**Zepeda (12)**



**Schmitt (10)**



# [KICK, KICK, KICK]

Even with a young team the boys managed to make this season a successful one

Story/Layout by: LJ Putzier

Young guns. This years' boys' swim team is young but fresh. With only 3 seniors on the team they still found a way to succeed in meets. They have 11 freshmen and are also reaching out to the middle schools to get young swimmers.

"My dad coaches girls swimming so I have been around swimming for awhile," said freshman Lane Galvin.

The captains on the team are Senior **Mitch Timm**, Junior **Aubrey Roland**, and Sophomore **David Ortiz**. The boys are in charge of pumping up the team and getting the boys ready for a big meet.

"Sometimes I have a hard time getting pumped up for a game so the older guys help me get motivated," said sophomore **Jonathon Moreno**.

Swimming is highly competitive sport; it takes a lot of stamina and strength. Even though you are racing against the clock, the more competitive end is racing against the other swimmers.

"I love the satisfaction of beating someone in a race, knowing you put in a lot of work and getting a good result always feels good," said junior **Aubrey Roland**.

The swim team is very diverse; the team is made of racially diverse people and age diversity. They also have swimmers from many different sports, from football to cross country; they come from all different backgrounds. There is room for anyone on the team.

"I also play football, and to me football is more physical and emotional because everyone watches football," said freshman **Hunter Stapes**. "But I like swimming because it helps me set personal goals."

So if your thinking about joining the team but your not sure if your the swimming type, guess again. Swimming can be for everyone and anyone, swimmers are made up of many components. They have to be tough as nails and strong as an ox.



Aubrey Roland (lane 4) prepares to start a race at Johnston.



Abbey Mendenhall (10), Millie McKeever (10), and Jessica Moreno (9), the swim team managers for 2011.



Sophomore **Grant Jones** competes in the freestyle.



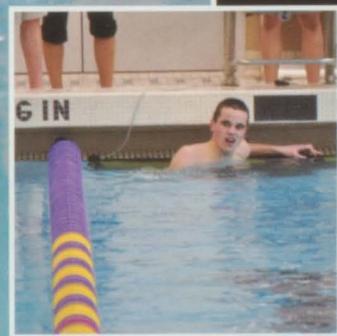
Lane Galvin (9)



DJ Palmer (11)



Mitch Timm (12)

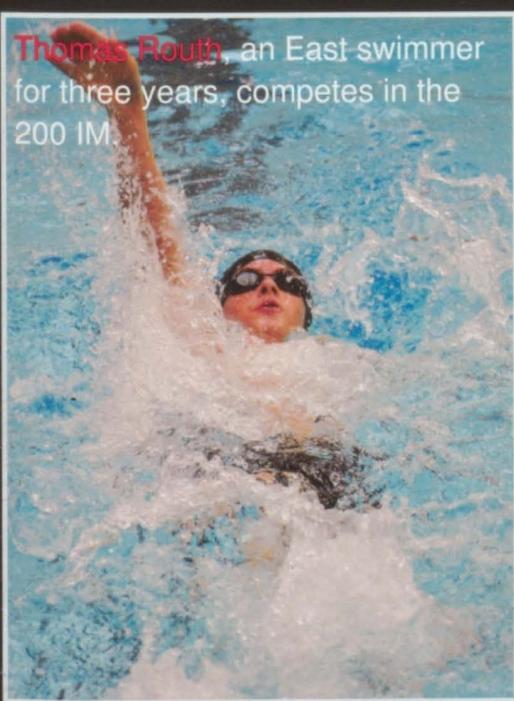


Sophomore Michael Kendall

pushes hard through his stroke to place well in the 100 yard butterfly.

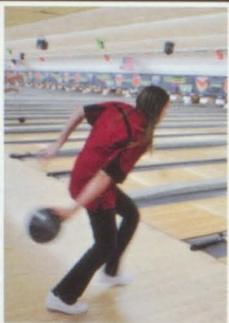


Thomas Routh, an East swimmer for three years, competes in the 200 IM.



## BOWLING

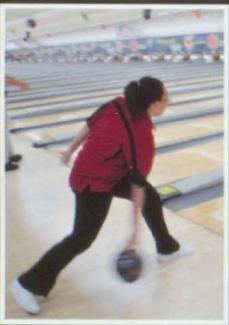
Casey McCartney (11)



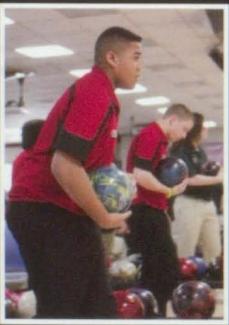
Logan Davis (12)



Taylor Bimbi (12)

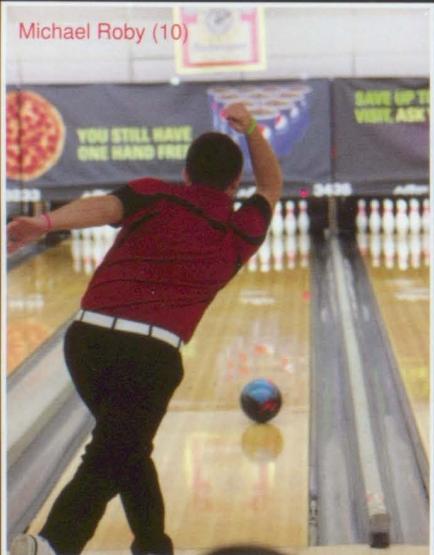


Tobias Tyler (10)



The boys practicing their one steps. One steps are warm up drills to help balance and timing.

Michael Roby (10)



Advice From Coach



Pep Talk Before A Meet



# KNOCK 'EM DOWN

Bowling is more of a mental sport, but at least it is a sport.

Story/Layout by Sammy Jones

Is bowling a sport? To the students on the bowling team it is definitely a sport because of the many skills needed to succeed.

"We still warm up and stretch," said senior Taylor Bimbi. "We have a goal and we care about what we're doing just like every other 'sport'."

Bimbi said it is more brains then brawns, but it is still a sport.

Junior Cephus Wright said, "Bowling requires practice and we keep score like the others."

A perfect score is a 300; the closest the team got to perfection this season was a 280 made by both senior co-captain Logan Davis and sophomore co-captain Michael Roby. Davis got his score at Champion Lanes in Ottumwa during the conference meet. Roby got his score at AMF lanes during a meet against North.

Roby said he gets ready for meets by drinking a SmartWater and talking with teammates to make sure they are all focused and in the right state of mind.

During the season the team has to bowl at different lanes depending on who is the home team.

According to junior Crystal Walker, adjusting to the different lanes is one of the hardest things about bowling.

The girls' team has a lot of good times and always bond a lot during the season.

Senior Charlene Woolson said her favorite memories are doing the Doug D, a dance move dedicated to coach Doug Davis. She also loved when Bimbi and senior Sammy Jones "gave birth" to their bowling balls.

"My favorite thing about the bowling is the people," said freshman Brittany Jones. "Just learning how to bowl is great too."

To the leaving seniors both coach Davis and coach Melody Felton wanted to leave a message.

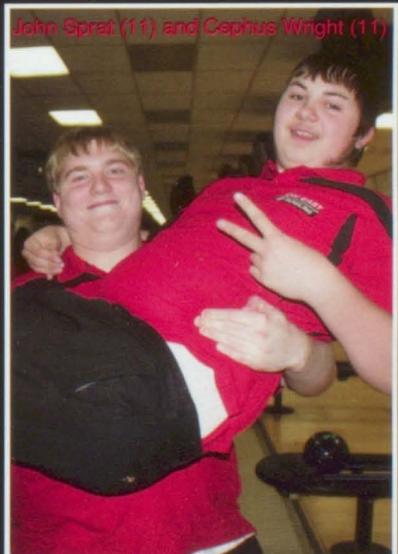
"I would like to thank the seniors for all of their leadership and for setting a good example to the younger kids about how to show good sportsmanship whether you win or lose," said coach Davis. "I want to wish all of my seniors great success in their future."

"Strive to do the best you can, whether it is in bowling, college, or your jobs," said coach Felton. "Good luck senior bowlers!"

National Anthem



John Sprat (11) and Cephus Wright (11)



# [ THE GLORY YEAR ]

EHS Steppers pump up the talent and become one of the states bests dance teams

Story/Layout by: Megan Lein

Think you have what it takes to be a Radio City Rockette, or a dancer on Paula Abdul's *Live To Dance*? 11 of our Scarlets prove at pep assemblies, sporting events, and dance competitions that they have the talent.

Senior **Kelsey Kennedy** was captain for the Steppers for the past two years and choreographer for the team.

"Being captain and choreographer, I have been greatly involved with the team," said Kennedy. "I always try to pump the girls up before we go on. I have learned so much from each and every girl."

The Steppers team have been through a lot of rebuilding together to become respected in the community and in the school. According to senior **Kara Mauk**, the team has changed so much for the better.

"My freshman year was a year of rebuilding and setting goals. The next two years were about working hard and accomplishing those goals," said Mauk. "This year is our glory year because we have accomplished so much and we have won many awards."

This year the Steppers placed first at

camp, took 3rd at state competition for their "nerd" and "old school" theme, and stole 1st place at regionals. In order to prepare for a performance they spend two weeks learning a routine and rehearsing. Many other details go into a performance such as costumes and make-up.

Senior **Tricia Johnson** said, "We are more than a family than we are a team. Sometimes we have sisterly problems, but no matter what, we always work out our problems when we get to our performance."

The Steppers spend over fifteen hours a week together for about ten months of the year. They participate in a numerous activities together and go to movies. According to junior **Caitlynn Bruscher**, her favorite thing about being on the team was the learning experience and bonding with all the girls.

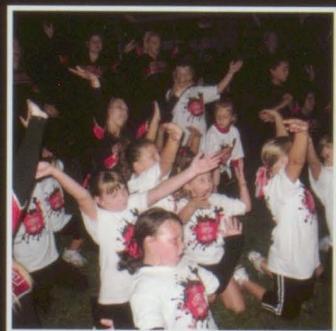
"This was my first year on the team, but I have been dancing since I was three. My passion for dance has just continued to grow," said Bruscher. "After this year I have improved a lot of my skills. It will be hard next year without the seniors and we will miss them a lot!"



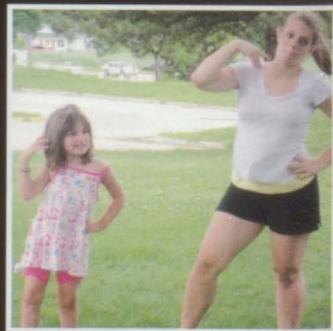
Hawaiian Theme Day Camp



Kelsey Kennedy (12) and Darion (10)



Football halftime performance with Lil' Steppers



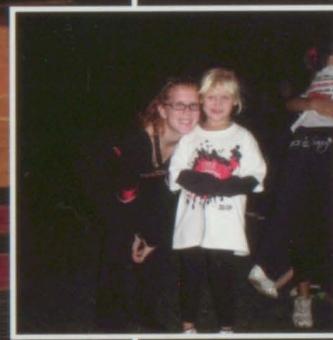
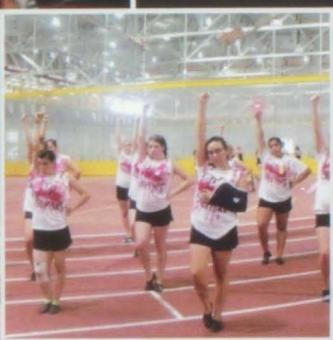
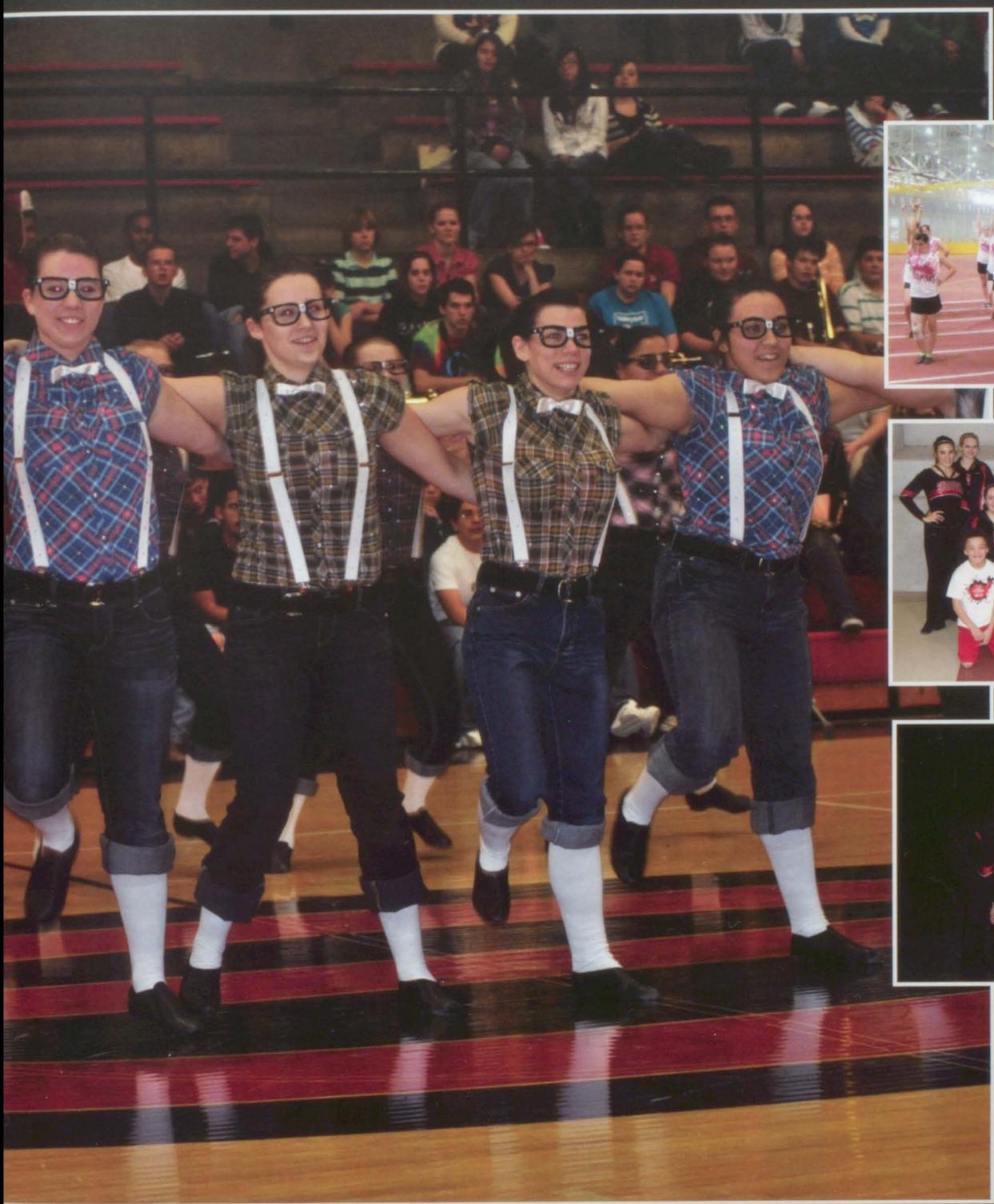
Lindsay Helm (10)



## Camp Rehersal

## Lil' Steppers

## Rachell Eckardt (11)



☆☆ **shining stars** ☆☆

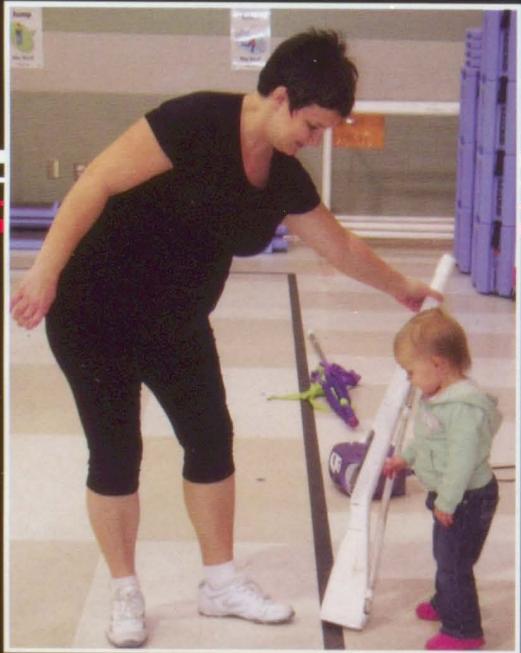
2008 Regionals: Nothing  
 2009 Regionals: Division I, 4th Place  
 2010 Regionals: Division I, 3rd Place  
 2011 Regionals: Division I, 1st Place

## 2011 Individual State Solos

Kelsey Kennedy  
 Darian Delaney  
 Tricia Johnson  
 Alexes Cummings  
 Alyssa Dennings  
 Kara Mauk

## WINTER GUARD

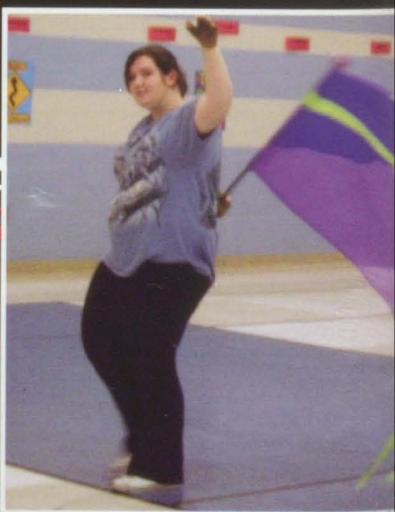
The team performs their routine at SE Polk for the MA regional competition. The girls received a superior rating from the judges.



Director Kate Falvey  
and daughter



Winter Guard 2011



Freshman Sam Glick

# [Pushing Limits]

Although the Winter Guard was unsatisfied with results at state competition, the girls still dared themselves to move past the disappointment.

Before the Winter Guard girls go out to perform, captains **Alexis Ahmed** and **Madison Williams** gather them together for words of encouragement.

"I love when we have our pep talks and hold hands," said senior **Sammy Jones**.

The girls put their hands in the middle for one final cheer, throwing their hands up and shouting the traditional chant:

"We're gonna kick it up another notch!"

This has become the Guard's routine for getting fired up before every performance.

The girls received a Division I at Iowa State Drill Team Association's (ISDTA) dance and drill competition in December and a Superior Rating at Marching Auxiliary (MA) in January with their "Dare You to Move" show.

With the help of directors **Kate Falvey** and **Michelle Eggleston**, the season was a memorable one for everyone on the team.

"Color Guard has changed me," said senior

**Story/Layout by Madi Williams**

**Jackie Fudge.** "It's taught me to be patient, to be open to new ideas, and to not be afraid of anything. Ya gotta risk it to get the biscuit."

Ahmed said, "I went from being this girl who had no performance skill or any confidence to a real woman."

Junior **Kristel Hill** said the seniors on Guard taught her to never give up. "You have to work hard to achieve your goals," Hill said.

The Guard also had an opportunity to show their individual skills at ISDTA's annual solo competition held in Pella in November.

Three soloists received a Division I rating and Williams placed second.

The Winter Guard girls have progressed into a dynamic team. Their bond grows stronger still because of the love they share with each other and Guard.

The bond not only grew during rehearsals, but also during activities the girls partake in year round; such as raking, chili cookouts, and fundraising at Sec Taylor Stadium.

"This year I realized that I'd be no where without my friends in Guard," said Williams. "It has impacted my life and I'll cherish every moment I've experienced."



Seniors **Alexis Ahmed** and **Shelby Wilson**

[ I dare you to lift  
yourself up off  
the floor.  
I dare you to  
move...like today  
never happened  
before. ]

# DODGE FOR LILLY

*Story/layout by: Brooke Nokes*

Cancer has always been a struggle for families, friends, and those battling the disease.

For two-year-old Lilly Winterbottom, daughter of East alumni Natasha Siders and Austen Winterbottom and niece of junior **Casi Siders**, the disease is especially unfair.

Students and teachers from East and other local schools came to fill the community center on November 21 for a dodgeball tournament helping and donating money for the family.

"It felt good because we were doing it for Lilly and making all of that money for her and her family," said junior **Jessica Grochala**.

The iJAG class was determined to find a way to raise money for Lilly. Senior **Jerzie Murray** and other classmates decided it would be great to have a dodgeball tournament and honor of Lilly.

"It felt like it was very successful for it being our first time doing it," said iJAG teacher **Jennifer Myers**.

The cost was \$5 to participate; their goal was to raise around \$1,000 to send to Lilly while receiving treatment at the University of Minnesota Hospitals for

several months.

The tournament raised \$1,100 and East High staff members collected \$230 by wearing jeans on a Friday prior to the event.

"We got a lot of positive feedback and the kids want to do another one now," said Myers.

Students participating say it was not all about winning; the fun of the game came out of helping for a good cause.

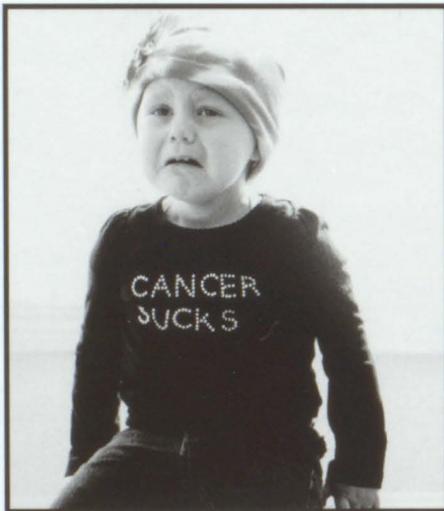
"It was fun because we were hanging out with friends, helping a good cause, playing dodgeball, wearing pink shirts, and short-shorts. It was a good time no matter how bad we did," said senior **Jordan Cirksena**.

The winning team of the tournament was Dirty Mike 'n the Boyz.

"It was for a good cause and the funnest part besides winning was going to Buffalo Wild Wings to celebrate," said **Nick Roth**, a senior.

It was \$2 for viewers and there were plenty of chances to donate for the cause.

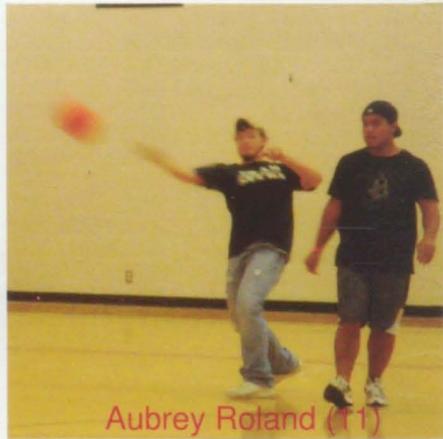
"I went to Dodge for Lilly and although I didn't do it, it was cool seeing everyone there that wanted to help out," said junior **Jordan Bates**.



Team Celebrates a Win



Dirty Mike 'n the Boyz



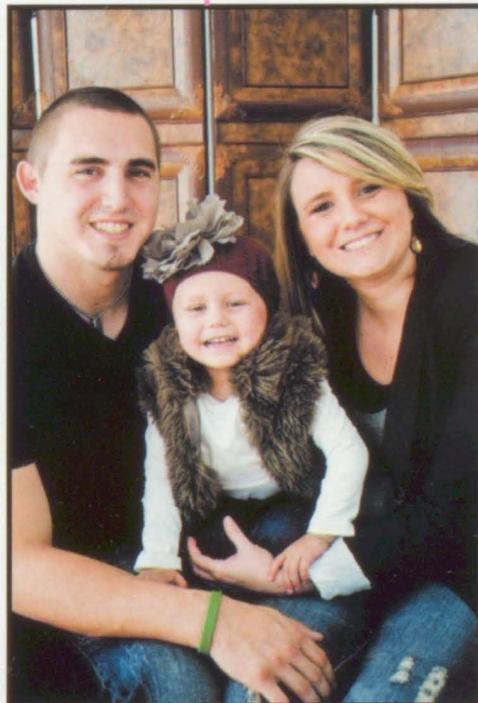
Aubrey Roland (11)

“It was really awesome seeing everyone who wanted to help out and donate for my family.”

*Casi Siders (11)*



The dodgeball tournament in November raised \$1,100 for Lilly's ongoing cancer treatments. Lilly received a bone marrow transplant; she was treated at University of Minnesota hospitals. She is pictured below with her parents, Austen and Natasha, both East High graduates.



# ACCURACY AND PRECISION

The JV boys had a tough season but learned how to become a team.

Story/Layout by: Vanessa Gobb

While running down the field, concentrating on their footwork and looking at the goal, the junior varsity boys' soccer team kicked off their 2010 season.

Last year the boys' soccer team received a new field to play their passion on. Since a lot of the games in previous years were played at the Cownie Complex, the team was really excited to play at Williams Stadium.

"Playing on our own turf is always exciting," said senior **Jerry Wilson**.

The JV team put their hearts into the season but came out with only two wins and a tie. JV games do not usually go into overtime which leads to tied games in some cases.

"I enjoy playing soccer. Win or lose I just want to play," said Wilson.

The team exercises and conditions daily to keep up their game. A lot of the footwork drills have to do with running and ball handling.

"We try to scrimmage every day in practice to make it fun and get work done," said JV coach **Tim Walljasper**.

The team tied with Fort Dodge with a score of 1-1. They also had two wins. The victory was over Indianola, and the second win was Ottumwa.

"Beating Ottumwa 5-1 was the most exciting game of the season," said Walljasper.

The team had a rough season and hopes to try harder to be on top for the 2011 season. The team had some struggles with ineligible players but hope to work on having everyone play this coming season.

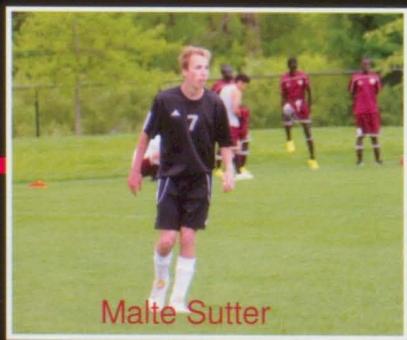
"I was on varsity but played one or two JV games," said senior **Henry Paye**.

Paye played on the varsity team all year but also contributed to the JV team a few times.

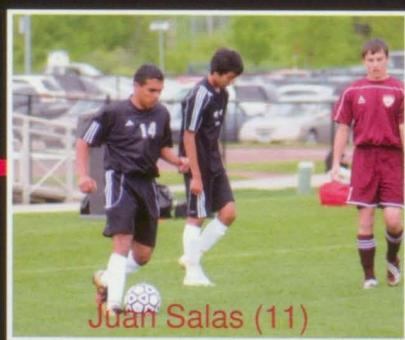
The overall goal was to work hard and come together as a team instead of playing as individual players.

"We got a lot better on it, but sometimes everyone just wanted to score," said Paye.

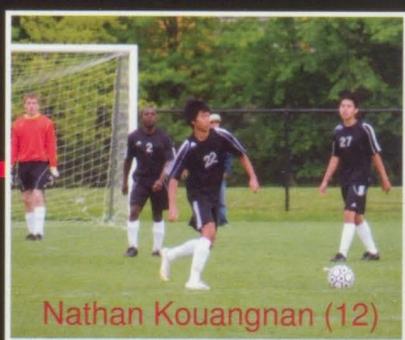
One thing is for sure: Scarlet pride will always be there to carry them through.



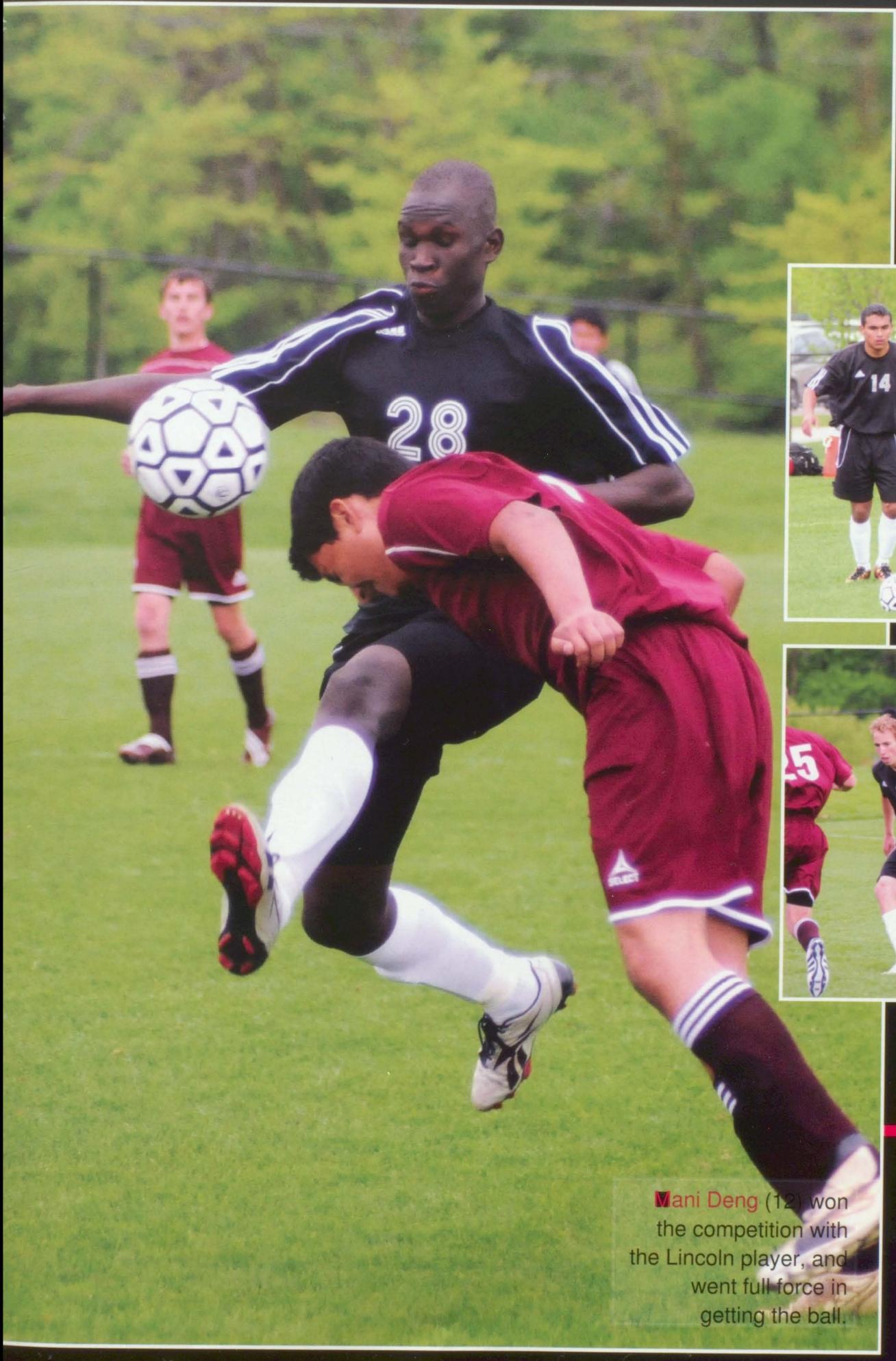
Malte Sutter



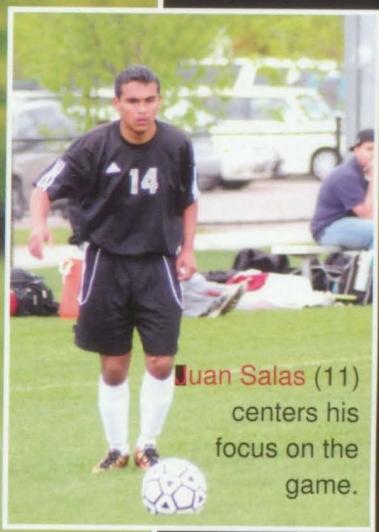
Juan Salas (11)



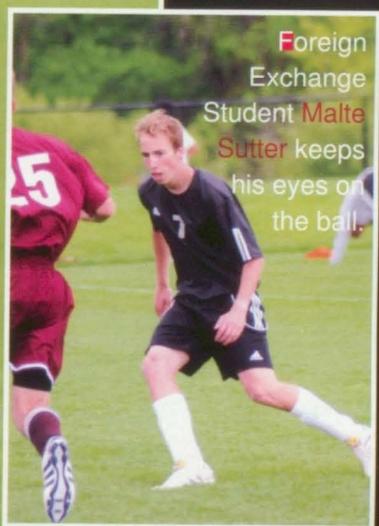
Nathan Kouangnan (12)



Mani Deng (12) won the competition with the Lincoln player, and went full force in getting the ball.



Juan Salas (11) centers his focus on the game.

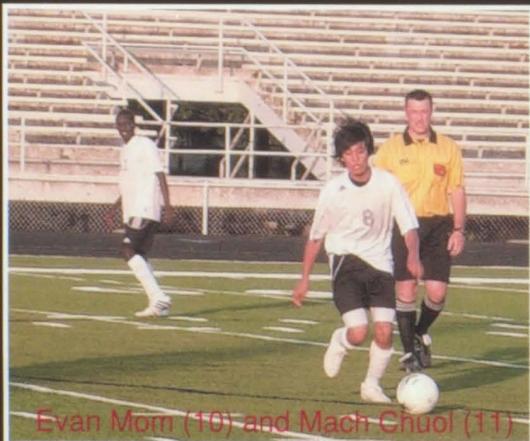


Foreign Exchange Student Malte Sutter keeps his eyes on the ball.

## VARSITY BOYS' SOCCER



Toato Kpor (11)



Evan Mom (10) and Mach Chuol (11)



Alum Va Vang

Henry Paye (12) evades a Roosevelt defender in a tough conference match. The Scarlets lost the hard-fought game 1-0.



My name is JESUS Zambrano *spotlight*  
I'm in 12<sup>th</sup> grade.  
My position is left mid / defense.  
I can't get through a game without Getting the  
Whole team pumped before we Start  
The most memorable moment of this season was...  
When we played Ft. Dodge and it  
was the most intense game ever.



Cristian Camacho (11)



Carlos Estrada (12)

# PASS AND PLAY

Varsity boys' soccer set new school records, won big games, and went down in East history after a great season.

Story/Layout by Haley Larson

Soccer isn't one of the most popular spectator sports at East, but that didn't stop the varsity boys' team from going out and performing well every game. Not only did they play to win, they finished the season 11-6, the best record in school history.

"I had high expectations for the team, but I never would've guessed they'd get 11 wins. Maybe 8, but not 11," said head coach **Derek Lounsberry**.

Led by many juniors and seniors, the team won their first seven games, which is also a new school record.

"It felt really cool to win that many games in a row, except it made losing our first game more disappointing," said junior **Jose Contreras**.

The team's first loss came against Roosevelt by one, but it was a hard fought game. Only losing six games made it harder for the guys when they did lose, but they took every loss as an opportunity to get better. All the players tried to learn from their mistakes.

"After games we talked about what we did wrong and how we could fix it," said Contreras.

The hardest loss came against Johnston in the second round of sub-state, a 1-0 final. If the team

would have won, they would've played in the regional final for a chance to go to state.

"The game against Johnston was a close one. It sucks we didn't win, but we always have next year," said junior **Ricardo Rodriguez**.

The team trained hard during the off-season to prepare for the season, from weightlifting to indoor practices in the gym. Many of the players also played for club teams when they weren't in high school season, which helped keep them in shape.

"We all work hard in the winter so that we come into the season ready to play," said senior **Jesus Zambrano**.

With the season behind them, the varsity team looks to the 2011 season. With many returning players, there are high hopes for the team.

"The players will make their own goals. I think they can have another great season, they get along so well and go out every game and play for each other," said Lounsberry.

In the end though, everybody just cares about getting to play the game.

"I love playing soccer!" said senior **Hever Rodriguez**.



# [DEDICATION AND DETERMINATION]

The girls' soccer team finished second in their conference and played a hard regional game.

*Story/Layout by: Jessie Vance*

The season ended on a good note with the varsity girls' soccer team finishing 4-1 in the Metro Conference, making it to the first regional game against Newton and finishing 7-9 overall.

Each team played tournament games before the regular season. They all had tough competition. Even though they may not have come out winners on the scoreboard; they could feel it in their hearts.

"I think Newton was the toughest game we had. They gave us a real run for our money and it was a game where we left our hearts on the field. We worked hard even though we ended up losing," said junior **Katelyn Worple**.

Morning runs were a new idea enforced to get the girls conditioned and ready to play at the intense varsity level.

"Morning runs were supposed to be a way to get conditioned for the season. It was a struggle to get a good amount of players to go," said senior **Chelsea Kesavadhana**.

The varsity team also held "pasta parties" to get the team to bond. A family would host it at their home and make a meal and other players were encouraged to bring other items to eat. Spoons was a game played at these parties.

"It gave us time to hang out with our teammates off the field away from soccer. It was a good way to bond," said

Worple.

The junior varsity (JV) team ended with a 0-10-3 disheartening record, but they saw past the losses and ties and learned to believe in their team. They worked very hard to get where they did.

"We learned a lot about each other. The number of wins didn't matter; we all had fun and learned new things. That's all that mattered," said junior **Mayra Verduzco**.

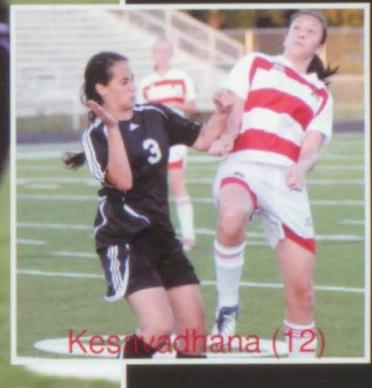
JV also brought in a new coach for this season. Coach Jonathan Lenhart graduated from Bondurant-Farrar High School, where he also played soccer. Coaching high school girls' soccer is a new experience.

"I had to really work on finding drills and training techniques that would both help the inexperienced players but, also improve the more experienced players all at the same time," said **Lenhart**.

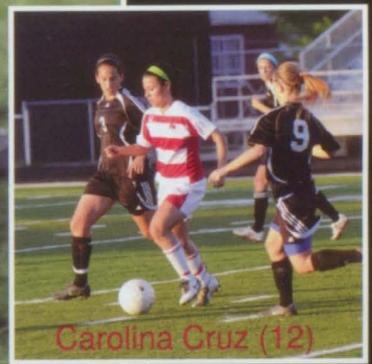




Alyssa Denning (12) battles a Waukee opponent for the ball. The play resulted in a foul and a free kick for East.



Kesavadhana (12)



Carolina Cruz (12)



Amanda Rush (12)



Shronda Butts (12)



Denning (12) and Stephanie Nowels (11)



A varsity huddle

## BOYS' AND GIRLS' TRACK

Alum Learie Jones turns the last corner on the EHS track. Jones participated in track all four of his years at East.



Track members check out the area after a hard rainfall. Some runners say its fun to run in the rain.



Senior Megan Say shows perfect form in her efforts to finish first in her 4x100 relay event.

1970 track shoe



Made of leather  
Less cushion in sole

2010 track shoe



Better traction  
Lighter weight  
Wider variety of color

The team visits while waiting to begin practice. The season was often hampered by rainy days.



# READY, SET, GO

Although the boys and girls seasons had very different outcomes, they still came out strong and had that scarlet pride.

Story/Layout by: LJ Putzier

As junior Mikey Thomas is seconds away from starting his race other things are racing through his mind. Is his chemistry homework done? What time does he work tomorrow? How is he going to pay for his car to be fixed? As the gun fires the runners are off and Thomas' brain is blank.

Being in track may sound easy but it is anything but. Some may think all they do is run laps. Besides simply running, the team members must have strong stamina and as they become tired they must dig deep into their core and find the strength to just push a little bit harder.

"I love the challenge of running, it makes me really find how far I can push myself to do hard things," said junior Salat Jones.

Every year the team has highs and lows but this year's major highlight was breaking a school record and many runners qualified for the Drake Relays.

Sophomore Albreia Winfrey set the new freshman girls' record for the 100 meter dash, running it at a time of 12.17 seconds.

"I felt very honored to go down in EHS history as a freshman. All I can say is breaking the record took a lot of hard work," said Winfrey.

Breaking this record also qualified Winfrey for the Drake Relays.

The 4x100 relay team also made it to the Drake Relays; the team consisted of Winfrey, seniors Megan Say and Royonah Marble, and alum Jocelyn Brown.

"It was quite the experience running in the Drake Relays, the downside was not winning though," said Say.

Although this season was not so successful, each team learned how to work hard and be determined.

"Hopefully next year we have a more successful season," said Thomas.



Alum Latisha Johnson paces herself in a relay race. Johnson said she loves to get her heartbeat going because it helps her focus.

My name is: Paige Blair

Event(s) I run: All Hurdles, 400's & 200's

My lucky charm is: my Pink Shoe laces

If I could change one thing about this season it would be: to run my Hardest & Do the Best I can. To Win

# [SWING AND SERVE]

New coaches, new work, new season!

Story/Layout by: Sammy Jones

This past year both boys' and girls' teams started the year off with a not-so-new coach.

The boys' assistant coach from last year, **Trent Smith**, became the new head coach.

Smith said he wanted the job is because he thinks he can help the players become better and make a difference in the program.

"I was the assistant coach for a year and I played some tennis in college. I interviewed and got the job," said Smith.

"I believe Trent is a great coach and he pushes us to do our best," said senior **Jordan Cirksena**:

According to Smith, the boys' year didn't go as well as planned. They had a couple tough losses, but are prepared for some big wins next season. Overall Smith was happy with the season.

"I think the season went pretty well," said senior **Nick Savage**. "It was my first year but I learned a lot and had a ton of fun too."

Their season ended with a 1-9 record.

While the boys' got a semi-new

coach the girls' new coach was their assistant coach from two years ago, **Samy El-Baroudi**.

"I really enjoyed being assistant coach, and when the opportunity came to be head coach, I took it," said El-Baroudi.

"El-Baroudi conditioned and worked on our serves more then before," said senior **Desirie Luong**.

The girls' year went well, but according to El- Baroudi there were matches they should have been won.

"Our girls put so much work towards the whole season and we got along so well," said junior **Kayla Cam**.

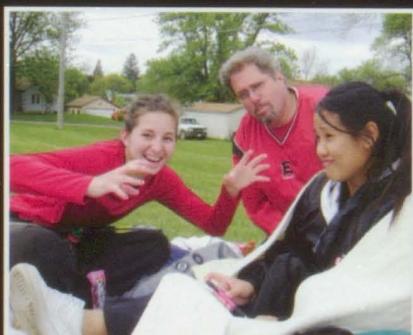
Their season ended with a 1-10 record.

Both coaches are working towards improvement after learning what it is like to take on the responsibility of head coach.

El-Baroudi wants to start off-season training and open court before official season starts. Smith plans to make sure that his players are in great shape. To do this, he plans on doing drills that make the team fundamentally sound, and teach them to play smarter overall.



Ngoc Cao (11)



Anna Flickinger (11), Coach El-Baroudi, & Alum Sanna Sayavong



Arnold Sengsirivanh (11)



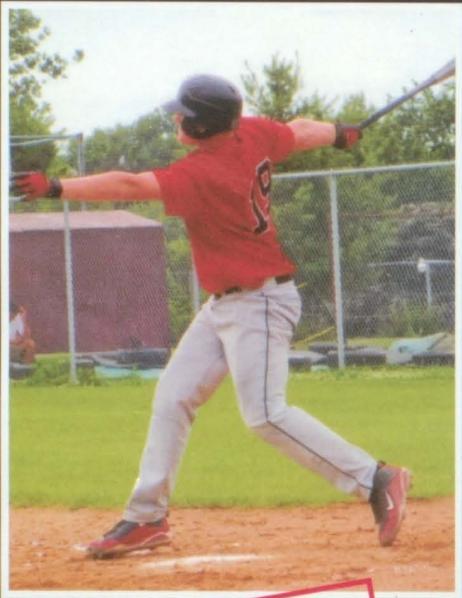
Pep Talk



Senior **Nicholas Savage** stretches to get to the ball. "I learned a lot my first year, even got to play varsity. It's a fun experience!"



Left: Junior **Diana Inthabouone** serves the ball. She was on varsity for most of the season. Right: Seniors **John Reynolds** and **Jeffrey Dale** team up against Hoover.



### PLAYER PROFILE:

My name is: Kyle Thomson

I am a: Junior

My favorite moment is when: we swept Ottumwa

My biggest accomplishment this year was: hitting all the home runs and helping my team win games.

I enjoy baseball because: It's fun and I'm really good at it.

**'We had a good team that got better throughout the season. We all were good friends on and off the field so it made the season fun,' said sophomore Xavier James.**

1985: Sophomore team beat Indianola with an 18-4 victory. Larry Young hit a grand-slam home run in the fourth inning.

1990: Sophomore team ended with a metro record of 9-21, freshmen ended with a metro record of 8-5.

2008: Sophomores ended the season with a 20-6 record.

1988: 50 kids tried out for the freshman team, only 19 made it.

1999: Sophomore team finished as CIML champion baseball team.



Kyle Bosley (12)

# HIT AND RUN

East 9/10 teams finish the season with a good outcomes and accomplishments met.

Story/Layout by: Brooke Nokes

The 9/JV baseball teams always came out on the field ready for a victory to prove they are the best. The team had many competitive games throughout the summer months.

With an overall record of 14-10, the team agreed it was a successful season and a great way to spend part of their vacation.

"This year was fun because I had all of my friends on the team and we did well," said junior **Kyle Thomson**.

Tied for conference champs, the team saw that as a step up from last season and an even better way to improve themselves for next year.

"We showed everyone how hard we worked by doing our best and doing everything we could to win," said junior **Riley Bacon**.

Tying for conference may have been the highlight of some players' season, but another may be hitting home runs; something that adds "excitement" to the game.

"I hit around six or seven home runs this season. It's really cool when you hit it that far because it feels like you did something awesome for the team," said Thomson.

Not only did grade 10 improve in their games, but so did the freshmen. They learned from past games and helped each other throughout the season getting advice and talking to upperclassmen.

Although it is just a start for them, the freshmen went on the field ready to play with passion and excitement.

"We had a good team that got better throughout the season. We all were good friends on and off the field so it made the season fun," said sophomore **Xavier James**.

From forming friendships within the season to overcoming losses and celebrating wins, the teams believed they accomplished a lot for the year and are proud.



Senior **Cody Johansen** (center) is congratulated by his teammates at home plate.



Alum **Gavin Althaus**

# [We are the Champions]

The varsity baseball team ended the season being conference champs for the 6th year

Story/Layout by: **Emalie Cipale**

How would you like having less than a month of summer where most of your days were spent on the baseball field practicing or playing your heart out? For the varsity baseball team this is how they spent their summer.

They ended their season with a win against North in a playoff game. The ending score was 13-2. They advanced to play Ankeny in the sub state championship game. They lost 7-2 to Ankeny, but ended with a great season.

"I am excited to see how the team does this year because I have grown up playing with these guys and I hope we shock the state. I'm also hoping to play in college but I don't know where yet," said senior **Nick Roth**.

During the season **Ben Sigmund** broke the career home run record. It was held by Nick Eaton at 22 home runs until they went into the sub state game against North and he had 21 home runs and at his 4th at bat got his 23rd to break the record.

He had 23 home runs and 49 runs batted in RBI's. He then went on the play for Simpson College.

"I didn't plan on breaking the home run record but the closer I got the more it became something I wanted to do. It was an awesome feeling knowing I did it and the entire team came out of the dugout to congratulate me for it. Its always nice to

have support after accomplishing something so big," said Sigmund.

Practices tended to be a problem during the season with many rained out and fields too wet to play on. But when they were able to practice they did drills involving throwing, hitting and conditioning. They would practice everyday that they didn't have a game and they would always last about two hours long.

"Practices were tough at times with all the conditioning but it was all worth it when we came back and ended up beating Hoover," said junior **Shane Sullivan**.

The coach was **Brian Luft**. He has coached at East for 12 years. The assistant coach is **Steve Cipperley**. He has been with the baseball program for seven years.

"Fortunately, we did not lose that many games so we didn't have to worry a lot about picking back up and keep trying and not getting down. But when we did lose we had a lot of senior leadership that encouraged everyone to keep going," said Luft.

There were nine seniors on the team that will be greatly missed next season. Many of them played a great role in bouncing back after loses and keeping the team motivated.

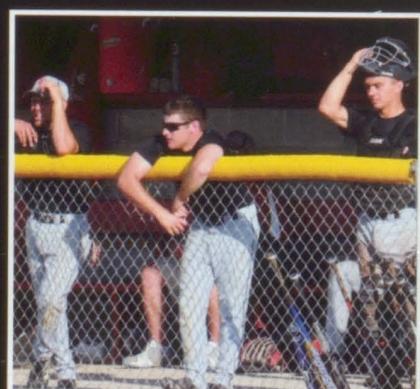
"Being conference champs and getting 6th in the state was a great way to end my senior year," said Alum **Brady Burrows**.



**Burrows at first base**



**Colby Carmichael(10)**

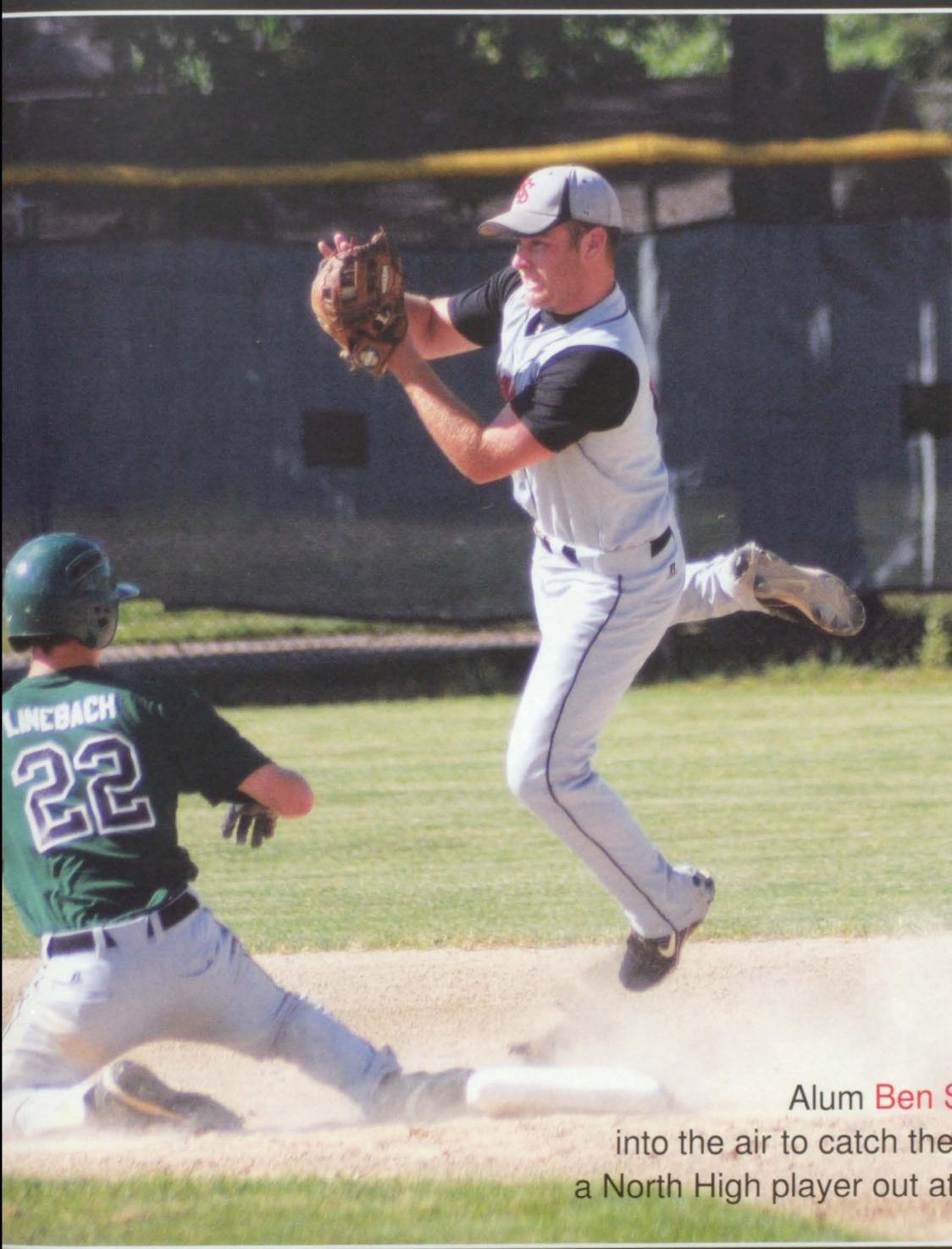


**In the dugout**

Team huddle

Sliding to safety

Sean DeGoey



Alum Ben Sigmund leaps into the air to catch the ball and force a North High player out at second base.



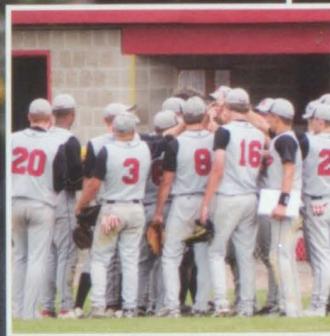
Burrows & DeGoey (alum)



Celebrating a run



Tyler Jensen (alum)



## 9/JV SOFTBALL



Jamie Reynolds (10)



April Brown (10)



Rachel Carstens (10)



1975- East Girl's softball beat Lincoln 1-0 in 14 innings



Assistant coach Amanda Zust talks to two of her JV girls before a new inning starts. Zust also played softball while she was an East High student.



1990-Tied for the metro conference with Roosevelt



1993- The girls ended their season with a winning conference of 12-10

# [DOWN AND DIRTY]

The freshman and JV softball teams worked hard to exceed expectations and to help build the future of East High softball

Each girls' softball season comes with a new set of obstacles for the team to overcome. One of the obstacles this team had to overcome was players moving from varsity to JV, and going back and forth between teams. Working together is easy to a strong team. Each player knows that in order to win, you have to be in the right state of mind and as a team and one thing this team definitely has is teamwork.

"Our season went really well. We have a strong team that works together well and we get along great," said senior **Jerzie Murray**.

Coaches liked to give fun rewards to the teams when they did something well. **Coach Thana Heller** made a deal with her JV girls: if they won 10 games in a row, she would take them all bowling. They won their 10 games and they all got to have a fun night of bowling.

"Bowling was a lot of fun, it was a

**Story/Layout By: Ashley Simpson**

good chance for the team to bond even more," said sophomore **April Brown**.

Freshman coach **Lowell Long** is proud of his girls and is pleased with the overall effort that the girls put into their season.

"The freshman season had a lot of ups and downs, like all teams. By the end of the season we were all playing together well," said sophomore **Maggie Long**.

The girls won some games that everyone thought they never would be able to. The JV team beat Lincoln all four times they played them and both teams had great wins against Valley.

"It feels really good to beat teams that think they're better than us at everything," said Brown.

The girls' softball teams overachieved throughout the season with determination and hard work, and to them that is what East High softball is all about.



# [UNITY AND SUCCESS]

The girls' season ended with a record of 29-12 and a second place trophy.

Story/Layout by: Riley Fisher

Accomplishment, determination, and Scarlet spirit are the only words to describe the talented young ladies of our varsity girls' softball team. They made the eastside proud by bringing home the second place state trophy.

"I was very proud of our team and their competing for a State Championship. We all obviously wanted to win it all, so it leaves us with some unfinished business," said head coach Bob Ligouri.

The season was a rough one. Before the season even started, injuries were a huge obstacle for many of the returning starters.

"We all trust in each other and we all know we're great softball players, so we knew that whoever took our place would do great. Also, the girls that got hurt would do anything to play again, so we did what we could to get better and we went out and kicked butt," said senior

Stacie Brown.

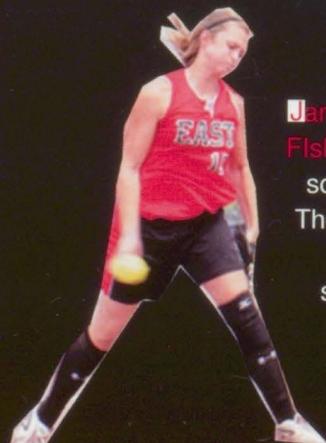
After six straight losses at the midpoint, the girls proved many people wrong by taking their hard work and determination to sweep Marshalltown and West Waterloo, 3-1 in both games. This was the team's first trip to the state tournament in Fort Dodge in four years.

After beating Sioux City East 3-0 and Ottumwa 4-1, the girls landed a spot in the championship game. Rivals, East vs. West Des Moines Valley that would fight until the end to take home the title.

"It was crazy kicking everyone's butt! We dominated and it was aaaaamazinggg! We'll rock it next year," said sophomore Jamie Reynolds.

Unfortunately for the girls the season concluded with a 4-1 loss to Valley, giving them the second place win.

"It was devastating taking second. We wanted it so bad and we worked so hard, but all we have to say for next year is BRING IT!," said junior Jessica Grochala.



The team attempted to smile at the camera after placing Second in the state. The girls were disappointed but knew they did their best.

Janie Smith and Riley Fisher were this years sophomore pitchers. The two girls will lead them on to more success in the next two years.

The girls celebrate defeating Sioux City East in their first game at the State Tournament. This game was their first game back at the tournament in four years.



Heather Prettyman (12)

Stacie Brown (12)

Alum Taylor Millard

Caitlyn Carmichael

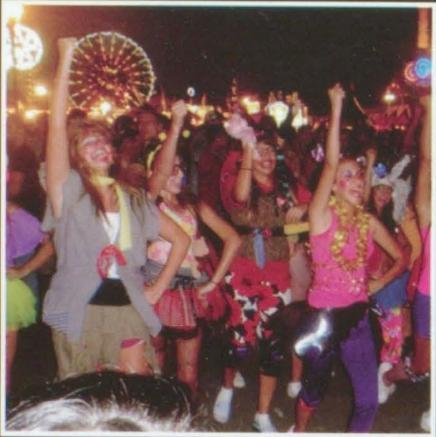
Allie Fitzgerald

Jessica Grochala

Jamie Reynolds

## 9/JV CHEERLEADING

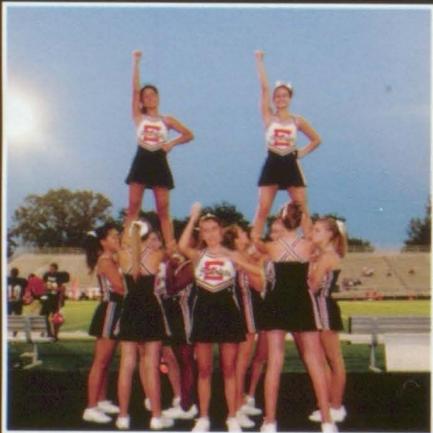
### State Fair Fun



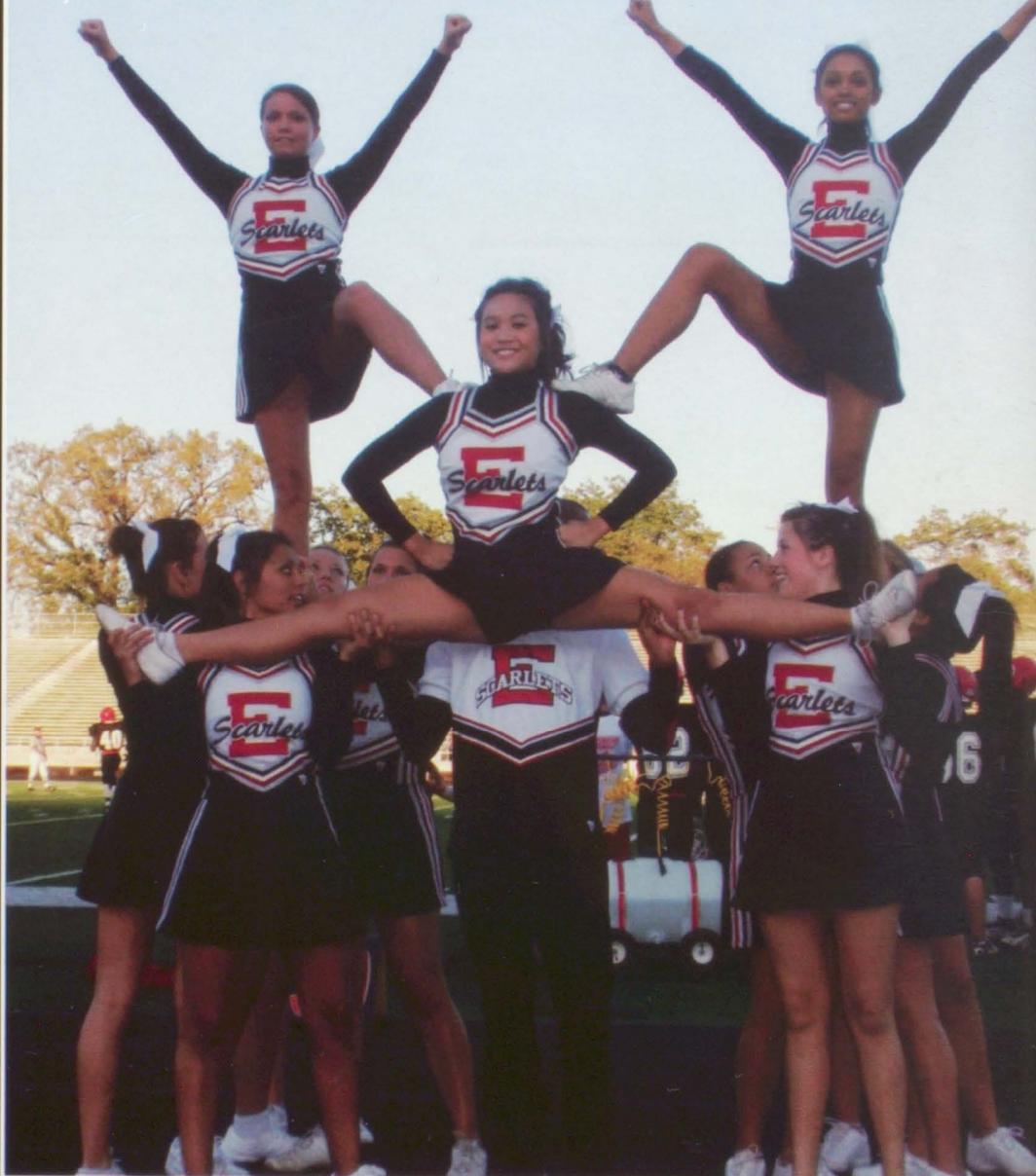
### JV Cheer Squad



### Freshman Squad



JV Cheerleaders form a pyramid. Kayla Cam, Jade Murray, and Jasmine Chak are the "flyers" for the team.



For the 1999 spirit stick the girls improvised and used a tree branch and yarn.

1999



During 2005, they learned a dance routine called the Extreme Routine.

2005



2007  
The squad only had one male, John Thompson. There were none on the 9/10 Squad.

1987

For the third year in a row the Cheerleaders won the International Cheerleading Foundation Grand Champs Trophy.



2002

The freshman decided the uniforms and even ordered them themselves.



# CHEERS AND STUNTS

## Working hard makes dreams come true!

Story/Layout by Riley Fisher

The 2010-2011 season for cheerleaders has brought great memories, fun times, and team bonding.

"I loved this year because we did a lot of fun things together. We went out to eat together, met up and hung out, and did each others hair. We would do all this to prepare for games and that's when we really bonded," said freshman Emma Smith.

The girls gave a good effort to bond as a team and not just a group of individuals. The most memorable event was in August and took place at the Iowa State Fair. All freshman and JV girls dressed up and did funny things with the varsity girls. Along with the bonding activity, they went out to eat before event and had a sleepover after.

"This year was even better because of the team bonding. I enjoy it even more when we got the crowd involved," said freshman Alexandra Campbell.

Before the season, camp took

place during the middle of June. During the camp, the girls learned cheers and competed for honors.

"The camp was amazing, we had so much fun and bonded so well," said freshman Carley Toomey.

This year's JV and freshman teams have grown and become better cheerleaders. This is all because of hard work and practice.

"We practice for two hours each. We stretch, jump and break up into squads. The last thirty minutes of practice we condition," said junior Alex Davis.

Many of the girls have improved and matured as the year went by. They plan on continuing to improve as they move up in the next few years.

"The freshmen this year didn't have any experience, now they know over 50 cheers and can do stunts now. The JV now are well bonded, with great motions and even better stunts," said Coach Lindsey Tomlinson.



The Freshman Cheer Team

# [SCARLET SPIRIT]

The varsity cheerleading squad shows their spirit by encouraging athletes and working hard for competitions

Story/Layout by: Brooke Nokes

The varsity cheerleading team not only grew as a squad, but also as a competition group. Coach **Lindsey Tomlinson** made changes to tryouts this year; if a girl made varsity, she was automatically on competition as well.

"It was a lot more focused this year. We worked hard and did really well. We actually improved a lot, and I'm really proud of our squad and what we've become," said senior **Peyton Rowe**.

Although cheering for varsity football is an exciting experience, the girls also had the chance to go to the Iowa Cheerleading Championships and placed 8th in state that took place on November 6th.

"It was a ton of hard work, but it was worth it in the end. We did a million times better than last year and the girls next year will do amazing!" said senior **Katie Hines**.

Not only did the girls feel successful and knew they had improved, so did the coach.

"The competition squad this year had an amazing commitment and dedication to the competition team. I was very proud of their effort and can't wait to show up next year to hopefully

place in the top 5," said coach Tomlinson.

For another way to practice, the girls showed family their routines along with Lincoln's competition team.

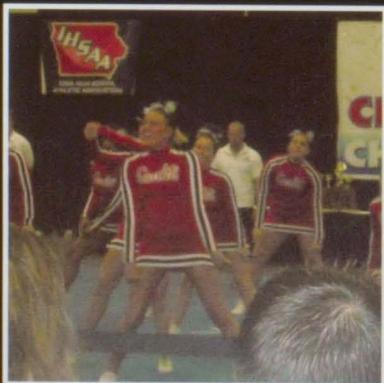
"It was really fun showing off our hard work along with Lincoln. We performed twice and judged each other to help each other out for the competition," said junior **Diana Inthaboune**.

After football season and the competitions, the year is not over for these athletes. Girls are placed into either wrestling or girls/boys basketball, depending on scores and top choice of the sport.

"All of the varsity squads did a great job keeping crowds motivated and it was a great year overall," said Tomlinson.

"I'm on the varsity wrestling squad this year and it's a lot different than basketball. With wrestling we have meets on Thursdays and tournaments on Saturdays. It was hard learning cheers all over again, I kind of felt like a freshman!" said junior **Miranda Mason**.

Although all sport seasons is time consuming and hectic, the seasons are also helpful for building friendships, having fun, and doing what they enjoy: cheerleading.



Competition routine

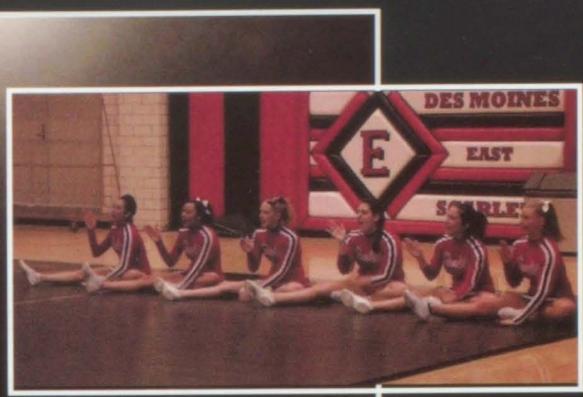


Competition pyramid

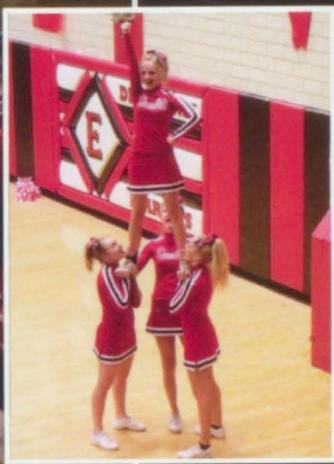


Marching Cheer

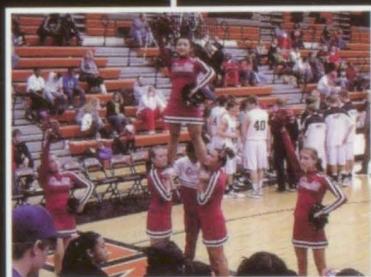
Sophomores Breanna Young and Chloe Baker pump up the crowd.



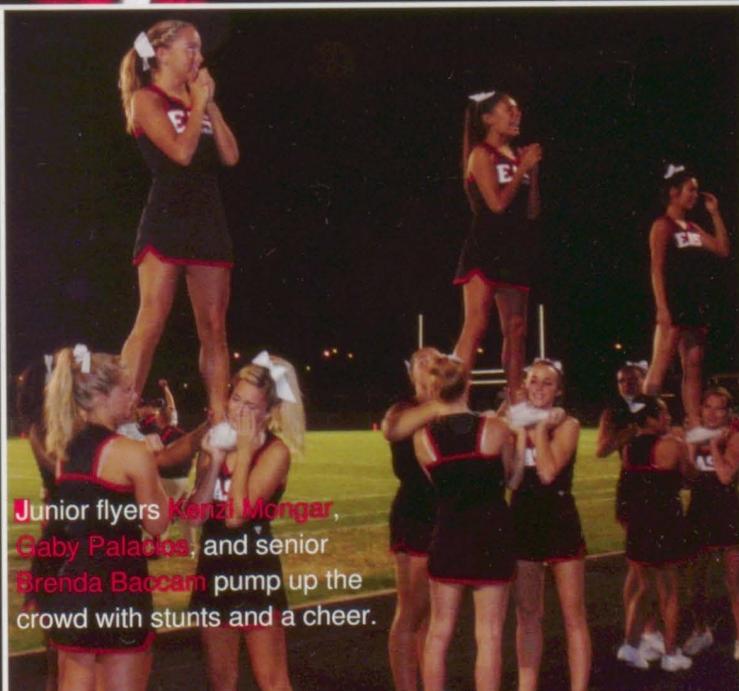
Wrestling Cheerleaders



Girls Basketball Cheerleaders



Boys Basketball Cheerleaders

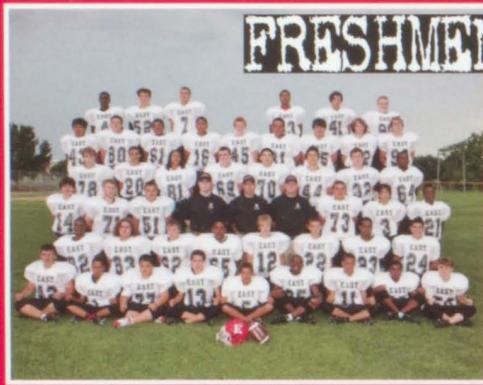


Junior flyers Kenzi Mongar, Gaby Palacios, and senior Brenda Baccam pump up the crowd with stunts and a cheer.

#### WINTER SCHEDULE BREAKDOWN

<b>M</b>	Girls/Boys Basketball
<b>M</b>	Girls/Boys Basketball
<b>W</b>	4:30-6:30 Practice
<b>T</b>	Wrestling meet JV/Varsity
<b>T</b>	Girls/Boys Basketball
<b>F</b>	Girls/Boys Basketball
<b>S</b>	Wrestling tournament

# SCARLET COUNTRY



## FRESHMEN FOOTBALL

### SEASON STATISTICS

Front Row: Luke Dawson, Malique Ziegler, Terry Carter, Juan Salas, DeMarcus Dameron, Corderious Murry, Tay Quinn, Hank Jackson, Annastassi Duff. Row 2: Trevon Bennett, Alex Vockings, Dallas Groom, Cameron Lee, Blake Sunkle, Alexander Dunagan, Jeff Puga. Row 3: Preston Small, John Fudge, Ben Swanson, Coach Chris Draper, Head Coach Scott Beall, Coach Clint Gadbury, Isaiah Castellanos, Cody Jack, Marrico Gafford. Row 4: Richard Butler, Jamil Wright, Mark Fleming, Jordan Reynolds, Todd Cam, Brian Rivera, Hunter Stapes, Ariante Williams. Row 5: Kendrew Panganouvong, Miguel Morales, Domonic Winfrey, Arturo Marquez, Dalton Lyons, Kalil Watson, Jacob Haag, Dillon Straight, Daniel McVey. Back Row: Nathan Gilliam, Austin Welborn, Billy Dawson, Cameron Owen-Dorsey, Colby Carmichael, James Boland.

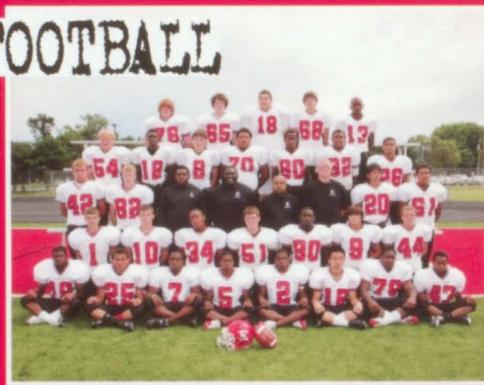
Fort Dodge	14-22 L
Dowling Catholic	0-58 L
Ames	0-49 L
Marshalltown	7-14 L
North	0-40 L
Ottumwa	36-36 T
Hoover	6-36 L
Roosevelt	13-54 L
Lincoln	15-52 L

### SEASON STATISTICS

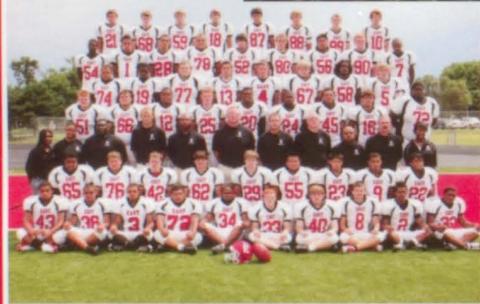
Fort Dodge	18-28 L
Indianola	18-14 W
Ames	12-47 L
Valley	14-62 L
North	6-40 L
Ottumwa	0-40 L
Roosevelt	41-46 L
Dowling	0-55 L
Lincoln	14-22 L

## SOPHOMORE FOOTBALL

Front Row: Alpha Derou, Cameron Slothouber, Tyree Temple, Jewel Head, Joel Head, Austin Vorasith, Derico Lowery, Yarvon Russel. Row 2: Danny Dawson, Kyler Krogman, James Shorter, Garret Leer, Kevin Brown, Michael Sheilburn, Jeremy Boss. Row 3: Mike Roby, Chase Reynolds, Mgr. Andre Coyle, Coach Troy Tyler, Coach DJ Roland, Coach Neil Donahoe, Jesse Khanthaphengxay, Shawn Jarret. Row 4: Cody Albee, Gage Allison, Keanon Boutehee, Steve Ukpam, Tobias Tyler, Tyrell Smith. Back Row: Allen Olson, Jeff Erickson, Henry Murrillo, Brock Catron, Davonte Buckner.



## VARSITY FOOTBALL



Front Row: Aubrey Roland, Alex Gross, Donte Brown, Brian Bennigas, Aaron Coyle, Chance Scott, Cody Crane, Kyle Bosley, Abu Sama, Ahmed Sama. Row 2: Jummoni Butler, David Sowder, Josh Hauge, Scott Lottus, Derek Chapman, Jordan Kounyan, Alex Syhavong, Tyrell Smith, Daniel Andrade. Row 3: Mgr. Onyinye Kemdirim, Mgr. Penny Lee Harris, Coach Troy Tyler, Coach Adam Jack, Coach Carlos James, Head Coach Greg Schoon, Coach Derek Summy, Coach Neil Donahoe, Coach DJ Roland, Coach Dave Summy, Mgr. Briana McGhee. Row 4: Jakob Etter, Chas King, Colezell James, Shane Sullivan, Dashawn Cason, Macio Patton, Marshall Payne, John Reynolds, Stephan Brown. Row 5: Emmanuel Egbadon, Terez Taylor, Nate Young, Jesus Zambrano, Austin Bellis, David Blacksmith, Deon Hayes, Zak Jones. Row 6: Ronie McNeil, Xavier James, Tarith Wright, Caleb Bunnell, Nick Grochala, Zakk Dunn, Justin Leuang, Kyle Thomson, Michael Johnson. Back Row: Conner Kouri, Drew Hurley, Jerry Wilson, Brandon Long, Jesse Cortez, Matt Grover, Ryan Woodson, Blake Cunningham. Not Pictured: Sterling Robinson, Kevin Owen, Hever Rodriguez, Tyler Stamer, Montez Clark, Adrian Perez, Addison Boughton.

### SEASON STATISTICS

Fort Dodge	9-54 L
Dowling Catholic	7-56 L
Ames	2-45 L
Sioux City North	31-29 W
North	41-24 W
Ottumwa	7-27 L
Hoover	45-7 W
Roosevelt	34-23 W
Lincoln	14-57 L
Ames (playoffs)	14-51 L

### SEASON STATISTICS

Boys, Girls	
Ames Inv.	12th, 16th
Hoover Inv.	4th, 4th
Valley Inv.	6th, 5th
Roosevelt Inv.	24th, 22nd
Waukee Inv.	8th, 7th
Ankeny Inv.	10th, 8th
East Inv.	3rd, 4th
CIML Metro	5th, 6th

## CROSS COUNTRY

Front Row: Matt Schmitt, Royonah Marble, Houa Vang, Keelie Deay, David Cordero, Ben Lein. Back Row: Cameron Devan, Hunter Hall, Coach Mel Green Sr., Coach Chris Kannapel, Grant Jones, Brandon Bruscher. Not Pictured: Salat Jones, Roichelle Marble, Kenzie Channon, Meredith Layman, Alina McDaniel, Mikey Thomas, Ricardo San Elias, Ezechiel Haverman.



## SEASON STATISTICS

Ft. Dodge	91-79 W	Ottumwa	109-61 W
Waukeee	33-143 L	Hoover	75-95 L
Grinnell	100-81 W	Lincoln	68-115 L
Vinton-Shellsburg	97-67 W	North	105-64 W
Johnston	12-48 L	SEP	4th
Newton	20-40 L	CIML Metro	4th
Roosevelt	42-128 L	IHSGAU Reg.	6th
Perry	126-35 W		

## GIRLS SWIMMING

Girls' Swimming. Front Row: Lisa Godoy, Manel Bradford, Daniel Platt, Hannah Bailey, Andrea Hiatt, Aubrey Stith, Linsky Wilkin, Cassandra Burkett. Row 2: Ellen Moore, Lily VanGundy, Brianna Proctor, Stephanie Nowles, Rachel Anderson, Megan Lein, Josie Miller, Brooke Young. Back Row: Peyton Rowe, Abbey Mendenhall, Millie McKeever, Asst. Coach Eric Galvin, Coach Erin Lowe, Elizabeth Bolten, Shannissy Catron, Ashley DeHaan. Not Pictured: Allison Fitzgerald, Jama Clayton, Carly Dycus.



## BOYS SWIMMING

Front Row: Hunter Stapes, Jonathon Moreno, Thomas Routh, James Flickenger, Dakota Lyddon, Blake Sunkle, Mikey Nokes, Aubrey Roland. Middle Row: Mikey Thomas, Grant Jones, Hunter Hall, Mitch Timm, Thomas Teav, Michael Kendall, Gabe Smith, Mikey Renteria, Jeromy Bacon. Back Row: Brock Catron, Jerry Wilson, Kent Keil, Alune Phaisith, James Boland, Jensen Hastings, Lane Galvin, DJ Palmer.

## SEASON STATISTICS

Marshalltown	61-58 W	Marshalltown	63-104 L
Ft. Dodge	50-44 W	Ankeny	34-134 L
Roosevelt	64-89 L	Ft. Dodge	33-81 L
SE Polk	74-54 W	Roosevelt	41-110 L
Ottumwa	69-58 W	SE Polk	46-124 L
Lincoln	56-50 W	Ottumwa	63-107 L
Hoover	86-6 W	Lincoln	55-115 L
CIML	2nd	Hoover	123-41 W
		Johnston Inv.	5th
		SE Polk Inv.	4th
		CIML	4th
		IHSSA	6th
		JV	
		Varsity	

## SEASON STATISTICS

Roosevelt	L	Roosevelt	L
Hoover	L	Hoover	W
Lincoln	W	Lincoln	L
North	W	North	W
Roosevelt	L	Roosevelt	W
Hoover	W	Hoover	W
Lincoln	W	Lincoln	L
North	W	North	L
Ottumwa	W	Ottumwa	L
Ottumwa	L	Ottumwa	L
Marshalltown	W	Marshalltown	L
JV		Varsity	

## GIRLS BOWLING

Front Row: Kristel Hill, Crystal Walker, Melissa Rangel, Selena Rangel, Jonnie Bishop, Jasmine Anderson. Back Row: Charlene Woolson, Sammy Jones, Coach Doug Davis, Coach Melody Felton, Kyrie German, Brittany Jones. Not Pictured: Taylor Bimbi, Johntia Edwards, Casey McCartney, Heather Stilson.



## BOYS BOWLING

Front Row: Brett Schumer, Donald Mongar, Reed Shannon, Logan Davis, Cody Johansen. Row 2: Austin Ahl-Jones, Luke Fisher, Cephus Wright, Tobias Tyler. Back Row: John Spratt, Dylan Rangel, Coach Melody Felton, Head Coach Doug Davis, Jeffery O'Brien, Michael Roby.

## SEASON STATISTICS

Roosevelt	W	Roosevelt	L
Hoover	W	Hoover	W
Lincoln	L	Lincoln	L
North	W	North	W
Roosevelt	W	Roosevelt	W
Hoover	W	Hoover	W
Lincoln	L	Lincoln	L
North	W	North	W
Ottumwa	L	Ottumwa	L
Ottumwa	W	Ottumwa	L
Marshalltown	L	Marshalltown	L
JV		Varsity	

## TEAM PICTURES



### FRESHMEN VOLLEYBALL

Front Row: Mimi Knight-Beery, Becca Novak, Emily Beattie, Kayla Riney, Lynsay Andrews, Nicole Battin. Row 2: Zakia Brown, Reannan Barlow, Marcresha Jenkins, Cianna Nelson, Sarah Bombkee. Back Row: Coach Ali Markun, Desirae Dupree, Haley Stoll, Rachael Boothroyd, Mariah Brooks, Kathryn Garcia, Coach Greg Marshal.

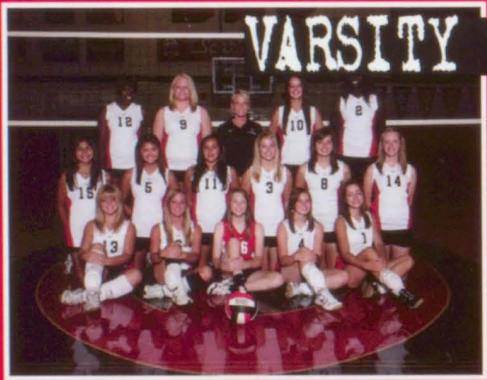
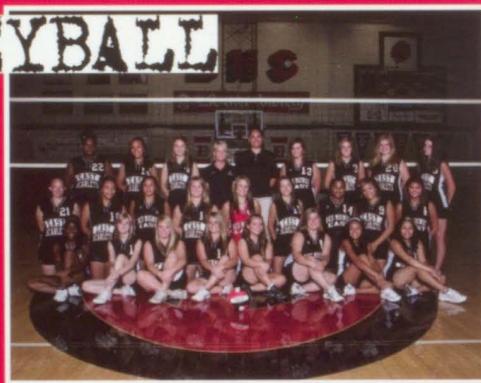
No Stats Available

### SEASON STATISTICS

Ames	0-3 L
Ankeny	0-3 L
Dowling	0-3 L
North	2-1 W
Indianola	0-4 L
Hoover	0-3 L
Ankeny	0-3 L
Lincoln	0-3 L
Roosevelt	0-3 L
Johnston	0-4 L
Ottumwa	0-3 L

Front Row: Ami Turay, Alexa Rusk, Kayla Foreman, Jerzie Murry, Megan Whitfield, Kaleigh Nichols, Kenzie Hale, Janet Reaza. Row 2: Taylor Bimbi, Erika Kommavongsa, LJ Putzier, Tera Rhoads, Jayde Sleeth, Hanna Hoskins, Lauren Morgan, Justice Brown, Christina Syhavong. Back Row: Moneisha Newton-Weber, Eva Fabray, Kalsa Parker, Coach Ali Markun, Coach Jodi Jurik, Sarah Phillips, Amanda Rush, Toree Richardson, Kelcie Waits.

### JV VOLLEYBALL



### VARSITY VOLLEYBALL

Front Row: Heather Prettyman, Ashley Prettyman, Kaci Young, Becca Novak, Hanna Hoskins. Middle Row: Kathryn Garcia, Christina Syhavong, LJ Putzier, Maggie Long, Anna Flickinger, Renee Hurley. Back Row: Nya Deng, Kenzie Cook, Coach Ali Markun, Tasha Schoborg, Friday Chuol.

### SEASON STATISTICS

Boone	0-2 L	Hoover	2-1 W
Ames	0-2 L	North	3-2 W
Newton	2-1 W	Oskaloosa	0-2 L
Mason City	0-2 W	Marshalltown	0-2 L
Ames	0-3 L	Johnston	0-2 L
Ankeny	0-3 L	Lincoln	1-3 L
C. R. Jefferson	1-2 L	Roosevelt	1-3 L
Urbandale	0-2 L	Oskaloosa	0-2 L
Dowling	0-3 L	Ames	0-2 L
North	3-0 W	Boone	0-2 L
Cedar Falls	0-2 L	Johnston	0-2 L
Saydel	2-0 W	Ottumwa	0-3 L
North	2-0 W	Hoover (Regional)	3-0 W
		Johnston (Regional)	0-3 L

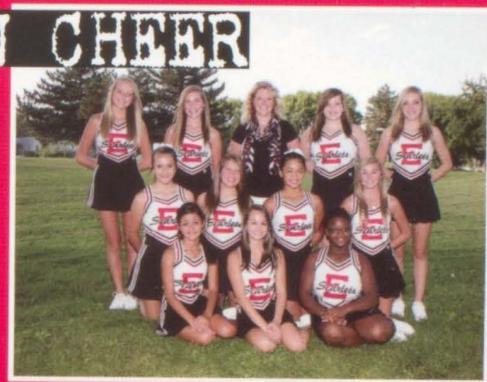
### WINTER GUARD

Front Row: Alexis Ahmed, Sadie Hines, Madi Williams. Row 2: Sammy Jones, Jackie Fudge, Shelby Wilson. Row 3: Kristel Hill, Samantha Glick. Back Row: Chelsea Gallanher, Brittany Jones, Jasmine Anderson.

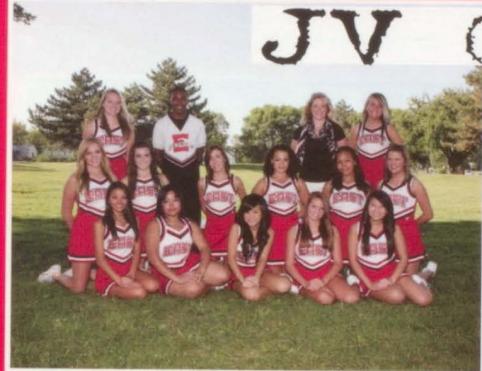


## FRESHMEN CHEER

Front Row: Wendy Morales, Ashley Herrington, Alrenae Winfrey. Row 2: Sarah Trejo, Alexandra Campbell, Jade Quang, Carley Toomey. Back Row: Brittany Cook, Emma Smith, Coach Lindsey Tomlinson, Natalie Lynch, Elizabeth Golberg.



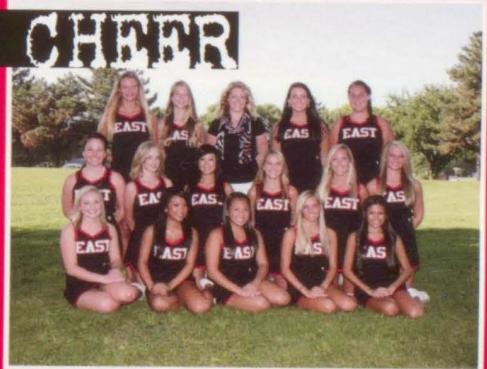
## JV CHEER



Front Row: Jasmine Chak, Ravary Phaviset, Kayla Cam, Jayde Murray, Alexis Nguyen. Row 2: Shaylyn Toelle, Alex Davis, Nikki Patrick, Lanae James, Eva Fabray, Stephenie Gabrial. Back Row: Dezary Nair, Dominique Stone, Coach Lindsey Tomlinson, Tara Edvenson.

## VARSITY CHEER

Front Row: Chloe Baker, Cassandra Lemthi, Diana Inthaboune, Kenzi Mongar, Gaby Palacios. Row 2: Josie Banks, Kara Cipperly, Brenda Baccam, Breanna Young, Lauren Holmes, Miranda Mason. Back Row: Ashley DeHaan, Merideth Layman, Coach Lindsey Tomlinson, Kaitlyn Cortez, Peyton Rowe.



## STEPPERS



Front Row: Alyssa Denning, KK Kennedy, Alexes Cummings, Rachel Eckardt. Row 2: Darian Delaney, Lindsay Helm, Bambi Bickle, Amber Lustham, Steph Nowels. Back Row: Jazmyne Reich, Caitlynn Brucsher, Kara Mauk, Tricia Johnson, Taylor Higgins, Katelyn Worple, Brooke Young.

## TEAM PICTURES



### FRESHMEN GIRLS BASKETBALL

Front Row: Nicole Battin, Kierra Gully, Maddie Delk, Stassia Duff. Row 2: Kelsey Butts, Kathryn Garcia, Mackenzie Mapes, Amber Good. Back Row: Mgr. Miriah Brooks, Keisha Gaines, Nya Chuol, Coach Thana Heltner.

### SEASON STATISTICS

Mason City	76-20L	Valley	59-14 L
Marshalltown	40-25 L	Hoover	37-30 L
SE Polk	52-7 L	Ames	62-29 L
Fort Dodge	42-27 L	Lincoln	42-22 W
Waukee	65-8 L	Indianola	46-13 L
North	29-27 W	Roosevelt	Forefeit
Johnston	52-25 L	Dowling	71-15 L
Hoover	40-31L	Ottumwa	39-34 L
Lincoln	53-18W		
Urbandale	41-13 L		
Roosevelt	40-28L		
Ottumwa	40-32 W		
North	46-21 L		

Ankeny Centennial

### SEASON STATISTICS

Mason City	L	Hoover	W
SE Polk	W	Ames	W
Fort Dodge	W	Lincoln	W
Waukee	W	Indianola	W
North	W	Roosevelt	W
Johnston	W	Dowling	L
Hoover	W	Ottumwa	W
Lincoln	W		
Urbandale	W		
Roosevelt	W		
Ottumwa	W		
North	W		
Valley	W		

### JV GIRLS BASKETBALL

Front Row: Allie Fitzgerald, TJ Taylor, Darby Poller, Albrea Winfrey, Kensie Channon, Erin Stanley. Middle Row: Roichelle Marble, Paige Larson, Mgr. Heather Fulford, Haley Stoll, Tal Neilly. Back Row: Artichala Wise, Rachel Boothroyd, Coach Mike Anderson, Coach Diedre Howard, Kaitlin Stalkup, Shareece Burrell.



### SEASON STATISTICS

Mason City	58-41 W	Hoover	72-30 W
Marshalltown	58-29 W	Ames	60-40 W
SE Polk	56-45 W	Lincoln	69-22 W
Fort Dodge	54-37 W	Indianola	75-48 W
Waukee	45-33 W	Roosevelt	62-16 W
North	80-96 W	Dowling	48-45 W
Johnston	57-25 W	Ottumwa	65-51 W
Hoover	67-08 W	Urbandale	69-35 W
Lincoln	85-35 W	CB Lewis	76-39 W
Urbandale	68-32 W	Waukee	68-39 W
Roosevelt	64-17 W	SE Polk	50-44 W
Ottumwa	80-41 W	IC West	52-40 W
North	74-28 W		STATE CHAMPIONS
Valley	55-30 W		



### VARSITY GIRLS BASKETBALL

Front Row: Roichelle Marble, Shronda Butts, Sharnae Lamar, Checie Scott, Royonah Marble, Liz Bolten. Middle Row: Shareece Burrell, Paige Larson, Allison Fitzgerald, Tal Neilly. Back Row: Friday Chuol, Markisha Wright, Coach Mel Green Sr., Coach Mike Anderson, Coach Sam Powell, Coach Diedre Howard, Mgr. Heather Fulford, Nijay Gaines. Not pictured: Mgr. Eva Fabray.

### SEASON STATISTICS

SE Polk		Ankeny	28-68 L
Fr. Dodge	43-35 W	Valley	31-75 L
Waukee	21-62 L	Hoover	81-56 W
North	33-70 L	Ames	55-58 W
Johnston	29-62 L	Lincoln	31-50 L
Hoover	46-54 L	Indianola	42-61 L
Lincoln	40-80 L	Roosevelt	40-54 L
Urbandale	38-61 L	Dowling	33-65 L
Roosevelt	37-50 L	Ottumwa	55-32 W
Ottumwa	61-50 W	Mason City	59-73 L
North		Marshalltown	60-52 W

### FRESHMEN BOYS BASKETBALL

Front Row: William Jackson, Dre'Shon Frazier, Matthew Bruce, Tyler Aswegan. Row 2: Julian Wilson, Lucas Roberts, Eddie Perryman, Alex Underwood. Back Row: Cameron Owen-Dorsey, Tyler Vail, Coach Randolph Scott, Coach David Schwendinger, Michael Osman, Mattingly Stone.

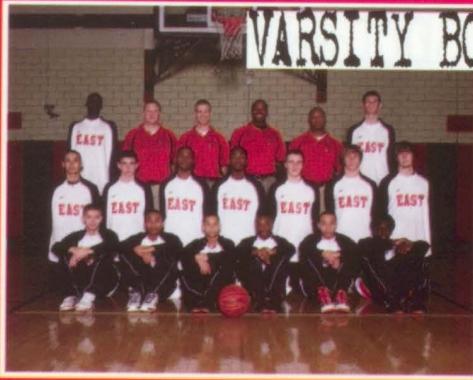


## SEASON STATISTICS

SE Polk	58-42 L	Valley	37-61 L
Ft. Dodge	52-50 L	Hoover	42-73 W
Waukee	56-40 L	Ames	47-51 L
North	51-55 L	Lincoln	61-64 L
Johnston	38-58 L	Indianola	41-56 L
Hoover	53-54 L	Roosevelt	53-39 W
Lincoln	49-48 L	Dowling	56-45 L
Urbandale	59-31 L	Ottumwa	66-65 W
Roosevelt	55-39 W	Mason City	62-59 W
Ottumwa	61-51 W	Marshalltown	61-57 L
North	65-62 W		

## SOPHOMORE BOYS BASKETBALL

Front Row: Tyrus Riley, James Shorter, Reio Cason, Joel Head, Marrico Gafford, Jessy Khantaphengxay. Row 2: Dillon Hernandez, Kyle Goff, Bedipeny Wom, Colby Carmichael, Xavier James, Nathan Gilliam. Back Row: Dakota Anderson, Mattingly Stone, Coach Jamie Fitzgerald, Coach Carlos James, Davonte Buckner, Jeffrey Erickson.



## VARSITY BOYS BASKETBALL

Front Row: Nick Savage, Salat Jones, Malique Ziegler, Marrico Gafford, Tyler Thompson, Tyrus Riley. Row 2: Xavier James, Conner Kouri, Davonte Buckner, Naday Chandler, Zakk Dunn, Matt Grover, Brandon Long. Back Row: Simon Joseph, Coach Jamie Fitzgerald, Coach Ken Morton, Coach Jamel Crawford, Coach Carlos James, Craig Conkel.

## SEASON STATISTICS

SE Polk	33-56 L	Valley	29-60 L
Ft. Dodge	34-63 L	Hoover	27-48 L
Waukee	34-69 L	Ames	25-58 L
North	52-64 L	Lincoln	41-51 L
Johnston	30-80 L	Indianola	36-58 L
Hoover	29-55 L	Roosevelt	32-63 L
Lincoln	51-58 L	Dowling	32-70 L
Urbandale	39-71 L	Ottumwa	37-67 L
Roosevelt	33-55 L	Mason City	56-70 L
Ottumwa	38-58 L	Marshalltown	51-48 W
North	49-61 L	SE Polk	21-66 L

## SEASON STATISTICS

CIML	4th
Mason City Inv.	Last
North	Won
Hoover	Lost
Ottumwa Inv.	Last
Lincoln	Lost
Ames Inv.	16th
Ottumwa	Lost
Roosevelt	Lost
CIML	4th
District	9th

## BOYS GOLF

Front Row: Tim Novak, Joe Reisterer, Logan Davis, Trevor Higgins, Tyler Aswegan, Dillon Glass. Back Row: Coach Geoff Farrel, James Flickenger, Brock Maxwell, Dylan Warrick, Joey Bahnsen, Lucas Roberts, Lane Galvin, Coach Maurice White.



## GIRLS GOLF

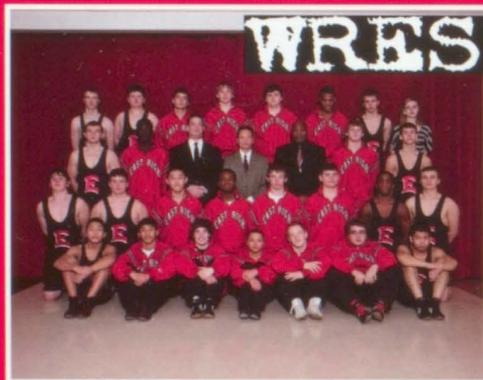


Front Row: Kyla Foreman, Kara Cipperly, Jessica Wehrle. Row 2: Taylor Bimbi, Julia Aguilar, Raja Camp-bey, Ashley Cruikshank, Sharayah Devick. Back Row: Coach Lowell Long, Theodosia Reed, Sarah Beaner, kenzi Cook, Jessica Taylor, Miriah Morsey, Mandy Sanders, Coach Ty Collins.

## SEASON STATISTICS

Winterset	Lost
Ottumwa	Lost
Lamon Classic	15th
Hawkette Classic	10th
DM Christian	Tied
Triangular meet	2nd
Johnston Invitational	8th
Ottumwa Invitational	12th
Triangular meet	2nd
Fort Dodge Invitational	8th
Conference	2nd
Regionals	12th

## TEAM PICTURES



### WRESTLING

Front Row: Vacelang Vang, Jonny Nguyen, Matt Schmitt, DeMarcus Dameron, Chance Scott, Alex Vockings, Scott Phanphasy. Row 2: Chance Kinney, Luke Dawson, Justin Huyhn, Zach Lewis, Tory Zepeda, Scott Luftus, Tyree Tempie, Austin Robbins. Row 3: Zach Kempf, Makraum Abraham, Coach Scott Rourke, Coach Guy Kesavadhan, Coach Larry Jackson, Alex Hensley, Jordan Peters. Back Row: Chase Reynolds, Brandon Haus, John Reynolds, Zak Jones, Tommy Sharp, Michael Johnson, Jacob Dank, Mgr. Jessie Vance.

### SEASON STATISTICS

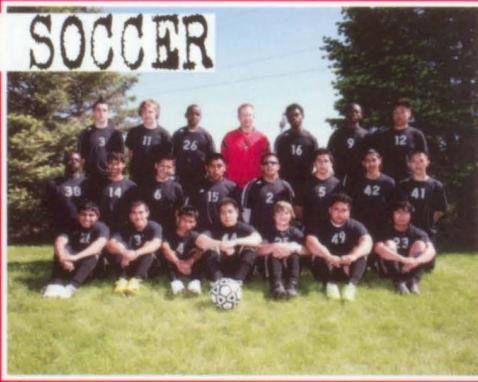
SE Polk	L	ADM Trn.	10th
DCG Trn.	9th	Chariton	L
Ft. Dodge	L	Norwalk	L
Saydel Trn.	8th	Lincoln	L
Waukee	L	Roosevelt	L
SE Polk Trn.	6th	Ames	12th
Hoover/North	L	Conf.	17th
Roosevelt Trn.	6th	District	8th
Ottumwa	L	State	57th

### SEASON STATISTICS

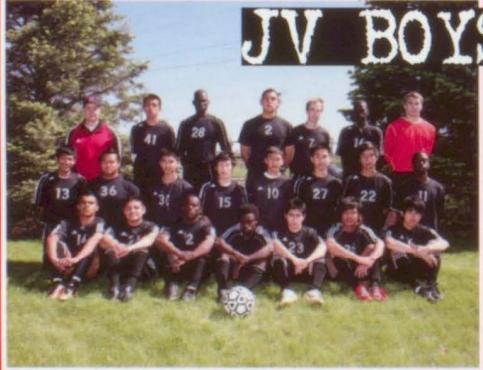
ADM	1-2 L
Marshalltown	1-0 W
Roosevelt	1-0 W
SE Polk	0-0 T
Hoover	2-3 L
Ft. Dodge	2-0 W
Lincoln	0-3 L
Waukee	1-2 L
North	2-0 W

### C TEAM BOYS SOCCER

Front Row: Elren Terrazas, Miguel Guerrero, Hen Wah, Vincente Salamanca-Ortego, Jay Rowat, Marvin Rodriguez, Khu Soe. Row 2: Alier Mamourjak, Cesar Chagoya-Chavero, Adrian Olivares, Armando Hernandez, Carlos Silva-Trejo, Martin Cervantes, Jose Gonzales, Justin Huyhn. Back Row: Jeff O'Brien, Tyler Edvenson, Adan Mohamud, Coach Scott Beall, Terrence Karlar, Batee Seyou, Alune Phalsith.



### JV BOYS SOCCER



Front Row: Juan Salas, Juan Arellano, Ezekial Harerimana, Prince Tarlue, Ricardo San Elias, Say He Htoo, Kiet Le. Row 2: Thomas Teav, Jordan Kouangvan, Jovi Mom, V Vang, Jordan Keomany, Jon Mom, Nathan Kouangvan, Junior Kemdirim. Back Row: Coach Tim Walljasper, Arnold Valadez, Mani Deng, Ricardo Leanos, Malte Suetter, Jokthiang Ruot, Jerry Wilson.

### SEASON STATISTICS

ADM	0-3 L
Marshalltown	1-4 L
Indianola	4-1 W
Roosevelt	1-3 L
SE Polk	0-1 L
Hoover	1-2 L
Ft. Dodge	1-1 T
Lincoln	1-0 W
Waukee	0-3 L
North	1-1 T
Ottumwa	5-1 W

### SEASON STATISTICS

ADM	5-4 W	Ft. Dodge	5-1 W
Humboldt	8-0 W	Lincoln	1-2 L
Knoxville	1-0 W	Waukee	1-0 W
Marshalltown	1-0 W	North	2-0 W
DM Christian	4-0 W	Ottumwa	1-3 L
Bondurant	2-0 W	North	2-0 W
Indianola	4-0 W	Johnston	0-1 L
Roosevelt	0-1 L		
SE Polk	0-5 L		
Hoover	2-1 L		

### VARSITY BOYS SOCCER

Front Row: Mach Chuol, Martin Rodriguez, Jose Contreras, Matt Lor, Prince Tarlue, Cesar Hernandez, Sergio Cardenas, Ricardo Rodriguez, Va Vang, Henry Payne. Row 2: Evan Mom, Toato Kpor, Rafael Contreras, Jose Marquez, Carlos Estrada, Jon Mom, Nathan Kouangvan, Jesus Zambrano, Edgar Contreras. Back Row: Josh Torres, Deivid Guinan, Jokthiang Ruot, Hever Rodriguez, Coach Derek Lounsberry, Coach Jarrid White, Daniel Andrade, Brayan Camacho, Arnold Valadez, Mani Deng.

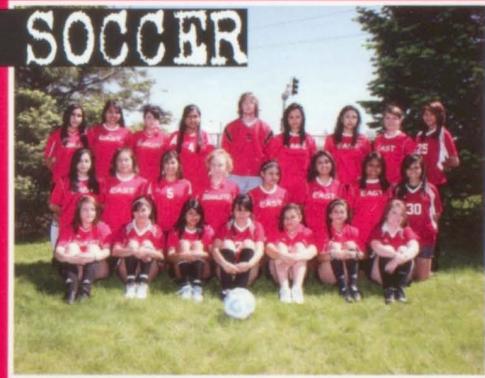


## SEASON STATISTICS

Indianola	0-7 L
ADM	0-4 L
Roosevelt	0-6 L
SE Polk	0-5, 0-6 L
Hoover	0-8 L
Lincoln	0-0 T
Ottumwa	2-2 T
Bondurant	0-3 L
Marshalltown	0-2 L
Waukee	0-7, 0-2 L

## JV GIRLS SOCCER

Front Row: Kristel Hill, Ana Rodriguez, Crystal Lozano, Vanessa Razo, Jacqueline Alacron, Brenda Cambray, Megan Whitfield. Middle Row: Bertnalisa Velazquez, Zuleyma Solis, Mayra Verduzco, Ashley Wallingford, Rosa Ventura, Janet Santos, Angelica Rodriguez, Rocío Rodriguez. Back Row: Angie Perez, Alejandra Pina, Lucero Velazquez, Jessica Ramos, Coach Jonathon Lenhart, Mayra Ivarra-Trejo, Mariela Mendoza, Anastacia, Sovanny Ear.



## VARSITY GIRLS SOCCER



Front Row: Jessie Vance, Kaci Young, Dulce Anaya, Alyssa Denning, Christina Syhavong, Carolina Cruz. Middle Row: Carmen Silva-Trejo, Steph Nowels, Michelle Ortiz, Amanda Rush, Katelyn Worple, Kayla Wisnousky, Chelsea Kesavadhana. Back Row: Haley Larson, Shronda Butts, Coach Jose Rodriguez, Coach Guy Kesavadhana, Amanda Cantwell, Renee Hurley.

## SEASON STATISTICS

Ankeny	0-7 L	Ft. Dodge	0-2 L
Norwalk	2-3 L	Lincoln	6-4 W
Urbandale	0-9 L	North	8-0 W
Indianola	1-0 W	Ottumwa	10-0 W
ADM	6-5 W	Bondurant	2-0 W
Roosevelt	1-0 W	Marshalltown	2-4 L
SE Polk	1-2 L	Waukee	1-3 L
Hoover	0-3 L	Newton	2-3 L

## BOYS TRACK

Front Row: Jacob Nutt, Austin Vorasith, Israel Toluwalase, Aaron Coyle, Donte Brown, O Ron Manson, Aubrey Roland. Row 2: Salat Jones, Zach Gronewold, Matt Thacker, Jessy Khanthaphengxay, Emmanuel Egbadon, Raymond Brown, David Cordero. Back Row: Quintin Hall, Dunlap Hall, Ken Ferguson, Coach Mel Green Sr., Coach Phil Ferguson, Coach Phil Wells, Steve Ukpam, Mikey Thomas, Grant Jones, Zach Wells.



## GIRLS TRACK



Front Row: Megan Say, Chavia Taylor, Paige Blair, Lynn Beasley, Albreia Winfrey, Kensie Channon, Heather Stilson, Houa Vang. Middle Row: Amanda Steines, Miranda Daughenbaugh, Keelie Deay, Josie Wilkerson, Riley Galvin, Millie McKeever, Misty Black, Torree Richardson. Back Row: Kaitlyn Carpenter, Jocelyn Brown, Tenea Fabray, Coach Ken Morton, Coach Phillip Hornback, Kierra Osborn, Brittney Oliver, Aerial Bowman.

## SEASON STATISTICS

SE Polk	43, 5th
Urbandale Inv.	55, 4th
C.Oldham Inv.	48, 6th
J. Duea Inv.	21, 8th
Lincoln Inv.	97, 4th
Saydel Inv.	58, 6th
Drake Relays	2 events
Winterset Inv.	57, 5th
Lee Town Inv.	63.5, 6th
Ankeny Inv.	6, 8th
Metro	60, 4th
Regional	42, 6th
State	5 events

## TEAM PICTURES

### BOYS TENNIS



### SEASON STATISTICS

Front Row: Sidney Cam, Ryan Kounlo, Joseph Khmanny, Arnold Sengsirivanh, Ryan Beggs, Brian Lundy, Donald Mongar. Row 2: Andrew Irachavongsa, Prem Gobin, John Reynolds, Jordan Cirksena, Peter Ly, Preston Mila, David Lo, Nick Syhavong. Back Row: Jordan Niffenegger, Evan Smith, Zach Gronewold, Charles Tran, Coach Trent Smith, Mitchell Timm, Nick Savage, Jeff Dale, Preston Irachavongsa.

### SEASON STATISTICS

North Polk	3-8
Urbandale	0-11
Ballard	2-9
Johnston	0-11
Ames	0-11
Roosevelt	2-9
Hoover	1-10
Lincoln	3-8
North	8-3
Ottumwa	3-8

### SEASON STATISTICS

Saydel	2-9
Urbandale	0-11
SE Polk	0-11
Johnston	0-11
Ames	0-11
Roosevelt	0-11
Hoover	3-8
Ballard	0-11
Lincoln	2-9
North	10-1
Ottumwa	0-11

Front Row: Ngoc Cao, Andrea Haitt, Nancy Nguyen, Kayla Cam, Diana Inthaboune, Sophie Backham, Sara Son, Susan Nguyen, Madi Williams. Row 2: Ravary Chavise, Shelby Carr, Jennifer Vang, Mor Lee, Hollie Russet, Erika Kommavongsa, Rene Reynolds, Holly Mysenberg. Back Row: Miya Williams, Rosie Cam, Sammy Jones, Sierra Smith (Mgr), Coach Sami El-Baroudi, Sanna Sayavong (Mgr), Araynna Reid, Anna Flickinger, Kelsey Robinson.

### GIRLS TENNIS



### FRESHMEN BASEBALL



Front Row: Alex Underwood, Austin Robins, Mike Millier, Malique Ziegler, Baden Medearis, Tyler Aswegan, Danny Dawson. Row 2: Gage Allison, Trey Wiles, Lucas Roberts, Tanner Radden, Jeremy Bos, Justin Lippold, Mike Roby, Dillon Hernandez. Back Row: Mattingly Stone, Colby Carmichael, Coach James Giboo, Coach Scott Rourke, Coach Carlos James, Christian Lippold, Billy Dawson.

No Stats Available

### SOPHOMORE BASEBALL

No Stats Available

Front Row: Shane Sullivan, Brad Treanor, Matthew Brouwer, Josh Rounds, Robert Hansen, Riley Bacon. Row 2: Ryan Joynes, Xavier James, Austin Bellis, Colby Carmichael, Tariff Wright. Back Row: Kyle Thomson, Zakk Dunn, Coach Marty Luft, Coach Buster Rounds, Ben Bolten, Blake Cunningham.



## SEASON STATISTICS

Urbandale	2-3, 7-5 L/W	Albia	10-3 W
S.E. Polk	4-9, 4-5 L	Davis Co.	4-7 L
Boone	3-6 L	Hoover	7-3, 3-2 W
Roosevelt	12-2 W	CR Jefferson	8-3 W
Johnston	12-3, 2-3 W/L	Lincoln	5-1, 15-11 W
Ames	8-3, 0-4 W/L	North	13-5 W
Hoover	11-10, 14-0 W	Lincoln	6-2, 16-7 W
North	5-3, 11-7 W	North	11-2 W
Waukee	4-1 W	Ottumwa	12-6, 6-3 W
Indianola	9-6 W	Dowling	2-3, 4-14 L
Ottumwa	13-3, 10-8 W	North	13-2 W
Valley	14-13 W	Ankeny	2-7 L
Roosevelt	5-5, 3-2 W		
Newton	12-1 W		

## VARSITY BASEBALL



Front Row: Cody Johansen, Kyle Bosley, TJ Thompson, Ben Sigmund, Logan Davis, Tyler Thompson. Middle Row: Levi Cardines, Brady Burrows, Shane Sullivan, Zak Jones, Dorian Ballantine, Alex Brouwer. Back Row: Devin Ciperly, Coach Ciperly, Nick Roth, Anthony Flagg, Gavin Althaus, Sean DeGoey, Brian Luft, TJ Michaelson.



## FRESHMEN SOFTBALL

Front Row: Savanna Fuller, Kaitlyn Scott, Hannah Bailey, Baylee Anderson, Kayla Foreman, Mimi Knight-Berry. Row 2: Kayla Carre, Shelly Avery, Megan Belcher, April Brown, Rachel Carstens, Jamie Reynolds, Maggie Long. Back Row: Kerri Kochheiser, Sarah Beamer, Coach Lowell Long, Coach Sammy Waters, Shelby Slater, Haley Stoll.

## SEASON STATISTICS

Valley	0-2 L
Johnston	3-1 W
S.E. Polk	4-5, 1-3 L/L
Lincoln	2-1, 8-2 W/W
Urbandale	8-1, 12-0 W/W
Ankeny	4-13, 12-0 L/W
Lincoln	7-3, 9-5 W/W
Valley	2-5, 3-0 L/W
Ottumwa	5-11, 0-0 L/Tie

## SEASON STATISTICS

No Stats Available

## JV SOFTBALL

Front Row: Jamie Reynolds, Rachel Carstens, Taylor Anderson, Shelly Avery, Bailey Anderson, Jerzie Murry, Paige Blair. Middle Row: Alyssa Espinoza, Savanna Fuller, Lidia Vasquez-Cristales, Heather Prettyman, Megan Belcher, TJ Taylor. Back Row: April Brown, LJ Putzier, Coach Amanda Zust, Coach Thana Heller, Coach Jennifer Radley, Courtney Custard, Erin Stanley.



## SEASON STATISTICS



## VARSITY SOFTBALL

Front Row: Caitlyn Carmichael, TJ Taylor, Heather Prettyman, Ashley Prettyman, Jamie Reynolds, Megan Belcher, Jessica Grochala. Second Row: Allie Fitzgerald, Stacie Brown, Meredith Henrickson, Cari Smith, LJ Putzier, Courtney Custard. Third Row: Coach Thana Heller, Coach Amanda Zust, Coach Jennifer Radley, Coach Jerry Collins, Coach Bob Ligouri, Coach Tye Collins, Coach Matt Murrillo. Back Row: Taylor Millard, April Brown, Riley Fisher, Janie Smith, Kaitlyn Carpenter, Taylor Algeier.

Urbandale	11-1, 12-2 W	Cardinal of Eldon	8-2 W
S.E. Polk	4-5 L	Davenport North	15-2 W
Pleasant Valley	3-0 W	Hoover	10-1, 12-0 W
Roosevelt	12-0, 7-1 W	Valley	8-7 W
Johnston	3-2 W	Lincoln	4-8, 7-8 L
I.C. Regina	1-2 L	Waukee	4-5, 7-8 L
Maquoketa	5-4 W	Ottumwa	3-4, 7-8 L
Lincoln	1-10, 4-0 L/W	North	11-0, 13-1 W
Hoover	9-7, 12-0 W	Marshalltown	3-1 W
North	14-0, 11-0 W	West Waterloo	3-1 W
Lewis Cent. CB	4-0 W	Sioux City East	3-0 W
Waterloo East	12-1 W	Ottumwa	4-1 W
Ottumwa	8-3, 4-5 W/L	Valley	1-5 L
Ankeny	7-2, 1-13 W/L	STATE RUNNER-UP	
Roosevelt	5-0, 6-2 W/W		



people:





# OLD FRIENDS NEW FACES



# Freshmen 2014

"With four promising years ahead of you,  
waiting for you to shape them in

Trevor Abeling  
Michael Ackelson  
Suzette Acott  
Cesar Aguilar  
Karem Aguirre



Angelica Alabado  
Jaqueline Alcaraz  
Zaira Aleman  
Kayla Aller  
Nicole Aller



Ivan Alvarado  
Monique Alvarez  
Sandra Alvarez  
Edwin Amaro  
Chaniece Anderson



Jherrez Andrews  
Lynsay Andrews  
Gabriela Arevalo-Aguirre  
Erica Argueta  
Joshua Arroyo



Tyler Aswegan  
Shelly Avery  
Manuel Avila  
Rachel Ayala  
Connor Bacon



David Bailey  
Ajah Ballew  
Brieone Barker  
Reannan Barlow  
Cindy Barrera



Victor Barron-Juarez  
Lucas Barton  
Nicole Battin  
Kupono Baugher  
Juan Bautista



time sat around like huge clumps of clay,  
whatever way you please."



Emily Beattie  
Brandon Beerbower  
Johnesha Bekish  
Raymond Belmaster  
April Bender  
Arianna Benevento  
Sarah Bennett



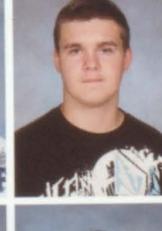
Ricardo Bernabe  
Alex Bernardino  
Erika Bibian  
Breanna Billings  
Skylard Bish  
Jonnie Bishop  
Zachary Blacksmith



Giovani Blanco  
Sarah Bohmke  
James Boland  
Kaleb Bolden  
Daniel Boner  
Quincy Boone  
Rachel Boothroyd



Damon Breuklander  
Miriam Briceno-Salcedo  
Travis Brock  
Mariah Brooks  
Alex Brown  
Zakia Brown  
Matthew Bruce



Cassandra Burkett  
Shareece Burrell  
Jonathan Butler  
Nathan Butler  
Richard Butler  
I'leisha Butts  
Kelsey Butts



Marquez Butts  
Austin Byrkett  
Carly Callison  
Todd Cam  
Edgar Camacho  
Stephanie Camacho  
Victor Camacho



Alexandra Campbell  
Nathaniel Campbell  
Teresa Campbell  
Justin Carty  
Colby Carmichael  
Luis Carrillo  
Ricardo Carroll

## FRESHMEN

Breonna Carter  
Terry Carter  
Jakayla Cartwright  
Isaiah Castellanos  
Leonardo Castellanos  
Cristina Castillo  
Sovann Chak



Maroline Chayee  
Nyakuoth Chuol  
Sara Clair  
Sara Clark  
Samora Clay  
Timothy Coan  
Kody Cockrum



Sarah Coe  
Fernando Contreras  
Getty Contreras  
Antonio Contreras-Colung  
Taylor Conway  
Brittany Cook  
Austin Corley



Morgan Cornelison  
Allan Corona  
Raechel Cox  
Joshua Creek  
Avery Cross  
Demarcus Dameron  
Dehkontee Dassin



Christopher Davis  
Devin Davis  
Lacey Davis  
Taylor Davis  
Luke Dawson  
William Dawson  
Rodolfo De La Rosa



Ethan Deboer  
Alexis Delgado  
Madison Delk  
Trey Dentler  
Thomas Deo  
Brock Devaughn  
Andy Diaz-Hernandez



Anthony Doss  
Earlexus Drake  
Dana Drew  
Tristin Dubay  
Annastassi Duff  
Alexander Dunagan  
Emily Duncan



Tiffany Dunlap  
Desirae Dupree  
Ashlee Eaton  
Rachel Eckardt  
Breanna Elscott  
Jayacob Elsey  
Jose Enriquez





Paige Eshelman  
Aaliyah Evans  
Alyssa Evans  
Fatima Fadel  
Kaitlyn Falcon  
Raven Fallin  
Eric Fenimore



Jacob Ferriss  
Jennifer Fettters  
Kevin Fettters  
Spencer Fier  
Catarina Fiscus  
Luke Fisher  
Marisa Fitzgerald



Mark Fleming  
James Flickinger  
Luz Flores  
Merissa Flores  
Sabrina Formaro  
Dillon Foster  
Kathryn Foster



Jack Franklin  
Bridgett Frazier  
Dre'shon Frazier  
Amber French  
John Fudge  
Jacqueline Fuentes  
Marrico Gafford



Keesha Gaines  
Jose Galan  
Chelsea Gallagher  
Lane Galvin  
Alfredo Garcia  
Eduardo Garcia  
Guillermo Garcia



Kathryn Garcia  
Megan Gillum  
Dillon Glass  
Christian Gleason  
Samantha Glick  
Elizabeth Golberg  
Audrey Gomez



Destiny Gonzales  
Alvin Gonzalez  
Carlos Gonzalez  
Gladys Gonzalez  
Jose Gonzalez  
Yocelin Gonzalez  
Amber Good



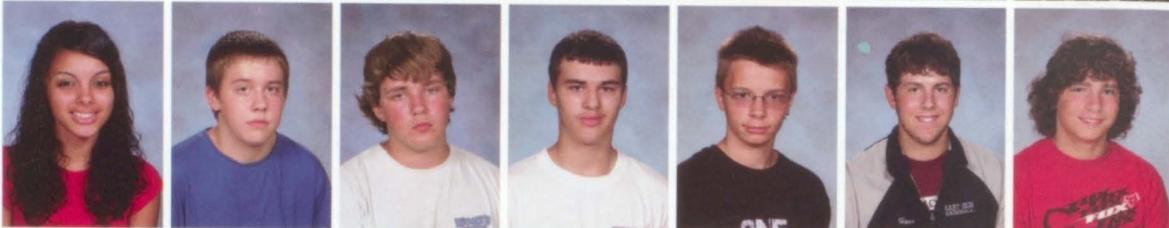
Wyatt Grafton  
Donald Graham  
Philip Graham  
Kerry Graves  
Christina Grimm  
Ryan Grimm  
Dallas Groom

## FRESHMEN

Jordan Gross  
Kierra Gully  
Jesus Guzman  
Jacob Haag  
Joshua Haberling  
Markus Haberling  
Brett Hadley



Micheala Hale  
Chad Hamby  
Tyler Hamel  
Brett Hammernick  
Alex Handy  
Robert Hansen  
Samuel Hansen



Benjamin Harger  
Josie Hargis  
Samuel Harper  
Malik Harrell  
Abdikarim Hassan  
Austin Haus  
Brandon Haus



Jorden Heard  
Nicholas Heathcote  
Samantha Heathcote  
Courtney Hecker  
Ashley Heckinger  
Kayla Heimbaugh  
Courtney Helberg



Jenneatta Hem  
Oscar Henriquez  
Jacob Her  
Juanito Hernandez  
Tatyanna Hernandez  
Luis Hernandez-Urzua  
Ashley Herrington



Jonathon Hill  
Jarred Hilt  
Zachary Hockett  
Carrie Hope  
Casey Hoskins  
Steven Ichelson  
Trystan Irvin



Cody Jack  
Clayton Jackson  
Jasmine Jackson  
William Jackson  
Marcresha Jenkins  
Monet Jenkins  
Jordan Jensen



Jaya Johnson  
Juwan Johnson  
Stanley Johnson  
Brittany Jones  
Vance Jones  
Lesa Jordan  
Melvin Joyas





Leslie Jumper  
Austin Jungers  
Angel Jurado  
Cynthia Jurado-Medrano  
Junior Kahn  
Robert Kern  
Shelby Kerr



Brittany King  
Maritza Knight-Beery  
Michael Knox  
Marranda Knuths  
Theodore Kofoed  
Ryan Kramer  
Jonathan Kucera



Tyler Lake  
Kevin Landaverde  
Hunter Lane  
Daniel Lara  
Paige Larson  
Eternity Lawrence  
Austin Lee



Cameron Lee  
Ben Lein  
Kalvin Leuang  
Adrianna Limon  
Omar Limon-Mariscal  
Christian Lippold  
Dachar Liu



Angela Lo  
Aaron Loftus  
Margaret Long  
Erick Lopez  
Janeth Lopez  
Jesus Luevano  
Stephanie Lund



Reno Luong  
Thuan Luong  
Zachary Lusk  
Dakota Lyddon  
Natalie Lynch  
Dalton Lyons  
Joseph Magiera



Diana Makhmuryan  
Cody Mallory  
Mackenzie Mapes  
Rochelle Marble  
Brian Maria  
Arturo Marquez  
Jessica Marquez



Iridian Marquez-Lopez  
Raul Martinez  
Sydney Mathis  
Amber May  
Deiontre Mayfield  
Todd McConnell  
Ryan McCulley

## FRESHMEN

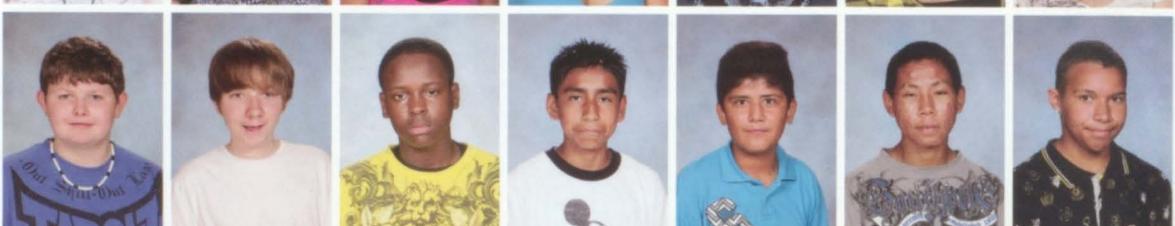
Devante McDonald  
Dilynn McDonald  
Garth McDonald  
Jesse McDonald  
Deontya McMillian  
Brooke McNamer  
Daniel McVey



Latese Meeks  
Stephanie Mendez  
Kimberly Mendoza  
Vanessa Mendoza  
Jacob Michael  
Maribel Millan  
Amber Miller



Jacob Miller  
Benjamin Mills  
Roland Miner  
Angel Monetti  
Gerardo Montalvo  
Dacoda Moore  
Fred Moore



Mackenzie Moore  
Tyler Moore  
Miguel Morales  
Wendy Morales  
Jessica Moreno  
Jer'nica Mozee  
Casey Mozena



Tuesday Mui  
Holly Muir  
Raul Munoz  
Maria Murillo  
Saul Murillo  
Corderious Murry  
Kolby Naylor



Maggie Naylor  
Tal Neilly  
Cianna Nelson  
Kirsten Nelson  
Armon Newell  
Nickie Nguyen  
Juliana Nieto-Guerrero



Michael Nokes  
Michelle Nouchanthavong  
Rebecca Novak  
Jose Nunez  
Josue Ontiveros  
Liliana Ordaz  
Gabriela Ordaz Garcia



Walter Orellana  
Yanci Orellana  
Velia Ortega  
Cristal Ortiz  
Michael Osman  
Leeann Overton  
ameron Owen-Dorsey





Nicholas Page  
Bobby Palmer  
Kendrew Panyanouvong  
Morris Parson  
Michael Patton  
Matthew Pauscher  
Kelsee Payton



Derek Peek  
Milly Penalosa-Mata  
Tatiana Penate  
Mario Perez  
Jayden Perry  
Leslie Perry  
Edgar Perryman



Nathen Peterson  
Vanneda Phengsiaroun  
Jacqulin Philavanh  
Anthony Phothong  
Cynthia Pina  
Marta Placencia  
Sebastian Pongxayavong



Tanisha Powell  
Jeff Puga  
Jade Quang  
David Ragan  
Jose Ramirez  
Omar Ramos  
Yahaira Ramos



Selena Rangel  
Da Jae Rankins  
Destiny Rattray  
Zech Reeder  
Felipe Reinoso-Villarrail  
Nickolas Renda  
Jordan Reynolds



Tyrus Riley  
Kayla Riney  
Daniel Rios  
Brian Rivera  
Kimberly Rivera  
Stefany Rivera  
Austin Robbins



Joshua Robbins  
Lucas Roberts  
Janey Robles  
Adan Rodriguez  
Jonathan Rodriguez  
Vanessa Rodriguez  
Xavier Rodriguez



Michelle Rogers  
Christopher Ross  
Michelle Routh  
Alicia Rowland  
Caitlin Royse  
Alejandra Rubio-Hernandez  
Kalob Russell

## FRESHMEN

Ethan Rustan  
Juan Salas  
Tierra Sanders  
Jesus Sandoval  
Cheyenne Sandusky  
Agustin Sanelias  
Abigail Santos



Eyal Sarabia  
Kiana Schaff  
Ann Scheel  
Kaylin Scheel  
Jacob Secory  
Dakota Shelburg  
Markel Sheley



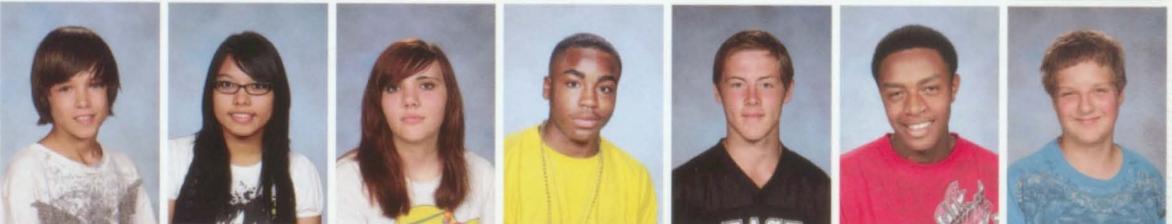
Emily Sherwood  
Donavan Siakhosone  
Tayler Sibert  
Sidney Singh  
Victoria Sleeth  
Preston Small  
Emma Smith



Gabriel Smith  
Miriah Smith  
Nicole Smith  
Presha Smith  
Ryan Smith  
Racheal Smithhart  
Richard Smithhart



Devin Smull  
Maryen Snyder  
Anna Sparks  
Jomaine Speed  
Hunter Stapes  
Michael Stclair  
Blake Steines



Dominick Stevens  
Zachary Steward  
Haley Stoll  
Mattingly Stone  
Dillon Strait  
Blake Sunkle  
Benjamin Swanson



Katelynn Sziber  
Oscar Tavera  
Ian Taylor  
Victorio Terrazas  
Megan Tharp  
Daizsa Thomas  
Emily Thomas



Makala Thompson  
Sabrina Tiarks  
Kelly Tiengham  
Carley Toomey  
Jazmin Torres  
Michael Toruno  
Sarah Trejo





Brittney Trimble  
Kellie Trogdon  
Andy Trotter  
Julio Trujillo  
Nancy Truong  
Tiana Turner  
Christine Tyrrell



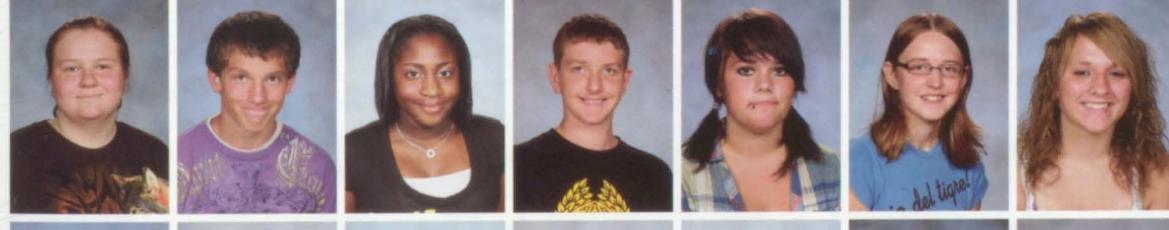
Alex Underwood  
Tyler Vail  
Dillon Van Gundy  
Elijah Vanderschoor  
Vacengleng Vang  
Raini Vangundy  
Robert Vangundy



Skiler Vanhouang  
Heather Vanzee  
Alejandro Vasquez  
Cynthia Vela  
Bianca Venegas Mejorado  
Oscar Verduzco  
Alexander Vockings



Nicolas Vongphandy  
Alyria Vongsaly  
Jennifer Vongvilay  
Gwendolyn Wakefield  
Kylie Waters  
Kalil Watson  
James Weesner



Julianna Wegman  
Austin Wellborn  
Shannea Wells-Young  
David Wessel  
Cheyanne Wiand  
Caitlin Wicker  
Linsky Wilkin



Alonzo Williams  
Ariante Williams  
Corshala Williams  
Devondre Williams  
Drew Williams  
Mike Williams  
Scott Williams



Katie Williamson  
Courtney Wilson  
Julian Wilson  
Kenneth Wilson  
Alrenae Winfrey  
Domonic Winfrey  
Shondrea Winfrey



Shannon Woltz  
Shane Wood  
Cody Worthington  
Cordell Wright  
Jamil Wright  
Samantha Yang  
Treisy Yaquin Davila

## FRESHMEN

Bonnie Young  
Brandon Young  
Ellie Youngwirth  
Bianca Zamora  
Malique Ziegler



## Not Pictured:

Agostino, Luga  
Alvarado, Jefferson  
Alvarado, Juan  
Brandon, Javionte  
Cameron, London  
Carter, Jeffery  
Cornell, Robert  
Cosper, Dillon  
Duff, Richard  
Dunigan, Joshua  
Fallin, Ravin  
Fuentes, Ivan  
Garcia, Gustavo  
Gibbs, Cody  
Gilliam, Nathan  
Goods, Cletus  
Groves, Jessica

Henrich, Annie  
Hicks, Jacob  
Howard, DeAnthus  
Johnson, Stashawna  
Johnson, Gabriel  
Little-Miller, Michael  
Love, Jennifer  
Love, Lanita  
Magar, Neeta  
Malby, Zachary  
Maria, Brian  
McCall, Alexis  
Meeks, Dwashayne  
Millard, Dylan  
Mills, Benjamin  
Murillo, Jorge Oliva  
Naylor, Dillon

Quinn, Taylend  
Richardson, Andrew  
Ricks, Devon  
Rodan, Samantha  
Routh, Amanda  
Scott, Braedon  
Smith, Da'Bryan  
Son, Scott  
Spaans, Dustin  
Stroecker, Roman  
Taylor, Danaka  
VanBalle, Colton  
Vazquez, Marlenne  
Wakefield, Gwendolyn  
Wolfe, Chelsea

## What are your feelings about going to the main building?

"I'm excited to meet new people." - Jesus Luevano

"I'm excited because there's some fine girls up there." - Julian Wilson

"Being separated from everyone else is what I hate so I can't wait to be able to see everyone." - Sarah Coe

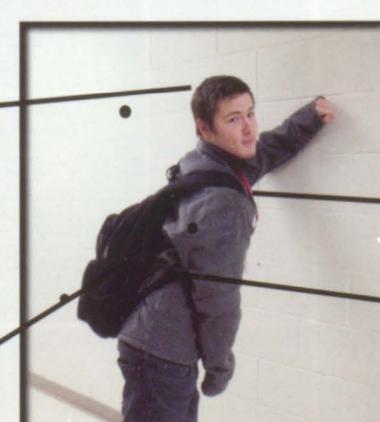
"I'm scared and excited for next year. There's just going to be so many new things." - Dehkontee Dassin

"I think i'm most excited because it's bigger and there are more people." - Ashley Heckinger

# anatomy of a freshman

2014 is  
where it's at!

- Name: Hunter Staples
- Favorite past time: I enjoy being around my friends and watching football with my buddy Blake.
- Sports played/playing: I was on the freshman football team. I also swam on the swim team on JV.
- What makes you one of the most interesting freshman: Because I can rock sunglasses all day...even indoors!



Typical freshman boy

Girls, Sports,  
Schoolwork

Backpack  
for all  
books and  
personal  
items

Lanyard

Good  
style =  
Swag!

"Does my hair  
look ok?"

Lanyard

Typical freshman girl

Boys,  
Fashion,  
School

Winter coat  
for walking  
to the main  
building

Name: Michelle  
Nouchanthavong

Favorite past time: I like to draw and just relax

Sports played/playing: I'm more of a fashion person. I don't play any sports.

What makes you an  
interesting freshman:

I really like to set trends. I also love to try new things.

"I want to meet new people so being up at the main building will help." - Da Char Liu

# Sophomores 2013

"Beginnings are scary,  
it's what you do in between"

Tashiana Adams  
Robert Adler  
Liliane Akimpaye  
Jacquelin Alarcon  
Juan Alba



Jeremy Alderman  
Cody Allbee  
Micheal Allen  
Gage Allison  
Juan Alvarado



Erika Alvarez  
Janet Alvarez  
Jose Alvarez  
Carina Amaya  
Echo Amos



Baylee Anderson  
Dakota Anderson  
Jacob Anderson  
Jasmine Anderson  
Kaitlin Anderson



Alexandros Anousis  
Mayual Anyuon  
Jose Arredondo  
Angelo Arreola  
Troy Ashley



Brittney Auch  
Andrea Avila  
Mu Ba  
Jacob Baccam  
Sophie Backham



Jeromy Bacon  
Joseph Bahnsen  
Hannah Bailey  
Andrew Baires  
Chloe Baker



endings are usually sad;  
that counts the most."



Kylie Ball  
Daniel Banegas  
Austyn Banks  
Jeremy Banks  
Johanna Banks  
Manuela Barron  
Kelsey Beal



Marcus Beattie  
Sarah Beener  
Megan Belcher  
Tavean Bell  
Brittany Bemisdarfer  
Savannah Bennett  
Leslie Bernal-Perez



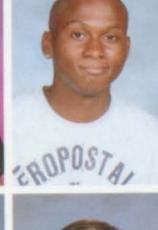
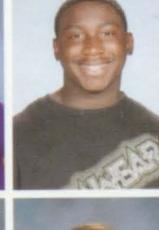
Mu Bi  
Yasmin Bibian  
Bambi Bickle  
Jake Biegger  
Kali Biondi  
Travis Bland  
Jobie Boals-Watters



Benjamin Boeckholt  
Chelsey Boileau  
Aerial Boman  
Brianna Boner  
Michael Borts  
Jeremy Bos  
Eric Boston



Keanan Boutchee  
Ryan Bradford  
Tamaiya Bradford-Johnson  
Jakyra Brandon  
Brandon Brooks  
Annmarie Brown  
April Brown



Dae'shaun Brown  
Justice Brown  
Kevin Brown  
Richard Brown  
Caitlind Brumbaugh  
Davontae Buckner  
Prakash Budathoki



Savanna Bullington  
Elizabeth Burgett  
Krystal Burgett  
Justine Buttrey  
Sidney Cam  
Brenda Cambray  
Lesly Canizales

## SOPHOMORES

Haley Cardines

Kayla Carre

Rachel Carstens

Reio Cason

Brockdyn Catron

Christopher Catron

Steven Cavan



Roeles Cavazos

Juana Ceballos

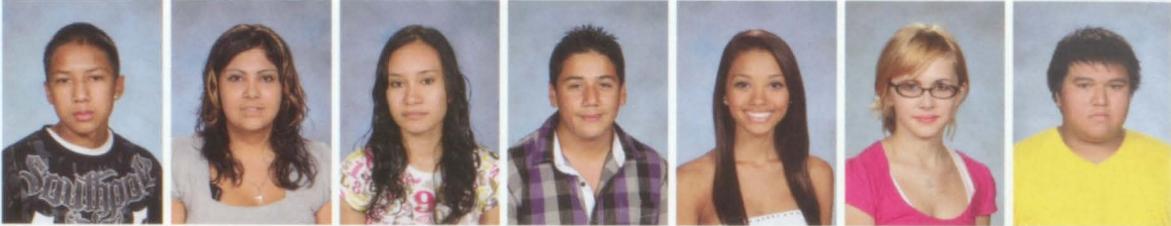
Cinthia Cequera

Martin Cervantes

Jasmine Chak

Heaven Chamberlain

Toby Champalath



Alex Chapman

Alma Chavez

Jennifer Chavez-Rivera

Zachary Chestnut

Steffian Church

Kara Cipperley

Daniel Clark



Alejandra Contreras

Allyson Contreras

Beatriz Contreras

Maria Contreras-Santos

Trevor Conway

Alejandra Cordova Perez

Shiloh Corral



Cassandra Couch

Lawrence Courtney

Courtney Crist

Geedmarie Cruz

German Cruz

Romario Cruz

Anthony Curry



Jacob Dank

Helen Dao

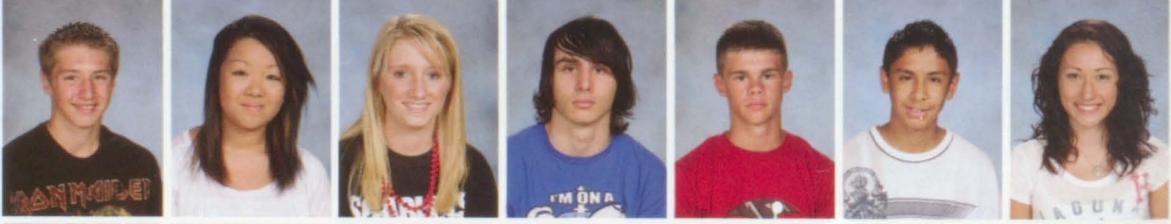
Miranda Daughenbaugh

Joseph Davis

Danny Dawson

Mauro Deavila

Keelie Deay



Kassidy Debont

Kaylee Debrouse

Ashley Dehaan

Darian Delaney

Nicholas Delarosa

Dominga Delgado

Cameron Devan



Brandon Diehm

Trinh Do

Alpha Doerue

Billy Douangsithi

Cassandra Douglass

Kaylene Drayton

Mackenzie Drew





Christina Duncan  
Taylor Dunn  
Carly Dycus  
Lydia Dyer  
Tara Edvenson  
Tyler Edvenson  
Dustin Elswick



Cory Ely  
Wyatt Enos  
Jeffrey Erickson  
Tlesia Ervin  
Diana Fabian-Santos  
Eva Fabray  
Jacob Fallon



Sergio Felix  
Sydney Fields  
Kaine Fiscus  
Kayla Foreman  
Karl Frank  
Odyssey Freeborn  
Savanna Fuller



Stephenie Gabriel  
Hailey Galloway  
Brenda Garcia  
Daisy Garcia  
Gabriella Garcia  
Heidy Garcia  
Yesenia Garcia



Aaron Gathercole  
Freweyni Gebrezabiher  
Hiwot Gebrezabiher  
Joshua Gerdon  
Grace Gerke  
Kyrie German  
Dale Gibbens



Dylan Gile  
Alicia Gillette  
Sonya Glass  
Katelyn Glover  
Kyle Goff  
Denys Gonzalez  
Jose Gonzalez



Kenya Gonzalez  
Khassidy Goods  
Isaiah Green  
Morgan Green  
Francisco Guerrero  
Joanna Guerrero  
Miguel Guerrero



Abdi Guled  
Cameron Gunderson  
Elizabeth Hager  
Mckenzie Hale  
Hunter Hall  
Cody Haneca  
James Hanson

## SOPHOMORES

Robert Harlan  
Dominic Harrington  
Romenek Harrington  
Jensen Hastings  
Jodi Hatcher  
Amanda Hatfield  
Elissa Haugh



Tyreisha Hayes  
Jewel Head  
Joel Head  
Jazmine Heard  
Lisa Heckethorn  
Jessee Heimbaugh  
Tyler Helfert



Lindsay Helm  
Brittany Henderson  
Clara Henson  
Dillon Hernandez  
Erick Hernandez  
Lily Hernandez  
Mariana Hernandez



Marisol Hernandez  
Javier Hernandez-Rodrig  
Andrea Hiatt  
Angie Hidalgo  
Kaylee Hilario-Bahena  
Alesha Hildreth  
Ashley Hogate



Kyle Holcomb  
Kyle Holleran  
Lauren Holmes  
Harlie Hopkins  
Hanna Hoskins  
Aaron Hosman  
Sugey Huchim-Garcia



Verlayia Hudson  
Shara Huffman  
Makayla Hunter  
Alexander Huynh  
Justin Huynh  
Aaron Iruegas  
Phillip Isbell



Armando Islas-Hernandez  
Alexis Jackson  
Xavier James  
Shawn Jarrett  
Crystal Jasper  
Nicholas Jeffcott  
Alexis Jenkins



Christopher Johnson  
Hannah Johnson  
Steven Johnson  
Tara Johnson  
Grant Jones  
Joshua Jones  
Edwin Jorkey





Victor Jurado  
Sean Kane  
Terrence Karlar  
Jeffrey Kathi  
Zachary Kellogg  
Michael Kendall  
Njeri Kennedy



Alisha Keointavong  
Nichole Kern  
Jason Khamlue  
Julie Khamlue  
Jacqueline Khamma  
Jessy Khanthaphengxay  
Julie Khanthavongsa



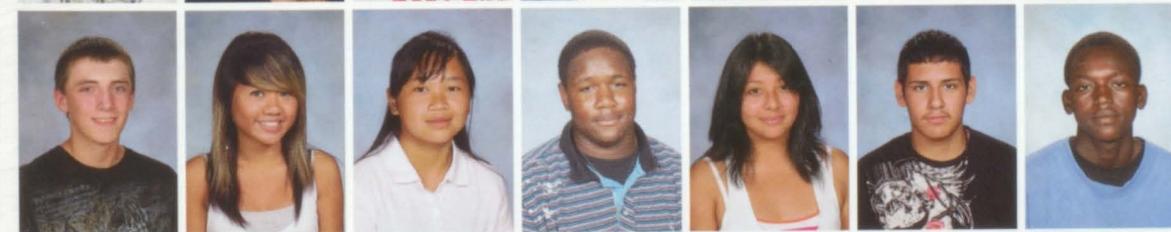
Ashley Kimbley  
Chelsey Kimmel-Kendrick  
Theodore Kirk  
Nicole Kirkpatrick  
Jasmine Kirkwood  
Adam Knode  
Kerri Kochheiser



Dylan Kokke  
Austin Kramer-Thompson  
Kyler Krogman  
Jasmin Landeros  
Jessie Lane  
Joel Lara  
Matthew Lawler



Katlyn Lawson  
Meredith Layman  
Garrett Lear  
Maikee Lee  
Cristal Leguizamo  
Joshua Lemon  
Anthony Leuang



Justin Lippold  
Briana Lovan  
Nancy Lovan  
De Rico Lowery  
Crystal Lozano  
Andres Maldonado Jr  
Alier Mamourjok



Dulce Manjarrez-Nunez  
O Ron Manson  
Amanda March  
Jennifer Marquez  
Olivia Marquez  
Stephanie Marquez  
Alexandria Martin



Andrew Martin  
Luke Martin  
Cristian Martinez  
Mason Martinez  
Ramon Martinez-Tovar  
Johnathon Mayes  
Victor Mayes

## SOPHOMORES

Matthew McCarter  
Benjamin McClure  
Nicole McDaniel  
Brandon McGill  
Millie McKeever  
Dylan McVey  
Baden Medearis



Marisol Mejia  
Abbey Mendenhall  
Jesus Mendez  
Yuliana Mendoza-Pintor  
Miles Menninga  
Carkessa Merrill  
Christian Mesta



Ryan Middleton  
Jazmin Miller  
Lacey Miller  
Donald Miner  
Mackenzy Moats  
Adan Mohamud  
Evan Mom



Kristen Monroe  
Amairani Montoya  
Ana Morales  
Ignacia Morales  
Yuri Morales  
Veronica Moran  
Jonathon Moreno



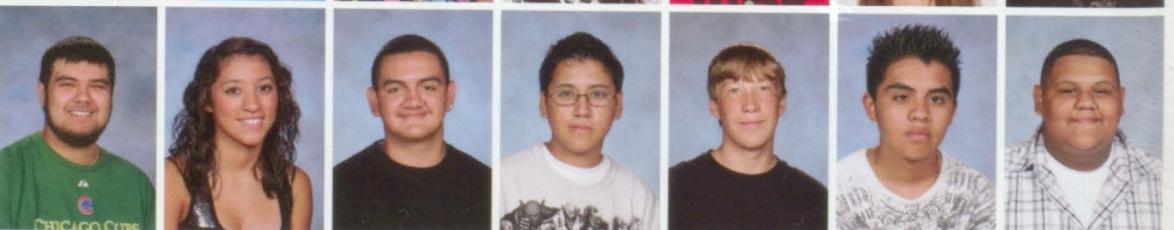
Roger Moreno  
Markale Morrison  
Stephon Motte  
Fernando Murillo  
Henry Murillo  
Jayde Murray  
Ga Na



Dezaray Nair  
Tomeka Newman  
Moneisha Newton-Weber  
Alexandria Nguyen  
Jackson Nguyen  
Laci Nichols  
Zachary Nieland



Devin OConnor  
Celia Ojeda  
Dumars Oliva  
Adrian Olivares  
Allen Olson  
Melvin Orellana  
Adrian Orozco



Guadalupe Ortega  
David Ortiz  
Makayla Ortiz  
Elizabeth Ouverson  
Jasmine Palmer  
Jason Palomino  
Leon Paris





Sharae Parker  
Michelle Patino  
Angeles Perez  
Derian Perez  
Janett Perez  
Jordan Peters  
Alune Phaisith



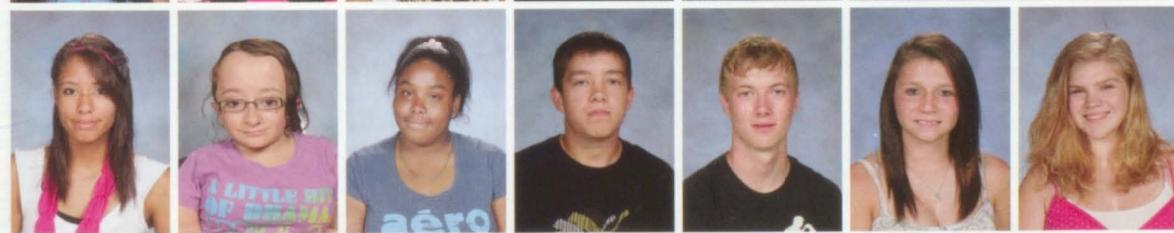
Brenda Phongphachone  
Timothy Phongvixay  
Mu Phrae  
Alejandra Pina  
Aldo Plascencia  
Darby Poller  
Sartorio Pope



Fehim Porcic  
Ashlea Prideaux-Thomas  
Brianna Proctor  
Lorenzo Prones  
Eric Quintanar  
Tanner Radden  
Jazmin Ramirez



Karina Ramirez  
Jessica Ramos  
Melissa Rangel  
Vanessa Razo  
Clay Reber  
Kalen Reed  
Theodosia Reed



Alexandra Reid  
Heather Reimers  
Zeare Renfro  
Michael Renteria  
Chase Reynolds  
Jamie Reynolds  
Victoria Richardson



Joseph Riesterer  
Shannon Riggan  
Jenny Rissman  
Ryan Rivas  
Brian Rivera  
Elizabeth Rivera  
Maximiliano Rivera



Andrea Robbins  
Katelyn Roberts  
Austin Robertson  
Shane Robey  
Mikendra Robinson  
Omar Robles  
Michael Roby



Denny Rodriguez  
Jose Rodriguez  
Marvin Rodriguez  
Sandy Rodriguez  
Kip Rogen  
Marvis Routh  
Jay Rowat

## SOPHOMORES

Prisma Ruacho

Hailey Rusk

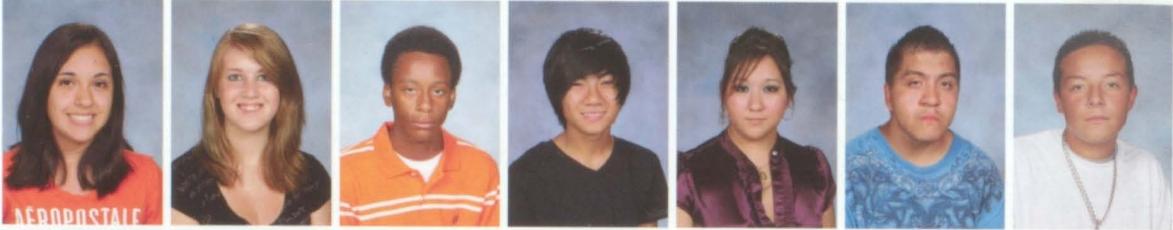
Yarvon Russell

Anthony Saengphommachan

Brenda Saenz

Vincente Salamanca-Ortega

Anthony Salas



Melissa Salgado

Abu Sama

Jacob Samuel

Anny Sando

Raul Sandoval

Javier Santos

Stephanie Santos



Luis Saravia

Sandra Sauceda

Nicholas Sawhill

Nick Sayavong

Hailey Scanlon

Matthew Schmitt

Jacob Schmitz



Jeffrey Schmitz

Caitlin Scott

Caitlin Searcy

Michael Sells

Battee Seyou

Michael Shelburn

Jacob Shepard



Princess Sheriff

Shawn Shimer

Kyle Shipler

Kayla Shoafstall

James Shorter

Carlos Silva-Trejo

Ryan Skow



Shelby Slater

Franklin Slaton

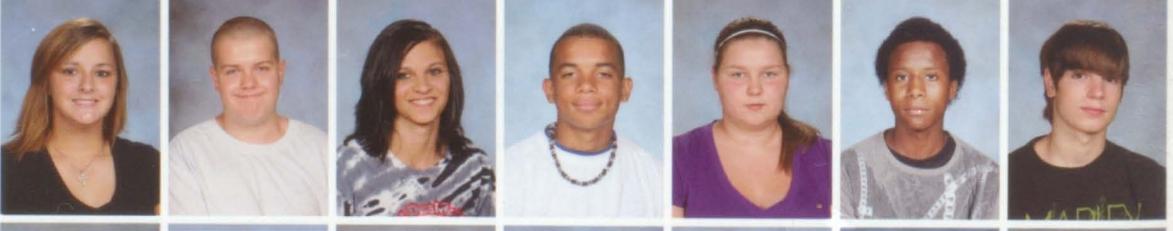
Taylor Slifka

Cameron Slothouber

Amber Smith

Antoine Smith

Brandon Smith



Mackenzi Smith

Tyrell Smith

Seth Smothers

Khu Soe

Mamie Solo

Daisy Solorzano

Kaitlin Stalkup



August Stangl

Revay Stewart

Michael Stougard

Dil Subedi

Tulashi Subedi

Christina Syhavong

Craig Taylor





Kabeion Teagues  
Tyree Temple  
Brandon Thomas  
Masaya Thompson  
Shyana Thompson  
Israel Toluwalase  
Adrian Torres



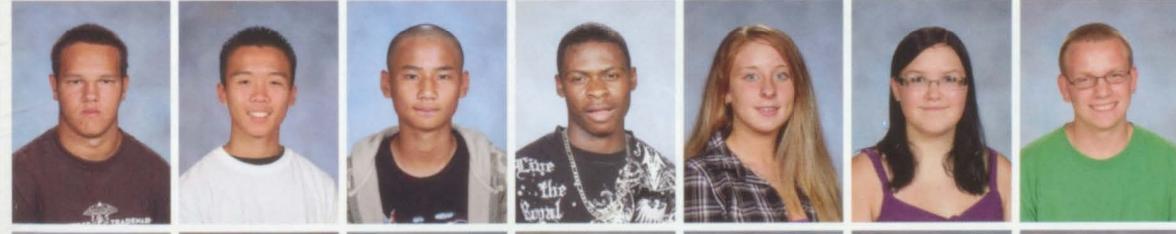
Michael Towers  
Stephani Tran  
Janeva Trejo  
Tobias Tyler  
Steve Ukpan  
Esmeralda Uribe  
Cristina Valenzuela



Seth Van Helten  
Kara Vandeo  
Rikki Vandermark  
Houa Vang  
Jacob Vangundy  
Paige Vasey  
Alondra Vazquez



Laura Vazquez  
Vanessa Vazquez  
Cinthia Vazquez-Rodrigue  
Michael Vega  
Berthalisia Velazquez  
Lucero Velazquez  
Sydney Vestal



Marko Vojodic  
Austin Vorasith  
Hen Wah  
Thomas Wah  
Ashly Wallingford  
Chanda Ward  
Aaron Waters



Jesmond Waterson  
John Weaver  
Taylor Weesner  
Dylan Weir  
Bailee West  
True Wheeldon  
Austin White



Katyra White-Jordan  
Alfred Wiles  
Josie Wilkerson  
Adrianna Williams  
Taylor Williams  
Albrea Winfrey  
Artichala Wise



Bedipeny Wom  
Ashley Woodson  
Nathan Worthington  
Keisha Wright  
Yonnah Yassin  
Mindy Yom  
Breann Young

## SOPHOMORES

Breanna Young  
William Young  
Nakhwo Yussuf



Not Pictured:

Alvzrenga, Carla  
Bernal, Walter  
Bernal-Gallegos, David  
Burgs, Brianna  
Charles, Winifred  
Dowdell, Brinandra  
Fawzi, Ghutroun  
Fawzi, Zahraa  
Flores, Andres  
Gibbs, Lacy  
Grafton, Joesph  
Harris, Larisa  
Holmes, Sabra

Jilek, Thomas  
Ramirez, Ralph  
Robb, Elizabeth  
Rodriquez, Anthony  
Summy, Kelsi  
Tapp, Jozlin  
VanDyke, Dashawn  
VanGundy, Shelby  
VizCarra, Andrea  
Wah, Patience  
Wallace, Kyle  
Weigel, Paige



# Captivating

Layout By: Riley Fisher

### Artichala Wise

Activities: Basketball, Science Bound, hanging out with family and friends, and sleeping.

Relationship Status: Three years this November with her boo Trey Songz...but she sticks with her motto "Love is for Losers!"

Favorite Thing To Do In My Spare Time: Sleep! Sleep! Sleep!

### Kyrie German

Activities: Bowling and Babysitting

Relationship Status: None, I got that single girl swagg.

People That Made Me, Me: My mom and my dog, because they are always there for me.

## Kip Rogen

**Activities:** Football, hanging out with friends, texting...all the basic stuff.

**Role Model:** Mom, because she helps me through everything and was always there for me.

**Why am I Interesting:** Because I have all the Swagg.

**Relationship Status:** No one yet! But to all the single ladies out there, I'm still looking!

What makes you an interesting sophomore?



## Lindsey Helm

**Activities:** Steppers Dance Team

**Relationship Status:** No boyfriend...I'm way too busy to commit to that kind of relationship

**Hobbies:** Dancing is my life. I'm always at the dance studio. I also love to hang out with my best friend, I don't know what I'd do without her.

**Family:** I live with my mom and younger sister, but I also have two older brothers.

## Brittany Bemisdarfer

**Activities:** Softball, sleeping, watching TV, and talking on the phone.

**Relationship Status:** A boyfriend of five months, his name is Jeffrey Schmitz.

**Dreams:** To become a cheerleader.

**Why am I interesting:** I think I am interesting because everyone is interesting in their own way.



# Junior Class

2012

**"Getting over a painful experience is  
You have to let go at some point"**

Jordan Abeling  
Manuel Acosta  
Julia Aguilar  
Austin Ahl-Jones  
Jennifer Alarcon



Irelan Allen  
Liset Alvarez  
Oscar Alvarez  
Taylor Anderson  
Evelin Andrade



John Andrews  
Martin Arredondo  
Rachel Avant  
Riley Bacon  
Andy Bahena



Megan Bailey  
Amber Baker  
Travis Bales  
Travis Barr  
Dustin Barrett



Tyler Barsetti  
Matthew Basham  
Travis Bass  
Jordan Bates  
Ashley Baumgardner



Ariana Bautista  
Milagros Bautista  
Austin Bellis  
Zachary Benevento  
Julie Bentley



Luz Bermudez  
Fjolla Bisha  
Conner Bixby  
Kasie Blaine  
Paige Blair



much like crossing monkey bars.  
in order to move forward."



Benjamin Bolten  
Hailey Boman  
Javier Bos  
Colton Bostwick  
Taylor Bouger  
Cheryl Branson  
Joshua Brawdy



Ashley Brooks  
Matthew Brouwer  
Shakur Browder  
Breanna Brown  
Cody Brown  
Donte Brown  
Raeniece Brown



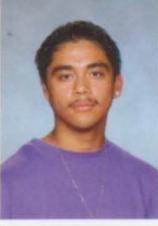
Stephen Brown  
Caitlynn Bruscher  
Darrionna Bryson  
Philip Bui  
Dontrey Bundy  
Katherine Burns  
Cilla Burrows



Damon Buttrey  
Justus Buttrey  
Joycelin Calderon  
Catlin Caldwell  
Alex Calkins  
Julio Calvo  
Kayla Cam



Cristian Camacho  
Ngoc Cao  
Tania Cardenas  
Kami Cardines  
Melissa Cardines  
Jacob Carlson  
Andrew Carroll



Dominique Carroll  
Brooke Casey  
Katy Casey  
Travis Cavan  
Maria Ceballos  
Ricardo Ceballos  
Ashley Chang



Kevin Chanthavong  
Derek Chapman  
Mach Chuol  
Emalie Cipale  
Tereasa Clair  
Mitae Clayborne  
Jama Clayton

## JUNIORS

Jeremy Clearwater  
Shawnice Collier  
Sarah Collins  
Caleb Conner  
Edgar Contreras  
Jose Contreras  
Vanessa Contreras-Colung



Nathan Cort  
Kaitlin Cortez  
Aaron Coyle  
Melissa Craig  
Cody Crane  
Lindsey Cronk  
Emma Cross



Charlyn Csacsu  
Whitney Culp  
Alexes Cummings  
Blake Cunningham  
Shelby Curry  
Courtney Custard  
Sky Dale



Curtis Dantzler  
Alexandra Davis  
Fatima De Avila  
Jessica De Avila  
Jocelyn De Avila  
Simon De Avila  
Melissa Deerr



Manuel Delgado  
Musa Deng  
Nyachudier Deng  
Sharayah Devick  
Razaz Dieu  
Bob Doan  
Diana Dominguez



Ashlee Doughman  
Amanda Doyle  
Austin Dueling  
Zackary Dunn  
Sovanny Ear  
Zach Eddinger  
Jeanne Edwards



Dillon Eisenlauer  
Caitlin Ely  
Alyssa Espinoza  
Tyeana Estes  
Anabel Estrada  
Arianna Evans  
Daniel Evans



Tenea Fabray  
Bethany Faux  
Summer Ferguson  
Riley Fisher  
Allison Fitzgerald  
Michael Fitzpatrick  
Sarah Fitzpatrick





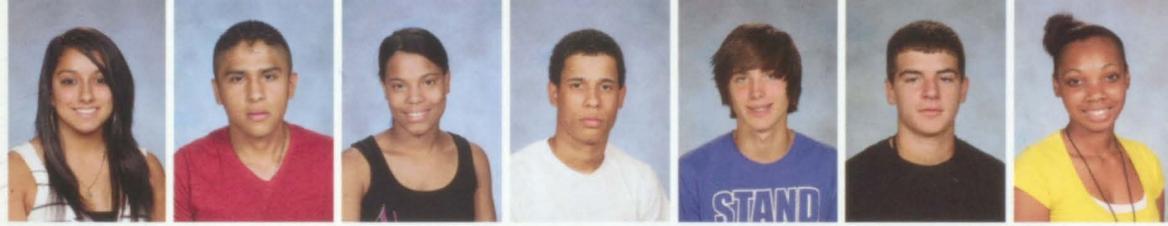
Anna Flickinger  
Gregory Flippo  
Scott Folsom  
Hannah Ford  
Kayla Ford  
Lacey Formaro  
Deanna Fox



Lloyd Frank  
Benjamin Frazier  
Alissa Frey  
Heather Fulford  
Skylar Funderburk  
Cynthia Gallardo  
Samantha Garcia



Alicia Gearhart  
Brandon Gerke  
Zachary Gibson  
Melissa Godoy  
Calista Gomez  
Jorge Gomez  
Taylor Gomez



Cindy Gonzales-Ortiz  
Oscar Gonzalez  
Dali Gonzalez-Garcia  
Felix Gonzalez-Garcia  
Jacob Gracey  
John Grant  
Tuesday Gray



Katelynn Green  
Michael Green  
Samantha Green  
Jessica Grochala  
Zachary Gronewold  
Alexander Gross  
Paige Groves



Kennita Grutel  
Deontazsha Gunn  
Tu Ha  
Patsy Hadley  
Joshua Hague  
Samantha Halsten  
Cierra Hampe



Omar Hassan  
Zeinab Hassan  
Austin Hatfield  
Austin Hedlund  
Brittanie Helberg  
Danniel Hem  
Brandon Hendrickson



Alexander Hensley  
Rosalie Henson  
Jessica Hernandez  
Karla Hernandez  
Manuel Hernandez  
Armando Hernandez-Urzua  
Trevor Higgins

## JUNIORS

Kristel Hill  
Zachary Hilt  
Jay Holmes  
Erika Hood  
Demarkus Horton  
Rachel Houck  
Vanada Houn



Drew Hurley  
Phillip Huxford  
Mayra Ibarra-Trejo  
Noretha Innis  
Alec Inrachavongsa  
Diana Inthaboune  
Yessica Iraheta



Juan Iruegas  
Colezell James  
Jacorey James  
LaNae James  
Robert James  
Ashley Jeffries  
Alyssa Jernstad



Michaela Johnson  
Qnique Johnson  
Alicia Jones  
Forrest Jones  
Salat Jones  
Samuel Joseph  
Simon Joseph



Edemir Joyas  
Ryan Joynes  
Mark Juarez-Martines  
Ramiro Jurado  
Victor Kamara  
Lovetee Kanneh  
Erica Kellogg



Chukwuebuka Kemdirim  
Zachariah Kempf  
Darlene Keointavong  
Bryan Kern  
Jessica Kincaid  
Chae King  
Chance Kinney

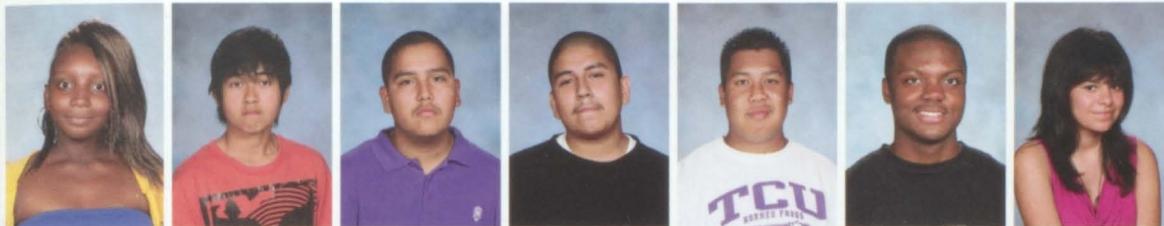


Samuel Kinter  
Amber Knox  
Kristina Knuths  
Austyne Kobrock  
Shaylon Kobrock  
Deserae Kofoot  
Erika Kommavongsa



Nathan Kouangvan  
Michael Kreitz  
Wesley Kreutz  
Haley Larson  
Michael Larson  
Brandon Lautenschlager  
Brennan Lawrence

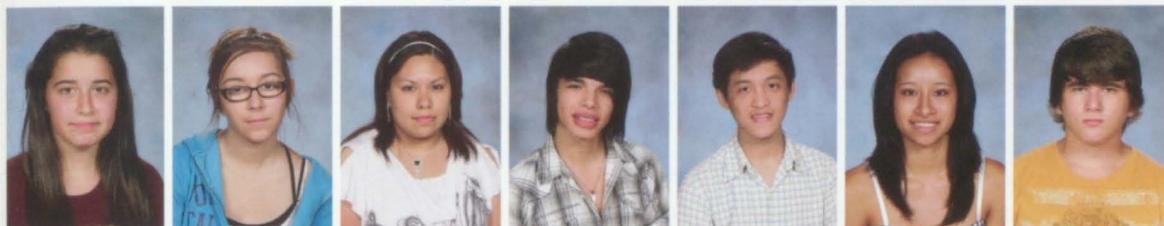




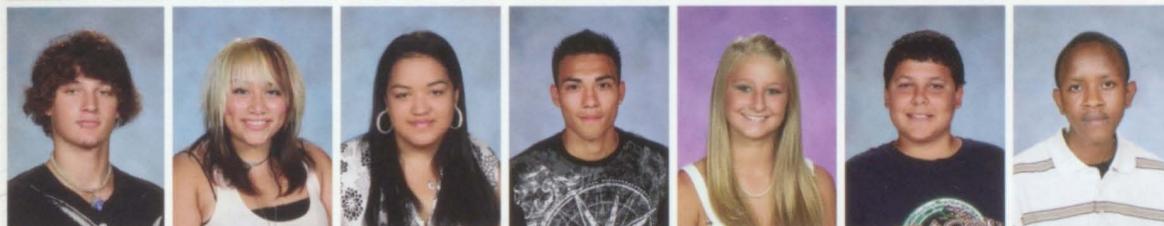
Desare Lawson  
Kiet Le  
Daniel Leanos  
Jorge Ledezma  
Justin Leuang  
Zachary Lewis  
Sonia-Marisea Limon



Todd Little  
April Llano  
Brandon Long  
Berenice Lopez  
Jennifer Lopez  
Luis Lopez  
Yadira Lopez



Tori Lord  
Valerie Lorimor  
Maricela Lozano  
Jose Lupercio Perez  
Luong MaC  
Itzel MaCeda  
Vitaliy Makhmuryan



Nathan Mann  
Esmeralda Maria-Mendoza  
Johnalie Martinez  
Juan Martinez-Salazar  
Miranda Mason  
Zachary Mata  
John Mburu



Darrion McCaughey  
Taylor McDaniel  
Tanner McGriff  
Ashley McMenamin  
Ronte McNeill  
Joshua Meinke  
Anel Melendrez



Matthew Mendenhall  
Magaly Mendoza  
Rodolfo Mendoza  
Preston Mila  
Alysia Millan  
Cole Millard  
Josie Miller



Todd Miller  
Jovi Mom  
Donald Mongar  
Kenzi Mongar  
Neftali Montesino  
Tanner Moore  
Francisco Morales



Michael Morrison  
Jordan Morrow  
Geoffrey Most  
Jerome Mozee  
Alisha Mullin  
Jasmin Munoz  
Cole Myers

## JUNIORS

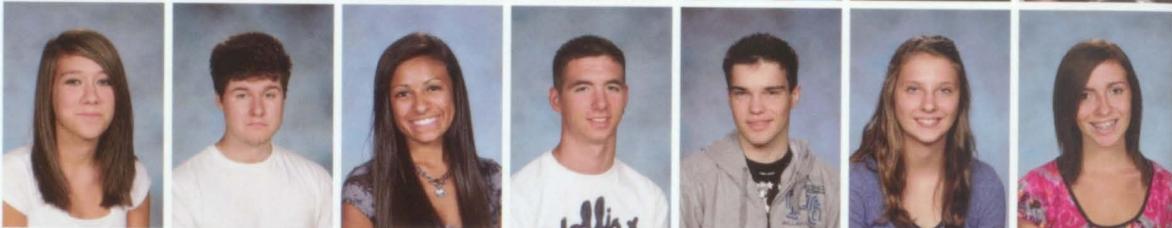
Ashley Nash  
An Nguyen  
Justin Nichols  
Kaleigh Nichols  
Jordan Niffenegger  
Brooke Nokes  
Stephanie Nowels



Jacob Nutt  
Jeffery O'Brien  
Michael Olgren  
Brittney Oliver  
Lucy Olmos  
Kierra Osborn  
Regina Osman



Ashley Overton  
Kevin Owen  
Gabriela Palacios  
Gerald Palmer  
Stefan Panic  
Kalsa Parker  
Nicole Patrick



Angela Pauscher  
Dereck Pemberton  
Adrian Perez  
Vanessa Petersen  
Dustin Peterson  
Ravary Phaviset  
Matthew Phipps



Shauna Pierce  
Dylan Pol  
Cody Pollock  
Stacie Post  
Marilyn Potter  
Kaylee Putzier  
Skyre Quang



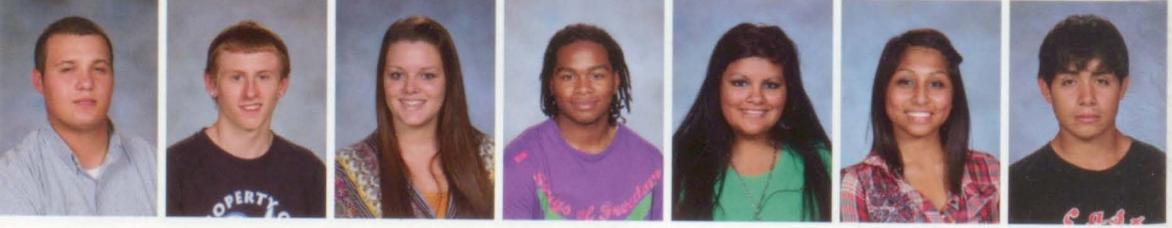
Stormy Rand  
Gillian Randall  
Arthur Randolph  
Asia Randolph  
Landon Randolph  
Dylan Rangel  
Felicia Rangel



Anthanee Ratsakanh  
Levi Reasoner  
Alexis Reber  
Reba Reber  
Jazmyne Reich  
Araynna Reid  
Mercedes Reynolds



Matthew Rinner  
Rodney Robbins  
Devon Roberts  
Sterling Robinson  
Brenda Rocha  
Angelica Rodriguez  
Ricardo Rodriguez





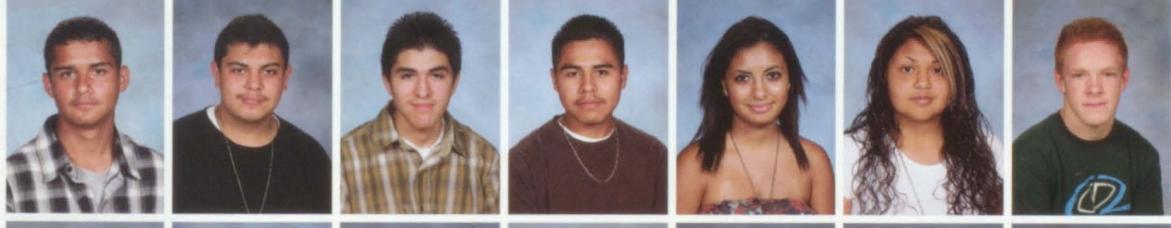
Rocio Rodriguez  
Yeltsin Rodriguez  
Damon Rodriguez  
Jennifer Rogers  
Aubrey Roland  
Joshua Rounds  
Kristina Rounds



Thomas Routh  
Andy Rowe  
Courtney Royce  
Matthew Royce  
Jokthiang Ruot  
Alexa Rusk  
Tasha Rustan



Jesse Ryan  
Jeanda Sakahanone  
Carlos Salas  
Juan Salas  
Ahmed Sama  
Bailey Sample  
Jordan Sams



Omar Sanchez  
Felipe Sandoval  
Ricardo Sanelias  
Larri Santos  
Yanet Santos  
Yariss Sauz  
Chance Scott



Rene Senecaut  
Arnold Sengsirivanh  
Tyler Seward  
Deandre Sharkey  
Thomas Sharp  
Logan Shaw  
Jeremiah Shepherd



Christian Sherwood  
Daniel Shoafstall  
Cassandra Siders  
Trista Sierra  
Abigail Sigmund  
Julia Sigmund  
Carmen Silva Trejo



Ashley Simpson  
Grant Simpson  
Desaree Singleton  
Jayde Sleeth  
Jason Slight  
Darrell Smith  
Evan Smith



Janie Smith  
Joshua Smith  
Laci Smith  
Lashawn Smith  
Lindsey Smith  
Gay Soe  
David Sowder

## JUNIORS

John Spratt  
Radenko Stankovic  
Erin Stanley  
Tyler Starner-Fry  
Dylan Steben  
Amanda Steines  
VanDyke Stephon



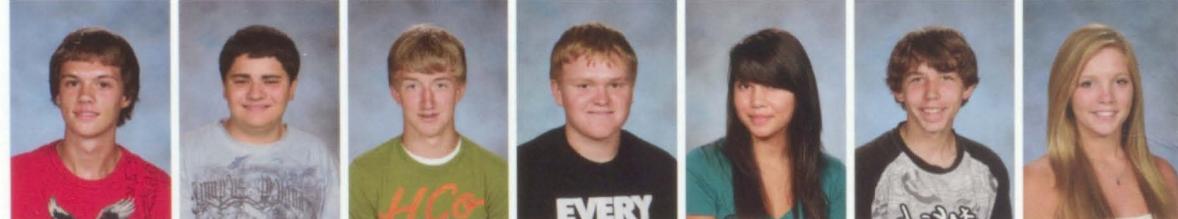
Heather Stilson  
Dominique Stone  
Johnathan Straley  
Shane Sullivan  
Angel Summers  
Shylo Sziber  
Pierre Talton



Prince Tarlue  
Sierra Tate  
Anna Taylor  
Tajia Taylor  
Danniell Terrazas  
Efren Terrazas  
David Thacker



Michael Thomas  
Nicholas Thomas  
Spencer Thompson  
Kyle Thomson  
Leanna Thun  
Zakary Titus  
Shaylyn Toelle



E'lexis Tolson  
Bradley Treanor  
Christian Trejo  
Guadalupe Trejo  
Javon Trejo  
Johnson Truong  
Phat Tan Truong



Amanda Tucker  
Frank Tully  
Aminata Turay  
Shyreka Turner  
Christopher Tutje  
Jeremy Tyler  
Nicole Underwood



Wendy Uribe  
Arnoldo Valadez  
Christian Valenzuela  
Jessie Vance  
Matthew Vance  
Kyle Vanderzyl  
Robert Vandyke



Lily VanGundy  
Yesenia Vargas  
Lidia Vasquez  
Jose Venegas  
Rosa Ventura  
Mayra Verduzco  
Nicholas Vernon





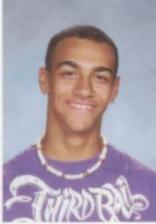
Jose Villa-Navarro  
Snezana Vojvodic  
Jacob Wagner  
Crystal Walker  
Chelsie Warren  
Dylan Warrick  
Jacob Waters



Emily Weihs  
Summer Weinman  
Markie White  
Megan Whitfield  
Mackenzie Whittington  
Cody Wilkinson  
Wade Williams



Nicklas Williamson  
Brooke Wilson  
Quincy Wilson  
Kaly Wolfe  
Sadie Woods  
Katelyn Worple  
Anthony Worthington



Cephus Wright  
Tarif Wright  
Tony Xaysana  
Sonny Yang  
Quan York  
Cameron Young  
Nathan Young



Tiffany Zuniga

## Not Pictured

Beasley, Lynn  
Benitez, Yesenia  
Bevington, Kendra  
Campbell, Anthony  
Carpenter, Cameron  
Conn, Shaun  
De La Rosa Jr, Rogelio  
Diaz, Jesenia  
Dieu, Razaz  
Esparza, Karina  
Espirita, Gladys  
Everett, Daniel  
Fox, Taylor  
Gardener, Tyrod  
Gonzales-Ortiz, Cindy  
Grett, Kara  
Grylls, Sara  
Harrison, Daniel  
Hawthorn, Andrew  
Herman, Coree  
Jefferson, Ramello  
Keil, Kent

Keller, Nicole  
Lord, Julie  
Maurer, Michael  
McCormick, Albert  
McDonald, Nathaniel  
Midthun, Shelby  
Plascencia, Marco  
Robbins, Talon  
Robles, Mayra  
Rubio, Jovani  
Salazar, Stephanie  
Scruggs, Andrew  
Struecker, Dillan  
Swabey, Jadian  
Taylor, Chavia  
Torres, Felipe  
VanDyke, Stephon  
Vaske, Dalton  
Villalba, Joanna  
Wessel, Rusty  
Winger, Cody

# Senior Bucket List

What do you want to do before you graduate?

Layout by Haley Larson

## Senior Year Checklist

- Be Justin Bieber's back up dancer.  
-Nathan Kouangvan
- Play a senior prank. -Alice Foss
- Eat at a buffet until they kick me out. -Kevin Owen
- Drive to school. -Zach Mata
- Go to a furniture store and jump on a bed. -Taylor Boughey
- Be president of student government.  
-Austin Ahl-Jones

"Drive myself to school."  
Alyssa Espinoza.

"Be a master videogamer/ explore the jungle nude,"  
Blake Cunningham.

■ "Want to be glabrous (smooth and hairless)," Jordan  
"Play a senior prank," Kenzi Mongar.  
■ "Paint all the hallways purple," Kami Cardine.  
■ "Get all A's," Drew Hurley.

"Fill my locker with thongs," Jocelyn De Avila.  
"Learn how to knit," Anthony Worthington.  
■ "De-pants a teacher," Justin Nichols.

"I want to get arrested,"  
Gill Randall.

"Beat Salat Jones in a race," Mikey Thomas.  
■ "Let my hair grow long," Efren Terrazas.  
"Get a car," Marilyn Potter.  
■ "Streak down the hallways," Brooke Nokes.  
"Break into the zoo," Kiet Le.  
■ "Get a tattoo," Riley Fisher.  
"Make a million dollars," Cole Myers.  
■ "Go back to Asia," Justin Levang.  
"Beat Nathan Kouangvan at soccer," Johnny Truong.  
■ "Go to Phoenix," Sterling Robinson.

"Make my pecks dance,"  
Arnold Sengsirivanh.

■ "Throw a crazy party," Sydney Adrian.  
■ "Get Blake Cunningham on a diet," Janie Smith.  
■ "Beat Coach Schoon in a weightlifting competition," Nick Williamson.  
■ "Make a varsity sport," Evan Smith.  
■ "Duct tape a car to a pole," Sky Dale.  
■ "Buy a shirt that's not a baby tee," Kyle Thomson.

# S e n i o r i s

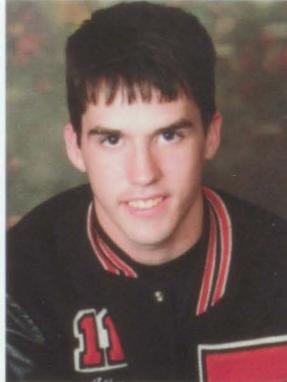
2011

"Our lives are before us,  
But our memories are

**Alexis Ahmed:** Art Club(9-10), Book Club(9-10), Chess Club(9-10), Color Guard (9-12; Captain 12), Cross Country(10-11), Drama Club(9), Jazz Band(9-10), Key Club(9-10), Marching Band(9-11), Mock Trail(9-10), NEHS(10-12), Orchestra(9-11), Newspaper (9-10), School Play(9-10), Spanish Club(9-10), Sr. Board(12), SG(12)



**Thomas Allen:** Concert Band(9-12), French Club(9-10), Jazz Band(12), UBr(9-12), Wind Ensemble(10-12)



**Taylor Allgeier:** PEP(9), Softball(9-10), Sr. Board(12)



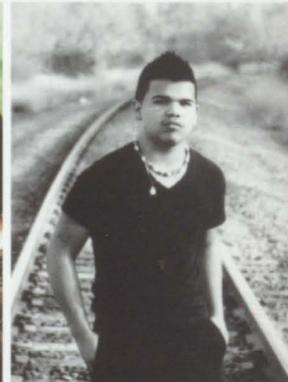
**Mireya Alvarez:** AD(12), AL(9-12), Class Officer (Treasurer), NHS(10-12), Sr. Board (12), UBr(9-12)



**Yesenia Alvarez:** AL(9-12), NEHS(10-12), NHS(10-12), PSM(10), Quill(11-12), UBr(10-12)



**Jorge Amaro**



**Monica Amaya-Rocha**  
**Rachel Anderson:**



AL(9-12), Concert Band(12), Marching Band(12), NHS(11-12), Orchestra(9-12), Swimming(9-12)



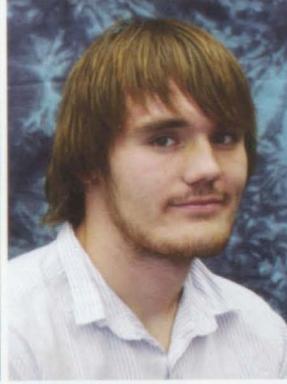
**Christopher Andrews**



Our past is behind us,  
forever with us."



Jessica Archer  
Hannah Aschan  
Brenda Baccam  
Jonathan Bales



Brian Banegas  
Anthony Barcelo  
Brittany Baxter  
Eric Beattie



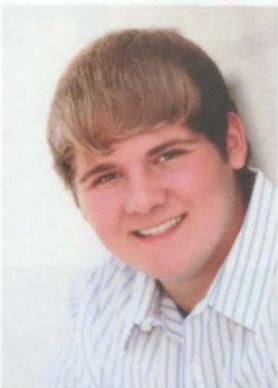
Robert Beerbower  
Raymond Benitez  
Vancy Bergan:  
Softball(9-10)  
Cesar Bernal

# SENIORS

**Adriana Bibian**

**Taylor Bimbi:**

Basketball(9), Bowling(11-12), Golf(9,11-12), NEHS(10), Scroll(10-12), S4S(9-10), UB(9-12), Volleyball(9-12)



**Phillip Boggs**

**Elizabeth Bolten:**

AL(11), Basketball (9-12), NCYL(11), Scroll(10-11), Softball(9-10), Sr. Board(12)



**Luke Boner**

**Kyle Bosley:**

AL(9-12), Baseball(912), Basketball(9), Football(9-12)



**Kody Boyle:**

AL(11), Football(9-10)

**Mariel Bradford**

**Alyssa Brandt:**

Choir(9-12)

**Travis Briley**



**Michael Brown:**

SG(12)

**Stacie Brown:**

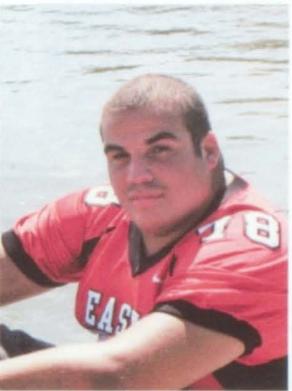
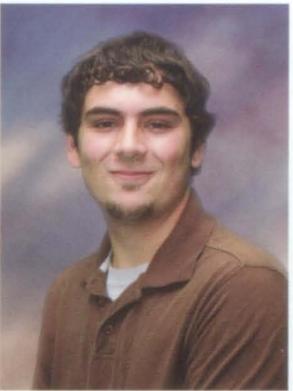
Class Officer (President)

**Travers Brown**

**Katie Bruno:**

AL(10-11), NEHS(12), NHS(11-12)





**Chante Buckner**

**Robert Buell:**

Debate(11), Drama Club(9-12),  
GSA(11-12), School Play(9-12),  
Theater Arts(9-12)

**Joshua Bullington**

**Caleb Bunnell:**

Football(9-12), Wrestling(10-12)



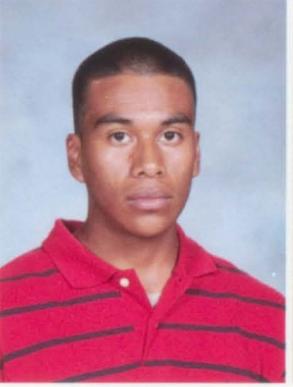
**Nathan Burnett**

**Dillon Burns**

**Devin Butler:**

Orchestra(9-12)

**Shronda Butts**



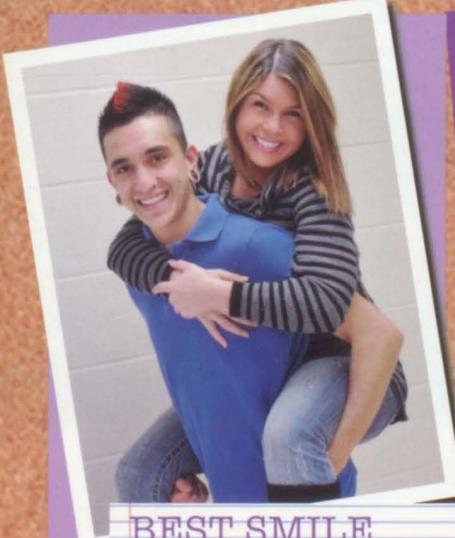
**Kodey Campbell:**

Football(9-11), Wrestling(9-11)

**Miranda Cantrell**

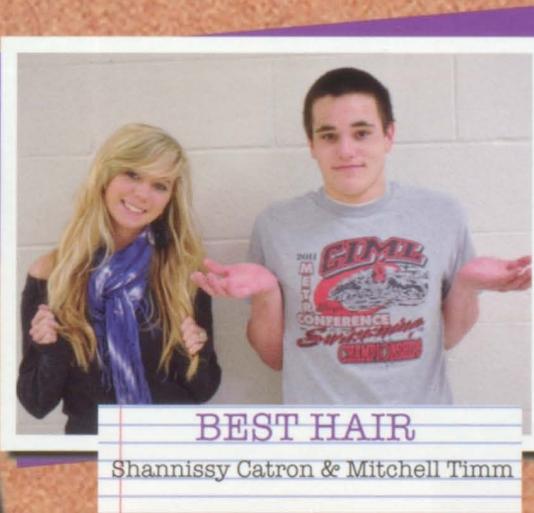
**Edwin Carranza**

**Breona Carroll**



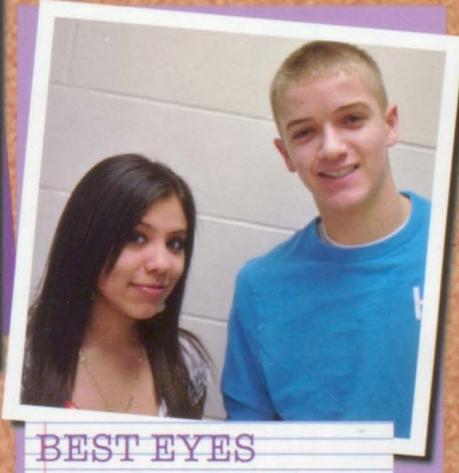
**BEST SMILE**

Edgar Martinez & Vaney Bergan



**BEST HAIR**

Shannissy Catron & Mitchell Timm



**BEST EYES**

Joselin Reyes & Nick Savage

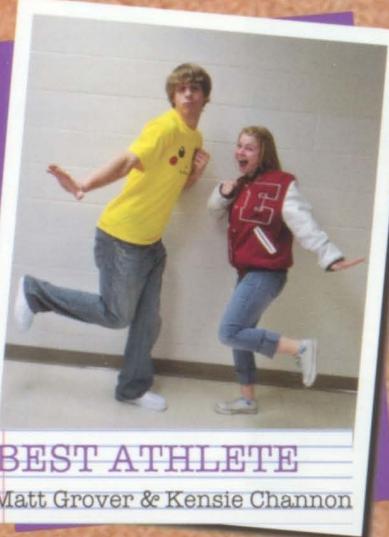
# SENIORS



Category:

**BEST**

Ronald Carter  
Brittney Casey



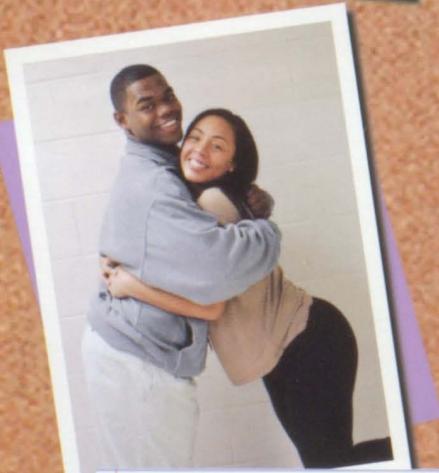
**BEST SWAGG**

David Reasby & Royonah Marble



**BEST ATHLETE**

Matt Grover & Kensie Channon



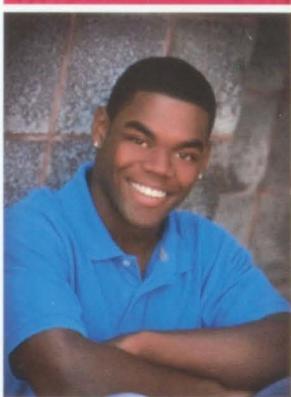
**BEST BACKSIDE**

DaShawn Cason & Chelcie Scott

**DaShawn Cason**

**Shannissy Catron:**

AL(9-12), Art Club(12),  
IHSSA(10-12), NCYL(12),  
NHS(9-12), Swimming  
(9-12; Captain 12;  
Boys Manager 11-12),



Na'Day Chandler  
Kensie Channon



DaZaundra Chatwood  
Fahid Chaudhry





**Kevin Chen**  
**Marna Chotkuach**  
**Andrew Christian**  
**Friday Chuol:**

Basketball(9-12),  
Golf(12),Mimes(9-12),SB(9),  
S4S(9-12),Volleyball(10-12)



**Jordan Cirksena**  
**Montez Clark**  
**Samantha Coglizer**  
**Dalton Colby**



**Ciera Cone**  
**Craig Conkel:**

Basketball(9-12)  
Antonio Contreras  
Emily Cook



**Krysta Cook**  
**McKenzie Cook:**

AL(9),Golf(10-12),SM(11-12),  
Sr. Board(12),UB(9-12),  
Volleyball(9-12)

**Jesse Cortez**

**Kenneth Cortum:**

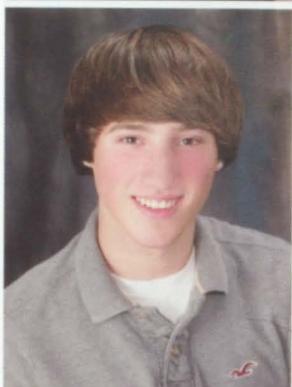
AD(10-12),AL(9-11),Chamber  
Choir(12),Concert Band(9-12),  
Marching Band(9-12),School Play(9)

# SENIORS

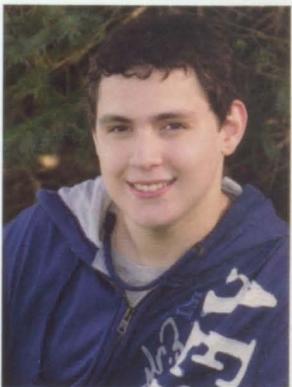
Michael Cory  
Anastasia Cowles  
Jenny Coyne  
Matthew Crane:  
Football(10), Home  
Remodeling(11), Swimming(10)



Ashley Cruikshank:  
Basketball(9-10), Golf(11-12),  
I-Jag(11-12), UB(9-12)  
Carolina Cruz  
Lizet Curiel  
Jeffrey Dale:  
Tennis(10-12)



Rebecca Davidson:  
School Play(10-12)  
Logan Davis  
Soni Davis  
Trenton Davis



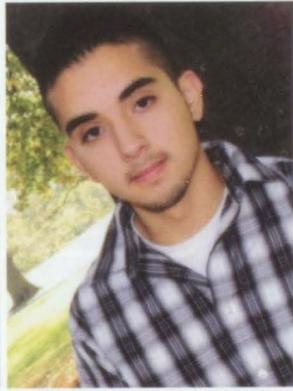
Katy Dearinger  
Jason Deaton:  
GSA(12), Orchestra(9-12)  
Ashley Deboer  
Christopher Deharo-Cruz





**Mani Deng**  
**Alyssa Denning:**  
 GSA(10-11), Show Choir(9),  
 Soccer(9-12), Steppers(9-12)

**Jonathan Drake:**  
 Theater Arts(11-12)  
**Johnitia Edwards:**  
 Bowling(9-12)



**Emmanuel Egbadon:**  
 Football(10-12), J-Jag(10-12), ROTC(9),  
 Sr. Board(12), Track(10-12)

**Evan Ellenwood**  
**Carlos Estrada**  
**Veronica Estrada**



**Cherae Evans**  
**Justin Farnsworth:**

Football(9-10)

**Megan Faulkner:**  
 Mimes(10-11), School Play  
 (9-12), Theater Arts(9-12),  
 Volleyball(9-10)

**Mollie Fessler-Boylan:**  
 Marching Band (9-12;  
 Baton Twirler)



**Jamarlo Fields**  
**Justin Fiscus**  
**Ashley Fisher:**  
 Cheerleader(10), Golf(9-10),  
 Volleyball(9-11)

**Jacob Formaro**

# SENIORS

## Michael French

### Jackie Fudge:

AL(11),Color Guard(9-12),Drama Club(10-11),Marching Band(10-11); Color Guard),Mock Trial(11), Orchestra(9-12),School Play(9-12), Spanish Club(10-11),Sr Board(12), Symphonic Orchestra(11),

Theater Arts(9-12)

## NiJay Gaines

## Jesse Gering



## Matt Gering:

LC(11-12),Scarlet Mentors(12)

## Dustin German

### Kelsey Gile:

Cheerleader(9-12),ETS(10-12), PEP(9-10)

### Vanessa Gobb:

Bowling(10),Golf(10),Quill(12), Sr Board(12),Volleyball(10)



## Dylan Gogerty

## Nicole Gomez

## Elizabeth Gonzalez

## Luz Gonzalez



Category:

BEST



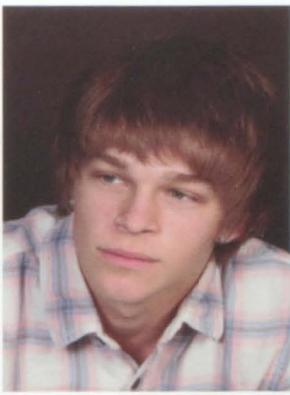
BEST CAR

Kevin Souvannasanh & Cassandra Lemthi



BEST LEGS

Tim Williams & Tasha Schoborg



**Marco Gonzalez**  
**Deja Greene:**  
 Cheerleader(9-12),S4S(9-12),  
 Theater Arts(9,11)

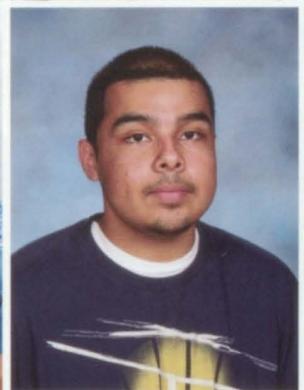
**Austin Griffin**  
**Nick Griffin**



**Kelsi Grimm**  
**Nick Grochala:**  
 Baseball(9-10),Basketball(9),  
 ETS(9-12),Football(9-12),NHS(12)

**Matthew Grover:**  
 Baseball(9-10),Basketball(9-12),  
 Football(9-12)

**Iris Guerrero Nieto**



**Keshawn Gully**  
**Marvin Gutierrez**  
**Maleny Guzman**  
**Miles Hackett:**  
 AL(9-12),Art Club(12),Concert  
 Band(9-12),Jazz Band(11-12),  
 Marching Band(9-12),NCYL(12),  
 UB(10-12),Wind Ensemble(10-12)

Category:  
**WORST**

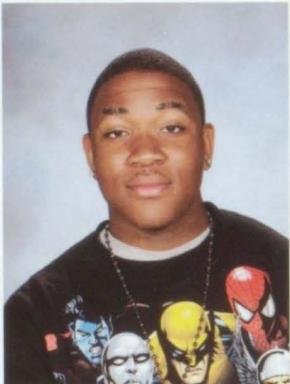
**WORST CAR**  
 Sammy Jones & David Cordero

**WORST SENIORITIS**  
 Donald Carolus & Alexis Ahmed

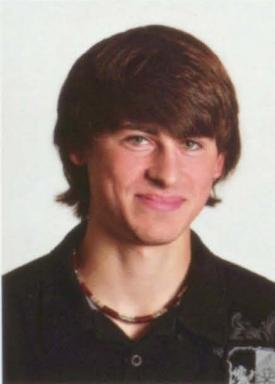
**Ryan Hadley**  
**Sandra Hadley**  
**Rachel Hall:**  
Cheerleader(9-10)  
**Thomas Harrington**



**PennyLee Harris**  
**Davon Harvey**  
**Heather Hass**  
**Deon Hayes:**  
Basketball(9),  
Football(9-12)



**Marquaisha Haygood**  
**Vanessa Henriquez:**  
I-Jag(12),UB(9-12)  
**Anthony Henry:**  
Football(9), Soccer(9-10),  
Theater Arts(11)  
**Rosalie Henson**

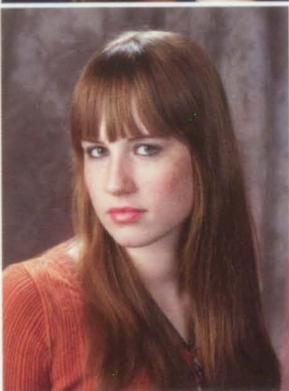


**Leanna Herndon**  
**Melissa Heuton**  
**Caitlin Hewitt**  
**Taylor Higgins:**  
ETS(11-12),  
Steppers(9-11)





**Amber Hill**  
**Katherine Hines:**  
 Cheerleader(9-12),ETS(12),  
 PEP(9),PSM(12)  
**Sadie Hines:**  
 Color Guard(10-12),IHSSA(11-12),  
 School Play(10),Show Choir(9-12),  
 Spanish Club(11),Sr. Board(12),  
 SG(10-12;President 12)  
**Krystina Holmes**



**Amanda Holt**  
**Nicole Hoskins**  
**Rachel Houck**  
**Say He Htoo**



**Wah Htoo**  
**Keayla Hughes:**  
 OA(10),S4S(9)  
**James Illingworth**  
**Chanthiphome Inrachavongsa**



**Brander Inthapanyavongsa**  
**Taylor Isbell:**  
 FFA(11-12),Volleyball(9)  
**Amanda Jackson:**  
 Drama Club(9-12),Mimes(9-11),  
 School Play(9-12),S4S(9-11),Sr.  
 Board(12),SG(12),Theater Arts(9-  
 11),UB(9-12)  
**Shelby Jackson:**  
 Chamber Choir(11),Choir(10-11),  
 Concert Band(9-12),Handbells(9-11),  
 Jazz Band(9-12),Marching Band(9-12),  
 SM(12;President 12),  
 School Play(9),Show Choir(12),  
 Sr. Board(12)

## SENIORS

### Corey Jacobe:

Wrestling(9)

### Heather Jensen

### Kirk Jensen:

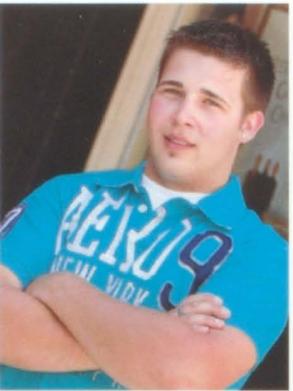
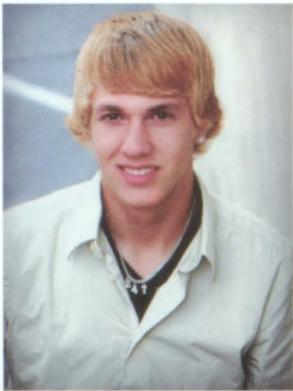
AL(9-12),Football(9-10),

NHS(9-12)

### Cody Johansen:

Baseball(9-12),Basketball(9),

Bowling(12)



### Tricia Johnson:

ETS(9-12),I-Jag(9),NCYL(12),

School Play(11),ShowChoir(9-12),

Steppers(9-12)



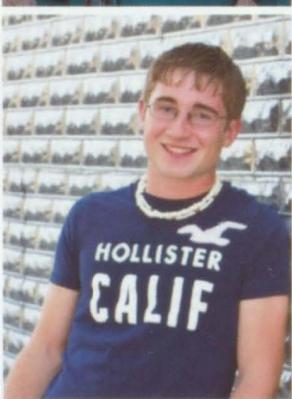
### Wesley Johnson

### Samantha Jones:

AL(9-10,12),Bowling(9-12);  
Captain(12),Color Guard(9-12),  
ETS(12),Handbells(9-12),  
Marching Band(9-12);Color  
Guard),NEHS(10-12);Treasurer(11,  
VP(12),Quill(11-12);Photo Editor(11,  
Senior Editor(12),School Play  
(9-10),Show Choir(9-12),Spanish  
Club(9-11);President(10-11),  
Sr Board(12),SG(10-12);  
Treasurer(12),Tennis(9-12)

### Zak Jones:

AL(9-12),Baseball(9-12),  
Football(9-10,12),Wrestling(9-12)



### Lucas Jordan

### Jacob Kellow

### Onyinye Kemdirim:

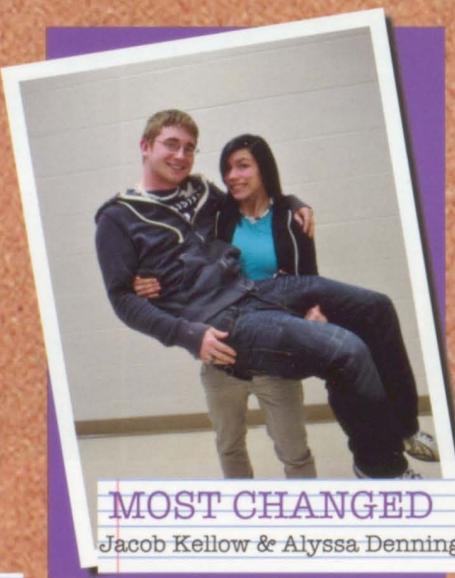
AD(12),IHSSA(12),SB(10-12),  
Scarlet Mentors(12),S4S(9-10),  
SG(11-12),Tennis(10-12)

### Kelsey Kennedy:

AL(9-12),IHSSA(9),NCYL(12),  
NEHS(11-12),NHS(12),School  
Play(11),Scroll(11-12),S4S(9),  
Steppers(9-12);Captain(11-12)

### Category:

### MOST



### MOST CHANGED

Jacob Kellow & Alyssa Denning

### MOST UNIQUE

Heather Prettyman & Jakob Etter

### MOST INJURY PRONE

Joe Dunn & KK Kennedy



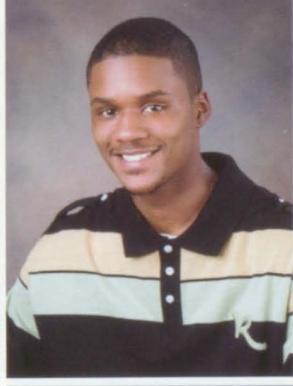
**Amanda Keothammakhoun**  
**Chelsea Kesavadhana:**

AL(9-12),ETS(9-12),  
IHSSA(10),Journey(10-12),  
NCYL(12),PSM(12),Soccer(9-12)

**Brittany Killen**  
**Maxwell Kirk**



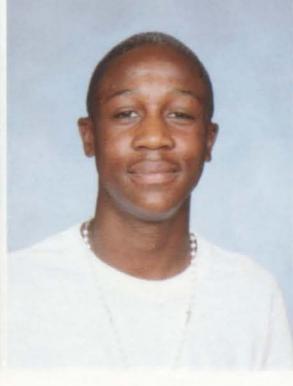
**Conner Kouri**  
**Alex La Rocca**  
**Sharnae Lamar**  
**Ya Lee**



**Megan Lein:**  
AL(9-11),Concert Band(9-12), ETS (10-12), IHSSA(9-12),Marching Band(9-12), NCYL(12),NEHS(11-12),NHS(11-12; President 12),Quill(11-12; Co-Editor 12),St. Board(12), Swimming(9-12); Boys' Manager 10-12), Wind Ensemble(9-12)

**Cassandra Lemthi:**  
AL(9-12),Cheerleader(9-12), Track(11-12)

**Austyn Lewis**  
**Scott Loftus**



**Alexis Lopez:**  
Art Club(12), School Play(12), Theater Arts(12)

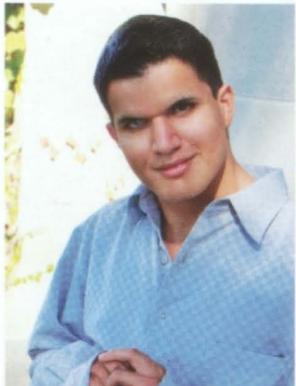
**Michelle Lovett:**  
Fashion Show(11-12),IHSSA(9-12), Mimes(10), School Play(10),VOC(10)

**De Marco Lowery**  
**Desire Luong:**

4-H(11-12),Tennis(10-12)

## SENIORS

Juan Manjarrez  
Royonah Marble  
Grimm Maria  
Ernan Marquez



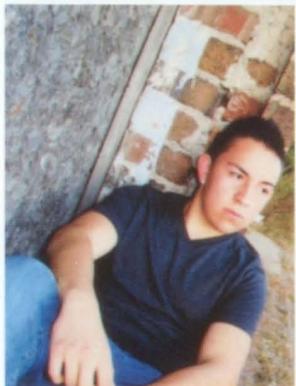
**Jose Marquez**  
**Edgar Martinez:**

Wrestling(9-12)

**Steven Martinez**

**Kara Mauk:**

AL(11),NCYL(12),  
School Play(11),Steppers(9-12)



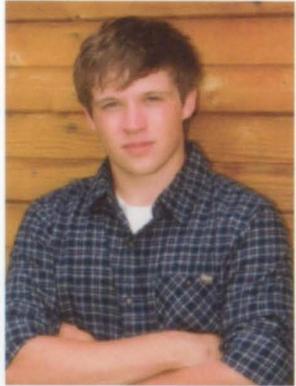
**Brock Maxwell**

**Derek McCulley**

**Alina McDaniel:**

AL(9-12),Cross Country(9-12),  
IHSSA(10-12),NEHS(11-12),  
NHS(11-12),Quill(10-11),  
Show Choir(9),Sr. Board(12),  
SG(12,VP 12),Track(9-10)

**LeRoy McDonald**



**Briana McGhee:**

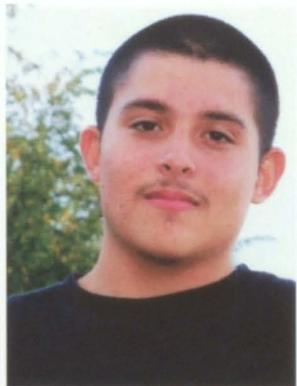
Equip. Mgr.(12; Football and  
Basketball),S4S(12)

**Kyle Mechem:**

Football(9-11)

**Kyeisha Merrill**  
**Bradley Meyer**





**Cody Michael**  
**Alberto Millan:**  
Cross Country(11)



**Juan Miramontez**  
**Juana Miranda**



**Cody Mitchell:**  
AL(9-12),Concert Band(9-12),Jazz Band(11-12),Marching Band(9-12); Drum Major(11-12),Wind Ensemble(9-12)

**Kacie Mongar:**  
Cheerleader(9-11),Sr Board(12)

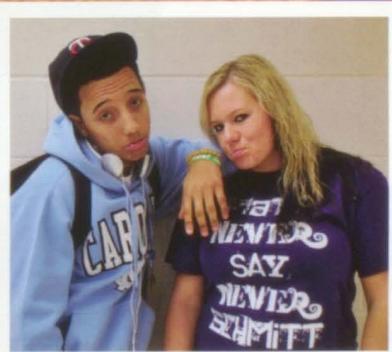


**Jennifer Morales:**  
Special Olympics(10-12)

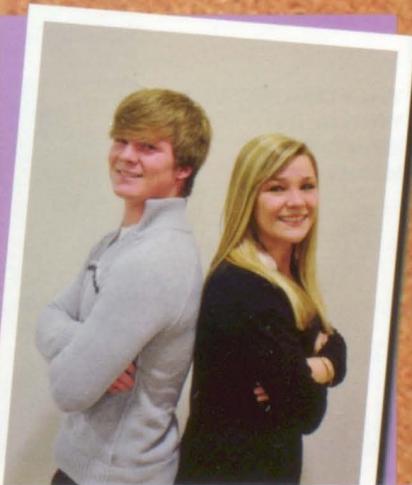
**Joshua Moreno**

Category: **MOST**

**MOST SCARLET SPIRIT**  
The Krew



**MOST LIKELY TO CRY**  
**AT GRADUATION**  
Tyler Thompson & Taylor Allgeier



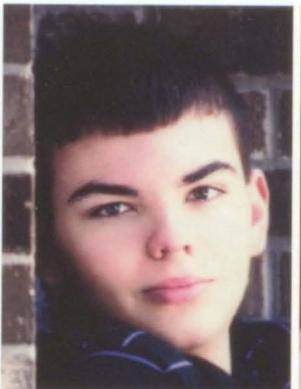
**MOST LIKELY TO**  
**BECOME PRESIDENT**  
Nick Roth & Stacie Brown

## SENIORS

**Lauren Morgan**

**Caleigh Mormann:**

AL(9-11),Chamber Choir(10-12),  
Concert Band(9),Handbells(9-12),  
IHSSA(11-12),Marching Band(9),  
NHS(11-12),Show Choir(9-12)



**Austin Morton:** AL(9-11)

**Jerzie Murray:**

I-Jag(11-12),Softball(9-12),  
Sr. Board(12),Volleyball(11-12)



**Raymond Music**

**Dillon Nall**

**Enock Ndabigengo**

**Dacey Nguyen**



**Ngoc Nguyen:**

NEHS(12),Show Choir(9-12),  
Tennis(11-12),UB(10-12)

**Danyal Nokes**

**Timothy Novak:**

Golf(9-12),Soccer(9)

**Kody Ollin**



**Taylor Olson**

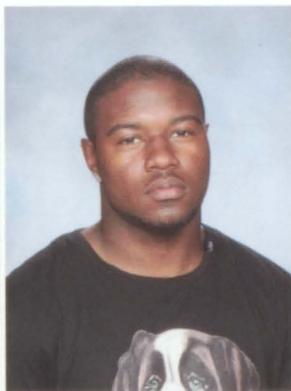
**Yvetta Ortega**

**Alexis Ortiz**

**Michelle Ortiz:**

AL(12),French Club(9),  
Soccer(11-12),  
Swimming(9-11)





**Susana Parra**  
**Macio Patton**  
**Jessica Pauscher**  
**Henry Paye**



**Marshall Payne**  
**Lizbet Paz**  
**Cindy Perez**  
**Danielle Peterson**



**Taylor Pettit**  
**Joelle Peugh**  
**Scott Phanphay:**

Wrestling(10-12)

**Sarah Phillips:**

AL(10),FFA(11;President  
 11),Soccer(10,12),Softball(9-10),  
 Sr. Board(12),Volleyball(10,12)



**Danielle Piatt:**

AL(10-12),IHSSA(11-12),NHS(11-12),  
 Swimming(9-12),Theater Arts(12)

**Edward Powell**

**Ashley Prettyman:**

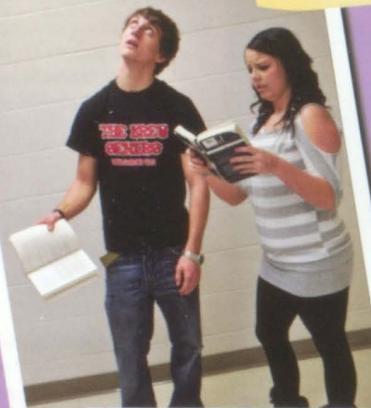
AL(9-11),ETS(11-12),IHSSA(11-12),  
 NCYL(12),NEHS(11-12),  
 NHS(12),Softball(9-12;Cpt 11-12),  
 SG(12),Volleyball(9,11-12)

**Heather Prettyman:**

AL(9-12),Chamber Choir(11-12),  
 IHSSA(10-12),NCYL(12),  
 NEHS(11-12),NHS(12),School  
 Play(9,11),Show Choir(9-12),  
 Softball(9-12),Volleyball(9-12)

Category:

**BIGGEST**



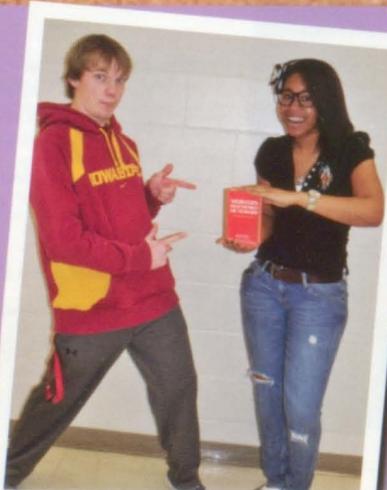
**BIGGEST AIRHEAD**

Austin Wilson & Jerzie Murray



**BIGGEST FLIRT**

Iris Guerrero & Deon Hayes



**BIGGEST KNOW-IT-ALL**

Zak Jones & Chante Buckner

Peyton Pringle  
Austin Quintana



Alejandro Ramirez  
Tiffany Rattray



Andrew Raygor  
David Reasby



**Janet Reaza:**  
Basketball(9-10),  
IHSSA(9- 12),  
Volleyball(11-12)

**Gabriela Renderos:**  
School Play(12),  
Theater Arts(12)





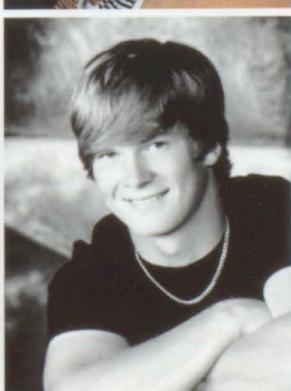
**Joselin Reyes**  
**John Reynolds**  
**Tera Rhoades:**  
 Volleyball(9-12)  
**Kelcie Riesterer**



**Russell Riggan**  
**Kelsie Ring**  
**Jenna Ringler**  
**Austin Ripperger**



**Sheldon Robinson**  
**Katie Rockey:**  
 Debate(9-12),GSA(11-12),  
 IHSSA(10),Mock Trial(9-10,12),  
 Star Wars Club(9)  
**Berenice Rodriguez**  
**Hever Rodriguez**



**Nicholas Rojas**  
**Crystal Ross:**  
 UB(9-12)

**Nicholas Roth:**  
 AL(9-12),Baseball(9- 12),Class  
 Officer(12;VP),Football(9-  
 10),NCYL(12),Sr. Board(12;VP  
 12),SG(12),Wrestling(9-11)

**Peyton Rowe:**  
 AL(9-11),Cheerleader(9-12),  
 ETS(9-12), IHSSA(10),  
 NCYL(12), NEHS(12),NHS(11-  
 12),PEP(9),Soccer(9),  
 Sr. Board(12),Swimming(9-10,12)

## SENIORS

### Amanda Rush:

I-Jag(12), Soccer(9-12),  
Sr Board(12), Volleyball(11-12)

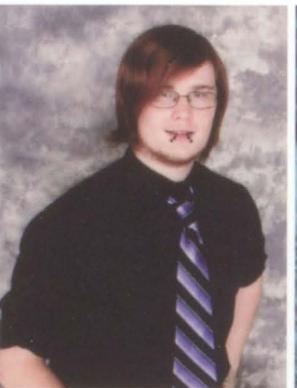
### Holli Russett:

Concert Band(9-12), ETS(9-12),  
French Club(10), Jazz Band(9-12),  
Marching Band(9-12), NCYL(12),  
NHS(12), Wind Ensemble(10-11)

### Zane Rustan:

Debate(11-12), IHSSA(11-12),  
Scarlet Mentors(12)

### Alma Salas



### Breezie Saldana

### Delila Salgado-Ocampo

### Nuradin Salim:

Art Club(12)

### Rebecca Sandoval



### Nick Savage:

Baseball(9), Basketball(9-10,12),  
ETS(12), Football(9), NHS(10-12),  
Tennis(11-12)

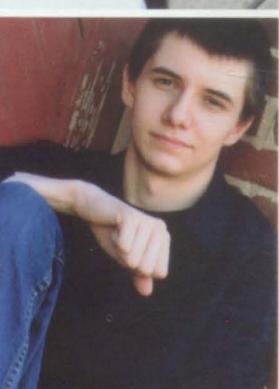
### Megan Say:

AL(9), Mimes(10-11), Track(9-12)

### Natasha Schoborg:

PSM(12), Volleyball(9-12)

### Michael Schuler



Category:

CLASS



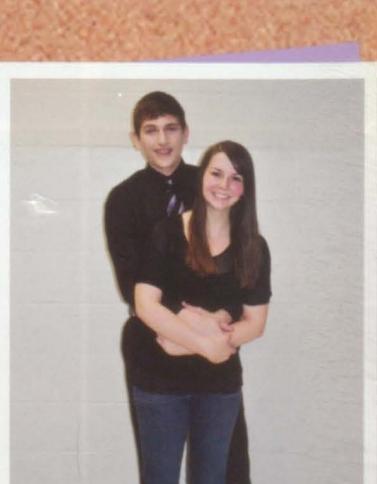
**CLASS CLOWN**

Shronda Butts & Conner Kouri



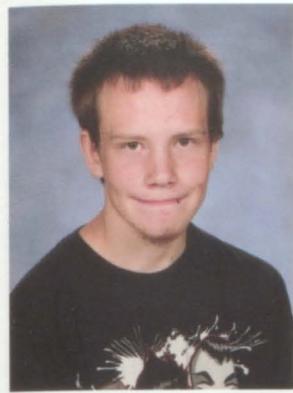
**CLASS NERD**

Daniel Worthington & Katie Rockey



**CLASS COUPLE**

AJ Raygor & Emily Cook



**Jacob Schultz**  
**Chelcie Scott:**  
 AL(9-10),Basketball(9-12),ETS(9-12),  
 NCYL(12),NHS(10-12),SB(9-12),  
 S4S(9-12),Sr Board(12),Swimming  
 (10),Tack(9)  
**Breanna Scrogins**  
**Jeff Searcy**



**Josephine Sease**  
**Danny Shannon**  
**Nathina Simonton**  
**Adrienne Slothouber**



**Shelby Sly:**  
 Choir(9-12),Debate(10)  
**Cody Smith**  
**Jacob Smith**  
**Mathew Smith**

Category:  
 EXTRA...

**BETTY CROCKER**  
 Madi Williams & Logan Davis

**TEACHER'S PET**  
 Yesenia Alvarez & Robert Buell

**FACEBOOK FANATIC**  
 David Blacksmith & Lauren Morgan

## SENIORS

Tyler Smith  
Helen Snyder  
Zuleyma Solis:  
AL(9-11), Soccer(11)  
Devin Sorter



Anthony Soto  
Alyssa Soulinthavong  
Kevin Souvannasanh  
Donivan Stevens



Aubrey Stith  
Amanda Stougard  
Kara Stroud  
Donald Stuart



Tyler Sturgeon  
Cheryl Sweet  
Alexander Syhavong  
Francisco Tavera





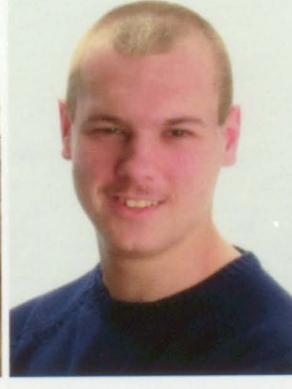
**Terez Taylor**  
**Thomas Teav:**  
 AD(11),AL(9-11), NHS(12),  
 Soccer(9-12),Swimming(12)  
**Matthew Thacker**  
**Chova Thau:**  
 4H(11-12),NEHS(11-12),UB(11-12)



**Rachael Tharp:**  
 Chinese Club(12)  
**Lomyen Thipyothin**  
**Mathew Thompson**  
**Tyler Thompson:**  
 Baseball(9-12),Basketball(9-2),  
 Football(10,12), Show Choir(9-11)



**Cody Tiano**  
**Mitchell Timm:**  
 AL(10-11),Swimming(9,11-12),  
 Tennis(11-12)  
**Anh Tran**  
**Marcela Valdez**



**Jordan Vander Ploeg**  
**James VanZee**  
**Yesenia Vasquez:**  
 Sr. Board(12)  
**Kelsey Waits:**  
 Basketball(9-10),IHSSA(12),  
 School Play(9),  
 Volleyball(9-12)

**Crystal Walker**  
**Tory Walker-Zepeda**  
**Taylor Waltz:**

Cheerleader(10)  
**Charlesetta Ward:**  
ETS(10-12)



**Amanda Watkins:**

JCC(10-12)

**McKensie Wedig**

**Jessica Wehrle:**  
AL(9-12), Golf(10-12),  
Orchestra(9-12), Scroll  
(10-12), Wind Ensemble(11)

**Jennifer Whitney**



**Alexandrea Whitten**

Alexus Wiand  
Blake Wilkinson  
Kaleen Williams



**Madison Williams:**

Class Officer (Secretary), Color  
Guard(9-12; Cpt 11-12), IHSSA  
(9-12; Co-Pres. 12), French Club  
(9), Marching Band (9-12; Color  
Guard), NCYL(12), NEHS(10-  
12; Pres. 12), NHS(11-12; VP  
12), Orchestra(9-12), Quill(11-  
12; Co-Editor 12), Sr. Board  
(12), SG(9-12), Tennis(9-12),  
Wind Ensemble(11-12)



**Timothy Williams:**

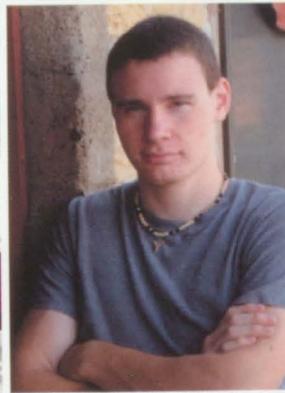
IHSSA(9-12; Co Pres. 12),  
NCYL(12), NSHSS(11-12),  
School Play(9-12), Show Choir  
(10-12), Sr. Board(12),  
SG(11-12)

**Austin Wilson**  
**Blade Wilson**

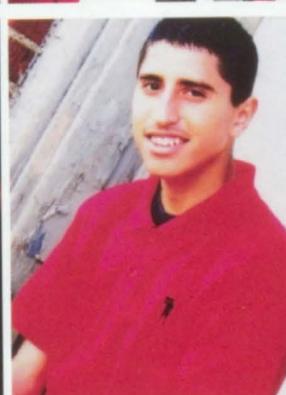


**Jerry Wilson**  
**Shelby Wilson:**  
Color Guard(10-12),Concert  
Band(9-12),Marching Band(9),  
Pep Band(9-12)

**Kayla Woodhall:**  
Choir(9-12),Orchestra(9-12)  
**Ryan Woodson**



**Charlene Woolson**  
**Daniel Worthington**  
**Allan Wright**  
**Brooke Young:**  
AL(9-11),Equip.Mgr.(12;Boys  
Swimming),NEHS(11-12),  
Scroll(10-12),Steppers(9-12),  
Swimming(9-12)



**Kaci Young:**  
AL(9-12),IHSSA(10),Journey  
(11-12),NEHS(10),NHS(12),  
Soccer(11),Softball(9),Track(10),  
Volleyball(9-12)

**Jesus Zambrano**  
**Rosa Zarate:**  
Soccer(9-10,12)  
**Alexandra Zermenio**



**Erica Castellanos**  
**Katy Hodge**  
**Asia Randolph**  
**Zazetta Rankins**

Category:  
EXTRA...



**THE TALLEST**  
Justin Farnsworth & Friday Chuol



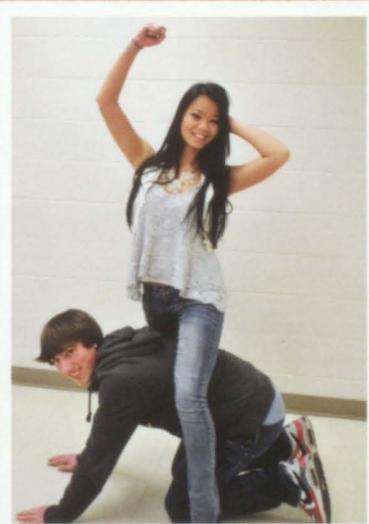
**THE SHORTEST**  
Olivia Sandoval & Josh Moreno

# Not Pictured!

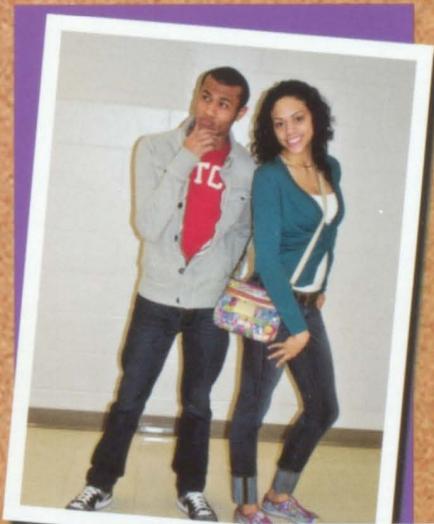
Ambriz, Carina	Etter, Jakob	Murphy, Shawn	Soe, Walee
Anderson, Timothy	Field, Codey	Naylor, Shawn	Steward, Matthew
Andrade, Daniel	Gonzalez, Nancy	Nguyen, My	Stewart, Cortez
Arellano, Juan	Grover, Unique	Nguyen, Nhu	Stewart, Phillip
Balliet, Kaylia	Guerrero, Miguel	Norgbean, Yeayen	Stone, Whitney
Bernabe, Erick	Gutierrez, Marvin	Olson, Jennifer	Tarhue, Sundayboy
Bernal, Cesar	Hall, Nicholas	Ortega-Torres, Mario	Thao, Choua
Bernardino, Victoria	Harless, Raymond	Parsons, Andrew	Thompson, Timmesha
Bilim, Nyador	Hernandez, Cesar	Phommavong, Cody	Titus, Corey
Blakeburn, Jeffery	Hill, Herkia	Quintanar, Lorenzo	Torres, Joshua
Boyum, Jesstena	Hollingsworth, Christopher	Ramirez, Marcelo	Torres, Santiago
Brown, Emily	Juarez, Thania	Rasmussen, Errik	Trogdon, Dani
Brusher, Brandon	Keil, Kent	Reyes, Ulises	Uvalle, Enrique
Bulter, Jumanni	Knuths, Brittany	Rodriguez, Byanca	Vander Ploeg, Jordan
Byrd, Ashley	Kouangvan, Jordan	Rodriguez, Joanna	Vanderschoor, Caleb
Cardenas, Estefan	Leyva, Carolett	Rodriguez, Lupita	Vang, Vayeecheng
Carolus, Donald	Maddex, Tyler	Rogers, Craig	Vigil, Jenny
Chamiss, Brishaiya	Madison, Phraito	Routh, Naythan	Weltzheimer, Katie
Cordero, David	Marquez, Fidel	Ruge, Madison	White, Cameron
Correa, Rodolfo	Marquez, Jose De Jesus	Sandoval, Oliva	Wireman, Amber
Dameron, Jontrez	Mesta, Dezirae	Schroggins, Breana	Wood, Tyler
Dagnillo, Zachary	Miramontes, Juan	Sepich, Chad	Wright, Markisha
Duff, Kristopher	Moore, Mikale	Shelburg, Zachery	Yang, Stephanie
Dunn, Joseph	Muhammad, Dre Mier	Smith, David	
Ellis, Esteban	Murillo, Josue	Smith, Mason	



**TEXTING JUNKIE**  
Amanda Rush & Lorenzo Quintanar



**LIFE OF THE PARTY**  
Jeff Dale & Dacey Nguyen



**AMERICA'S NEXT  
TOP MODEL**  
Mikey Brown & NiJay Gaines

## What'd ya say?

**AD:** Academic Decathlon

**AL:** Academic Letter

**GSA:** Gay/Straight Alliance

**IHSSA:** Iowa High School Speech Association

**NCYL:** National Council Youth Leadership

**NEHS:** National English Honor Society

**NHS:** National Honor Society

**OA:** Office/Library Aid

**PEP:** Pep-E Club

**PSM:** Project Sewing Machine

**S4S:** Sisters For Success

**SB:** Science Bound

**SG:** Student Government

**UB:** Upward Bound

## SENIOR WILLS

I, **Zak Jones**, will my hammer, to **Ahmed Sama**.

I, **Ashley Byrol**, will my cakes, to **E'Lexis Tolson**.

I, **Alyssa Brandt**, will my random blondness, to **Kaleigh Nichols**,  
**Megan Whittfield**, & **Amanda Tucker**.

I, **Ashley Prettyman**, will my amazing puffy painting skills, to **Christina Syhavong**.

I, **Madi Williams**, will my knowledge of mens underwear, to **Mrs. Johnson**.  
We, **Guard Seniors**, will our skill to KYTT, to **Kristel Hill**.

I, **Nijay Gaines**, will my basketball skills, to **Shareece Burrell**.

I, **Edgar Martinez**, will my ability to attract women, to **Jordan Peters**.

I, **Bryan Terrell**, will my awesome guitar playing, to **Cephus Wright**.

I, **Justin Farnsworth**, will my suits and ties, to **Miles Menniga**.

I, **Kaci Young**, will my super libero volleyball skills, to **Chrisina Syhavong**.

I, **Danyal Nokes**, will my awesome style and good grades,  
to **Brooke Nokes & Michael Nokes**.

I, **Tim Williams**, will my ability to preside over IHSSA, to **Mike Williams**.

I, **Amanda Rush**, will my amazing soccer skills & burps, to **Christina Syhavong**.

I, **Alexis Ahmed**, will my fab sense of style & brains, to **Kristel Hill**.

I, **Corey Jacobe**, will my gnarly motocross skills, to **Mike Larson**.

I, **Tim Novak**, will my math skills, to **Becca Novak**.

I, **Phill Boggs**, will my street fighter abilities, to **Michael Morrison**.

I, **Brooke Young**, will my 5:30 am parking spot, to **Sephanie Nowels**.

I, **Royanah Marble**, will all my swag, to **Kayla Cam**.

I, **Rebecca Davidson**, will my amazing ninja skills & amazing morning,  
to **Sydney Thomas**.

I, **Alina McDaniel**, will my knowledge of technology & the chair in  
El-Baroudi's room, to **Drew Hurley**.

I, **Mariel Bradford**, will my pillow pet, to **Ryan Bradford**.

I, **Jordan Cirksena**, will my drumming skills, to **Brennan Lawrence**.

I, **Shannissy Catron**, will my perserverance, tenacity, & mad acting skills,  
to **My Little Bro Brock Catron**.

I, **Miles Hackett**, will my saxophone skills, to **Ted Kofed**.

I, **Jerzie Murray**, will my blondness, to **Jayde Murray**.

I, **Taylor Bimbi**, will my good behavior, to **Bre Brown**.

I, **Katie Rockey**, will my everlasting love and my Al Franken book, to **Scott Folsom**.

I, **Daniel Worthington**, will my service to humanity, to **all Scarlets**.

I, Raymond Benitz, will my attendance record, to **Rudy Mendoza**.

I, Deon Hayes, will my tattoo swag, to **Kyler Krogman**.

I, Cody Hager, will my personality, to **Zach Beneveto**.

I, Iris A. Guerrero-Nieto, will my amazing locker, which I love oh so much, to the lucky person that gets it.

I, Sammy Jones, will my worst car, to **Brittany Jones**.

I, Sheldon Robinson, will my basketball skills, to **Robert James**.

I, Aubrey Stith, will my crazy hyper goofiness & love for the cookie monster, to **Stephanie Nowels**.

I, Conner Kouri, will my amazing safety ability, to **Blake Cunningham**.

I, Kelsey Waits, will my ability to distract teachers for an entire period, to **Jefferey Erickson**.

I, Thomas Teav, will my sexual appeal, to **Kiet Le**.

I, Kirk Jensen, will my parking spot & senioritis, to **Kierra Osborn**.

I, KK Kennedy, will my smoking hotness, to **Darian Delaney**.

I, Nick Roth, will my big head, to **Kyle Thomson**.

I, Matt Grover, will my incredible hands, to **Brandon Long** (because he needs them).

I, Mikey Brown, will my boyish good looks, to **Xavier James**.

I, Kodey Campbell, will my unbelievable driving ability, to **Tommy Sharp**.

I, Jessica Wehrle, will my McDonalds inside jokes, to **Katelyn Worple**.

I, Danielle Peterson, will my ability to skip class & still be caught, to **Nathan Peterson**.

I, Pablo Cerda, will my purple backpack & some credits, to **Josue Murillo**.

I, Chante Buckner, will my "know it all skills" to, **Araynna Reid**.

I, Jocelin Reyes, will my pretty eyes, to **Jennifer Rivera**.

I, David Cordero, will my deep voice legacy in hopes they will hit puberty, to all freshmen.

I, Amanda Stougard, will the use of my first & middle name, to **Amanda Tucker**.

I, Megan Lein, will my leadership & school involvement, to **Houa Vang & Aaron Hosman**.

I, Derek McCulley, will my extraordinary good looks, to **Ryan McCulley**.

I, Codey Tiang, will my skills to grill amazing hamburgers, to **Cephus Wright**.

I, John Reynolds, will my tan & buffness, to **Chase Reynolds**.

I, Kensie Channon, will my best athletic skills, to **Paige Blair**.

I, Adrienne Slothouber, will my amazing optimistic attitude, to **Cameron Slothouber**.

I, Kevin Souvannasanh, will my amazing asian-ous, to my son, **Matt Schmitt**.

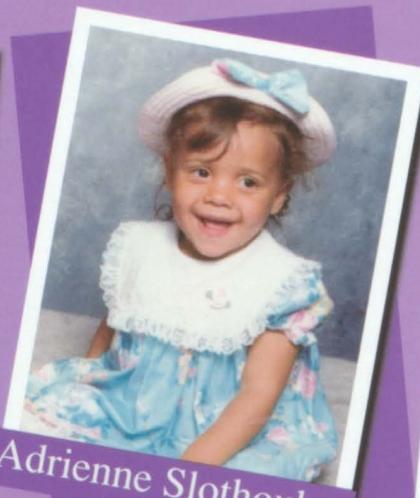
## BABY SENIORS



Amanda Stougaard



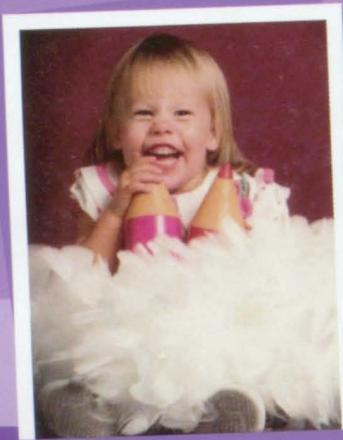
Jocelin Reyes



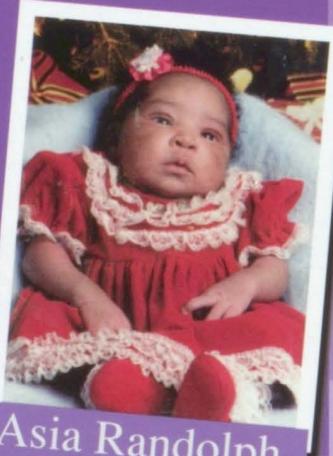
Adrienne Slothouber



Ryonah Marble



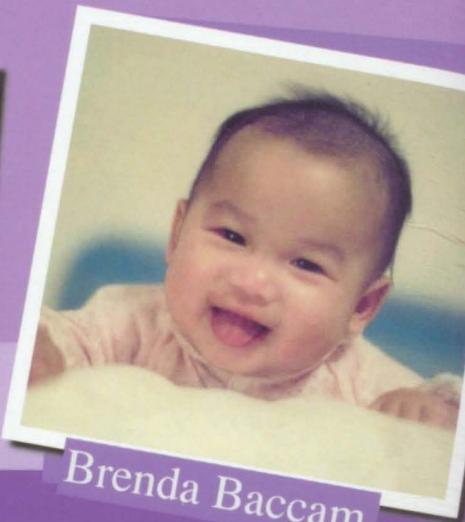
Ashley Cruikshank



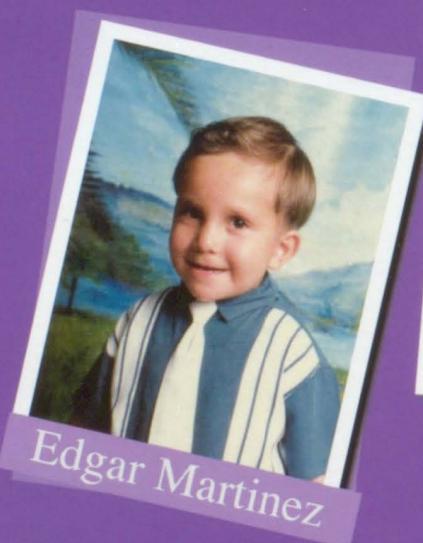
Asia Randolph



Vanessa Henriquez



Brenda Baccam



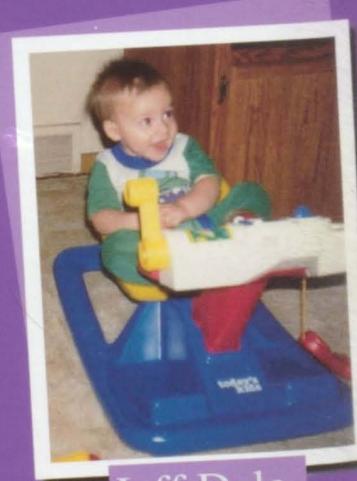
Edgar Martinez



Emily Cook



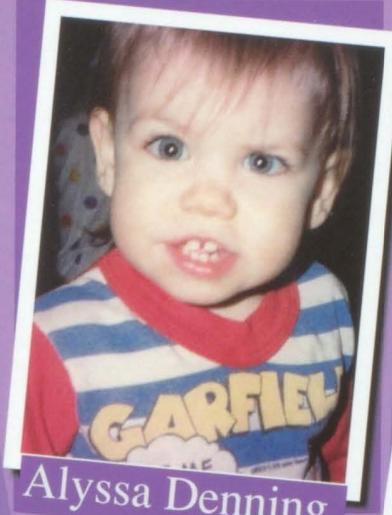
Heather Prettyman



Jeff Dale



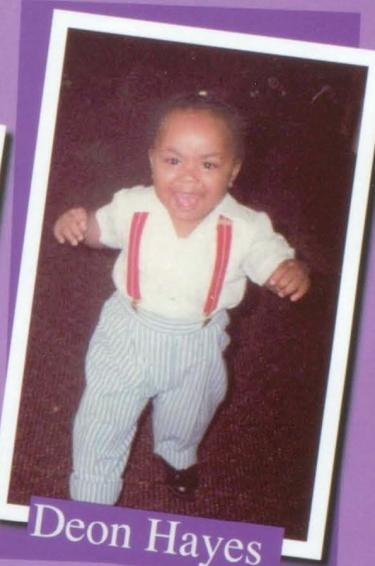
Jessica Wehrle



Alyssa Denning



Alyssa Brandt



Deon Hayes



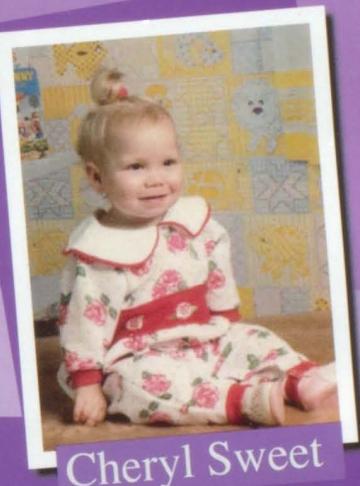
Danielle Peterson



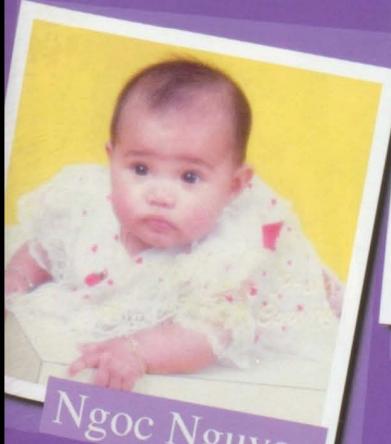
Danyal Nokes



Jerzie Murray



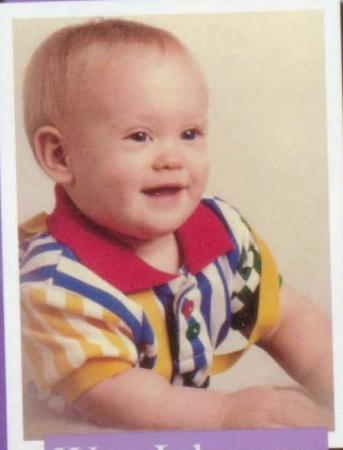
Cheryl Sweet



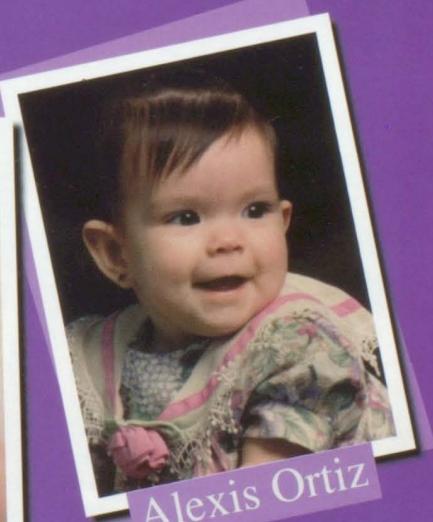
Ngoc Nguyen



Adriana Bibian

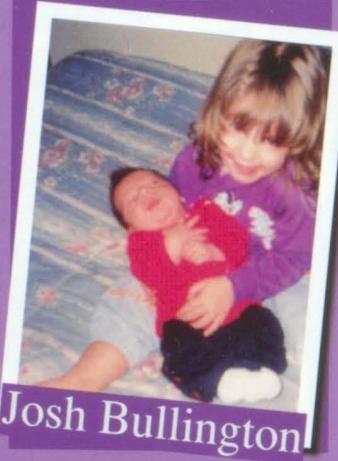


Wes Johnson



Alexis Ortiz

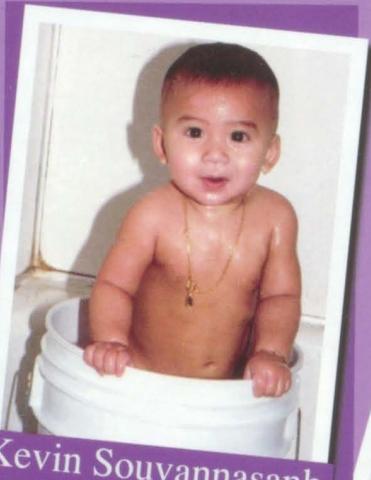
## BABY SENIORS



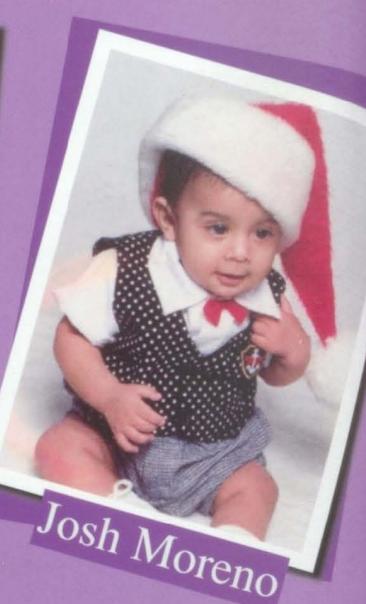
Josh Bullington



Justin Farnsworth



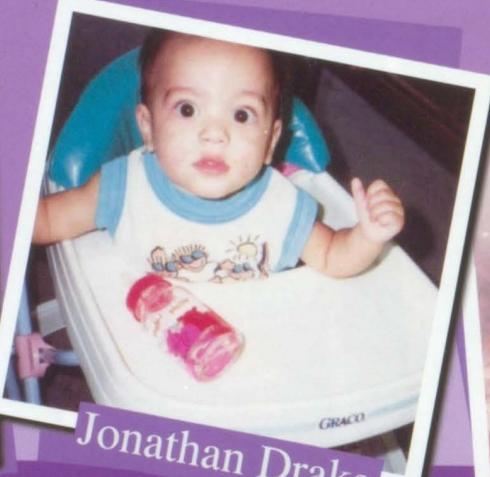
Kevin Souvannasanh



Josh Moreno



Kelsey Gile



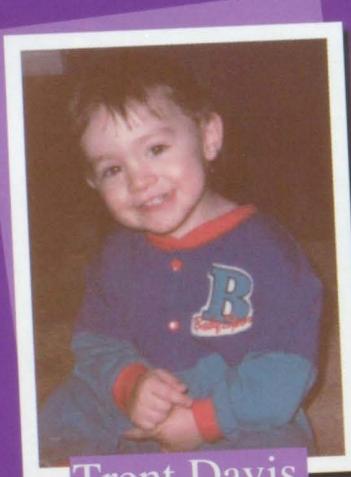
Jonathan Drake



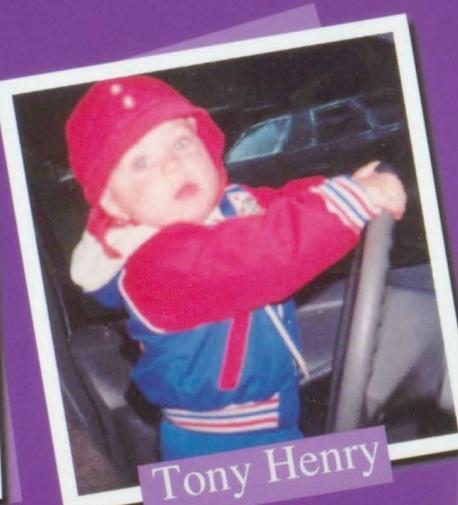
Kathrine Hines



Maxwell Kirk



Trent Davis



Tony Henry



Jennifer Whitney



Chante Buckner



McKenzie Cook



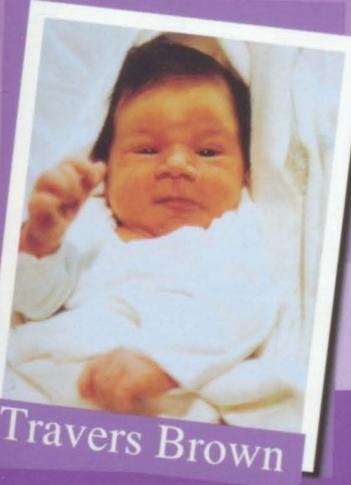
KK Kennedy



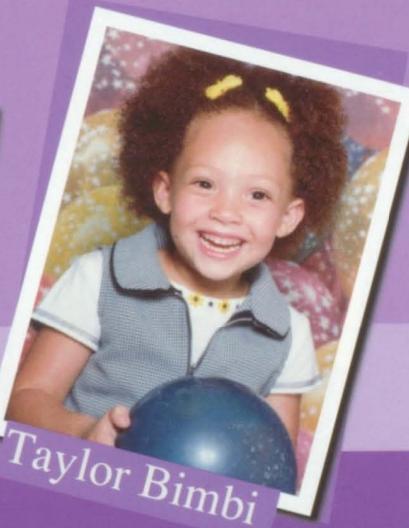
Kensie Channon



Kelcie Riesterer



Travers Brown



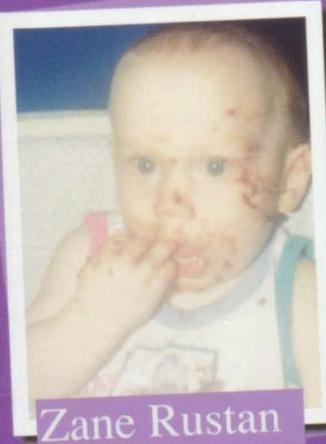
Taylor Bimbi



Taylor Waltz



Mollie Fessler-Boylan



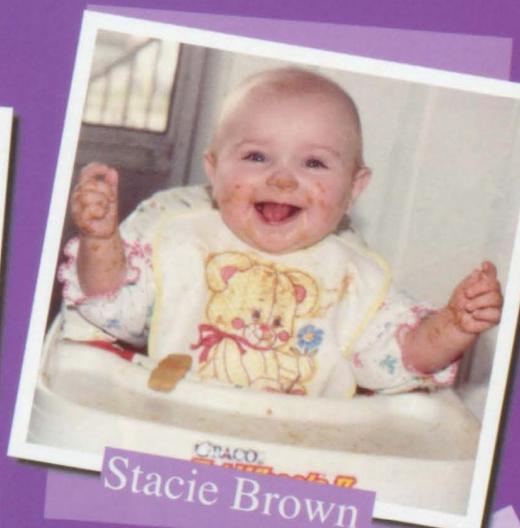
Zane Rustan



Yvette Ortega

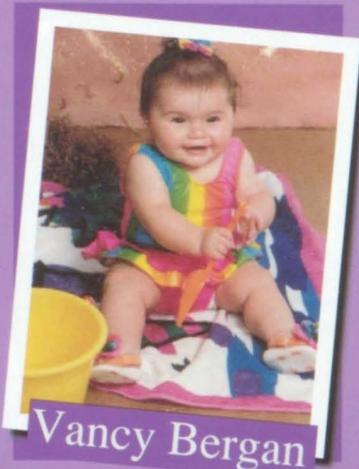


Rebecca Sandoval



Stacie Brown

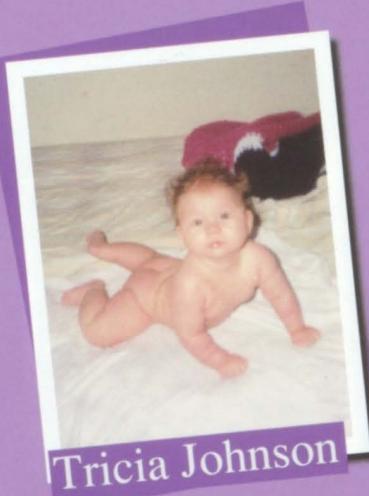
## BABY SENIORS



Vancy Bergan



Amanda Rush



Tricia Johnson



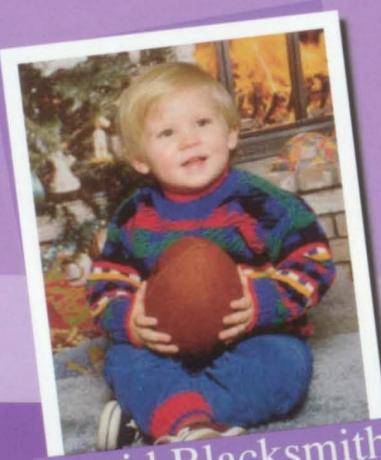
Shelby Wilson



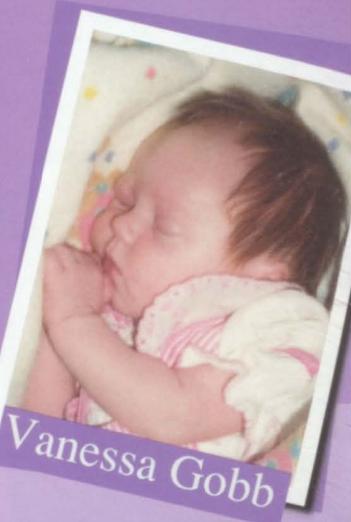
Aubrey Stith



Thomas Teav



David Blacksmith



Vanessa Gobb



Megan Lein



Rosa Zarate



Crystal Ross



Kelsey Waits



Heather Jensen



Alexis Ahmed



Mikey Brown



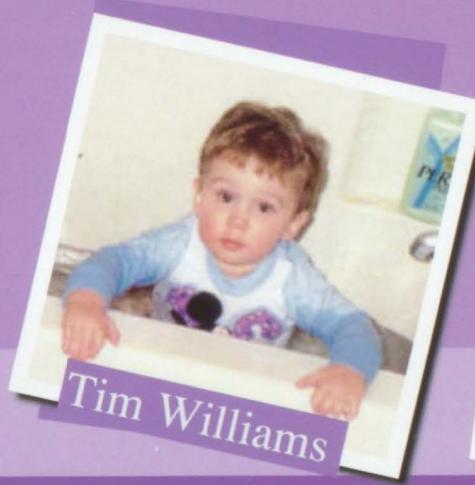
Yesenia Alvarez



Jackie Fudge



Breezie Saldana



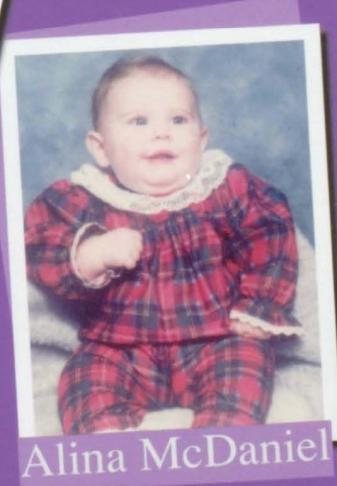
Tim Williams



Matt Grover



Madi Williams



Alina McDaniel



Sadie Hines



Sammy Jones

# IT'S YOUR FUTURE.....

## Where are you headed?

Story/Layout by: Riley Fisher

After graduation, seniors set off on their journey to the real world. No time to procrastinate; it's time to start living.

"I'm going to the University of Iowa to study pre-law, which means no more goofing off," said senior **Danyal Nokes**.

Unlike Nokes, some people choose to go for more creative types of jobs, meaning they don't necessarily go to a university, but a school with more hands-on learning.

"I'm going to the Aveda Institute, which is a cosmetics school. I'm going because they teach differently than other cosmetic schools and it's hands on, not all in the books," said senior **Jerzie Murray**.

Other students choose the type of school depending on their future job, but others choose based on the type of sport they are playing or the scholarship they are offered.

"I am going to Graceland University because I am getting a softball scholarship," said

senior **Heather Prettyman**.

College choices also depend on how the college works with their personality and/or abilities.

"For me, I'm going to Rochester Institute of Technology, because one of the colleges have a deaf college. That way I'll be in a deaf community," said senior **Kensie Channon**.

For other students, college isn't really an option.

Some decide to work, planning on returning to school later.

"I am not going to college but am going to be a father," said senior **Matt Gering**.

Then there are the students that are a little less prepared. They still are undecided about where they want to go to college.

"I'm not really sure where I'm going to college....yet," said senior **Megan Lein**. "I have lots of options, but I can't choose my favorite!"

No matter where your going, East High wishes you good luck on your journey!



**Wayne State  
College**

Ashley Prettyman (12)



Kirk Jensen (12)

**Kansas State  
& Manhattan  
Christian  
College**

**The  
University  
of Iowa**



Royanah Marble (12)

**George  
Washington  
University &  
Marines  
Corps**



Shannissy Catron (12)

*"My destination is  
Central College."*

-Senior *Tiffany Rattray*.

*"I'm headed to Northwestern  
University on an  
academic scholarship."*

-Senior *Chelcie Scott*

*"My future journey is at  
Simpson College."*

-Senior *Brooke Young*

*"I'm going to DMACC for  
two years and then  
Iowa State University."*

-Senior *Katie Hines*

*"My future is at  
Grand View College."*

-Senior *Logan Davis*

# LIVING UP THE LAST MOMENTS

*Story/layout by: Megan Lein*

May 26th, 2011. Ah, the day our parents are the most proud, the day that mothers shed a few tears as their baby girl crosses the stage. The day that fathers nudge another person and say "That is my son up there" and the day that grandparents use all the film in their ancient cameras. The day otherwise known as Graduation.

We have looked up to the day that we earn our diploma, dressed up in black caps and gowns as we shake our principal's hand. But the last few months of school is mixed with bittersweet emotions. In a few short months we enter our lives and begin college, start full-time jobs, and live our lives as young adults. Yet, it is hard to leave everything behind. Our high school friends, the best teachers ever, the walls of East High. We are all excited to say hello to our lives ahead, but saying goodbye may be the hardest thing yet.

The experiences we have in high school will stay with us forever. These experiences shape and mold us into the people we are today. All of us will reminisce in thirty years and think, "Man, remember all of the crazy things we did in high school!"

So before graduation day, we all try to get the soak everything up before we have to let it go.

finding the perfect dress for prom, hanging out with all of your friends every possible moment, we are living up every last bit.

And the class of 2011 has made a lot of great memories since August 2007.

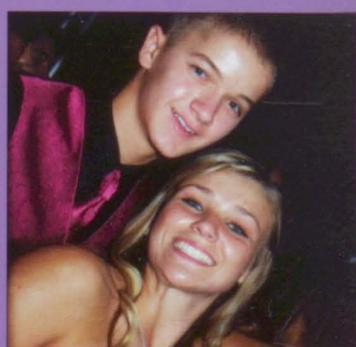
Four senior girls signed with Division I schools and they lead the way to the girls' basketball championship. According to [Alina McDaniel](#) and many, many others, "Our girls' basketball team winning state is one thing I will never forget."

For others, the best experience came when joining a sports team or other organization.

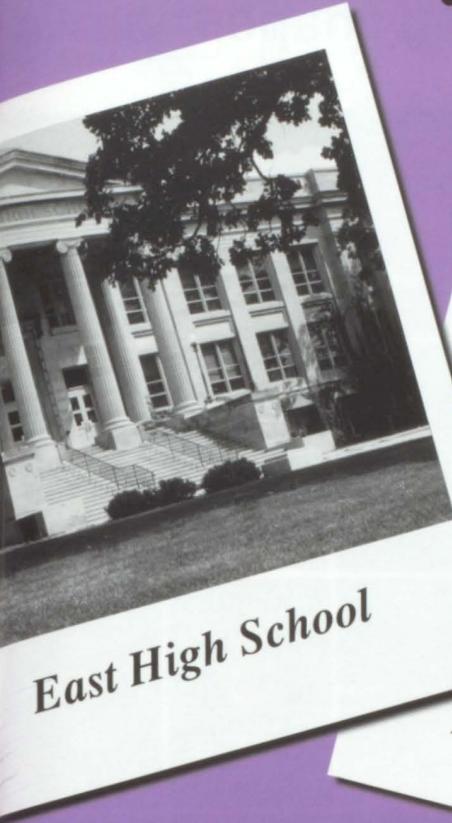
"I am having an amazing time after I joined rugby," said [Cody Mitchell](#).

Our experiences and friends have made our ordinary high school life become extraordinary. The four years may have been rough and long for some, yet for many the time flew by. According to [Vayleeng Vang](#), "The community and how everyone gets along" is something he will always remember.

So yeah, it's time to say goodbye, but it is also a time to say hello...to our future. Remember where you came from, live life to its fullest, but never forget you are a Scarlet!



I will never forget...



### Marcus Ramirez

When I look back I will never forget the high school spirit EHS has!

### Tiffany Rattray

I will never forget all the amazing friends I made

### Jon Drake

All the fun I had with Mrs. Gaines from being in a lot of the plays in her class.

## WHAT WAS YOUR CRAZEST MOMENT?

"Joining rugby and almost breaking my nose during a tackle." - **Thomas Allen**

"When I was in the school play I forgot my lines when I was up on stage!" - **Jamarlo Fields**

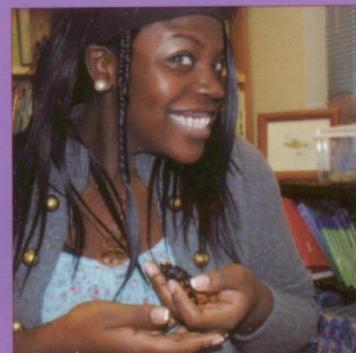
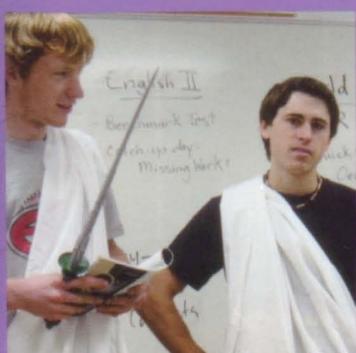
"Watching the girls' basketball team become undefeated state champions." - **Vayeeleeng Vang**

"Lunch with Katie and Tasha yelling and honking at people in the parking lot." - **McKenzie Wedig**

"Mooning people in a McDonalds drive through." - **Kodey Campbell**

"Almost getting hit by a semi while driving to school." - **Marvin Gutierrez**

"Probably when I found out that I could still be able to graduate on time with my 2011 class!" - **Jorge Amaro**



# Faith

**"With four promising years ahead of you,  
waiting for you to shape them in**

Donna Adams  
Jamaal Allan  
Rhonda Anderson  
Bob Bagley  
Diane Baze



Scott Beall  
Jacob Beckwith  
Shawn Beirman  
Annette Bierkamp  
Lacey Bleich



Vicki Bonnett  
Anson Bonte  
Ron Borstad  
Sally Bowden  
Stephanie Brennan



Rich Bright  
Kathy Brown  
Kathy Bruner  
Ken Burgess  
Nancy Butler



Paula Butts  
Antaysia Cameron  
Crista Carlile  
Bob Carmichael  
Alsenior Childress



Jane Ciarella  
Deborah Clark  
Lonnie Clark  
Kathy Clausen  
Abby Clayton



Tom Cole  
Dan Conner  
Terance Cooley  
Marjorie Crawford  
Karen Cross



time sat around like huge clumps of clay,  
whatever way you please."



Amanda Crowe  
Kathy Crum  
Scott Davis  
Sally Degoey  
Joann Dehaan  
Sally Dehnert  
Randy Derby



Sondra Dubbs  
Adaeze Duncan  
Nancy Duncan  
Chris Dunham  
William Eggers  
Samy El-Baroudi  
Lora Evans



Geoff Farrell  
Terrie Fenstermann  
Phil Ferguson  
Lisa Fitzpatrick  
Diane Fleming  
Kimber Foshe  
Keri Frommelt



Clinton Gadbury  
Ruth Ann Gaines  
James Giboo  
Ann Ginther  
Ryan Gladson  
Shirley Gooch  
Sid Gordon



Ben Graeber  
Shawna Green  
Lynette Grooters  
Jacob Habhab  
Jeff Hall  
Aimee Hannan  
Pamela Harshbarger



Stacia Hawkins  
Deann Hebert  
Don Heese  
Tom Hildreth  
Christopher Hodo  
Lynn Hoff  
Susan Hook



John Hoyt  
Mark Hurley  
Carol Hyslope  
Adam Jack  
Angela Jackson  
Amy Jacobson  
Carlos James

Chuck Joelson  
Ginger Johnson  
Mike Johnston  
Anthony Jones  
Dawn Kasper  
Sarah Kelley  
Aaron Kelly



Dan Ketchum  
Brian Koch  
Roxanne Kucharski  
Elston Lacy  
Amy Lane  
Erin Lantz  
Crosby Lester



Lowell Long  
Carol Lortscher  
Derek Lounsberry  
Stayce Lounsberry  
Darien Maguire  
Dave Mahler  
Robbie Malm



Gregory Marshall  
Traci McCaul  
Jennifer Medina  
Oscar Meza  
Rebecca Miller  
Ann Mincks  
Cheryl Modlin



Aida Modronja  
Linnea Morris  
Ken Morton  
Cathy Mussett  
Jennifer Myers  
Brenda Navin  
Laura Negrete-Reinders



Kelly Neiber  
Linda Nemmers  
Erin Neumann  
Jamie Newel  
Randy Nordaker  
Tracy Patrick  
Melanie Paulsen



Deb Peterson  
Ryan Pirtle  
Jill Pool  
Ric Powell  
Ericka Ramirez  
Claudia Richards  
Troy Rider



Jose Rodriguez  
Carrie Romo  
Denise Roskamp  
Paul Ruby  
Linda Saddoris  
Shawn Sanford  
Al Schatz





Sharon Schatz  
Greg Schoon  
Ashley Schryver  
Karen Scott  
Diane Sheil  
Ezra Sillas  
Gitanjali Singh



Kim Smith  
Gail Soesbe  
Jason Soliday  
Vidal Spaine  
Mary St. Clair  
Chad Street  
Carolyn Strickler



Dane Sulentic  
Kym Traczyk  
Francene Turner  
Mary Van Heukelom  
Somkong Vong  
Bill Waller  
Tim Walljasper



Jennifer Weir  
Mary Westover  
Maurice White  
Nicole White  
Jill Wibben  
Whitney Wikert  
Jennifer Williams



Jessica Winegar  
Linda Woodard  
Alan Young  
John Ytzen

## Farewell, loyal teachers



Farewell to these 11 retiring staff members – you will be missed! (From far left) Mark Hurley, Kathryn Bruner, Al Schatz, Sharon Schatz, Nancy Butler, Ruth Anne Gaines, Robbie Malm, Shirley Gooch, Lonnie Clark, Donna Adams and Marjorie Crawford.

88 I 1890  
1901 1917 1890

We started this year with a new principal who brought high expectations and a bright vision about where he could take us, and what East could become.

Mr. Conner led us successfully throughout the year, despite some tougher regulations along the way.

The staff members at EHS made all of us become accountable, competitive, compassionate, and winners

in our community. Change really is a wonderful thing this year.

The world never stops turning as our lives evolve and as we take it all in. Never take your days here for granted. These moments will be gone sooner than you think, and soon we will be on our own in the world...

We all have one life to live, one chance at making the most of high school, and one

# *In Retrospect*



day we will grasp the opportunities East High has prepared us for. On May 26th, over 300 students walked across the stage of Hy-Vee Hall and became alumni. Next fall, a new group of students will take their place to lead the Scarlets onward.

Without change, we would be stuck in the same spot, going nowhere, making the same foolish mistakes; essentially, we would never

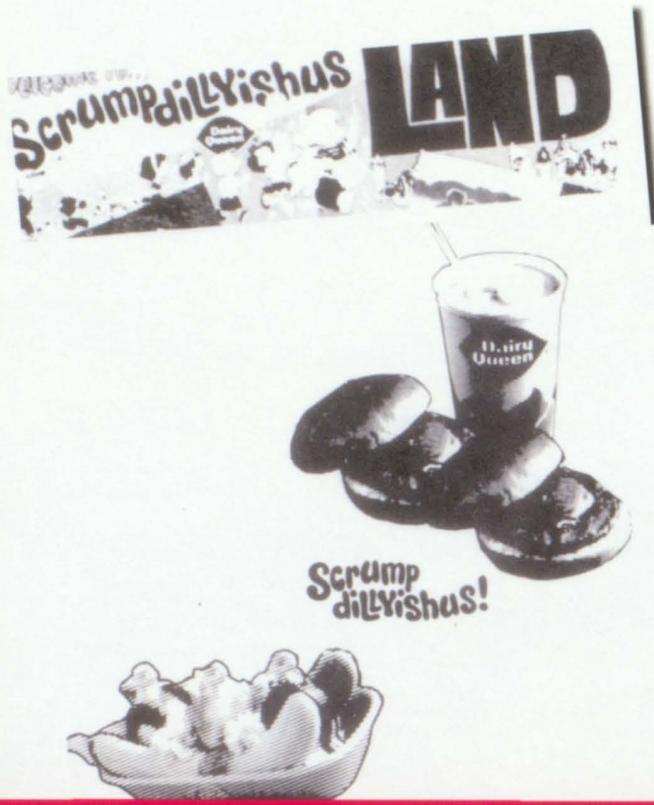
*grow up*. Change is a positive experience, because by changing, we are *living*. This year is about celebrating our past, carrying out traditions, and learning to make our future days even brighter.

*...Remember your past...  
Celebrate the present ...But  
never forget you are a  
Scarlet!*

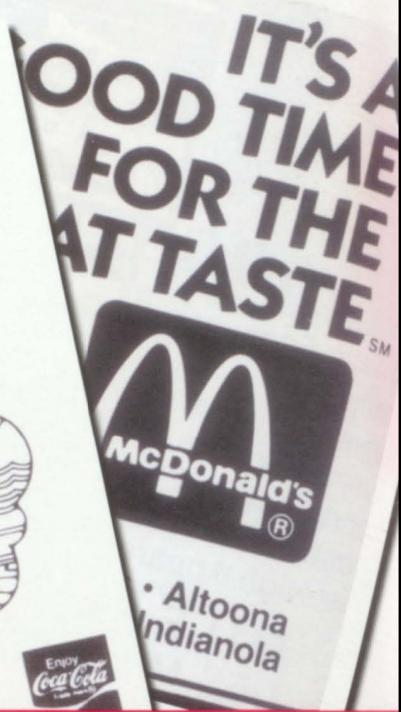
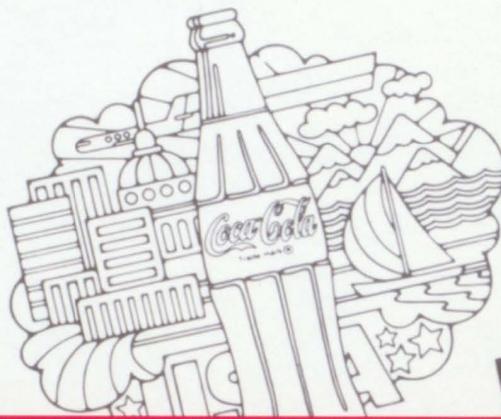
200  
2006 2007  
2009 2010 2011

*ect*





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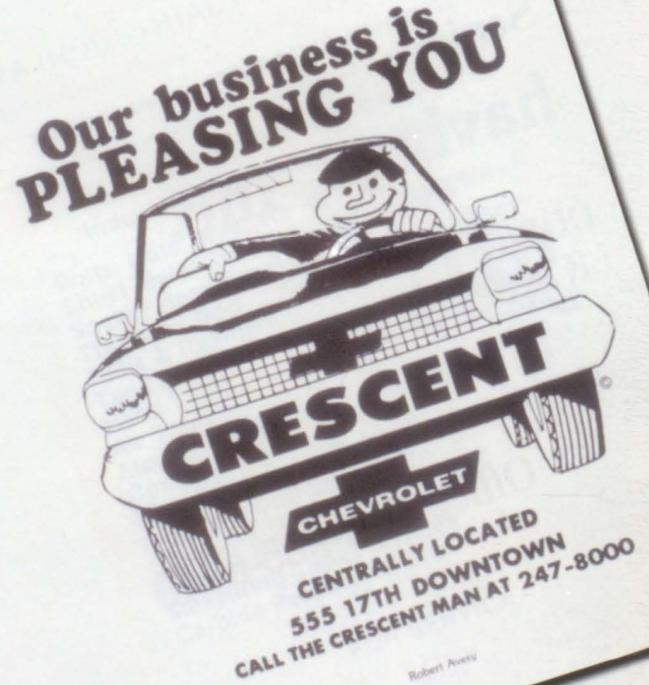
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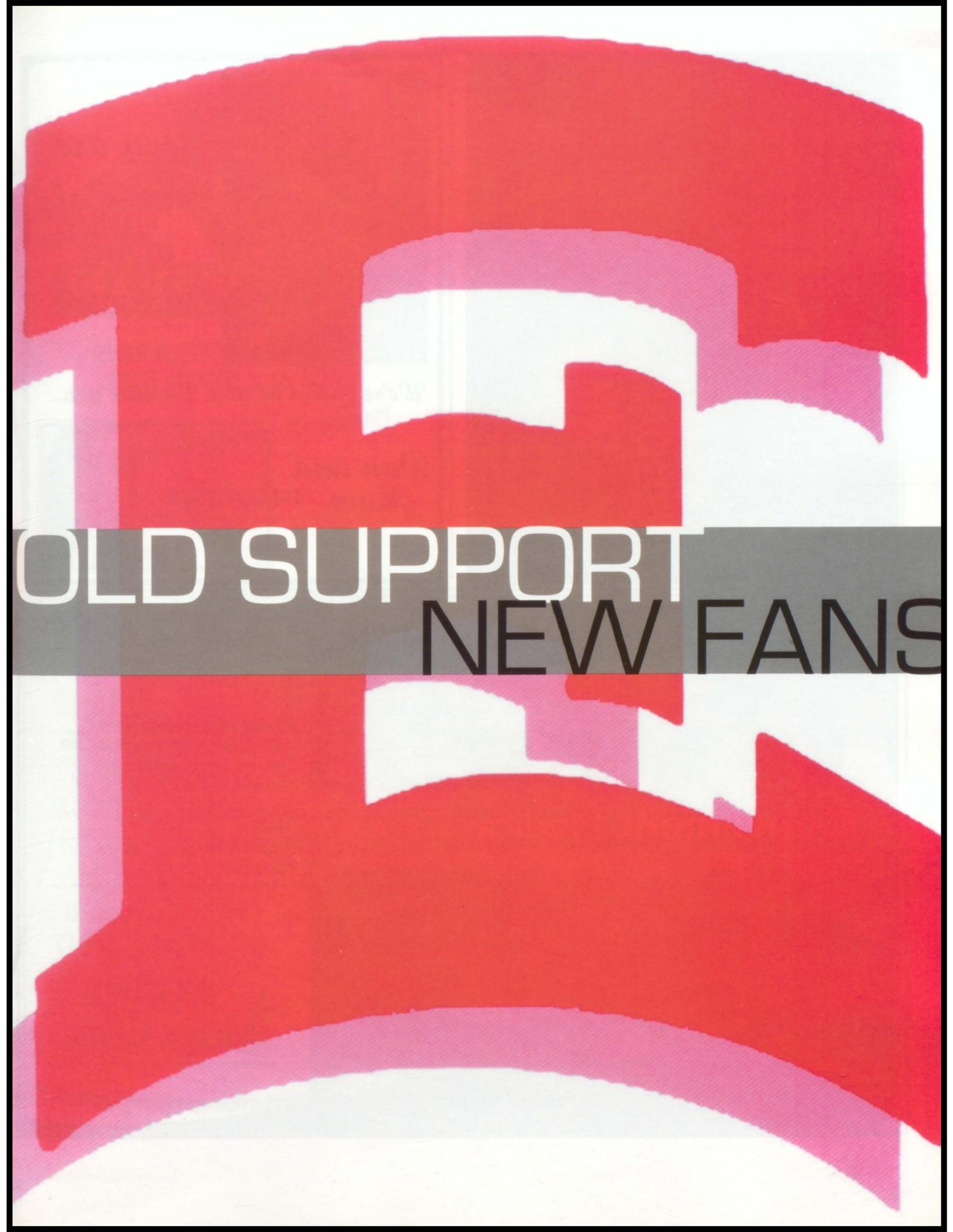


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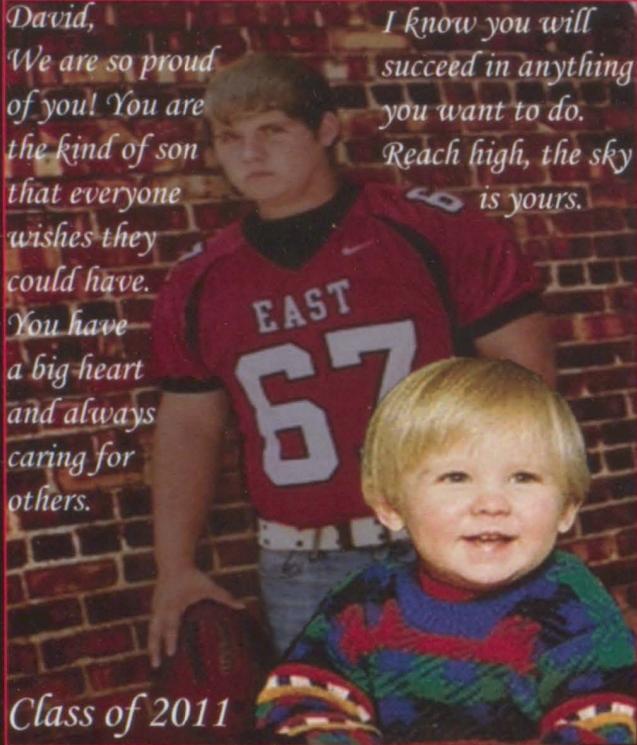
## David John Blacksmith Jr.

David,  
We are so proud  
of you! You are  
the kind of son  
that everyone  
wishes they  
could have.  
You have  
a big heart  
and always  
caring for  
others.

I know you will  
succeed in anything  
you want to do.  
Reach high, the sky  
is yours.

Class of 2011

Congratulations, Love Dad, Mom, Heather & Zachary



Katie,

*You are  
beautiful,  
inside  
and out.*

*We're proud of you. We love you.*

*Dan and  
Mom*



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We are so proud of your accomplishments - in the past and especially today.  
We love you Tricia Kay!  
Dad & Mom

*"The fear of the Lord is the beginning of wisdom: and the knowledge of the holy is understanding."*  
*Proverbs 9:10*



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ADAM F. FULLER, D.D.S.

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CONGRATULATIONS  
CLASS OF 2011

# Shelby,

From baby things to grown up things, you have grown up from our baby girl into a beautiful young woman. We are so proud of the kind hearted, warm, caring, friendly person you have become. Be proud of who you are and believe in yourself and you can achieve whatever you want.

Love you lots,  
Mom and Dad  
Brooke, Shyan and K.J.



Happy 150th Anniversary, East High!

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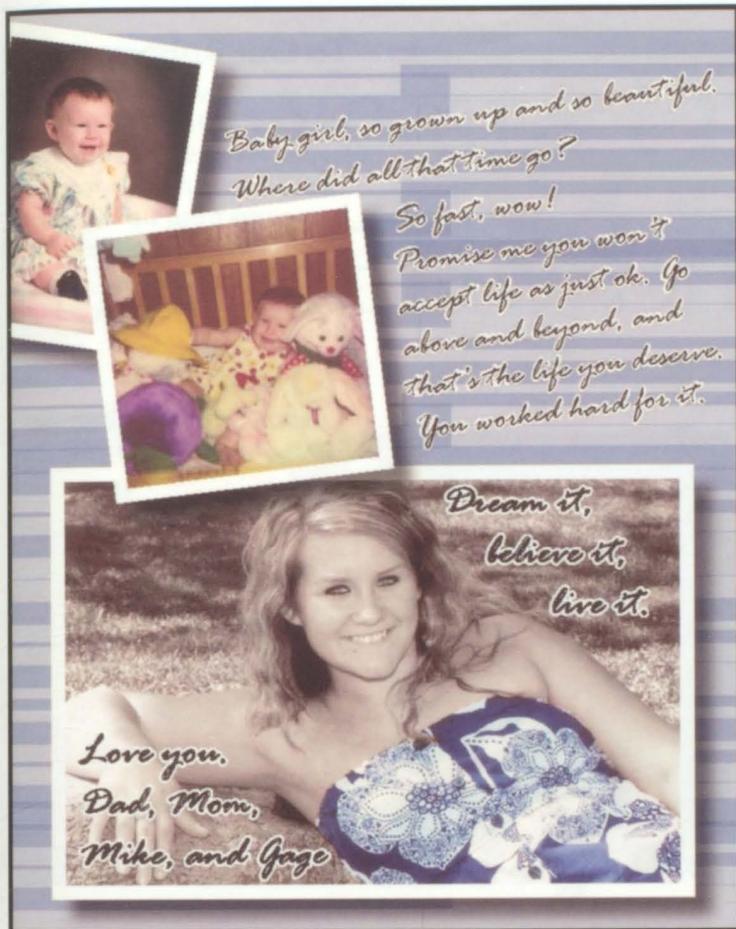
Former EHS Graduates:  
Steve McGee Class of '60  
Jean (Wingert) McGee Class of '64



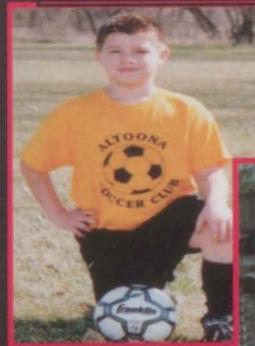
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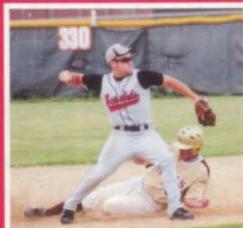


Congratulations, Travers!  
We are so proud of you!



Mom, Jeff  
& The Fam

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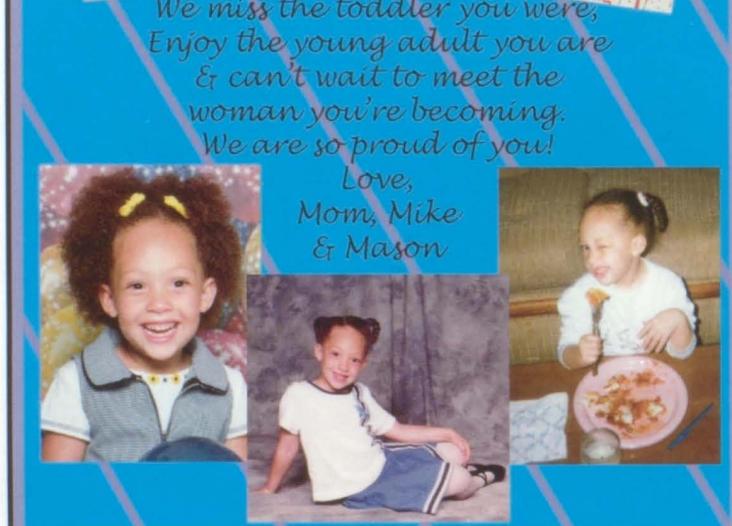
Toll Free: 1-800-234-7718  
Fax: (515) 244-2459



*Taylor 2011*

We miss the toddler you were,  
Enjoy the young adult you are  
& can't wait to meet the  
woman you're becoming.  
We are so proud of you!

Love,  
Mom, Mike & Mason



## To Our Rubberarms,

You were always reaching for  
everything that was in and  
out of your reach. Now with  
the STARS in your reach,  
keep your head up high and  
your eyes shining bright  
on the stars.

We are so very proud  
of you.

Love,

**Mom, Spencer, Grampa  
Steve, Aunt Cindy and Jim**



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Graduating Class of 2011!

**Sammy,**

We are so proud of you! It seems like only yesterday you were a little girl, now you're a beautiful young woman. We know you will succeed in anything you put your mind to. Never let anything stand in your way of accomplishing your goals. We love you!

Love,  
Dad, Mom,  
Grandma, Grandpa,  
Britt, Denise, Emmie & Chubbo

Because I can,  
I'm so proud of you,  
& I love you.  
Always be yourself,  
Success is yours.  
Love, Mom

**Sadie**

Congratulations!  
We are very proud of you!  
Love,  
Dad & Carla

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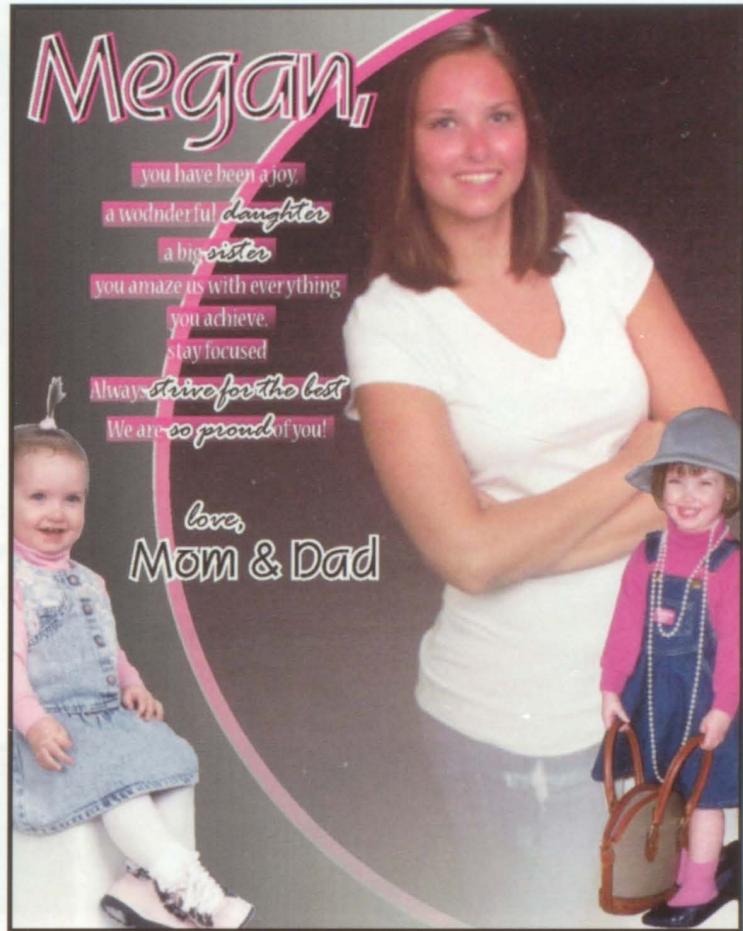
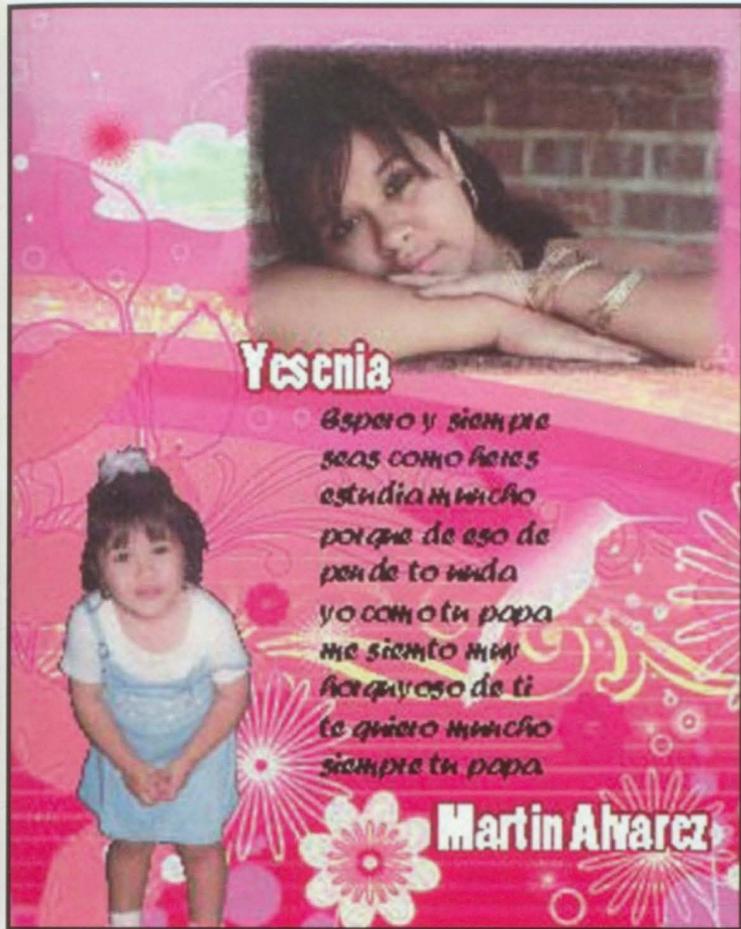
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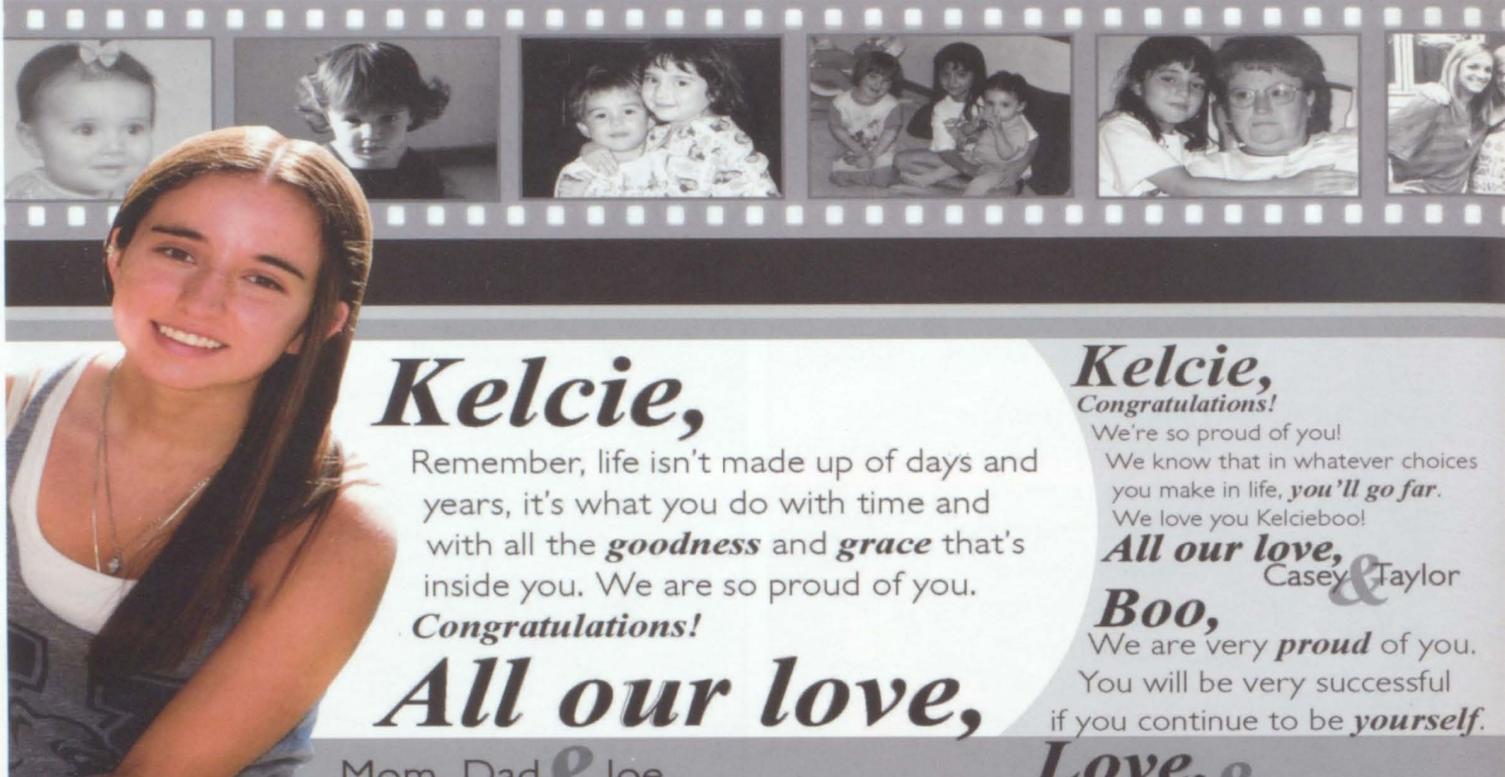
**Y**ou have brought joy to those around you since the moment you were born. You have an amazing ability to make us laugh, remind us of what is important, and to prove there are no limits to what you can do. We are extremely proud of the beautiful person you have become and are excited to learn from you even more! Continue to set your goals high...we know you can reach them!

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Mom, Dad & Joe

**Kelcie,**  
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We're so proud of you!  
We know that in whatever choices you make in life, *you'll go far*.  
We love you Kelcieboo!

**All our love,** Casey & Taylor

**Boo,**  
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You will be very successful if you continue to be **yourself**.

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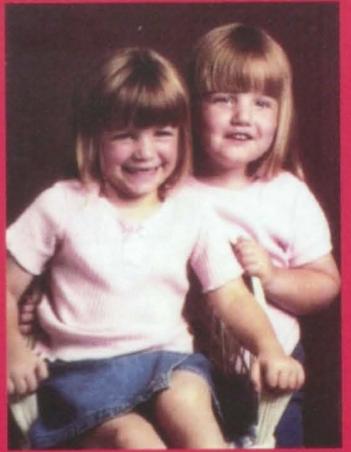
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childhood  
The world became brand  
new again  
as I saw it through your  
eye  
and I learned to value each new  
day  
as a gift full of surprise.  
And yet, no matter what life  
brings,  
you take it all in stride.  
The strength of character you  
show  
fills my heart with pride.  
We were given just a taste  
of perfect love, it's true,  
when God in all his mercy,  
chose to bless our life with you.

We Love You  
Mom/Dad

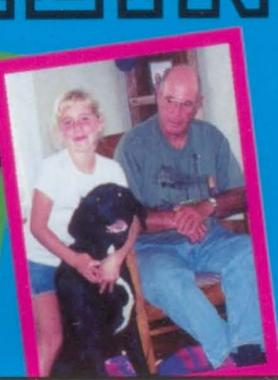
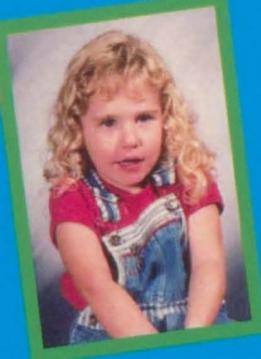
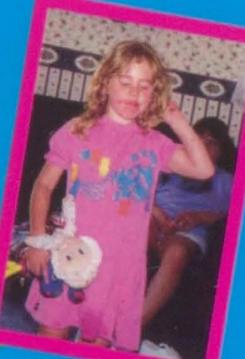


We are so very proud of you, our  
"Whoopie Daisy" baby! You have brought  
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Love You!  
Mom, Dad & Tessa

# ALINA



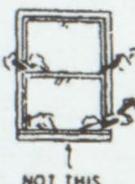
You have always been very awesome and  
made life very interesting for us.

We enjoy watching you run Cross Country.  
Wishing you the best in college and as you  
go forward in your career.

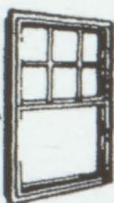
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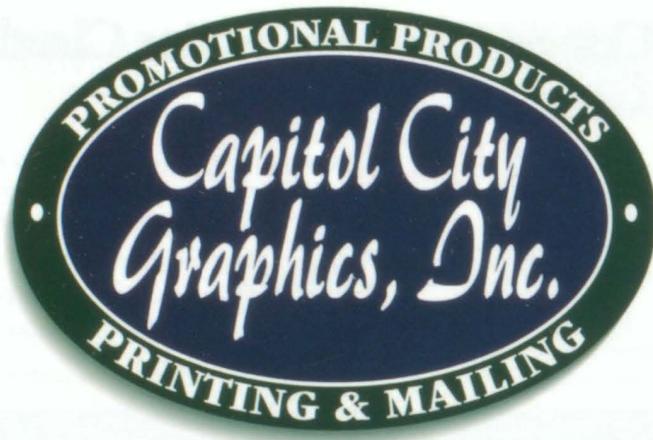
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## Lexi

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We can't wait to see what your future holds.

Love,  
Mom

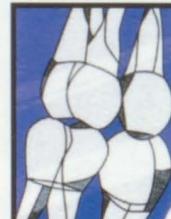
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Chic

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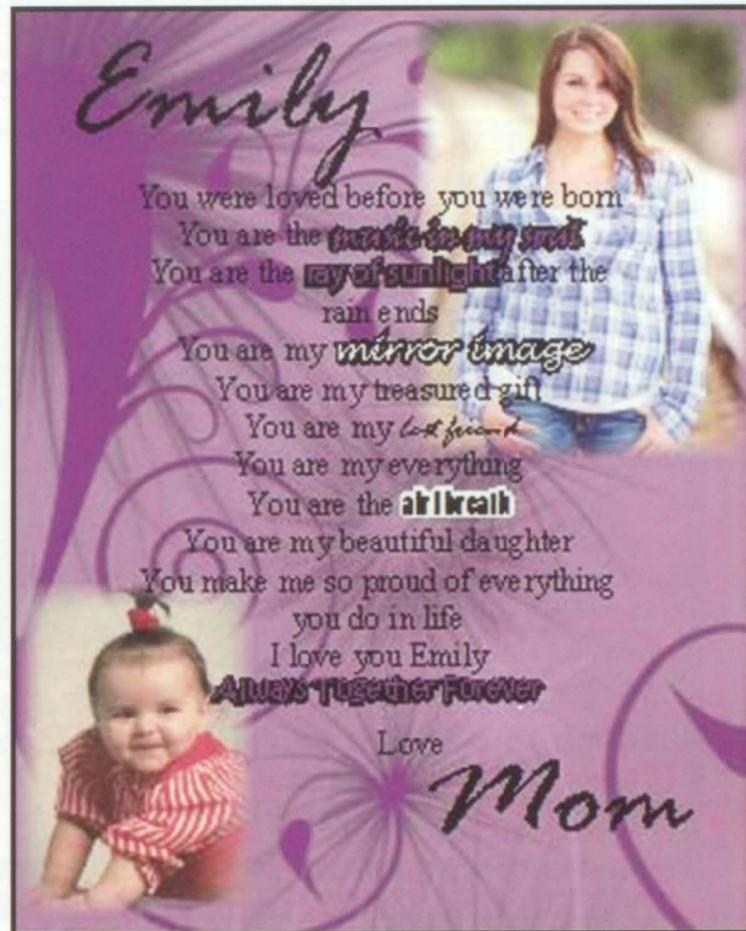
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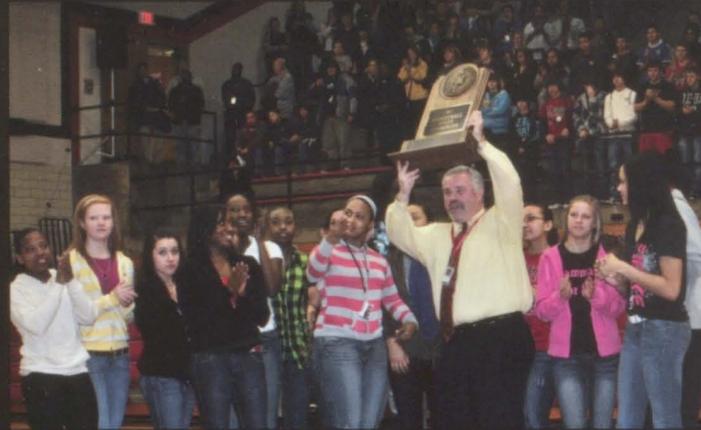
Believe me when I tell you that many of your loved ones still remember you running around in diapers. Today however, when they look at you, they are looking at "Grown Scarlets."

While I have only been with you for one year, it was your "spirit" that lured me to join this family. I will never forget your collective pride and have genuinely grown fond of the term, "Eastsider."

It is so evident that

"Scarlet Pride" is truly the heartbeat of this community...just have to love that!

At times we win on a big stage, while many other victories happen when no one is watching. All of you have a "champion"



inside of you and I sincerely request that each of you demand of yourself to be competitive, compassionate, and accountable. Graduating from East High is a big deal, but it is just a start...get

your mind set on the next phase of life and attack.

On behalf of myself and the East High Staff, I wish every one of you a life rich with challenges and fulfillment.

Some day twenty years from now I guarantee your mind

will wander back to our gym and 2500 people loudly answering, "Where ya from?"

Mr. Conner

"SCARLETS ARE WINNERS"

## ACKNOWLEDGMENTS

### Quill Staff:

**Megan Lein** - Co-Editor-in-Chief

**Madison Williams** - Co-Editor-in-Chief

**Yesenia Alvarez** - Business Manager

**Emalie Cipale** - Organizations Editor

**Riley Fisher** - Copy Editor

**Vanessa Gobb** - Page Editor

**Sammy Jones** - Senior/People Editor

**Haley Larson** - Sports Editor

**Brooke Nokes** - Page Editor

**Kaylee Putzier** - Student Life Editor

**Ashley Simpson** - Page Editor

**Jessie Vance** - Academics Editor

*The Quill staff is grateful for the production assistance provided by these 2010-11 yearbook interns:*

**Hannah Bailey**

**Keelie Deay**

**Lauren Holmes**

**Aaron Hosman**

**Kelsey Kennedy**

**Houa Vang**

*...and for the guidance of:*

**Ben Graeber** - Publications Adviser

**Dan Conner** - Principal

**Chris Betts** - Herff Jones Representative

*...and wishes to give special thanks to:*

**JK's Creative Photo Shop (Janene)**  
of Des Moines, IA (515.669.6529) for many  
wonderful sports photo contributions.

## COLOPHON

The Herff Jones yearbook plant in Edwardsville, Kansas produced 900 copies of the 2011 Quill. The 300 page book was completed on March 23, 2011.

Twelve staff members put together the spring-delivery book on 80lb. gloss paper.

The Vista Custom Embossed cover is printed on Permacote White material with HJ 950 Black and HJ 485 Red applied inks. The cover font used was Courier New. Endsheets are printed with a 4-color process on white Vibracolor paper stock, different front and back. The 8.5" x 11" book is printed with offset silkscreen and is smyth-sewn, rounded and backed.

The cover was designed by Quill staff members and Herff Jones representative Chris Betts. The majority of the copy throughout the book is Sans.

The book was produced digitally and all pages were submitted on the Internet using 17 Dell PC computers and the applications Microsoft Word, Adobe Photoshop CS4 and Herff Jones eDesign.

Books were sold from September through December for \$50. The price increased to \$60 for second semester.

# In Retrospect...

## A

Abeling, Jordan 220  
 Abeling, Trevor 61, 196  
 Abraham, Makraun 190  
 Ackelson, Michael 196  
 Acosta, Manuel 220  
 Acott, Suzette 196  
 Adams, Donna 106, 272, 275  
 Adams, Tashiana 208  
 Adler, Robert 208  
 Adrian, Sydney 231  
 Aguilar, Cesar 28, 196  
 Aguilar, Julia 119, 189, 220  
 Aguirre, Karen 196  
 Ahl-Jones, Austin 54, 185, 220, 230  
 Ahmed, Alexis 15, 34, 54, 60, 65, 121, 159, 186, 232, 241, 260, 267, 296, 299  
 Akimpaye, Liliane 208  
 Alabado, Angelica 196  
 Alarcon, Jacqueline 191, 208  
 Alarcon, Jennifer 220  
 Alarez, Oscar 66  
 Alba, Juan 104, 208  
 Albee, Cody 184  
 Alcaraz, Jacqueline 196  
 Alderman, Jeremy 208  
 Aleman, Zaira 196  
 Allan, Jamaal 94, 272  
 Allbee, Cody 208  
 Allen, Ireland 220  
 Allen, Micheal 208  
 Allen, Thomas 38, 58, 60, 61, 67, 118, 119, 121, 232, 271  
 Aller, Kayla 196  
 Aller, Nicole 196  
 Allegeier, Taylor 65, 121, 193, 232, 247  
 Allison, Gage 184, 192, 208  
 Althaus, Gavin 193  
 Alvarado, Ivan 196  
 Alvarado, Juan 208  
 Alvarez, Erika 208  
 Alvarez, Janet 208  
 Alvarez, Jose 208  
 Alvarez, Listet 220  
 Alvarez, Mireya 65, 76, 118, 119, 121, 232  
 Alvarez, Monique 196  
 Alvarez, Oscar 220  
 Alvarez, Sandra 196  
 Alvarez, Yesenia 4, 65, 67, 118, 119, 120, 232, 253, 267, 300  
 Amaro, Edwin 196  
 Amaro, Jorge 119, 232, 271  
 Amay-Rocha, Monica 121  
 Amaya, Carina 208  
 Ambriz, Carina 119  
 Amos, Echo 64, 208  
 Amos, Tellah 119  
 Anaya, Dulce 191  
 Anderson, Baylee 193, 208  
 Anderson, Chaniee 196  
 Anderson, Dakota 189, 208  
 Anderson, Jacob 208  
 Anderson, Jasmine 60, 185, 186, 208  
 Anderson, Kaitlin 208  
 Anderson, Rachel 37, 60, 61, 118, 121, 137, 185, 232  
 Anderson, Rhonda 135, 272  
 Anderson, Taylor 62, 193, 220  
 Andrade, Daniel 184, 190  
 Andrade, Evelin 220  
 Andrews, Christopher 232  
 Andrews, Jay 62  
 Andrews, Jherrez 196  
 Andrews, John 220  
 Andrews, Lynsay 186, 196  
 Anousis, Alexandros 208  
 Anyuon, Mayual 208  
 Archer, Jessica 93, 233  
 Arellano, Juan 190  
 Arevalo-Aguirre, Gabriela 196  
 Argueta, Erica 196  
 Arredondo, Jose 208  
 Arredondo, Martin 220  
 Arreola, Angelo 208  
 Arroyo, Joshua 196  
 Aschan, Hannah 121, 233  
 Ashley, Troy 208  
 Aswegan, Tyler 188, 189, 192, 196  
 Auch, Brittnie 208  
 Avant, Rachel 220  
 Avery, Shelly 193, 196  
 Avila, Andrea 208  
 Avila, Manuel 196  
 Ayala, Rachel 196

## B

Ba, Mu 208  
 Baccam, Brenda 118, 121, 183, 187, 233, 262  
 Baccam, Jacob 208  
 Back, Trevor Higgins 66  
 Backham, Sophie 118, 119, 192, 208  
 Bacon, Connor 60, 196  
 Bacon, Jeromy 185, 208  
 Bacon, Riley 96, 120, 129, 173, 192, 220  
 Bagley, Bob 272  
 Bahena, Andy 74, 220  
 Bahnsen, Joey 189  
 Bahnsen, Joseph 208  
 Bailey, David 196  
 Bailey, Hannah 52, 137, 185, 193, 208, 300  
 Bailey, Megan 77, 220  
 Baires, Andrew 208  
 Baker, Amber 66, 220  
 Baker, Chloe 183, 187, 208  
 Bales, Jonathan 233  
 Bales, Travis 80, 220  
 Baley, Brice 60  
 Ball, Kylie 209  
 Ballentine, Dorian 193  
 Ballieu, Ajah 119, 196  
 Banegas, Brian 233  
 Banegas, Daniel 209  
 Banks, Austyn 209  
 Banks, Jeremy 209  
 Banks, Johanna 187, 209  
 Barcelo, Anthony 233  
 Barker, Brione 196  
 Barlow, Reannan 61, 186, 196  
 Barr, Travis 220  
 Barrera, Cindy 196  
 Barrett, Dustin 220  
 Barron, Manuela 209  
 Barron-Juarez, Victor 196  
 Barsetti, Tyler 220  
 Barton, Lucas 196  
 Basham, Matthew 220  
 Bass, Travis 220  
 Bates, Jordan 98, 160, 220  
 Battin, Nicole 186, 188, 196  
 Baugher, Kupono 62, 196  
 Baumgardner, Ashley 61, 119, 220  
 Bautista, Ariana 67, 220  
 Bautista, Juan 196  
 Bautista, Milagros 220  
 Baxter, Brittany 233  
 Baze, Diane 272  
 Beal, Kelsey 209  
 Beall, Scott 125, 190, 272  
 Beamer, Sarah 189, 193  
 Beasley, Lynn 191  
 Beattie, Emily 62, 186, 197  
 Beattie, Eric 119, 233  
 Beattie, Marcus 209  
 Beckwith, Jacob 91, 272  
 Beener, Sarah 209  
 Beerbower, Brandon 197  
 Beerbower, Robert 233  
 Beggs, Ryan 192  
 Beigger, Jacob 64  
 Beirman, Shawn 272  
 Bekish, Johnisha 197  
 Belcher, Megan 72, 193, 209  
 Bell, Tavean 209  
 Bellis, Austin 184, 192, 220  
 Bellman, Jacob 119  
 Belmaster, Raymond 197  
 Bemisdarfer, Brittany 209, 219  
 Bender, April 197  
 Benevento, Arianna 197  
 Benevento, Zachary 220, 261  
 Benitez, Raymond 94, 119, 233, 261  
 Bennett, Sarah 62, 197  
 Bennett, Savannah 209  
 Bennett, Trevor 184  
 Bennigas, Brian 184  
 Bentley, Julie 121, 134, 220  
 Bergan, Vancy 22, 233, 235, 266  
 Bermudez, Luz 220  
 Bernabe, Ricardo 197  
 Bernal, Cesar 233  
 Bernal-Perez, Leslie 209  
 Bernardo, Alex 197  
 Bi, Mu 209  
 Bibian, Adriana 67, 119, 234, 263  
 Bibian, Erika 66, 197  
 Bibian, Yasmin 119, 209  
 Bickle, Bambi 187, 209  
 Biegger, Jacob 61, 63, 209  
 Bierkamp, Annette 70, 272  
 Billings, Breanna 197  
 Bimbi, Taylor 12, 96, 97, 119, 120, 154, 155, 185, 186, 189, 234, 260, 265, 284  
 Biondi, Kali 209  
 Bish, Skylard 197  
 Bisha, Fjolla 120, 220  
 Bishop, Jonnie 60, 185, 197  
 Bishop, Lauryn 234  
 Bixby, Conner 220  
 Black, Misty 191  
 Blacksmith, David 15, 50, 61, 64, 65, 118, 121, 184, 234, 253, 266  
 Blacksmith, Zachary 62, 197  
 Blaine, Kasie 220  
 Blair, Paige 191, 193, 220, 261  
 Blanco, Giovani 197  
 Bland, Travis 209  
 Boals-Watters, Jobie 209

Boeckholt, Benjamin 209  
 Bogg, Phillip 64, 234, 260  
 Bohmke, Sarah 197  
 Boileau, Chelsey 209  
 Boland, James 184, 185, 197  
 Bolden, Kaleb 197  
 Bolten, Benjamin 192, 221  
 Bolten, Elizabeth 66, 121, 149, 185, 188, 234  
 Boman, Aerial 209  
 Boman, Hailey 221  
 Bombkee, Sarah 186  
 Boner, Brianna 56, 65, 209  
 Boner, Daniel 197  
 Boner, Luke 121, 234  
 Bonnett, Vicki 272  
 Bonte, Anson 113, 119, 272  
 Boone, Quincy 64, 197  
 Boothroyd, Rachel 62, 186, 188, 197  
 Borstad, Ron 98, 272  
 Borts, Michael 209  
 Bos, Javier 221  
 Bos, Jeremy 184, 192, 209  
 Bosley, Kyle 121, 172, 184, 193, 234  
 Boston, Eric 209  
 Bostwick, Colton 221  
 Bougher, Taylor 96, 120, 221, 230  
 Boughton, Addison 184  
 Boutchee, Keanan 184, 209  
 Bowden, Sally 272  
 Bowman, Aerial 66, 191  
 Boyle, Kody 234  
 Bradford, Mariel 49, 63, 119, 136, 185, 234, 260  
 Bradford, Ryan 209, 260  
 Bradford-Johnson, Tamaya 43, 209  
 Brandon, Jakyra 209  
 Brandt, Alyssa 62, 234, 260, 263  
 Branson, Cheryl 221  
 Brawdy, Joshua 221  
 Brennan, Stephanie 272  
 Breuklander, Damon 197  
 Briceno-Salcedo, Miriam 197  
 Bright, Rich 272  
 Briley, Travis 121, 234  
 Brock, Travis 197  
 Brooks, Ashley 221  
 Brooks, Brandon 209  
 Brooks, Mariah 186, 188, 197  
 Brouwer, Alex 193  
 Brouwer, Matthew 192, 221  
 Browder, Shakhur 221  
 Brown, Alex 197  
 Brown, Amber 27  
 Brown, Annmarie 209  
 Brown, April 62, 176, 177, 193, 209  
 Brown, Breanna 221, 260  
 Brown, Cody 221  
 Brown, Dae'shaun 209  
 Brown, Donte 184, 191, 221  
 Brown, Emily 67  
 Brown, Jocelyn 169, 191  
 Brown, Justice 186, 209  
 Brown, Kathy 272  
 Brown, Kevin 184, 209  
 Brown, Michael 234  
 Brown, Mikey 259, 261, 267  
 Brown, Raeniece 221  
 Brown, Raymond 191  
 Brown, Richard 209  
 Brown, Stacie 64, 65, 67, 121, 178, 179, 193, 234, 247, 265  
 Brown, Stephen 184, 221  
 Brown, Travers 234, 265, 283  
 Brown, Zakia 112, 186, 197  
 Bruce, Matthew 61, 188, 197  
 Bruscher, Caitlyn 45, 187  
 Brumbaugh, Caitlind 60, 209  
 Bruno, Katie 76, 118, 121, 234  
 Bruscher, Brandon 184  
 Bruscher, Caitlyn 61, 64, 156, 221  
 Bryson, Darrionna 221  
 Buckner, Chante 118, 121, 235, 250, 261, 264  
 Buckner, Davontae 125, 184, 189, 209  
 Budathoki, Prakash 209  
 Buell, Robert 67, 94, 121, 235, 253  
 Bui, Philip 64, 98, 221  
 Bullington, Joshua 235, 264  
 Bullington, Savanna 209  
 Bundy, Dontrey 221  
 Bunnell, Caleb 11, 16, 127, 150, 184, 235  
 Burgess, Ken 272  
 Burgett, Elizabeth 209  
 Burgett, Krystal 62, 209  
 Burkett, Cassandra 62, 185, 197  
 Burnett, Nathan 235  
 Burns, Dillon 121, 235  
 Burns, Katherine 41, 61, 94, 221  
 Burrell, Shareec 146, 188, 197, 260  
 Burrows, Brady 174, 193  
 Burrows, Cilla 221  
 Butler, Devin 61, 235  
 Butler, Jonathan 197  
 Butler, Jumani 127, 184  
 Butler, Nancy 272, 275

Butler, Nathan 197  
 Butler, Richard 184, 197  
 Buttrey, Damon 221  
 Buttrey, Justine 209  
 Buttrey, Justus 221  
 Butts, Fleisha 197  
 Butts, Kelsey 112, 119, 146, 188, 197  
 Butts, Marquez 197  
 Butts, Paula 272  
 Butts, Shronda 21, 148, 149, 167, 188, 191, 235, 252  
 Byrkit, Austin 197  
 Byrol, Ashley 260

## C

Calderon, Joycelin 221  
 Caldwell, Caitlin 221  
 Calkins, Alex 221  
 Callison, Carly 197  
 Calvo, Julio 221  
 Cam, Kayla 170, 180, 187, 192, 221, 260  
 Cam, Sidney 192, 209  
 Cam, Todd 184, 197  
 Camacho, Brayon 190  
 Camacho, Cristian 164, 221  
 Camacho, Edgar 197  
 Camacho, Stephanie 28, 197  
 Camacho, Victor 197  
 Cambray, Brenda 191, 209  
 Cameron, Antaysia 272  
 Campbell, Alexandra 66, 181, 187, 197  
 Campbell, Kodey 235, 261, 271  
 Campbell, Nathaniel 197  
 Campbell, Teresa 197  
 Canizales, Lesly 209  
 Cantrell, Miranda 235  
 Cantwell, Amanda 191  
 Carty, Justin 197  
 Cao, Ngoc 50, 61, 64, 110, 111, 118, 170, 192, 221  
 Cardenas, Estefan 119  
 Cardenas, Sergio 190  
 Cardenas, Tania 221  
 Cardines, Haley 210  
 Cardines, Kami 221, 231  
 Cardines, Levi 193  
 Cardines, Melissa 221  
 Carlile, Crista 272  
 Carlson, Jacob 221  
 Carmichael, Bob 272  
 Carmichael, Caitlyn 179, 193  
 Carmichael, Colby 60, 142, 174, 184, 189, 192, 197  
 Carolus, Donald 89, 241  
 Carothers, Travail 119  
 Carpenter, Kaitlyn 191, 193  
 Carr, Shelby 192  
 Carranza, Edwin 235  
 Carre, Kayla 73, 193, 210  
 Carrillo, Luis 197  
 Carroll, Andrew 221  
 Carroll, Breona 74, 75, 118, 121, 235  
 Carroll, Dominique 221  
 Carroll, Ricardo 197  
 Carstens, Rachel 72, 106, 176, 193, 210  
 Carter, Breonna 198  
 Carter, Ronald 236  
 Carter, Terry 66, 184, 198  
 Cartwright, Jakayla 66, 198  
 Casey, Brittney 22, 236  
 Casey, Brooke 221  
 Casey, Katy 60, 66, 114, 221  
 Cason, Dashawn 13, 21, 184, 236  
 Cason, Reio 189, 210  
 Castellanos, Erica 257  
 Castellanos, Isaiah 184, 198  
 Castellanos, Leonardo 198  
 Castillo, Cristina 198  
 Catron, Brocklyn 184, 185, 210, 260  
 Catron, Christopher 210  
 Catron, Shanissy 51, 64, 66, 93, 118, 121, 136, 185, 235, 236, 260, 269  
 Cavan, Steven 210  
 Cavan, Travis 221  
 Cavazos, Roelies 210  
 Ceballos, Juana 210  
 Ceballos, Maria 119, 221  
 Ceballos, Ricardo 60, 221  
 Cequeria, Cinthia 210  
 Cerdá, Pablo 261  
 Cervantes, Martin 190, 210  
 Chagoya-Chavero, Cesar 190  
 Chak, Jasmine 180, 187, 210  
 Chak, Sovann 198  
 Chamberlain, Heaven 64, 66, 86, 210  
 Champalath, Toby 210  
 Chandler, Na'day 21, 189, 236  
 Chang, Ashley 221  
 Channon, Kensi 64, 65, 66, 121, 138, 139, 184, 188, 191, 236, 261, 265, 268  
 Chanthavong, Kevin 221  
 Chapman, Alex 210  
 Chapman, Derek 66, 184, 221  
 Chatwood, Dazaundra 17, 22, 236  
 Chaudhry, Fahid 236



# INDEX

Chavez, Alma 61, 210  
 Chavez-Rivera, Jennifer 210  
 Chavise, Ravary 192  
 Chayee, Maroline 198  
 Chen, Kevin 119, 237  
 Chestnut, Zachary 210  
 Chotkuach, Marna 237  
 Christian, Andrew 237  
 Christmas, Merry 58  
 Chuol, Friday 186, 188, 237, 258  
 Chuol, Mach 164, 190, 221  
 Chuol, Nyakutoh 188, 198  
 Church, Steffian 210  
 Ciarella, Jane 272  
 Cipale, Emalie 5, 12, 52, 65, 73, 74, 85, 102, 120, 131, 149, 174, 221, 300  
 Ciperly, Devin 193  
 Cipperley, Kara 140, 187, 189, 210  
 Cipperley, Steve 174  
 Cirksema, Jordan 60, 102, 160, 170, 192, 237, 260  
 Clair, Sara 198  
 Clair, Teresa 221  
 Clark, Daniel 210  
 Clark, Deborah 272  
 Clark, Lonnie 272, 275  
 Clark, Montez 119, 184, 237  
 Clark, Sara 62, 198  
 Clausen, Kathy 272  
 Clay, Samora 112, 198  
 Clayborne, Mita 66, 221  
 Clayton, Abby 272  
 Clayton, Jama 20, 93, 185, 221  
 Clearwater, Jeremy 222  
 Coan, Timothy 198  
 Cockrum, Kody 66, 198  
 Coe, Sarah 198, 206  
 Coghlizer, Samantha 22, 237  
 Colby, Dalton 64, 87, 237  
 Cole, Tom 272  
 Collier, Shawniece 222  
 Collins, Sarah 222  
 Cone, Ciera 237  
 Conkel, Craig 144, 189, 237  
 Conner, Caleb 79, 222  
 Conner, Dan 272, 276, 300  
 Contreras, Alejandra 210  
 Contreras, Allyson 210  
 Contreras, Antonio 119, 237  
 Contreras, Beatriz 210  
 Contreras, Edgar 190, 222  
 Contreras, Fernando 198  
 Contreras, Guett 198  
 Contreras, Jose 165, 190, 222  
 Contreras, Rafael 190  
 Contreras-Colung, Antonio 198  
 Contreras-Colung, Vanessa 76, 222  
 Contreras-Santos, Maria 66, 210  
 Conway, Taylor 198  
 Conway, Trevor 210  
 Cook, Brittany 62, 187, 198  
 Cook, Emily 21, 237, 252, 262  
 Cook, Krysta 22, 237  
 Cook, McKenzie 65, 100, 118, 119, 141, 186, 237, 265  
 Cooley, Terance 272  
 Cooper, Martin 79  
 Cordero, David 184, 191, 241, 261  
 Cordova Perez, Alejandra 210  
 Corley, Austin 198  
 Cornelison, Morgan 62, 66, 198  
 Corona, Allan 198  
 Corral, Shiloh 210  
 Cort, Nathan 222  
 Cortez, Jesse 184, 237  
 Cortez, Kaitlin 187, 222  
 Cortez, Lupe 119  
 Cortum, Kenneth 35, 60, 61, 63, 111, 118, 121, 237  
 Cory, Michael 13, 238  
 Couch, Cassandra 210  
 Courtney, Lawrence 210  
 Cowles, Anastasia 238  
 Cox, Raechel 198  
 Coyle, Aaron 184, 191, 222  
 Coyle, Andre 184  
 Coyne, Jenny 238  
 Craig, Melissa 65, 222  
 Crane, Cody 88, 184, 222  
 Crane, Matthew 238  
 Crawford, Jamel 144, 189  
 Crawford, Marjorie 272, 275  
 Creek, Joshua 198  
 Crist, Courtney 210  
 Cronk, Lindsey 77, 121, 222  
 Cross, Avery 198  
 Cross, Emma 28, 222  
 Cross, Karen 76, 272  
 Crowe, Amanda 91, 273  
 Cruikshank, Ashley 65, 66, 119, 141, 189, 238, 262  
 Crum, Kathy 108, 273  
 Cruz, Carolina 167, 191, 238  
 Cruz, Geedmarie 210  
 Cruz, German 210  
 Cruz, Romario 210  
 Csacsu, Charlyn 222  
 Culp, Whitney 66, 222  
 Cummings, Alexes 17, 118, 157, 187, 222  
 Cunningham, Blake 184, 192, 222, 231, 261  
 Curiel, Lizet 238  
 Curry, Anthony 210  
 Curry, Shelby 30, 222  
 Custard, Courtney 96, 118, 120, 193, 222  
**D**  
 Dale, Jeffrey 171, 192, 238, 259, 262  
 Dale, Sky 64, 222, 231  
 Dameron, Demarcus 62, 112, 119, 151, 184, 190, 198  
 Dank, Jacob 151, 190, 210  
 Dantzler, Curtis 222  
 Dao, Helen 66, 83, 210  
 Dassin, Dekhontee 62, 198, 206  
 Daughenbaugh, Miranda 119, 191, 210  
 Davidson, Rebecca 238, 260  
 Davila, Treisay Aquayan 205  
 Davis, Alexandra 66, 181, 187, 222  
 Davis, Christopher 198  
 Davis, Devin 198  
 Davis, Doug 155  
 Davis, Joseph 210  
 Davis, Lacey 62, 198  
 Davis, Logan 140, 154, 155, 185, 189, 193, 238, 253, 269  
 Davis, Scott 34, 37, 60, 273  
 Davis, Soni 238  
 Davis, Taylor 198  
 Davis, Trenton 238, 264  
 Dawson, Danny 184, 192, 210  
 Dawson, Luke 70, 184, 190, 198  
 Dawson, William 13, 184, 192, 198  
 De Avila, Fatima 222  
 De Avila, Jessica 222  
 De Avila, Jocelyn 222, 231  
 De Avila, Simon 222  
 De Jesus, Jose 258  
 De La Rosa, Rodolfo 198  
 Dearinger, Katy 238  
 Deaton, Jason 40, 61, 67, 121, 238  
 DeAvila, Mauro 119, 210  
 Deay, Keelie 106, 135, 184, 191, 210, 300  
 Deboer, Ashley 238  
 Deboer, Ethan 62, 198  
 DeBont, Kassidy 60, 61, 210  
 Debrouse, Kaylee 210  
 Deerr, Melissa 222  
 Degoeij, Sally 273  
 DeGoey, Sean 175, 193  
 DeHaan, Ashley 70, 185, 187, 210  
 Dehaan, Joann 273  
 Deharo-Cruz, Christopher 238  
 Dehnert, Sally 273  
 Delaney, Darian 157, 187, 210, 261  
 Delarosa, Nicholas 210  
 Delgado, Alexis 198  
 Delgado, Dominga 210  
 Delgado, Manuel 222  
 Delk, Madison 36, 52, 53, 60, 61, 147, 188, 198  
 Deng, Mani 163, 190, 239  
 Deng, Musa 222  
 Deng, Nyachudier 133, 186, 222  
 Denning, Alyssa 157, 167, 187, 191, 239, 244, 263  
 Dentler, Trey 198  
 Deo, Thomas 198  
 Derby, Randy 273  
 Derou, Alpha 184  
 Devan, Camerion 184, 210  
 Devaughn, Brock 198  
 Devick, Sharayah 20, 64, 66, 118, 189, 222  
 Diaz-Hernandez, Andy 198  
 Diehm, Brandon 210  
 Dieu, Razaz 222  
 Do, Trinh 210  
 Doan, Bob 222  
 Doerue, Alpha 210  
 Dominguez, Diana 222  
 Doss, Anthony 198  
 Douangsithi, Billy 210  
 Doughman, Ashlee 222  
 Douglass, Cassandra 210  
 Doyle, Amanda 222  
 Drake, Earlexus 198  
 Drake, Jonathan 239, 264, 271  
 Drayton, Kylene 210  
 Drew, Dana 60, 61, 198  
 Drew, Mackenzie 36, 60, 61, 62, 210  
 Dubay, Tristin 198  
 Dubbs, Sondra 273  
 Dueling, Austin 222  
 Duff, Annastassi 125, 184, 188, 198  
 Dunagan, Alexander 184, 198  
 Duncan, Adaeze 273  
 Duncan, Christina 211  
 Duncan, Emily 66, 198  
 Duncan, Nancy 273  
 Dunham, Chris 273  
 Dunlap, Tiffany 198  
 Dunn, Joe 244  
 Dunn, Taylor 211  
 Dunn, Zackary 145, 184, 189, 192, 222  
 Dupree, Desirae 186, 198  
 Dycus, Carly 185, 211  
 Dyer, Lydia 61, 67, 119, 211  
**E**  
 Ear, Sovanny 191, 222  
 Eaton, Ashlee 62, 198  
 Eaton, Nick 174  
 Eckardt, Rachel 62, 157, 187, 198  
 Eddinger, Zach 222  
 Edvenson, Tari 187, 211  
 Edvenson, Tyler 83, 190, 211  
 Edwards, Jeanne 66, 222  
 Edwards, Johnita 185, 239  
 Egbadon, Emmanuel 66, 75, 184, 191, 239  
 Eggers, William 273  
 Eggleston, Michelle 159  
 Eisenlauer, Dillon 222  
 El-Baroudi, Samy 81, 170, 192, 273, 299  
 Elias, Ricardo San 119, 184, 190  
 Ellenwood, Evan 239  
 Elscott, Breanna 62, 64, 198  
 Elsey, Jaycob 198  
 Elswick, Dustin 211  
 Ely, Caitlin 222  
 Ely, Cory 211  
 Enos, Wyatt 211  
 Enriquez, Jose 198  
 Erickson, Jeffrey 125, 184, 189, 211, 261  
 Ervin, Tessa 211  
 Eshelman, Paige 199  
 Espinoza, Alyssa 89, 193, 222, 231  
 Estes, Tyteana 60, 222  
 Estrada, Anabel 222  
 Estrada, Carlos 164, 190, 239  
 Estrada, Veronica 239  
 Etter, Jakob 184, 244  
 Evans, Aaliyah 199  
 Evans, Airianna 222  
 Evans, Alyssa 199  
 Evans, Cherae 66, 239  
 Evans, Daniel 222  
 Evans, Leah 62  
 Evans, Lora 273  
 Everett, Daniel 67, 87  
**F**  
 Fabel, Fatima 62  
 Fabian-Santos, Diana 211  
 Fabray, Eva 186, 187, 188, 211  
 Fabray, Tenea 21, 38, 50, 60, 61, 63, 64, 118, 191, 222  
 Fadel, Fatima 37, 199  
 Fadell, Tony 79  
 Falcon, Kaitlyn 61, 199  
 Fallin, Raven 199  
 Fallon, Jacob 211  
 Falvey, Andy 34  
 Falvey, Kate 159  
 Farnsworth, Justin 239, 258, 260, 264  
 Farrell, Geoff 189, 273  
 Faulkner, Megan 119, 239  
 Faux, Bethany 62, 222  
 Felix, Sergio 66, 211  
 Felton, Melody 155, 185  
 Fenimore, Eric 199  
 Fenstermann, Terri 101, 273  
 Ferguson, Ken 191  
 Ferguson, Phil 191, 273  
 Ferguson, Summer 222  
 Ferriss, Jacob 199  
 Fessler-Boylan, Mollie 60, 239, 265  
 Fettlers, Jennifer 199  
 Fettlers, Kevin 60, 199  
 Fields, Jamarie 239, 271  
 Fields, Sydney 211  
 Fier, Spencer 199  
 Fiscus, Catarina 60, 199  
 Fiscus, Justin 119, 239  
 Fiscus, Kaine 211  
 Fisher, Ashley 239  
 Fisher, Luke 185, 199  
 Fisher, Riley 5, 8, 20, 56, 64, 89, 120, 144, 178, 193, 218, 222, 231, 268, 300  
 Fisher, Tatianna 83  
 Fitzgerald, Allison 179, 185, 188, 193, 222  
 Fitzgerald, Marisa 199  
 Fitzpatrick, Lisa 273  
 Fitzpatrick, Michael 47, 49, 61, 63, 222  
 Fitzpatrick, Sarah 61, 63, 64, 222  
 Flagg, Anthony 193  
 Fleming, Diane 273  
 Fleming, Mark 184, 199  
 Flickinger, Anna 24, 34, 36, 39, 60, 61, 64, 117, 118, 170, 186, 192, 223  
 Flickinger, James 185, 189, 199  
 Flippo, Gregory 223  
 Florence, Natalie 41, 61  
 Flores, Luz 199  
 Flores, Merissa 199  
 Flores, Natalia 119  
 Folsom, Scott 64, 66, 223, 260  
 Ford, Hannah 223  
 Ford, Kayla 223  
 Foreman, Kayla 73, 141, 186, 189, 193, 211  
 Formaro, Jacob 239  
 Formaro, Lacey 223  
 Formaro, Sabrina 62, 199  
 Foshe, Kimber 273  
 Foss, Alice 230  
 Foster, Dillon 199  
 Foster, Kathryn 62, 199  
 Fox, Deanna 67, 223  
 Frank, Karl 211  
 Frank, Lloyd 223  
 Franklin, Jack 199  
 Frazier, Benjamin 64, 66, 100, 128, 223  
 Frazier, Bridget 112, 199  
 Frazier, Dre 143  
 Frazier, Dre'Shon 87, 188, 199  
 Freeborn, Odyssey 211  
 Freeman, Katelynn 66  
 French, Amber 199  
 French, Michael 240  
 Frey, Alissa 17, 223  
 Frommelt, Keri 74, 273  
 Fudge, Jackie 20, 60, 61, 64, 106, 159, 186, 240, 267  
 Fudge, John 62, 66, 184, 199  
 Fuentes, Jacqueline 199  
 Fulford, Heather 188, 223  
 Fuller, Savanna 193, 211  
 Funderburk, Skylar 223  
**G**  
 Gabriel, Stephenie 187, 211  
 Gadbury, Clinton 105, 184, 273  
 Gafford, Marrico 184, 189, 199  
 Gaines, Keesha 62, 188, 199  
 Gaines, Nijay 148, 149, 240, 259  
 Gaines, Nijay 188, 260  
 Gaines, Ruth Anne 94, 95, 271, 273, 275  
 Galan, Jose 199  
 Gallagher, Chelsea 60, 64, 186, 199  
 Gallardo, Cynthia 66, 223  
 Galloway, Hailey 211  
 Galvin, Lane 152, 153, 185, 189, 199  
 Galvin, Riley 191  
 Garcia, Alfredo 199  
 Garcia, Brenda 211  
 Garcia, Daisy 211  
 Garcia, Eduardo 199  
 Garcia, Gabriela Ordaz 202  
 Garcia, Gabriella 211  
 Garcia, Guillermo 199  
 Garcia, Heidy 211  
 Garcia, Kathryn 146, 186, 188, 199  
 Garcia, Samantha 223  
 Garcia, Yesenia 211  
 Gates, Bill 79  
 Gathercole, Aaron 66, 211  
 Gearhart, Alicia 223  
 Gebrezabihner, Frewyni 211  
 Gebrezabihner, Hiwot 211  
 Gerdon, Joshua 211  
 Gering, Jesse 240  
 Gering, Matt 118, 240, 268  
 Gerke, Brandon 66, 223  
 Gerke, Grace 211  
 German, Dustin 240  
 German, Kyrie 185, 211, 218  
 Gibbons, Dale 211  
 Giboo, James 192, 273  
 Gibson, Zachary 223  
 Gile, Dylan 211  
 Gile, Kelsey 22, 240, 264  
 Gillette, Alicia 211  
 Gilliam, Nathan 184, 189  
 Gillum, Megan 199  
 Ginthier, Ann 273  
 Givan-Gonzalez, Erick 67  
 Gladson, Ryan 273  
 Glass, Dillon 189, 199  
 Glass, Sonya 66, 211  
 Gleason, Christian 199  
 Glick, Samantha 60, 62, 158, 186, 199  
 Glover, Katelyn 72, 211  
 Gobbi, Vanessa 4, 16, 23, 162, 240, 266, 300  
 Gobin, Prem 192  
 Godoy, Lisa 137, 185  
 Godoy, Melissa 223  
 Goff, Kyle 189, 211  
 Gogerty, Dylan 121, 240  
 Golberg, Elizabeth 187, 199  
 Gomez, Audrey 66, 199  
 Gomez, Calista 223  
 Gomez, Jorge 223  
 Gomez, Nicole 240  
 Gomez, Taylor 223  
 Gonzales, Destiny 199  
 Gonzales, Jose 190  
 Gonzales-Ortiz, Cindy 223  
 Gonzalez, Alvin 62, 199  
 Gonzalez, Carlos 199  
 Gonzalez, Denys 211  
 Gonzalez, Elizabeth 240  
 Gonzalez, Gladys 199  
 Gonzalez, Jose 199, 211



Gonzalez, Kenya 211  
 Gonzalez, Zuley 240  
 Gonzalez, Marco 241  
 Gonzalez, Oscar 223  
 Gonzalez, Yocelin 199  
 Gonzalez-Garcia, Dali 223  
 Gonzalez-Garcia, Felix 223  
 Gooch, Shirley 93, 273, 275  
 Good, Amber 188, 199  
 Goods, Khassidy 211  
 Gordon, Sid 273  
 Gracey, Jacob 223  
 Grafton, Wyatt 199  
 Graham, Donald 199  
 Graham, Philip 199  
 Grant, John 223  
 Graves, Kerry 62, 199  
 Gray, Tuesday 223  
 Green, Isaiah 211  
 Green, Katelynn 223  
 Green, Michael 223  
 Green, Morgan 61, 63, 91, 211  
 Green, Samantha 223  
 Green, Shawna 273  
 Greene, Deja 241  
 Griffin, Austin 241  
 Griffin, Nick 241  
 Grimm, Christina 199  
 Grimm, Kelsi 241  
 Grimm, Maria 17  
 Grimm, Ryan 199  
 Grochala, Jessica 8, 128, 160, 178, 179, 193, 223  
 Grochala, Nicholas 118, 121, 127, 184, 241  
 Gronewold, Zachary 27, 71, 76, 191, 192, 223  
 Groom, Dallas 184, 199  
 Grooters, Lynette 273  
 Gross, Alexander 184, 223  
 Gross, Jordan 200  
 Grover, Matthew 11, 127, 145, 184, 189, 236, 241, 261, 267  
 Grover, Unique 66  
 Groves, Paige 62, 223  
 Grutel, Kennita 223  
 Grylls, Sarah 118  
 Guerrero, Francisco 211  
 Guerrero, Joaquina 211  
 Guerrero, Miguel 119, 121, 190, 211  
 Guerrero Nieto, Iris 241, 250, 261  
 Guinan, Deivid 190  
 Guled, Abdi 211  
 Gully, Keshawn 241  
 Gully, Kierra 188, 200  
 Gunderson, Cameron 211  
 Gunn, Deontazsha 223  
 Gutierrez, Marvin 241, 271  
 Guzman, Jesus 200  
 Guzman, Maleny 241

**H**

Ha, Tu 223  
 Haag, Jacob 62, 184, 200  
 Haberling, Joshua 200  
 Haberling, Markus 200  
 Habhab, Jacob 273  
 Hackett, Miles 37, 60, 61, 66, 92, 119, 121, 241, 260  
 Hadley, Brett 200  
 Hadley, Patsy 223  
 Hadley, Ryan 242  
 Hadley, Sandra 22, 242  
 Hager, Cody 261  
 Hager, Elizabeth 211  
 Hague, Joshua 223  
 Hale, McKenzie 186  
 Hale, Mckenzie 211  
 Hale, Micheala 200  
 Hall, Dunlap 191  
 Hall, Hunter 87, 139, 184, 185, 211  
 Hall, Jeff 104, 105, 273  
 Hall, Quintin 191  
 Hall, Rachel 242  
 Halsten, Samantha 36, 58, 60, 61, 67, 109, 118, 223  
 Hamby, Chad 200  
 Hamel, Tyler 200  
 Hammernick, Brett 200  
 Hampe, Cierra 223  
 Handy, Alex 200  
 Haneca, Cody 211  
 Hannan, Aimee 273  
 Hansen, Robert 119, 192, 200  
 Hansen, Samuel 62, 200  
 Hanson, James 211  
 Harerimana, Ezekial 190  
 Harger, Benjamin 200  
 Hargas, Josie 200  
 Harlan, Robert 38, 60, 212  
 Harless, Raymond 58, 67  
 Harper, Samuel 200  
 Harrell, Malik 200  
 Harrington, Dominic 212  
 Harrington, Romenel 212  
 Harrington, Thomas 242  
 Harris, PennyLee 184, 242  
 Harshbarger, Pamela 273

Harvey, Davon 242  
 Hass, Heather 242  
 Hassan, Abdikarim 200  
 Hassan, Omar 223  
 Hassan, Zeinab 223  
 Hastings, Jensen 60, 64, 185, 212  
 Hatchet, Jodi 62, 212  
 Hatfield, Amanda 119, 212  
 Hatfield, Austin 119, 223  
 Hauge, Josh 184  
 Haugh, Elissa 121, 212  
 Haus, Austin 200  
 Haus, Brandon 190, 200  
 Haus Jr., Brandon 60  
 Haverman, Ezechiel 184  
 Hawkins, Stacia 273  
 Hayes, Deon 16, 127, 184, 242, 250, 261, 263  
 Hayes, Tyreisha 212  
 Haygood, Marquaisha 242  
 Head, Jewel 184, 212  
 Head, Joel 142, 184, 189, 212  
 Heard, Jazmine 56, 65, 66, 212  
 Heard, Jorden 200  
 Heathcote, Nicholas 60, 200  
 Heathcote, Samantha 62, 200  
 Hebert, Deann 108, 273  
 Hecker, Courtney 200  
 Heckethorn, Lisa 212  
 Heckinger, Ashley 200, 206  
 Hedlund, Austin 223  
 Heerd, Jorden 200  
 Heathcote, Nicholas 60, 200  
 Heese, Don 81, 273  
 Heim, Joleen 102  
 Heimbaugh, Jesse 212  
 Heimbaugh, Kayla 200  
 Helberg, Brittanie 223  
 Helberg, Cortney 62, 200  
 Helfert, Tyler 60, 63, 212  
 Helm, Lindsay 156, 187, 212, 219  
 Hem, Dannie 223  
 Hem, Jenneatta 200  
 Henderson, Brittaney 212  
 Hendrickson, Brandon 223  
 Henrickson, Meredith 10, 193  
 Henriquez, Oscar 200  
 Henriquez, Vanessa 66, 119, 242, 262  
 Henry, Anthony 242  
 Henry, Tony 89, 264  
 Hensley, Alexander 80, 82, 118, 119, 150, 190, 223  
 Henson, Clara 64, 66, 67, 212  
 Henson, Rosalie 23, 47, 49, 61, 63, 64, 121, 223, 242  
 Her, Jacob 62, 200  
 Hernandez, Armando 190  
 Hernandez, Cesar 190  
 Hernandez, Dillon 142, 143, 189, 192, 212  
 Hernandez, Erick 212  
 Hernandez, Jessica 223  
 Hernandez, Juanito 200  
 Hernandez, Karla 223  
 Hernandez, Lily 212  
 Hernandez, Manuel 223  
 Hernandez, Mariana 212  
 Hernandez, Marisol 212  
 Hernandez, Tatyanne 66, 200  
 Hernandez-Rodrig, Javier 212  
 Hernandez-Urzua, Armando 223  
 Hernandez-Urzua, Luis 200  
 Herndon, Leanna 242  
 Herrington, Ashley 187, 200  
 Heuton, Melissa 84, 242  
 Hewitt, Caitlin 67, 121, 242  
 Hiatt, Andrea 62, 67, 185, 192, 212  
 Hidalgo, Angie 212  
 Higgins, Taylor 22, 187, 242  
 Higgins, Trevor 64, 86, 189, 223  
 Hilario-Bahena, Kaylee 212  
 Hildreth, Alesha 212  
 Hildreth, Thomas 82  
 Hildreth, Tom 83, 273  
 Hill, Amber 243  
 Hill, Jon 66  
 Hill, Jonathan 200  
 Hill, Junior Kristel 159  
 Hill, Kristel 60, 62, 185, 186, 191, 224, 260  
 Hilt, Jarred 200  
 Hilt, Zachary 224  
 Hines, Katherine 67, 182, 243, 264  
 Hines, Sadie 31, 54, 60, 61, 65, 186, 243, 267, 269, 286, 299  
 Hockett, Zachary 60, 61, 200  
 Hodge, Kaley 257  
 Hodo, Christopher 273  
 Hoff, Lynn 82, 85, 273  
 Hogate, Ashley 66, 212  
 Holcomb, Kyle 212  
 Holleran, Kyle 212  
 Holmes, Jay 224  
 Holmes, Krystina 119, 243  
 Holmes, Lauren 135, 187, 212, 300  
 Holt, Amanda 243  
 Hood, Erika 94, 106, 224  
 Hook, Susan 64, 273  
 Hope, Carrie 200

Hopkins, Harlie 212  
 Horton, Markus 38, 39, 46, 47, 48, 60, 63, 64, 224  
 Hoskins, Casey 62, 64, 200  
 Hoskins, Hanna 132, 186, 212  
 Hoskins, Nicole 62, 243  
 Hosman, Aaron 43, 56, 57, 64, 72, 212, 261, 300  
 Houck, Rachel 23, 121, 224, 243  
 Houn, Vanada 224  
 Hoyt, John 119, 273  
 Htoo, Say He 190, 243  
 Htoo, Wah 243  
 Huchim-Garcia, Sugey 109, 212  
 Hudson, Verlayla 212  
 Huffman, Shara 212  
 Hughes, Keayla 243  
 Hunter, Makayla 212  
 Hurley, Drew 27, 184, 224, 231, 260  
 Hurley, Mark 273, 275  
 Hurley, Renee 133, 186, 191  
 Huxford, Phillip 224  
 Huynh, Alexander 212  
 Huynh, Justin 190, 212  
 Hyslope, Carol 273

**I**

Ibarra-Smith, Carlos 66  
 Ibarra-Trejo, Mayra 224  
 Ichelson, Steven 200  
 Illingworth, James 121, 243  
 Innis, Noretha 224  
 Inrachavongsa, Alec 224  
 Inrachavongsa, Andrew 119, 243  
 Inrachavongsa, Chanthiphone 243  
 Inrachavongsa, Preston 119  
 Inthaboune, Diana 13, 114, 119, 182, 187, 192, 224  
 Inthapanayavongsa, Brander 243  
 Irachavongsa, Andrew 192  
 Irachavongsa, Preston 192  
 Iraheta, Yessica 66, 92, 118, 224  
 Iruegas, Aaron 212  
 Iruegas, Juan 60, 61, 67, 224  
 Irvin, Trystan 200  
 Isbell, Phillip 212  
 Isbell, Taylor 243  
 Islas-Hernandez, Armando 212  
 Ivarra-Trejo, Mayra 191

**J**

Jack, Adam 184, 273  
 Jack, Cody 184, 200  
 Jackson, Alexis 212  
 Jackson, Amanda 66, 119, 243  
 Jackson, Angela 273  
 Jackson, Clayton 200  
 Jackson, Hank 184  
 Jackson, Jasmine 200  
 Jackson, Larry 151, 190  
 Jackson, Shelby 61, 65, 67, 118, 243  
 Jackson, William 188, 200  
 Jacob, Corey 121, 244, 260  
 Jacobson, Amy 273  
 James, Carlos 143, 184, 189, 192, 273  
 James, Colezell 184, 224  
 James, Jacorey 224  
 James, LaNae 109, 187, 224  
 James, Robert 224, 261  
 James, Xavier 126, 143, 144, 172, 173, 184, 189, 192, 212, 261  
 Jarrett, Shawn 184, 212  
 Jasper, Crystal 63, 212  
 Jeffcott, Nicholas 212  
 Jeffries, Ashley 224  
 Jenkins, Alexis 212  
 Jenkins, Marcresha 71, 186, 200  
 Jenkins, Monet 200  
 Jensen, Heather 12, 25, 118, 244, 267  
 Jensen, Jordan 200  
 Jensen, Kirk 105, 121, 244, 261, 268  
 Jensen, Tyler 175  
 Jernstad, Alyssa 224  
 Jimenez, Domingo 119  
 Joeelson, Chuck 274  
 Johansen, Cody 100, 173, 185, 193, 244  
 Johnshon, Tricia 266  
 Johnson, Christopher 212  
 Johnson, Ginger 88, 274  
 Johnson, Stanley 200  
 Johnson, Steven 212  
 Johnson, Jaya 200  
 Johnson, Juwan 200  
 Johnson, Michael 150, 184, 190  
 Johnson, Michaela 119, 224  
 Johnson, Nique 224  
 Johnson, Stanley 200  
 Johnson, Steven 212  
 Johnson, Tara 212  
 Johnson, Tricia 61, 66, 121, 156, 157, 187, 244, 266  
 Johnson, Wesley 244, 263  
 Johnston, Mike 274  
 Jones, Alicia 224  
 Jones, Anthony 274  
 Jones, Brittany 60, 61, 155, 185, 186, 200, 261  
 Jones, Forrest 66, 224  
 Jones, Grant 60, 72, 138, 152, 184, 185, 191, 212

Jones, Joshua 212  
 Jones, Salan 84, 139, 144, 169, 184, 189, 191, 224, 141, 155, 159, 170, 185, 186, 192, 241, 244, 261, 267, 299, 300  
 Jones, Samantha 4, 21, 60, 61, 63, 64, 65, 120, 121, 141, 155, 159, 170, 185, 186, 192, 241, 244, 261, 267, 299, 300  
 Jones, Vance 200  
 Jones, Zakary 121, 151, 184, 190, 193, 244, 250, 260  
 Jordan, Lesa 200  
 Jordan, Lucas 244  
 Jorkey, Edwin 212  
 Joseph, Samuel 224  
 Joseph, Simon 189, 224  
 Joyas, Edemir 43, 119, 224  
 Joyas, Melvin 200  
 Joynes, Ryan 192, 224  
 Juarez, Thania 119  
 Juarez-Martines, Mark 224  
 Jumper, Leslie 201  
 Jungers, Austin 201  
 Jurado, Angel 201  
 Jurado, Ramiro 224  
 Jurado, Victor 213  
 Jurado-Medrano, Cynthia 201

**K**

Kahn, Junior 201  
 Kamara, Victor 224  
 Kane, Sean 213  
 Kannapel, Chris 81, 138, 139, 184  
 Kanneh, Lovette 224  
 Karlar, Terrence 190, 213  
 Kasper, Dawn 274  
 Kathi, Jeffrey 213  
 Kay, Tricia 282  
 Keil, Kent 185  
 Keller, Mrs. Sarah 88, 274  
 Kellogg, Erica 224  
 Kellogg, Zachary 213  
 Kellow, Jacob 244  
 Kelly, Aaron 274  
 Kemdirim, Chukwuebuka 113, 119, 190, 224  
 Kemdirim, Onyinye 84, 113, 119, 184, 244  
 Kempf, Zachariah 190, 224  
 Kendall, Michael 60, 61, 153, 185, 213  
 Kennedy, Kelsey 66, 97, 118, 120, 121, 156, 157, 187, 244, 261, 265, 300  
 Kennedy, Njeri 213  
 Keointavong, Alisha 213  
 Keointavong, Darlene 224  
 Keomany, Jordan 190  
 Keothammakhoun, Amanda 245  
 Kern, Bryan 78, 224  
 Kern, Nichole 62, 213  
 Kern, Robert 201  
 Kerr, Shelby 201  
 Kesavadhana, Chelsea 66, 67, 121, 166, 191, 245  
 Ketchum, Dan 274  
 Khamlue, Jason 213  
 Khamlue, Julie 213  
 Khamma, Jacqueline 213  
 Khamphengxay, Jessy 184, 189, 191, 213  
 Khamthavongsa, Julie 72, 213  
 Khannay, Joseph 192  
 Killen, Brittany 245  
 Kimbley, Ashley 62, 213  
 Kimmel-Kendrick, Chelsea 62, 213  
 Kincaid, Jessica 73, 108, 224  
 King, Brittany 201  
 King, Chae 184, 224  
 Kinney, Chance 66, 190, 224  
 Kinter, Samuel 66, 224  
 Kirk, Maxwell 245, 264  
 Kirk, Theodore 213  
 Kirkpatrick, Nicole 213  
 Kirkwood, Jasmine 213  
 Knight-Beery, Maritza 70, 186, 193, 201  
 Knode, Adam 213  
 Knox, Amber 224  
 Knox, Michael 201  
 Knuths, Brittany 66, 67  
 Knuths, Kristina 224  
 Knuths, Marranda 66, 201  
 Kobrock, Shaylon 224  
 Koch, Brian 82, 110, 111, 118, 274  
 Kochheiser, Kerri 193, 213  
 Kofoed, Theodore 60, 142, 201, 260  
 Kofoot, Deserae 224  
 Kokke, Dylan 213  
 Komavongsa, Erika 119, 171, 186, 192, 224  
 Kouangnan, Nathan 162  
 Kouangvan, Jordan 190  
 Kouangvan, Nathan 114, 119, 190, 224, 230, 231  
 Kouangvan, Jordan 184  
 Kounlou, Ryan 192  
 Kouri, Conner 8, 66, 184, 189, 245, 252, 261  
 Kpor, Toato 164, 190  
 Kramer, Ryan 201  
 Kramer-Thompson, Austin 60, 213  
 Kreitz, Michael 224  
 Kreutz, Wesley 224



# INDEX

Krogman, Kyler 184, 213, 261  
Kucera, Jonathan 201  
Kucharski, Roxanne 274

## L

La Rocca, Alex 245  
La Rosa, De 229  
Lacy, Elston 274  
Lake, Tyler 201  
Lamar, Sharmae 121, 149, 188, 245  
Landaverde, Kevin 119, 201  
Landeros, Jasmin 213  
Lane, Amy 274  
Lane, Hunter 201  
Lane, Jessie 213  
Lantz, Erin 274  
Lara, Daniel 201  
Lara, Joel 213  
Larson, Haley 4, 5, 30, 101, 114, 120, 191, 224, 300  
Larson, Michael 224  
Larson, Mike 260  
Larson, Paige 147, 188, 201  
Lautenschlager, Brandon 63, 224  
Lawler, Matthew 60, 213  
Lawrence, Brennan 39, 60, 61, 64, 71, 80, 114, 115, 118, 119, 224, 260  
Lawrence, Eternity 201  
Lawson, Dezare 225  
Lawson, Katlyn 213  
Layman, Meredith 61, 64, 184, 187, 213  
Le, Kiet 115, 119, 190, 225, 231, 261  
Leanos, Daniel 225  
Leanos, Ricardo 190  
Lear, Garrett 184, 213  
Ledeza, Jorge 225  
Lee, Austin 201  
Lee, Cameron 184, 201  
Lee, Cailee 213  
Lee, Ya 121, 245  
Leguizamo, Cristal 213  
Leighman, Meredith 63  
Lein, Ben 70, 138, 184, 201  
Lein, Megan 4, 10, 14, 21, 24, 60, 61, 65, 66, 76, 93, 94, 116, 117, 118, 120, 121, 136, 137, 156, 185, 245, 261, 266, 268, 270, 300  
Lemon, Joshua 73, 213  
Lemthi, Cassandra 81, 187, 240, 245  
Lester, Crosby 70, 71, 274  
Leuang, Anthony 213  
Leuang, Justin 13, 184, 225, 231  
Leuang, Kelvin 201  
Lewis, Aystyn 245  
Lewis, Ricky 119  
Lewis, Zachary 151, 190, 225  
Levy, CeCe 119  
Ligouri, Bob 178, 193  
Limon, Adrianna 201  
Limon, Sonia-Marisea 225  
Limon-Mariscal, Omar 201  
Lippold, Christian 192, 201  
Lippold, Justin 192, 213  
Little, Todd 225  
Liu, Dachai 201, 207  
Llano, April 225  
Lo, Angela 61, 201  
Lo, David 192  
Loftus, Aaron 201  
Loftus, Scott 184, 245  
Long, Brandon 144, 145, 184, 189, 225, 261  
Long, Lowell 119, 131, 141, 177, 189, 193, 274  
Long, Margaret 132, 177, 186, 193, 201  
Lopez, Alexis 245  
Lopez, Berenice 225  
Lopez, Erick 201  
Lopez, Janeth 201  
Lopez, Jennifer 225  
Lopez, Luis 66, 225  
Lopez, Yadira 225  
Lor, Matt 190  
Lord, Tori 43, 225  
Lorimor, Valeria 225  
Lortscher, Carol 274  
Lounge, Scarlet 46  
Lounsberry, Derek 165, 190, 274  
Lounsberry, Stayce 274  
Lovan, Briana 213  
Lovan, Nancy 60, 213  
Lovett, Michelle 64, 245  
Lowe, Erin 137, 185  
Lowery, De Marco 245  
Lowery, De Rico 83, 184, 213  
Lozano, Cristal 191, 213  
Lozano, Maricela 225  
Lube, Budget 296  
Luevano, Jesus 201, 206  
Luft, Brian 174, 193  
Luft, Jennifer 40, 41, 61  
Luftus, Scott 190  
Lund, Stephanie 201  
Lundy, Brian 192  
Luong, Desiré 170, 245  
Luong, Reno 201

Luong, Thuan 201  
Lupercio Perez, Jose 225  
Lusk, Zachary 201  
Lustham, Amber 187  
Ly, Peter 192  
Lyddon, Dakota 185, 201  
Lynch, Natalie 187, 201  
Lyons, Dalton 61, 184, 201  
M  
MaC, Luong 225  
MaCeda, Itzel 225  
Maddex, Tyler 119  
Made, People That 218  
Magiera, Joseph 201  
Maguire, Darien 274  
Mahler, Dave 81, 85, 274  
Makhmuryan, Diana 201  
Makhmuryan, Vitaliy 225  
Maldonado Jr, Andres 213  
Mallory, Cody 201  
Malm, Robbie 76, 274, 275  
Mamourjok, Alier 190, 213  
Manjarrez, Juan 246  
Manjarrez-Nunez, Dulce 213  
Mann, Nathan 225  
Manson, Ron 191, 213  
Mapes, Mackenzie 147, 188, 201  
Marble, Roichelle 139, 146, 184, 188, 201  
Marble, Royonah 65, 66, 118, 121, 139, 169, 184, 188, 236, 246, 260, 262, 269  
Maria, Brian 201  
Maria-Mendoza, Esmeralda 225  
Markun, Ali 133, 186  
Marquez, Arturo 112, 184, 201  
Marquez, Erman 246  
Marquez, Jennifer 213  
Marquez, Jessica 201  
Marquez, Jose 190, 246  
Marquez, Olivia 213  
Marquez, Stephanie 213  
Marquez-Lopez, Iridian 112, 119, 201  
Marshall, Greg 131, 186, 274  
Martin, Alex 64  
Martin, Alexandria 66, 213  
Martin, Andrew 66, 213  
Martin, Luke 66, 213  
Martinez, Cristian 213  
Martinez, Edgar 52, 76, 119, 235, 246, 260, 262  
Martinez, Johnaline 225  
Martinez, Mason 213  
Martinez, Raul 201  
Martinez, Steven 246  
Martinez-Salazar, Juan 225  
Martinez-Tovar, Ramon 213  
Marturello, Melinda 121  
Mason, Miranda 80, 118, 182, 187, 225  
Mata, Zachary 60, 225, 230  
Mathis, Sydney 201  
Mauk, Kara 66, 121, 156, 157, 187, 246  
Maxwell, Brock 141, 189, 246  
May, Amber 201  
Mayes, Johnathan 91, 213  
Mayes, Victor 105, 213  
Mayfield, Deionte 201  
Mburu, John 225  
McCarter, Matthew 105, 214  
McCartney, Casey 154, 185  
McCaughay, Darrion 225  
McCaull, Traci 45, 29, 274  
McClure, Benjamin 61, 63, 98, 214  
McConnell, Todd 201  
McCulley, Derek 246, 261  
McCulley, Ryan 201, 261  
McDaniel, Alina 64, 65, 118, 121, 139, 184, 246, 260, 267, 270, 289, 299  
McDaniel, Nicole 214  
McDaniel, Taylor 225  
McDonald, Devante 202  
McDonald, Dilynn 202  
McDonald, Garth 202  
McDonald, Jesse 202  
McDonald, LeRoy 246  
McDonald, Ronald 116, 117  
McGhee, Briana 184, 246  
McGill, Brandon 214  
McGriff, Tanner 225  
McKeever, Millie 137, 152, 185, 191, 214  
McMenamin, Ashley 225  
McMillian, Deonta 202  
McNameer, Brooke 202  
McNeill, Ronte 119, 184, 225  
McVey, Daniel 184, 202  
McVey, Dylan 214  
Mechem, Kyle 246  
Medearis, Baden 192, 214  
Medina, Jennifer 66, 86, 274  
Meeks, Latiese 202  
Meinke, Joshua 225  
Mejia, Marisol 214  
Mejorado, Bianca Venegas 205  
Melendrez, Anel 225  
Mendenhall, Abbey 137, 152, 185, 214  
Mendenhall, Matthew 34, 37, 60, 64, 85, 225

Mendez, Jesus 214  
Mendez, Stephanie 202  
Mendoza, Kimberly 202  
Mendoza, Magaly 225  
Mendoza, Mariela 191  
Mendoza, Rodolfo 73, 119, 225  
Mendoza, Rudy 261  
Mendoza, Vanessa 202  
Mendoza-Pinto, Yuliana 214  
Menninga, Miles 64, 66, 87, 214, 260  
Merrill, Carkessa 214  
Merrill, Kyeisha 246  
Mesta, Christian 214  
Meyer, Bradley 246  
Meza, Oscar 274  
Michael, Cody 247  
Michael, Jacob 202  
Michaelson, TJ 193  
Middleton, Ryan 214  
Mier, Dre 258  
Mila, Preston 192, 225  
Millan, Alberto 247  
Millan, Alyisia 225  
Millan, Maribel 202  
Millard, Cole 225  
Millard, Taylor 193  
Miller, Amber 202  
Miller, Jacob 202  
Miller, Jazmin 214  
Miller, Josie 185, 225  
Miller, Lacey 214  
Miller, Mike 192  
Miller, Rebecca 274  
Miller, Todd 225  
Mills, Benjamin 202  
Mincks, Ann 274  
Miner, Donald 214  
Miner, Roland 202  
Miramontes, Juan 247  
Miranda, Juana 247  
Mitchell, Cody 34, 60, 61, 121, 247, 270  
Moats, Mackenzie 214  
Modlin, Cheryl 274  
Modronja, Aida 274  
Mohamud, Adan 190, 214  
Mom, Evan 164, 190, 214  
Mom, Jovi 190, 225  
Monetti, Angel 61, 62, 202  
Mongar, Donald 185, 192, 225  
Mongar, Kacie 247  
Mongar, Kenzi 183, 187, 225, 231  
Monroe, Kristen 214  
Montalvo, Gerardo 202  
Montesino, Neftali 225  
Montoya, Amairani 214  
Moore, Dacoda 202  
Moore, Ellen 185  
Moore, Fred 202  
Moore, Mackenzie 202  
Moore, Tanner 81, 225  
Moore, Tyler 202  
Morales, Ana 214  
Morales, Francisco 225  
Morales, Ignacia 214  
Morales, Jennifer 247  
Morales, Miguel 184, 202  
Morales, Wendy 187, 202  
Morales, Yuri 214  
Moran, Veronica 214  
Moreno, Jessica 152, 202  
Moreno, Jonathan 89, 152, 185, 214  
Moreno, Joshua 121, 247, 258, 264  
Moreno, Roger 214  
Morgan, Lauren 46, 61, 63, 81, 101, 119, 186, 248, 253  
Morgan, William G. 132  
Mormann, Caleigh 51, 61, 63, 64, 114, 118, 121, 248  
Morris, Linnea 274  
Morrison, Markale 214  
Morrison, Michael 76, 225, 260  
Morrow, Jordan 225  
Morse, Miriah 189  
Morton, Austin 22, 121, 248  
Morton, Ken 189, 191, 274  
Moss, Geoffrey 225  
Motte, Stephon 66, 86, 214  
Mozee, Jer'ica 202  
Mozee, Jerome 225  
Mozena, Casey 202  
Mui, Tuesday 202  
Muir, Holly 62, 202  
Mullin, Alisha 225  
Munoz, Jasmin 47, 61, 63, 64, 118, 225  
Munoz, Raul 202  
Muriel, Fernando 83, 214  
Muriel, Henry 184, 214  
Muriel, Josue 66, 119, 261  
Muriel, Maria 62, 202  
Muriel, Saul 202  
Murphy, Shawn 119  
Murray, Jayde 180, 187, 214, 260  
Murray, Jerzie 65, 66, 131, 177, 186, 193, 248, 250  
N  
Na, Ga 214  
Nair, Dezary 187, 214  
Nall, Dillon 248  
Nash, Ashley 60, 226  
Navin, Brenda 274  
Naylor, Kolby 202  
Naylor, Maggie 202  
Ndabigengo, Enoch 248  
Negrete-Reinders, Laura 274  
Neiber, Kelly 274  
Neilly, Tal 188, 202  
Nelson, Cianna 186, 202  
Nelson, Kirsten 202  
Nemmers, Linda 77, 274  
Neumann, Erin 274  
Newell, Jamie 274  
Newell, Armon 202  
Newman, Tomeka 214  
Newton-Weber, Moneisha 186, 214  
Nguyen, Alexandria 119, 187, 214  
Nguyen, An 61, 226  
Nguyen, Dacey 248, 259  
Nguyen, Jackson 214  
Nguyen, Jonny 151, 190  
Nguyen, Ngoc 61, 119, 248, 262, 263  
Nguyen, Nickie 61, 110, 111, 118, 202  
Nichols, Justin 16, 44, 61, 89, 226, 231  
Nichols, Kaleigh 62, 64, 65, 186, 226, 260  
Nichols, Laci 214  
Nieland, Zachary 104, 214  
Nieto, Iris Guerrero 241  
Nieto-Guerrero, Juliania 62, 202  
Niffenegger, Jordan 192, 226  
Nokes, Brooke 5, 18, 78, 91, 98, 113, 120, 160, 173, 182, 226, 231, 260, 300  
Nokes, Danyal 64, 65, 94, 121, 248, 260, 263, 268  
Nokes, Michael 185, 202, 260  
Nordaker, Randy 43, 135, 274  
Nordaker, Teri 135  
Nouchanthavong, Michelle 119, 202, 207  
Novak, Rebecca 62, 77, 131, 133, 186, 202, 260  
Novak, Timothy 121, 141, 189, 248, 260  
Nowels, Sephanie 63, 67, 77, 82, 167, 185, 187, 191, 226, 260, 261  
Nunez, Jose 202  
Nut, Jacob 191, 226  
O  
O'Brien, Jeffery 185, 190, 226  
O'Connor, Devin 60, 214  
Ojeda, Celia 214  
Olgren, Michael 60, 226  
Oliva, Dumars 214  
Oliva, Jorge 206  
Olivares, Adrian 190, 214  
Oliver, Brittney 191, 226  
Ollin, Kody 248  
Olmos, Lucy 226  
Olson, Allen 184, 214  
Olson, Taylor 248  
Ontiveros, Josue 202  
Ordaz, Liliana 202  
Ordaz Garcia, Gabriela 202  
Orellana, Melvin 214  
Orellana, Walter 202  
Orellana, Yanci 202  
Orozco, Adrian 214  
Ortega, Anjelica 119  
Ortega, Guadalupe 214  
Ortega, Velia 202  
Ortega, Yvette 113, 119, 248, 265  
Ortiz, Alexia 248, 263  
Ortiz, Cristal 202  
Ortiz, David 112, 119, 152, 214  
Ortiz, Makayla 214  
Ortiz, Michelle 76, 108, 121, 191, 248  
Osborn, Kierra 105, 118, 119, 191, 226, 261  
Osman, Michael 62, 188, 202  
Osman, Regina 67, 107, 226  
Ouverson, Elizabeth 62, 214  
Overton, Ashley 62, 226  
Overton, Leecann 202  
Owen, Kevin 100, 184, 226, 230  
Owen-Dorsey, Cameron 184, 188, 202  
P  
Page, Nicholas 203  
Palacios, Gabriela 226  
Palacios, Gaby 183, 187  
Palmer, Bobby 203  
Palmer, Gerald 118, 153, 185, 226  
Palmer, Jasmine 62, 214  
Palomino, Jason 214  
Panganouvong, Kendrew 184  
Panic, Stefan 120, 226  
Panyanouvong, Kendrew 203  
Paris, Leon 214  
Park, Ewing 138



Parker, Kalsa 26, 186, 226  
 Parker, Sharee 215  
 Parra, Susana 249  
 Parson, Morris 203  
 Passione, Con 47  
 Patino, Michelle 215  
 Patrick, Nicole 66, 187, 226  
 Patrick, Tracy 274  
 Patton, Macio 184, 249  
 Patton, Michael 203  
 Paulsen, Melanie 274  
 Pauscher, Angela 226  
 Pauscher, Jessica 92, 249  
 Pauscher, Matthew 203  
 Payne, Henry 92, 93, 121, 162, 164, 190, 249  
 Payne, Marshall 184, 249  
 Payton, Kelsee 62, 203  
 Paz, Lisbet 249  
 Pearson, Laden 291  
 Peek, Derek 203  
 Pemberton, Dereck 226  
 Penalzo-Mata, Milly 203  
 Penate, Tatiana 203  
 Perez, Adrian 184, 226  
 Perez, Alejandra Cordova 210  
 Perez, Angeles 191, 215  
 Perez, Cindy 249  
 Perez, Derian 215  
 Perez, Janet 215  
 Perez, Jose Lupercio 225  
 Perez, Mario 203  
 Perez, Sabino 52  
 Perry, Jayden 203  
 Perry, Leslie 203  
 Perryman, Edgar 62, 188, 203  
 Peters, Jordan 190, 215, 260  
 Petersen, Vanessa 226  
 Peterson, Cody 244  
 Peterson, Danielle 66, 119, 249, 261, 263  
 Peterson, Deb 274  
 Peterson, Dustin 226  
 Peterson, Nathan 203, 261  
 Peterson, Robert 111  
 Pettit, Taylor 39, 60, 61, 67, 119, 249  
 Peugh, Joelle 249  
 Phaisith, Alune 185, 190, 215  
 Phanphay, Scott 24, 190, 249  
 Pharmacy, Wards 294  
 Phaviset, Ravary 106, 187, 226  
 Phengsiaoun, Vanneda 203  
 Philavanah, Jaquelin 119, 203  
 Phillips, Sarah 65, 186, 249  
 Phipps, Matthew 226  
 Phongphachone, Brenda 215  
 Phongsavanh, Austin 62  
 Phongvixay, Timothy 215  
 Phothong, Anthony 203  
 Phrae, Mu 215  
 Piatt, Danielle 118, 121, 137, 185, 249  
 Pierce, Shauna 226  
 Pina, Alejandra 108, 191, 215  
 Pina, Cynthia 203  
 Pirtle, Ryan 274  
 Pits, Wash 299  
 Placencia, Marta 203  
 Placencia, Martha 62  
 Plascencia, Aldo 82, 215  
 Pol, Dylan 226  
 Poller, Darby 147, 188, 215  
 Pollock, Cody 66, 226  
 Pongxayavong, Sebastian 203  
 Pool, Jill 274  
 Pope, Sartorio 215  
 Porcic, Fehim 119, 215  
 Post, Stacie 61, 119, 226  
 Potter, Marilyn 226, 231  
 Powell, Edward 249  
 Powell, Ric 274  
 Powell, Tanisha 62, 203  
 Prettyman, Ashley 10, 13, 21, 26, 64, 66, 118, 121, 186, 193, 249, 260, 268  
 Prettyman, Heather 16, 21, 46, 61, 63, 64, 66, 84, 118, 121, 179, 186, 193, 244, 249, 262, 268  
 Prdeaux-Thomas, Ashlea 215  
 Pringle, Payton 119, 121, 250  
 Proctor, Brianna 61, 67, 185, 215  
 Prones, Lorenzo 215  
 Puga, Jeff 184, 203  
 Putzter, Kaylee 5, 70, 86, 106, 117, 120, 152, 169, 186, 193, 226, 300

**Q**

Quang, Jade 187, 203  
 Quang, Skylre 226  
 Quinn, Tay 184  
 Quintana, Austin 250  
 Quintanar, Eric 215  
 Quintanar, Lorenzo 65, 81, 259

**R**

Radden, Tanner 192, 215  
 Raeza, Janet 64  
 Ragan, David 66, 203  
 Ramirez, Alejandro 250  
 Ramirez, Ericka 274

Ramirez, Jazmin 121, 215  
 Ramirez, Jose 203  
 Ramirez, Karina 215  
 Ramirez, Marcelo 66  
 Ramirez, Marcus 271  
 Ramos, Jessica 191, 215  
 Ramos, Omar 203  
 Ramos, Yahaira 203  
 Rand, Stormy 67, 119, 226  
 Randall, Gillian 52, 61, 63, 64, 65, 89, 118, 226, 231  
 Randolph, Arthur 60, 226  
 Randolph, Asia 67, 226, 257, 262  
 Randolph, Landon 226  
 Rangel, Dylan 185, 226  
 Rangel, Felicia 226  
 Rangel, Melissa 185, 215  
 Rangel, Selena 185, 203  
 Rankins, Da Jac 62, 203  
 Rankins, Zazetta 257  
 Ratsakanh, Anthanicee 226  
 Rattray, Destiny 60, 203  
 Rattray, Tiffany 48, 61, 63, 65, 119, 121, 250, 269, 271  
 Raygor, Andrew 21, 250, 252  
 Raygoza, Ricardo 93  
 Razo, Vanessa 191, 215  
 Reading, Choral 50  
 Reasby, David 21, 236, 250  
 Reasoner, Levi 226  
 Reaza, Janet 186, 250  
 Reber, Alexis 21, 226  
 Reber, Clay 66, 215  
 Reber, Reba 226  
 Reed, Kalen 64, 119, 215  
 Reed, Theodosia 189, 215  
 Reeder, Zech 203  
 Reich, Jazmyne 187, 226  
 Reid, Alexandra 108, 215  
 Reid, Arayna 192, 226, 261  
 Reimers, Heather 62, 215  
 Reinoso-Villarail, Felipe 203  
 Reisterer, Joe 189  
 Renda, Nickolas 203  
 Renderos, Gabriela 250  
 Renfro, Zeane 66, 215  
 Renteria, Michael 215  
 Renteria, Mikey 185  
 Reyes, Joselin 235, 251, 261, 262  
 Reynolds, Chase 151, 184, 190, 215, 261  
 Reynolds, Jamie 176, 178, 179, 193, 215  
 Reynolds, John 11, 151, 171, 184, 190, 192, 251, 261  
 Reynolds, Jordan 184, 203  
 Reynolds, Mercedes 62, 67, 118, 121, 226  
 Rhiner, Matt 47  
 Rhoades, Tera 89, 101, 121, 186, 251  
 Richards, Claudia 274  
 Richardson, Toree 186, 191  
 Richardson, Victoria 119, 215  
 Rider, Troy 274  
 Riemers, Heather 64  
 Rieserter, Joseph 215  
 Rieserter, Kelcie 22, 251, 265  
 Riggan, Russell 251  
 Riggan, Shannon 61, 215  
 Riley, Aaron Hosman 65  
 Riley, Tyrus 144, 189, 203  
 Rinay, Kayla 186, 203  
 Ring, Kelsie 251  
 Ringler, Jenna 22, 251  
 Rimmer, Matthew 61, 63, 226  
 Rios, Daniel 203  
 Ripperger, Austin 251  
 Rissman, Jenny 215  
 Rivas, Ryan 215  
 Rivera, Brian 184, 203, 215  
 Rivera, Elizabeth 215  
 Rivera, Jennifer 261  
 Rivera, Kimberly 203  
 Rivera, Maximiliano 215  
 Rivera, Stefany 203  
 Robbins, Andrea 67, 215  
 Robbins, Austin 190, 203  
 Robbins, Joshua 203  
 Robbins, Rodney 226  
 Robert, Lucas 140, 141  
 Roberts, Devon 45, 61, 100, 226  
 Roberts, Katelyn 215  
 Roberts, Lucas 188, 189, 192, 203  
 Roberts, Rick 127  
 Roberts, Skylar 119  
 Robertson, Austin 215  
 Robey, Shana 215  
 Robins, Austin 192  
 Robinson, Kelsey 192  
 Robinson, Mikendra 215  
 Robinson, Sheldon 121, 251, 261  
 Robinson, Sterling 184, 226, 231  
 Robles, Janey 203  
 Robles, Omar 215  
 Roby, Michael 154, 155, 184, 185, 192, 215  
 Rocha, Brenda 226

Rockey, Katie 67, 251, 252, 260  
 Rodriguez, Adam 203  
 Rodriguez, Angelica 191, 226  
 Rodriguez, Berenice 251  
 Rodriguez, Denny 215  
 Rodriguez, Hever 119, 165, 184, 190, 251  
 Rodriguez, Joanna 119  
 Rodriguez, Jonathan 203  
 Rodriguez, Jose 215, 274  
 Rodriguez, Marvin 190, 215  
 Rodriguez, Ricardo 165, 190, 226  
 Rodriguez, Rocio 112, 191, 227  
 Rodriguez, Sandy 215  
 Rodriguez, Vanessa 203  
 Rodriguez, Xavier 203  
 Rodriguez, Yeltzin 10, 227  
 Rodriguez, Damon 227  
 Rogen, Kip 215, 219  
 Rogers, Jennifer 119, 227  
 Rogers, Michelle 203  
 Rojas, Nicholas 119, 251  
 Roland, Aubrey 70, 152, 160, 184, 185, 191, 227  
 Roland, DJ 125, 184  
 Romo, Carrie 274  
 Rose, Brende 138  
 Rose, Chilean 74  
 Roskamp, Denise 274  
 Ross, Christopher 203  
 Ross, Crystal 22, 119, 251, 266  
 Roth, Nicholas 65, 66, 121, 160, 174, 193, 247, 251, 261  
 Rounds, Joshua 49, 61, 63, 192, 227  
 Rounds, Kristina 34, 60, 227  
 Routh, Amanda 62  
 Routh, Marvis 215  
 Routh, Michelle 203  
 Routh, Thomas 31, 153, 185, 227  
 Row, Anh Tran 121  
 Rowat, Jay 34, 36, 39, 60, 61, 64, 190, 215  
 Rowe, Andy 227  
 Rowe, Peyton 14, 66, 84, 118, 121, 137, 182, 185, 187, 251  
 Rowland, Alicia 203  
 Rowley, Ryan 37  
 Royce, Courtney 227  
 Royce, Matthew 227  
 Royse, Caitlin 62, 203  
 Ruacho, Prisma 82, 216  
 Rubio-Hernandez, Alejandra 203  
 Ruby, Paul 274  
 Ruch, Amand 121  
 Ruge, Madison 66  
 Ruot, Jokthiang 190, 227  
 Rush, Amanda 14, 65, 66, 131, 167, 186, 191, 252, 259, 260, 266  
 Rusk, Alexa 186, 227  
 Rusk, Hailey 61, 216  
 Russell, Kalob 119, 203  
 Russell, Yarvon 184, 216  
 Russett, Hollie 60, 66, 76, 118, 121, 192, 252  
 Rustan, Ethan 204  
 Rustan, Tasha 227  
 Rustan, Zane 51, 64, 118, 252, 265  
 Ryan, Jesse 227

**S**

Saddoris, Linda 274  
 Saengphommachan, Anthony 216  
 Saenz, Brenda 216  
 Sakakhanone, Jeanda 64, 227  
 Salamanca-Ortega, Vincente 190, 216  
 Salas, Alma 113, 119, 252  
 Salas, Anthony 216  
 Salas, Carlos 227  
 Salas, Juan 162, 163, 184, 190, 204, 227  
 Saldana, Breezie 22, 252, 267  
 Salgado, Melissa 216  
 Salgado-Ocampo, Delilia 22, 252  
 Salim, Nuradin 252  
 Sama, Abu 184, 216  
 Sama, Ahmed 16, 184, 227, 260  
 Samora, Clay 119  
 Sample, Bailey 227  
 Sams, Jordan 40, 61, 227, 231  
 Samuel, Jacob 216  
 Sanchez, Omar 227  
 Sanders, Kyera 119  
 Sanders, Mandy 189  
 Sanders, Tierra 204  
 Sando, Anny 121, 216  
 Sandoval, Felipe 227  
 Sandoval, Jesus 204  
 Sandoval, Olivia 31, 258  
 Sandoval, Raul 216  
 Sandoval, Rebecca 119, 252, 265  
 Sandusky, Cheyenne 204  
 Sanelias, Agustin 204  
 Sanelias, Ricardo 138, 227  
 Sanford, Shawn 274  
 Santos, Abigail 204  
 Santos, Javier 216  
 Santos, Larri 227  
 Santos, Stephanie 13, 216

Santos, Yanet 191, 227  
 Sarabia, Eyal 61, 204  
 Saravia, Luis 83, 216  
 Sauceda, Sandra 216  
 Sauz, Yariss 227  
 Savage, Nicholas 118, 121, 145, 170, 171, 189, 192, 235, 252  
 Sawhill, Nicholas 216  
 Say, Megan 95, 168, 169, 191, 252  
 Sayavong, Nick 60, 80, 216  
 Sayavong, Sanna 170, 192  
 Scanlon, Hailey 67, 216  
 Schaff, Kiana 204  
 Schatz, Al 274, 275  
 Schatz, Sharon 275  
 Scheel, Ann 62, 64, 204  
 Scheel, Kaylin 62, 204  
 Schmitt, Matt 151, 184, 190, 261  
 Schmitt, Matthew 216  
 Schmitz, Jacob 216  
 Schmitz, Jeffrey 216, 219  
 Schoborg, Natasha 133, 186, 240, 252  
 Schoon, Greg 127, 275  
 Schryver, Ashley 275  
 Schuler, Michael 252  
 Schultz, Jacob 22, 253  
 Schumer, Brett 185  
 Scott, Caitlin 66, 216  
 Scott, Chance 151, 184, 190, 227  
 Scott, Chelcie 66, 113, 118, 148, 149, 188, 236, 253, 269  
 Scott, Kaitlyn 193  
 Scott, Karen 275  
 Scroggins, Breana 22, 253  
 Searcy, Caitlin 27, 119, 216  
 Searcy, Jeffrey 119, 253  
 Sease, Josephine 253  
 Secory, Jacob 204  
 Sells, Michael 119, 216  
 Seneca, Rene 227  
 Sengsirivanh, Arnold 114, 115, 119, 170, 192, 227, 231  
 Seward, Tyler 74, 101, 227  
 Seyou, Battee 190, 216  
 Shannon, Danny 253  
 Shannon, Reed 185  
 Sharkey, Deandre 227  
 Sharp, Thomas 25, 71, 190, 227, 261  
 Shaw, Logan 227  
 Sheil, Diane 275  
 Shelburg, Dakota 62, 204  
 Shelburn, Michael 184, 216  
 Sheley, Markel 204  
 Shepard, Jacob 216  
 Shepherd, Jeremiah 227  
 Sheriff, Princess 216  
 Sherwood, Christian 227  
 Sherwood, Emily 60, 64, 204  
 Shimer, Shawna 216  
 Shipley, Kyle 216  
 Shoaftall, Daniel 227  
 Shoaftall, Kayla 216  
 Shorter, James 184, 189, 216  
 Siakhasone, Donovan 204  
 Sibert, Taylor 204  
 Siders, Cassandra 160, 161, 227  
 Siders, Natasha 160  
 Sierra, Trista 227  
 Sigmund, Julia 60  
 Sigmund, Abigail 61, 227  
 Sigmund, Julia 60, 67, 119, 227  
 Sillas, Ezra 275  
 Silva-Trejo, Carlos 190, 216  
 Silva-Trejo, Carmen 85, 119, 191, 227  
 Simonton, Nathina 253  
 Simpson, Ashley 5, 22, 177, 227, 300  
 Simpson, Grant 227  
 Singh, Gitanjali 275  
 Singh, Sidney 204  
 Singleton, Desaree 227  
 Skow, Ryan 41, 61, 64, 216  
 Slater, Shelby 193, 216  
 Slaton, Franklin 216  
 Sleeth, Jayde 36, 60, 61, 186, 227  
 Sleeth, Victoria 61, 62, 204  
 Slifka, Taylor 216  
 Slight, Jason 227  
 Slothouber, Adrienne 253, 261, 262  
 Slothouber, Cameron 184, 216, 261  
 Sly, Shelby 62, 118, 253  
 Small, Preston 184, 204  
 Smith, Amber 66, 216  
 Smith, Antoine 216  
 Smith, Brandon 216  
 Smith, Cari 193  
 Smith, Cody 253  
 Smith, Darrell 227  
 Smith, Emma 181, 187, 204  
 Smith, Evan 171, 192, 227, 231  
 Smith, Gabriel 185, 204  
 Smith, Jacob 121, 253  
 Smith, Janie 10, 178, 193, 227, 231



# INDEX

Smith, Joshua 227  
 Smith, Kim 275  
 Smith, Laci 227  
 Smith, Lashawn 227  
 Smith, Lindsey 12, 50, 64, 96, 97, 117, 118, 119, 120, 227  
 Smith, Mackenzie 216  
 Smith, Mathew 89, 253  
 Smith, Miriaha 29, 204  
 Smith, Nicole 204  
 Smith, Presha 204  
 Smith, Ryan 204  
 Smith, Trent 170  
 Smith, Tyler 13, 254  
 Smith, Tyrell 13, 184, 216  
 Smith, Vanessa 62, 67  
 Smithhart, Racheal 204  
 Smithhart, Richard 204  
 Smothers, Seth 216  
 Smull, Devin 204  
 Snyder, Helen 254  
 Snyder, Maryen 204  
 Soe, Gay 227  
 Soe, Khu 190, 216  
 Soesbe, Gail 275  
 Soliday, Jason 93, 275  
 Solis, Zuleyma 22, 121, 191, 254  
 Solo, Mama 216  
 Solorzano, Daisy 86, 216  
 Son, Sara 192  
 Son, Scott 61, 64, 71, 110, 118  
 Songanasan, Kevin 254  
 Songz, Trey 218  
 Sorter, Devin 254  
 Sothouber, Adrienne 253  
 Soto, Anthony 254  
 Soulinthavong, Alyssa 254  
 Souvannasan, Kevin 102, 119, 240, 254, 261, 264  
 Sowder, David 184, 227  
 Spaine, Vidal 58, 275  
 Sparks, Anna 204  
 Speed, Jomaine 204  
 Spratt, John 155, 185, 228  
 Stalkup, Kaitlin 62, 188, 216  
 Stangl, August 216  
 Stankovic, Radenko 228  
 Stanley, Erin 20, 93, 188, 193, 228  
 Staples, Hunter 91, 152, 184, 185, 204, 207  
 Starmer-Fry, Tyler 184, 228  
 Stclair, Michael 204  
 Steben, Dylan 228  
 Steines, Amanda 191, 228  
 Steines, Blake 62, 204  
 Steins, Amanda 62  
 Stevens, Dominic 204  
 Stevens, Donivan 254  
 Steward, Zachary 204  
 Stewart, Revay 119, 216  
 Stilson, Heather 185, 191, 228  
 Stith, Aubrey 61, 185, 254, 261, 266  
 Stoll, Haley 186, 188, 193, 204  
 Stone, Dominique 187, 228  
 Stone, Mattingly 142, 143, 188, 189, 192, 204  
 Stougard, Amanda 62, 254, 261, 262  
 Stougard, Michael 216  
 Strait, Dillon 62, 184, 204  
 Straley, Johnathan 20, 64, 228  
 Street, Chad 275  
 Strickler, Carolyn 275  
 Stroud, Kara 67, 254  
 Stuart, Donald 121, 254  
 Sturgeon, Tyler 254  
 Subedi, Dil 216  
 Subedi, Tulashi 216  
 Suetter, Malte 190  
 Sulentic, Dane 275  
 Sullivan, Shane 174, 184, 192, 193, 228  
 Summers, Angel 66, 228  
 Sunkle, Blaek 184, 185, 204  
 Sutter, Malte 162, 163  
 Swanson, Benjamin 184, 204  
 Sweet, Cheryl 254, 263  
 Swerwood, Emily 62  
 Syhavong, Alexander 184, 254  
 Syhavong, Christina 106, 186, 191, 216, 260  
 Syhavong, Nick 192  
 Sziber, Katelynn 204  
 Sizer, Shylo 228

**T**

Talton, Pierre 228  
 Tarlue, Prince 190, 228  
 Tate, Sierra 20, 228  
 Tavera, Francisco 254  
 Tavera, Oscar 112, 119, 204  
 Taylor, Anna 228  
 Taylor, Chavia 191  
 Taylor, Craig 216  
 Taylor, Ian 204  
 Taylor, Jessica 189  
 Taylor, Tajia 228  
 Taylor, Terez 184, 255  
 Taylor, Terez 10, 188, 193  
 Tea, Guan Fu 58

Teagues, Kabeion 217  
 Teav, Thomas 21, 118, 121, 185, 190, 255, 261, 266  
 Temple, Tyree 184, 190, 217  
 Terrazas, Danniell 228  
 Terrazas, Efren 190, 228, 231  
 Terrazas, Victoria 204  
 Terrell, Bryan 260  
 Thacker, David 119, 228  
 Thacker, Matthew 191, 255  
 Thad, Chova 255  
 Thao, Choua 119  
 Tharp, Megan 204  
 Tharp, Rachael 255  
 Thau, Chova 255  
 Thipyothin, Lomyen 255  
 Thomas, Brandon 66, 217  
 Thomas, Daizsa 204  
 Thomas, Emily 60, 61, 204  
 Thomas, Michael 20, 64, 66, 139, 169, 184, 185, 191, 228, 231  
 Thomas, Nicholas 74, 228  
 Thomas, Sydney 260  
 Thompson, John 180  
 Thompson, Makala 61, 204  
 Thompson, Mara 66  
 Thompson, Masaya 61, 217  
 Thompson, Mathew 255  
 Thompson, Shyana 217  
 Thompson, Spencer 228  
 Thompson, TJ 193  
 Thompson, Tyler 17, 144, 189, 193, 247, 255  
 Thompson, Kyle 64, 173, 184, 192, 228, 231, 261  
 Thun, Leanna 228  
 Tiang, Codey 261  
 Tiano, Cody 128, 255  
 Tiarks, Sabrina 204  
 Tiengkham, Kelly 204  
 Timm, Mitchell 121, 152, 153, 185, 192, 235, 255  
 Titus, Zakary 228  
 Toelle, Shaylyn 187, 228  
 Tolson, E'Lexis 119, 228, 260  
 Toluwalase, Israel 119, 191, 217  
 Toomey, Carley 13, 181, 187, 204  
 Torres, Adrian 119, 217  
 Torres, Jazmin 204  
 Torres, Josh 190  
 Toruno, Michael 204  
 Towers, Michael 66, 217  
 Traczyk, Kym 275  
 Tran, Anh 255  
 Tran, Charles 192  
 Tran, Stephan 217  
 Traps, Grease 299  
 Treanor, Bradley 31, 73, 101, 192, 228  
 Trejo, Carmen Silva 227  
 Trejo, Christian 228  
 Trejo, Guadalupe 228  
 Trejo, Janeva 66, 217  
 Trejo, Javon 228  
 Trejo, Montse 119  
 Trejo, Sarah 61, 112, 119, 187, 204  
 Trimble, Brittny 77, 205  
 Trimmell, Edward 91  
 Trogdon, Kellie 205  
 Trotter, Andy 205  
 Truck, McKenna 299  
 Trujillo, Julio 205  
 Truong, Johnson 66, 228, 231  
 Truong, Nancy 205  
 Truong, Phat Tan 228  
 Tucker, Amanda 62, 119, 228, 260, 261  
 Tully, Frank 228  
 Turay, Ami 186  
 Turay, Aminata 228  
 Turner, Francence 275  
 Turner, Shyrene 228  
 Turner, Tiana 205  
 Tutje, Christopher 60, 61, 63, 228  
 Tyler, Jeremy 228  
 Tyler, Tobias 125, 154, 184, 185, 217  
 Tyrell, Christine 62, 205

**U**

Ukpan, Steve 184, 191, 217  
 Underwood, Alex 142, 188, 192, 205  
 Underwood, Nicole 228  
 Uribe, Esmeralda 217  
 Uribe, Wendy 60, 61, 228

**V**

Vail, Tyler 142, 188, 205  
 Valadez, Arnoldo 190, 228  
 Valdez, Marcela 119, 255  
 Valenzuela, Christian 228  
 Valenzuela, Cristina 217  
 Van Dyke, Robbie 66  
 VanDyke, Stephon 228  
 Van Gundy, Dillon 205  
 Van Gundy, Lily 50, 51  
 Van Helten, Seth 217  
 Van Heukelom, Mary 275  
 Vance, Jessie 4, 5, 20, 24, 82, 108, 113, 120, 166, 190, 191, 228, 300  
 Vance, Matthew 228

Vandeo, Kara 217  
 Vander Ploeg, Jordan 255  
 Vandermark, Rikki 217  
 Vanderschoor, Elijah 205  
 Vanderzyl, Kyle 228  
 Vandyke, Robert 228  
 Vang, Houa 43, 56, 61, 65, 138, 184, 191, 217, 261, 300  
 Vang, Jennifer 192  
 Vang, Va 190  
 Vang, Vacengleng 190, 205  
 Vang, Vayee leng 121, 270, 271  
 Vangundy, Jacob 217  
 VanGundy, Lily 64, 65, 185, 228  
 Vangundy, Raini 205  
 Vangundy, Robert 205  
 Vanhouang, Skiler 205  
 Vanzee, Heather 205  
 VanZee, James 255  
 Vargas, Yesenia 118, 228  
 Vasey, Paige 217  
 Vasquez, Alejandro 205  
 Vasquez, Lidia 66, 228  
 Vasquez, Yesenia 64, 255  
 Vasquez-Cristales, Lidia 193  
 Vazquez, Alondra 66, 217  
 Vazquez, Laura 217  
 Vazquez, Vanessa 217  
 Vazquez-Rodrigue, Cinthia 217  
 Vega, Michael 217  
 Vela, Cynthia 205  
 Velazquez, Belthasius 191, 217  
 Velazquez, Lucero 191, 217  
 Venegas, Jose 228  
 Venegas Mejorado, Bianca 205  
 Ventura, Rosa 191, 228  
 Verduzco, Mayra 108, 166, 191, 228  
 Verduzco, Oscar 205  
 Vernon, Nicholas 228  
 Vestal, Sydney 217  
 Villa-Navarro, Jose 229  
 Villegas, Alex 66, 119  
 Vockings, Alexander 60, 61, 184, 190, 205  
 Vojvodic, Marko 217  
 Vojvodic, Snezana 229  
 Vong, Somkong 275  
 Vongphandy, Nicolas 205  
 Vongsaly, Alyssia 77, 205  
 Vongvilay, Jennifer 205  
 Vorasith, Austin 184, 191, 217

**W**

Wagner, Jacob 34, 37, 46, 47, 49, 60, 61, 63, 229  
 Wah, Hen 190, 217  
 Wah, Patience 66  
 Wah, Thomas 66, 217  
 Waits, Kelsey 64, 106, 186, 255, 261, 266  
 Wakefield, Gwendolyn 61, 205  
 Wakefield, Marie 62  
 Walker, Crystal 155, 185, 229, 256  
 Waller, Bill 275  
 Wallingford, Ashly 66, 191, 217  
 Walljasper, Tim 162, 275  
 Walls, Demarcus 66  
 Waltz, Taylor 256, 265  
 Ward, Chanda 217  
 Ward, Charlesetta 256  
 Warren, Chelsie 229  
 Warrick, Dylan 189, 229  
 Waters, Aaron 217  
 Waters, Jacob 229  
 Waters, Kylie 62, 63, 64, 205  
 Waterston, Jesmond 61, 67, 217  
 Watkins, Amanda 58, 67, 121, 256  
 Watson, Kalil 184, 205  
 Weaver, John 217  
 Wedig, McKenzie 256, 271  
 Weesner, James 205  
 Weesner, Taylor 217  
 Wegman, Julianne 60, 205  
 Wehrle, Jessica 41, 61, 96, 97, 120, 121, 140, 189, 256, 261, 262, 263  
 Weihs, Emily 229  
 Weinman, Summer 77, 229  
 Weir, Dylan 217  
 Weir, Jennifer 275  
 Welborn, Austin 184  
 Wellborn, Austin 205  
 Wells, Zach 191  
 Wells-Young, Shannea 62, 205  
 Wessel, David 205  
 West, Bailee 217  
 Westover, Mary 275  
 Wheeldon, True 60, 217  
 White, Austin 217  
 White, Markie 229  
 White, Maurice 141, 189, 275  
 White, Nicole 275  
 White, Permcote 300  
 White-Jordan, Katya 217  
 Whitfield, Megan 62, 186, 191, 229  
 Whitney, Jennifer 256, 264  
 Whitten, Alexandria 23, 256  
 Whittfield, Megan 260

Whittington, Mackenzie 229  
 Wiand, Alexus 256  
 Wiand, Cheyenne 62, 205  
 Vibben, Jill 275  
 Wicker, Caitlin 61, 205  
 Wikert, Whitney 119, 275  
 Wiles, Alfred 217  
 Wiles, Trey 192  
 Wilkerson, Josie 191, 217  
 Wilkin, Linsky 185, 205  
 Wilkinson, Blake 256  
 Wilkinson, Cody 94, 229  
 Williams, Adrianna 217  
 Williams, Alonso 205  
 Williams, Ariante 184, 205  
 Williams, Brianna 66  
 Williams, Chris 51  
 Williams, Corshala 205  
 Williams, Devondre 205  
 Williams, Drew 205  
 Williams, Jennifer 275  
 Williams, Kaleen 256  
 Williams, Katie 64  
 Williams, Madison 4, 15, 34, 60, 61, 64, 65, 66, 91, 105, 111, 118, 120, 159, 186, 192, 253, 256, 260, 266, 267, 299, 300  
 Williams, Michael 62, 64, 205, 260  
 Williams, Nick 61  
 Williams, Scott 205  
 Williams, Taylor 217  
 Williams, Tr 62, 66  
 Williams, Wade 61, 119, 229  
 Williams Jr., Scott 60  
 Williamson, Katie 62, 205  
 Williamson, Nicklas 45, 64, 229, 231  
 Williams, Tim 260  
 Wilson, Austin 250, 256  
 Wilson, Blade 256  
 Wilson, Brooke 64, 118, 229  
 Wilson, Cortney 205  
 Wilson, Jerry 153, 162, 185, 190, 257  
 Wilson, Julian 188, 205, 206  
 Wilson, Kenneth 205  
 Wilson, Quincy 229  
 Wilson, Shelby 60, 159, 186, 257, 266  
 Wingar, Jessica 275  
 Winfrey, Albreia 112, 169, 188, 191, 217  
 Winfrey, Arlene 187, 205  
 Winfrey, Domonic 66, 184, 205  
 Winfrey, Shondrea 205  
 Winterbottom, Austen 160  
 Winterbottom, Lilly 160  
 Wise, Artichala 83, 119, 188, 217, 218  
 Wisnousky, Kayla 191  
 Wolfe, Kaly 229  
 Woltz, Shannon 205  
 Wom, Bedipeny 189, 217  
 Wood, Shane 41, 61, 205  
 Woodard, Linda 275  
 Woodhall, Kayla 61, 62, 257  
 Woods, Sadie 37, 60, 61, 76, 119, 229  
 Woodson, Ashley 217  
 Woodson, Ryan 184, 257  
 Woolson, Charlene 121, 155, 185, 257  
 Worple, Katelyn 96, 97, 120, 166, 187, 191, 229, 261  
 Worthington, Anthony 229, 231  
 Worthington, Cody 205  
 Worthington, Daniel 64, 252, 257, 260  
 Worthington, Nathan 61, 217  
 Wright, Allan 257  
 Wright, Cephus 155, 185, 229, 260, 261  
 Wright, Cordell 62, 205  
 Wright, Jamil 184, 205  
 Wright, Markisha 78, 118, 149, 188, 217  
 Wright, Taris 184, 192, 229  
 Wundi, Wilhelm 84

**X**

Xaysana, Tony 229

**Y**

Yang, Samantha 61, 205  
 Yang, Sonny 119, 229  
 Yaqian Davila, Treisy 205  
 Yassin, Yonnah 217  
 Yom, Mindy 217  
 York, Quan 229  
 Young, Alan 275  
 Young, Bonnie 206  
 Young, Brandon 206  
 Young, Breann 217  
 Young, Breanna 183, 187, 218  
 Young, Brooke 17, 121, 136, 185, 187, 257, 260, 269  
 Young, Cameron 229  
 Young, Kaci 117, 118, 121, 132, 186, 191, 257, 260  
 Young, Kristine 295  
 Young, Larry 172  
 Young, Nathan 184, 229  
 Young, William 218  
 Youngwirth, Ellie 206  
 Ytzen, John 275  
 Yussuf, Nakhwo 218

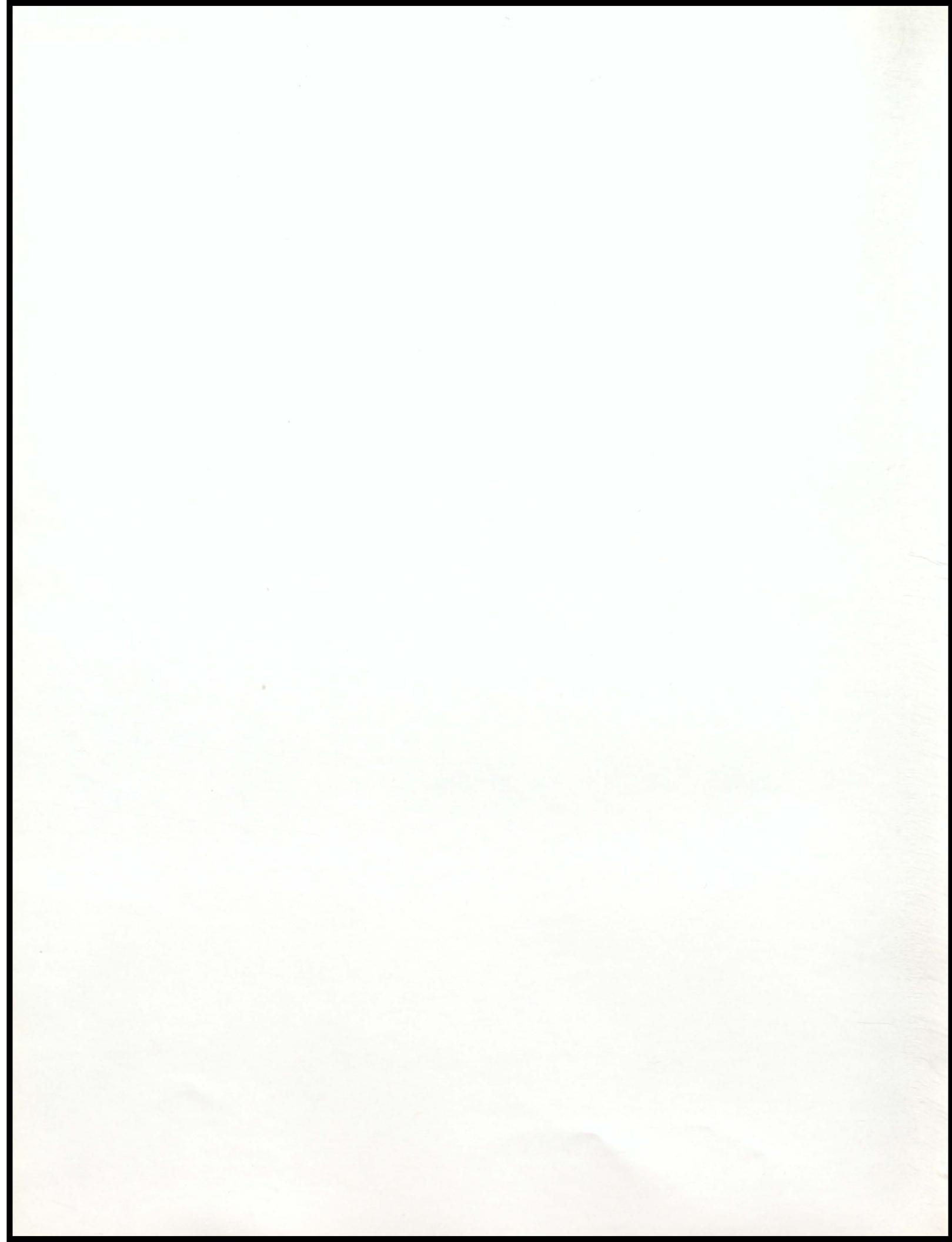


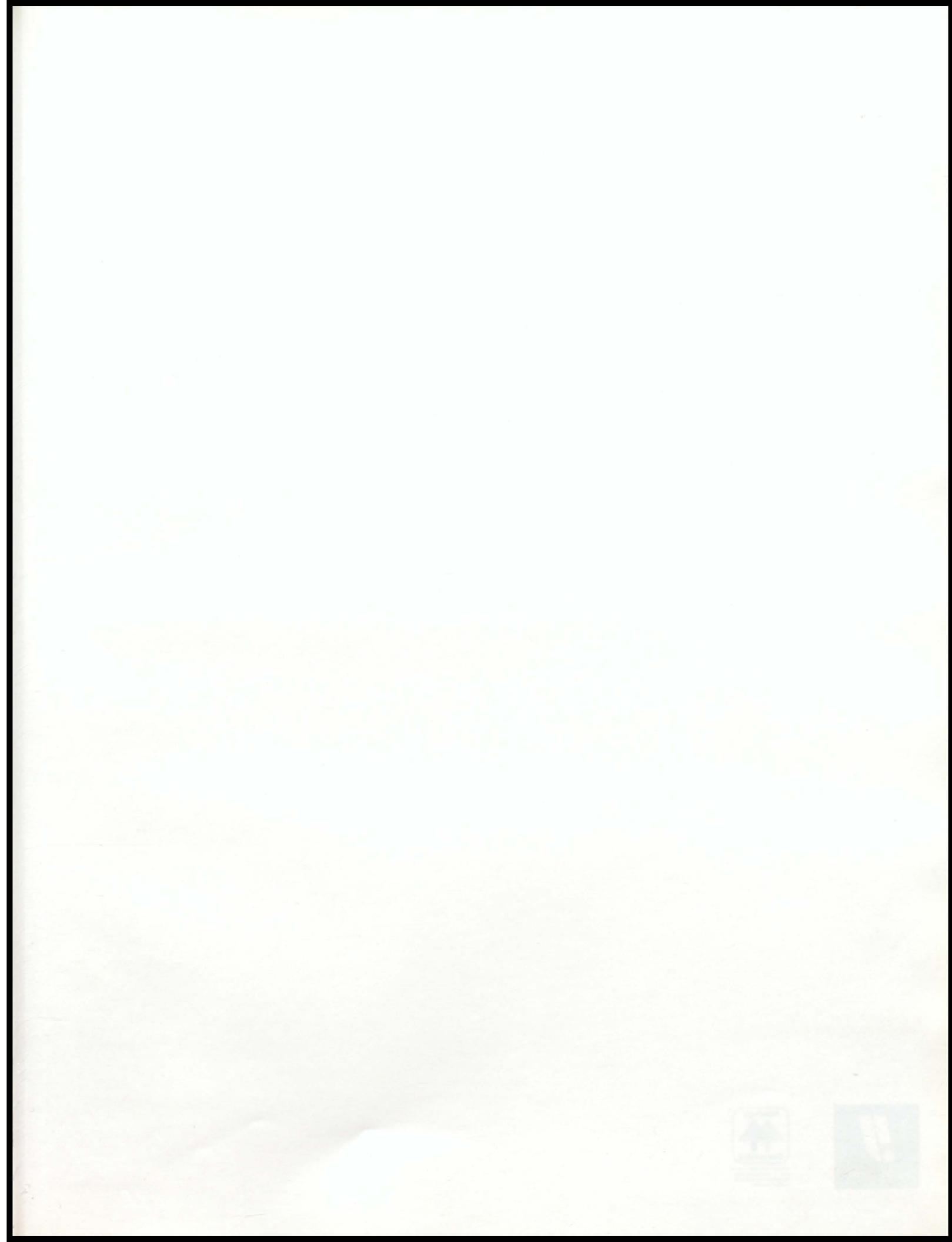
## Z

Zambrano, Jesus 165, 184, 190, 257  
Zamora, Bianca 206  
Zarate, Rosa 93, 257, 266  
Zepeda, Tory 151, 190, 256  
Zermenio, Alexandra 119, 257  
Ziegler, Malique 184, 189, 192, 206  
Zuniga, Tiffany 229  
Zurate, Rosa 266  
Zust, Amanda 176, 193

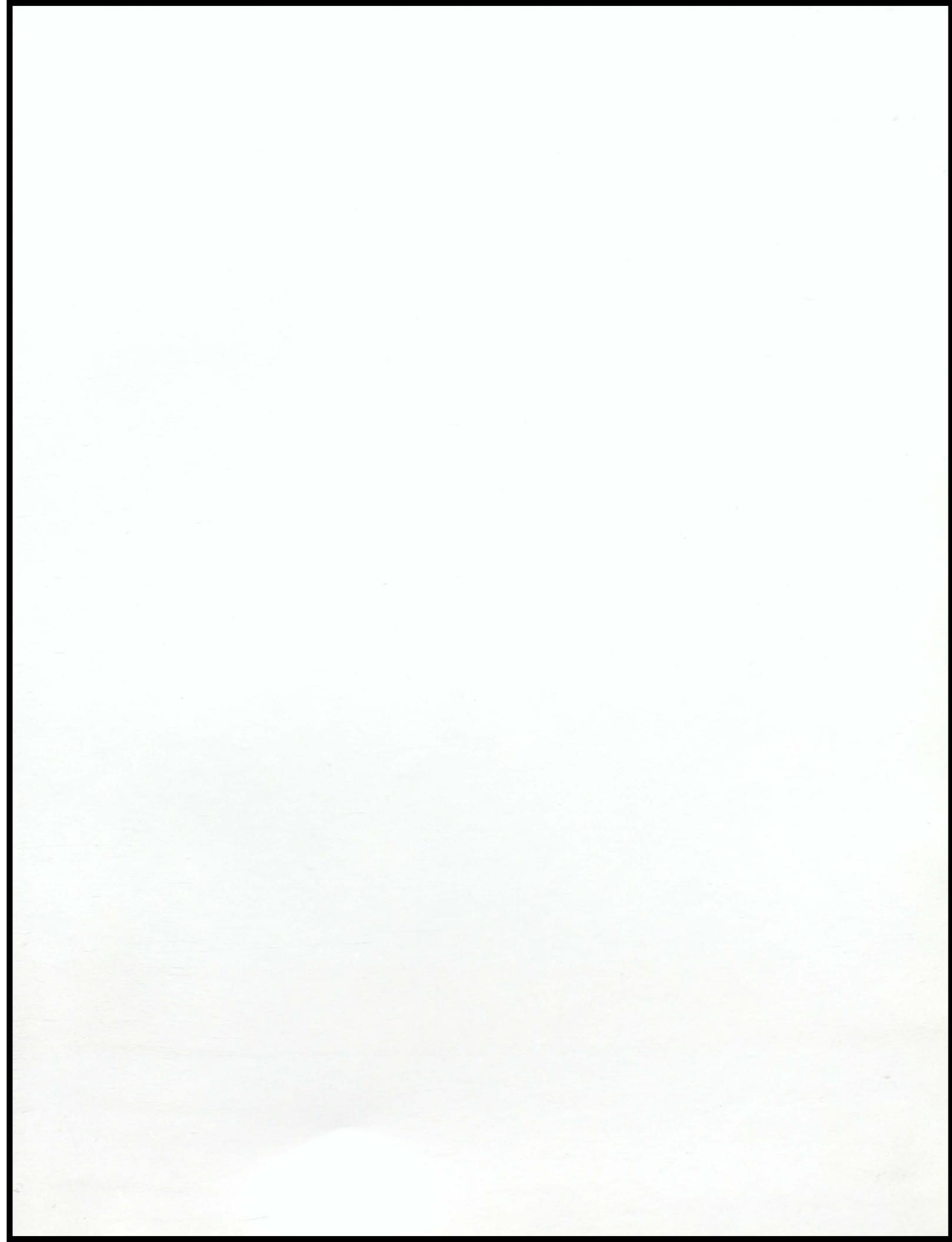
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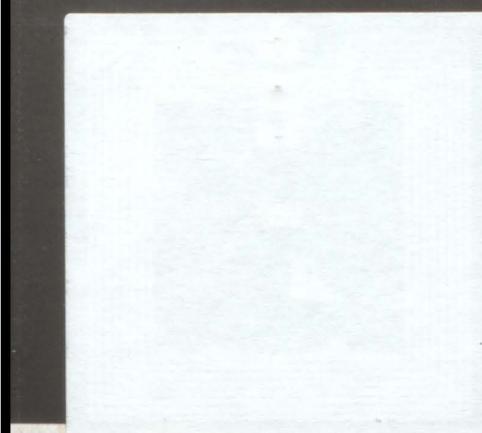


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*Our Past*  
is behind us,

*Our Lives*  
are before us,

but



School  
2011

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PHOTOGRAPHY

*Our Memories*<sup>will</sup> *Forever* be with us

